

# NYFEA UPDATE

June/July 2018



## Want to make an impact?

When you consider the most significant parts of your daily routine, what are the common denominators? For most people, a positive addition to their day can be achieved by reaching out and helping another person. Have you ever opened the door for a friend who had his arms full and were rewarded with a Big Thank You? Have you ever reached out and volunteered to assist a neighbor with a project? If you helped someone unexpectedly and then they responded by sending you a text or a voice message of appreciation, then you understand the value of these small but fulfilling moments.

Think about how the world would be different if we all simply committed a few minutes of each day to help someone else with a special need or a project. It might just start a trend of fewer people with critical thoughts and more people serving others.

What does it take for an organization or a network of people to start a trend of Helping Other People - Everyday ( HOPE ). Here are a few basic suggestions:

1. Find someone (or some place) where you can assist on a regular basis.
2. Review your schedule and decide where you might have a few extra minutes (daily, weekly and/or monthly).
3. Go...Engage...Take Action

It is as simple as a) committing time and b) taking a step to help another person. However, we often fall short of finding the time to help others.

What are the primary reasons identified as to why people do not reach out to help others? As stated earlier, it could be said that people did not truly understand the need. It could also be that people feel that they do not have enough time. Another reason is the lack of resources. However, all of these can be encircled by the main reason... fear. Typically, people are eager and excited about addressing challenges when they know they can fix the problem. If they feel they will not succeed, then they may not even try.

Remember, most problems are bigger than one individual. Further, there are no guarantees that complex issues can be completely resolved. Therefore, the willing volunteer must have the faith to act and believe that by acting he can generate a positive result that makes the challenge less of an issue. His actions may also drive others into service.

How to eliminate fear? One of the key ways that people address fear is with their spiritual base. Faith that God is in your work in your life will overcome fear. Also, fear is typically less distracting when a person is better informed. Take a child who hears the bark of a dog for the first

time. This is a scary situation. However, when the child learns that the dog is a pet, then the dog can become the child's best friend.

The NYFEA is an organization that represents young farmers, young farmer chapters and other agricultural leadership groups across the United States. Each organization that is under the NYFEA umbrella is focused on a primary objective of educating the next generation. Through mentors and peer to peer learning, the people in the organization grow and mature. Through organized classroom exercises, the students are given a new awareness about agricultural techniques and taught how to succeed. Members are also encouraged to serve others.

Issues are defined and discussed to create more enlightened American agricultural producers and agribusiness professionals. It is the pursuit and the achievement of knowledge that allows the members of NYFEA to become the impactful people that they are. The more people learn and the better people understand, the more likely it is that people will engage.

In addition, the more a person acknowledges the assistance provided by another, the more likely it is that the person will serve again. Everyone wants and desires to be appreciated.

The goal should be for every NYFEA member and chapter is to find people that should be helped and to move forward to improve their circumstances. It can and should be a team effort. By doing and supporting others, the real winner is the person who serves. If you are looking for a place to serve, what about an NYFEA Committee? Email us at [nyfea-main@nyfea.org](mailto:nyfea-main@nyfea.org) and we will connect you with an opportunity.



## Are You Making Plans?

NYFEA invites members and friends from across the nation to join us in Rogers, Arkansas for the 2018 Institute. A tradition since 1966, the National Institute has served as a learning, entertaining and networking opportunity for the next generation of agriculture. Farmers love the tours. Young Ag Professionals enjoy experiencing different parts of the world. All you need to register is go to [www.nyfea.org](http://www.nyfea.org). It is December 12-15! See you in Rogers!!!