



School Year 2012 - 2013
 Nutritional Information for (Tasty Brands)



Product Code Number	Product Description	Case Weight (lbs)	Serving Size (oz)	Portions per Serving	Svgs per Case	Calories	Calories From Fat	% Cal From Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (%DV)	CN Number (if applicable)	Meat/MA Credit	Veg Credit	Bread Svgs Credit
00813WG	WG Turkey Lasagna Rollup with Cheese	30.01	4.25	1	113	220	70	32%	8	4	0	50	430	21	4	1	18	200	0	60	1.3	N/A	2.00	0	1.00
25102	Cheese and Chicken Quesadilla	29.26	4.18	1	112	310	120	39%	13	7	0	35	670	28	1	2	18	500	0	450	1.8	N/A	2.00	0	2.00
25101	Cheese Quesadilla	29.53	4.22	1	0	330	140	42%	16	9	0	35	790	28	1	2	17	500	0	500	1.8	N/A	2.00	0	2.00
52220	Mini Cheese Pizza Bagels	28.5	3.8	4	120	200	50	25%	6	4	0	15	390	21	3	3	18	500	6	250	1.9	N/A	2.00	0	1.50
25701	WG Flour Mini Chicken Taco	25.06	4.05	3	99	260	100	38%	11	4.5	0	50	460	27	5	1	15	750	2.4	150	2.7	N/A	2.00	0	1.50
25601	Chicken Mini Taco	25.06	4.05	3	99	260	100	38%	11	4	0	90	460	25	5	1	15	400	2.4	200	1.8	N/A	2.00	0	1.50
00804WG	WG Cheese Ravioli	24.98	3.69	3	108	180	30	17%	3.5	1.5	0	60	480	24	2	2	16	200	0	100	1.44	N/A	2.00	0	1.75
0083WG	WG Stuffed Shells	29.96	4.46	2	112	200	40	20%	4.5	2.5	0	40	430	22	1	4	17	400	0	250	1.08	N/A	2.00	0	1.00
00801WG	WG Cheese Lasagna Rollup	28.53	4.15	1	110	180	40	22%	4.5	2.5	0	25	270	21	4	3	15	200	0	200	1.44	N/A	2.00	0	1.00

For additional product information visit http://dese.mo.gov/divadm/food/Nutritional_Facts_Index.html

ADDRESS TO COMPANY WEBSITE WITH PRODUCT INFO HERE



Effective Date: 09/12/2011
Supersedes: 01/17/2011

Code: 00804WG

Product Name: Whole Grain Jumbo Cheese Ravioli

Serving Size: 3.7 oz

Pack: 324/1.23oz

Each serving (three - 3.7 oz. units) of WG Jumbo Ravioli provides 2.00 oz. equivalent meat alternate and 1.75 serving of bread alternate. CN # 079514 12/10

Product Info

Nutrition Facts

Serving Size 3 Raviolis (3.7 oz)

Amount Per Serving

Calories 180 **Calories from Fat 30**

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 480mg **20%**

Total Carbohydrate 24g **8%**

Dietary Fiber 2g **8%**

Sugars 2g

Protein 16g

Vitamin A 4% • **Vitamin C 0%**

Calcium 10% • **Iron 8%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

SPECIFICATIONS

Shelf life: 12 months frozen (-10°F - 0°F)

Ti-Hi: 8 x 7

Cases/pallet: 56 Dim: 17"x13"x8"

Case cube: 1.185 ft³

Pallet height: 60-inches

Gross case wt: 25.91lbs; Net wt: 24.91lbs

Pallets/truck: 24

UPC: 00852777002264

INGREDIENTS

FILLING: Fat Free Ricotta Cheese (Pasteurized Whey, Pasteurized Skim Milk, Vinegar, Xanthan Gum, Vitamin A Palmitate), Low Moisture Part Skim Mozzarella Cheese (Pasteurized Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Pasteurized Cultured Milk, Salt, Enzymes), Whole Egg, Water, Whey Protein Isolate, Sodium Caseinate, Sugar, Salt, Dehydrated Garlic. **PASTA:** Ultra Grain Blend with Enriched Flour (Whole Wheat Flour, Durum Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Water, Egg.

**51% of the grains used
in this product are whole grain.**

David Horowitz – Tasty Brands

ALLERGENS

Allergens: Milk, Wheat & Egg

COOKING INSTRUCTIONS:

OPTION 1: Sauce bottom of full or 1/2 steam table pan and place 1 layer of raviolis in pan. Sauce the layer and add another layer of raviolis. Repeat this once more to create 3 layers and cover the top layer with sauce.

OPTION 2: For faster preparation or smaller quantities, sauce bottom of full or 1/2 steam table pan, place raviolis in pan and cover with sauce.

OVEN: Seal pan with plastic wrap and aluminum foil. Bake for 30-40 min (frozen) or 20-25 min (thawed) to a product temperature of 165°F.

STEAMER: Seal pan with plastic wrap and aluminum foil. Steam for 15-25 minutes to a product temperature of 165°F

Garnish with shredded mozzarella for added appeal.

NOTE: OVENS WILL VARY SO PLEASE ADJUST TIME AND TEMPERATURE.

CONTAINS: 108 – 3.70 OZ SERVINGS PER CASE

(3 RAVIOLIS PER SERVING)

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Effective Date: 09/12/2011
Supersedes: 01/17/2011

Code: 00803WG

Product Name: Whole Grain Cheese Stuffed Shells

Serving Size: 4.46 oz

Pack Size: 224/2.23oz

Each serving (two - 2.23 oz. units) of WG Cheese Stuffed Shells provides 2.00 oz. equivalent meat alternate and 1 serving of bread alternate. CN # 079536 12/10

Product Info

Nutrition Facts

Serving Size 2 Shells (4.46 oz)

Amount Per Serving

Calories 200	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 430mg	18%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 4g	
Protein 17g	
Vitamin A 8%	• Vitamin C 0%
Calcium 25%	• Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
 Fat 9 • Carbohydrate 4 • Protein 4

SPECIFICATIONS

Shelf life: 12 months frozen (-10°F - 0°F)
 Ti-Hi: 8 x 6
 Cases/pallet: 48 Dim: 17"x13"x8"
 Case cube: 1.77 ft³
 Pallet height: 58-inches
 Gross case wt: 32.22lbs; Net wt: 31.22lbs
 Pallets/truck: 24
 UPC: 00852777002257

INGREDIENTS

FILLING: Fat Free Ricotta Cheese (Pasteurized Whey, Pasteurized Skim Milk, Vinegar, Xanthan Gum, Vitamin A Palmitate), Low Moisture Part Skim Mozzarella Cheese (Pasteurized Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Pasteurized Cultured Milk, Salt, Enzymes), Whole Egg, Water, Whey Protein Isolate, Sodium Caseinate, Sugar, Salt, Dehydrated Garlic. **PASTA:** Ultra Grain Blend with Enriched Semolina (Whole Wheat Flour, Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Water.

51% of the grains used in this product are Whole Grain.

David Horowitz – Tasty Brands

ALLERGENS

Allergens: Milk, Wheat & Egg

COOKING INSTRUCTIONS:

OVEN: Sauce bottom of full or 1/2 steam table pan, place shells in pan and cover with sauce. Seal pan with plastic wrap and aluminum foil. Preheat oven to 375°F. Bake for 30-40 minutes (frozen) or 20-25 minutes (thawed).
STEAMER: Sauce bottom of pan, place shells in pan and cover with sauce. Seal pan with plastic wrap and aluminum foil. Steam for approx. 15-25 minutes. Garnish with shredded mozzarella for added appeal.
NOTE: OVENS WILL VARY SO PLEASE ADJUST TIME AND TEMPERATURE. INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F).

CONTAINS: 112 - 4.46 OZ SERVINGS PER CASE
 (2 STUFFED SHELLS PER SERVING)



Effective Date: 09/12/2011

Supersedes: 08/21/2010

Code: 52220

Product Name: Mini Cheese Pizza Bagels

Pack Size: 480/.95oz

4 per serving

Statement of child nutrition food based meal pattern-equivalency: Each 3.8 oz. serving of Mini Cheese Pizza Bagels (4 pizza bagels per serving) provides 2.00 oz equivalent meat alternate, 1.5 servings of bread alternate, and 1/4 cup vegetable for the Child Nutrition Meal Pattern Requirements.

Product Info

Nutrition Facts

Serving Size 3.8 oz. (4 mini pizza bagels)

Amount Per Serving

Calories 200 Calories from Fat 50

% Daily Value*

Total Fat 6g 9%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 390mg 16%

Total Carbohydrate 21g 7%

Dietary Fiber 3g 12%

Sugars 3g

Protein 18g

Vitamin A 4% • Vitamin C 6%

Calcium 25% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

SPECIFICATIONS

Shelf life: 12 months frozen (-10°F - 0°F)

Ti-Hi: 8 x 6

Cases/pallet: 48 Dim: 19.2"x11.75"x14.1"

Case cube: 2.21 ft³

Gross Case Wt: 29.50 lbs; Net wt: 28.50lbs

UPC: 00852777002127

INGREDIENTS

BAGEL: Enriched High Gluten Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate [B1], Riboflavin [B2], Folic Acid), Water Isolated Soy Protein, Wheat Gluten, Yeast, Granulated Sugar, Contains Less Than 2% Of Salt, Soybean Oil, Lecithin, And Calcium Propionate (Perservative).

TOPPING: Low Moisture Part Skim Mozzarella Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes, Calcium Chloride, Rice Flour Added To Prevent Caking), Pizza Sauce (Water, Tomato Paste, Sugar, Salt, Garlic Powder, Spices [Not More Than 2% Soybean Oil Added To Prevent Caking]).

ALLERGENS

Contains Wheat, Milk & Soy. Produced On Equipment That Also Handles Egg.

COOKING INSTRUCTIONS:

PRODUCT SHOULD BE COOKED FROM FROZEN FOR BEST RESULTS.

CONVECTION OVEN: Preheat to 350°F. Place mini bagels on baking sheet and cook for 10-15 minutes.

CONVENTIONAL OVEN: Preheat to 400°F. Place mini bagels on baking sheet and cook for 10-15 minutes.

NOTE: OVENS WILL VARY SO PLEASE ADJUST TIME AND TEMPERATURE. INTERNAL PRODUCT TEMPERATURE MUST REACH 165°F).

CONTAINS: 480 MINI CHEESE PIZZA BAGELS (120 SERVINGS) PER CASE

