

## MITT

### Resource List

1. 211 If you need help for anything from day care to rental assistance to counseling to vocational training. Dial 2-1-1\* to speak to a trained professional 24 hours a day, seven days a week. TTY (1-866-385-6525) and multilingual services are also available. Your phone call is confidential and free. <http://www.211helps.org/>
2. Missouri Assistive Technology (MOAT) The mission of Missouri Assistive Technology is to increase access to assistive technology for Missourians with all types of disabilities, of all ages. Services include; device demonstration, device recycling exchange, financial loans, telecom cess programs, A.T. Reimbursement program for schools, Accessible Instructional Materials, and much more. <http://www.at.mo.gov/>
3. Wolfner Library is a free library service for Missourians who are unable to use standard print materials due to a visual or physical disability. Materials are mailed to and from library patrons homes, postage paid. There is no charge,. <http://www.sos.mo.gov/wolfner/>
4. The Institute for Human Development (IHD), located within the University of Missouri - Kansas City (UMKC), is an applied research and training center for human services. Community Services and Supports provided by the Institute assists individuals, community and state agencies, and university faculty to build the capacity of their programs through needs assessment, technical assistance, grant development, and program evaluation. <http://www.ihd.umkc.edu/>
5. Missouri Developmental Disability Resource Center (MODDRC) operated by the Institute for Human Development (IHD) at the University of Missouri, Kansas City provides disability information, parent-to-parent/peer support, and volunteer opportunities, so no one has to be alone in their experience with disability. MODDRC also hosts the **Missouri's Family-to-Family Health Information Center** to form an expanded resource center that serves individuals with disabilities and/or special health care needs, their families and professionals who support them. <http://moddrc.org/>
6. Division of Developmental Disabilities (DD) from the Mo Department of Mental Health serves a population that has developmental disabilities such as intellectual disabilities, cerebral palsy, head injuries, autism, epilepsy, and certain learning disabilities. <http://dmh.mo.gov/dd/>
7. Division of Comprehensive Psychiatric Services (CPS) from the Mo Department of Mental Health is responsible for assuring the availability of prevention, evaluation, treatment, and rehabilitation services for individuals and families requiring public mental health services throughout the State of Missouri. <http://dmh.mo.gov/mentalillness/>
8. Mental Health First Aid (MHFA) is a course designed to teach the general public how to recognize symptoms of mental health problems, how to offer and provide initial help, and how to guide a person towards appropriate treatments and other supportive help. As a certified Mental Health First Aider, you will know how to implement the five-step MHFA Action Plan. <http://missouridmh.typepad.com/mhfamissouri/>

9. Easter Seals of Missouri Easter Seals delivers information and services to individuals with Autism Spectrum Disorder (ASD). Child care, social integration, job training and residential integration are just some of the services that this organization offers. Information regarding demographics, insurance coverage, Medicaid and resources for each state are also provided. <http://autismnow.org/local/easter-seals-of-missouri/>
10. Housing and Urban Development (HUD) HUD's Mission is to Create strong, sustainable, inclusive communities and quality, affordable homes for all. We improve lives by creating affordable homes in safe, healthy communities of opportunity, and by protecting the rights and affirming the values of a diverse society. We are a flexible, reliable problem-solver and source of innovation. We are a good neighbor, building inclusive and sustainable communities that create value and investing public money responsibly to deliver HUD results that matter. <http://portal.hud.gov/hudportal/HUD?src=/states/missouri>
11. Mo Inclusive Housing Corp This web site is designed to provide information about accessible and affordable housing in Missouri for those with developmental disabilities. Whether you wish to rent or purchase, this site provides information to help you live where you desire in a home that accommodates your needs. <http://www.mohousing.com/>
12. Job Corp is a no-cost education and vocational training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training. <http://www.jobcorps.gov/centers/mo.aspx>
13. Mo Governor Council on Disability (GCD) promotes full participation and inclusion of the nearly 1 million Missourians with disabilities in all aspects of community life by educating citizens, businesses, schools, universities and others of their rights and responsibilities under the Americans with Disabilities Act. We conduct educational seminars and on-site training as well as publish a legislative newsletter, a resource directory and informational brochures on topics relating to people with disabilities. We provide information about compliance with the Americans with Disabilities Act and assistive technology to maximize the productivity of people with disabilities. The Council publishes the Directory of Resources for Missourians with Disabilities. The directory lists programs and services of state and local offices, private agencies and other organizations serving people with disabilities. <http://disability.mo.gov/gcd/>
14. Missouri Youth Leadership Forum is a unique career leadership-training program for high school students with disabilities, ages 16 – 21. Youth delegates are selected from their local communities to cultivate leadership, citizenship and social skills at this four-day summer program. <http://disability.mo.gov/gcd/yif.htm>
15. Mo Council on Disability Resource Guide is a resource portal designed to find local resources for individuals with disabilities. Searches can be done by type of service needed, region, county and/or type of disability. [http://disability.mo.gov/resource\\_search/](http://disability.mo.gov/resource_search/)
16. Missouri Protection & Advocacy Services (MO P&A) is a federally mandated system in the state of Missouri which provides protection of the rights of persons with disabilities through legally-based advocacy. MO P&A is the only legal rights organization in Missouri exclusively for people with disabilities and provides nine federally-funded programs to protect the legal rights of persons with disabilities. <http://moadvocacy.org/>

17. Office of Special Education Within the Department of Elementary & Secondary Education (DESE), the Office of Special Education administers state and federal funds to support services for students and adults with disabilities. This office works with other state and local agencies to coordinate the [Missouri First Steps](#) program, which provides early intervention services for infants and toddlers with disabilities and their families. The office works with local school districts in developing and improving special education services for students (ages 3-21) with disabilities. It also provides financial and technical support for all approved sheltered workshops in the state. Sheltered workshops provide employment for adults with disabilities. This office also oversees the operation of three school systems administered by the State Board of Education. These are the Missouri School for the Blind, the Missouri School for the Deaf and the Missouri Schools for Severely Disabled. Through their outreach programs and consulting services, these school systems assist local school personnel and families throughout the state in meeting the needs of children with disabilities.
18. Mo School for the Blind(MSB) - offers educational and outreach services for legally blind Missouri children from birth through age 21 and their families. MSB's Centerbase kindergarten-grade 12 school in St. Louis, Missouri, and its Outreach services offered throughout the state. MSB's centerbase school is free of charge and open to all legally blind Missouri children ages five through 21; referral to MSB is a decision made jointly by the student's parents and the local education agency. MSB's *Outreach* program serves as a statewide resource for families and educators on blindness and/or deafblindness.
- coordinates statewide registration of students who are legally blind and the deafblind census;
  - supports families of children with visual impairments, including those with multiple disabilities and/or deafblindness to gain access to resources, information and connection with other families;
  - provides *MoSPIN* -in-home training to parents of children, ages birth through five, by trained parent advisors
  - provides statewide staff development and other training opportunities;
  - manages a statewide system of ordering and distributing specialized materials from the American Printing House for the Blind obtained with federal quota funds;
  - produces a variety of materials, including newsletters for families and service providers;
  - operates the *Library Media Center* at Missouri School for the Blind which lends professional materials to local and state education agencies and offers a variety of library programs to students enrolled at MSB <http://msb.dese.mo.gov/>
19. Mo School for the Deaf(MSD)- Missouri provides a well rounded educational program for the deaf children of the state through the facilities and services of the Missouri School for the Deaf. Separate facilities are provided for elementary, junior high and senior high school students, and occupy a campus of nearly 90 acres. Students are prepared for the world of work and for post-secondary education opportunities, according to each individual's potential. MSD graduates are self-supporting deaf men and women who live and work in all parts of the state and throughout the nation. Students are enrolled at the Missouri School for the Deaf as the result of a cooperative placement process initiated at the local school level. The **Resource Center on Deafness (RCD)**

at the Missouri School for the Deaf in Fulton serves as an information source for teachers, principals, and special education directors, who work with deaf and hard-of-hearing children and their families. The Center provides many services, most at no cost to parents or school districts. <http://www.msd.dese.mo.gov/>

20. Vocational Rehabilitation(VR) is a program under the Department of Elementary and Secondary Education that receives state and federal funds to help people with disabilities obtain and maintain employment. To be eligible for assistance, a person must have a physical or mental impairment that creates a substantial impediment to employment and requires VR services to prepare for, enter into, engage in or retain gainful employment. Although VR is primarily an adult service agency, the federal Rehabilitation Act also requires VR to coordinate with schools in the planning of transition services for young adults with disabilities prior to their graduation or exit from high school. VR may also provide transition-related services to school districts in the form of consultation, technical assistance and participation in IEP meetings.  
<http://dese.mo.gov/vr/vocrehab.htm>
21. Adult Education & Literacy (AEL) provides assistance that helps Missouri adults get the basic skills they need to achieve a high school equivalency certificate, be productive workers, family members, and citizens. The major areas of support are Adult Basic Education, Adult Secondary Education, and English Language Acquisition. These programs emphasize basic skills such as reading, writing, math, English language competency, and problem-solving. [http://dese.mo.gov/divcareered/ael\\_mo\\_program.htm](http://dese.mo.gov/divcareered/ael_mo_program.htm)
22. Transition Tool Kit Designed by the Office of Adult Learning and Rehabilitation Services, the goal was to create a resource tool to enhance collaboration in transition planning for young adults with disabilities. In Missouri, Vocational Rehabilitation(VR) and local school districts have developed strong partnerships at both the state and local level in coordinating and providing transition services. This toolkit will introduce **Centers for Independent Living (CIL)** as another partner in transition planning. Transition is a process where young adults with disabilities prepare for the future. This may include further education, specialized training, employment or other options they might choose on the road to increased independence.  
<http://www.mosilc.org/transitiontoolkit.pdf>
23. Office of College & Career Readiness under the Missouri Department of Elementary & Secondary Education (DESE) provides technical assistance to local school personnel in the adoption and adaptation of the state's performance standards, and curriculum development/adoption of all content areas -- math, science, social studies, English/communication arts, health/physical education, fine arts; as well as the career and technical content areas of agriculture, food and natural resources; business, marketing and information technology; family consumer sciences and human services; and technology, health and skilled technical sciences; and guidance and counseling. <http://dese.mo.gov/ccr/>
24. Higher Education More and more high school students with disabilities are planning to continue their education in postsecondary schools, including vocational and career schools, two- and four- year colleges, and universities. Students with disabilities need to be informed about their rights and responsibilities and about responsibilities of postsecondary schools. <http://www2.ed.gov/about/offices/list/ocr/transition.html>

25. Federal TRIO Programs (TRIO) are Federal outreach and student services programs designed to identify and provide services for individuals from disadvantaged backgrounds. TRIO includes eight programs targeted to serve and assist low-income individuals, first-generation college students, and individuals with disabilities to progress through the academic pipeline from middle school to post-baccalaureate programs.  
<http://www2.ed.gov/about/offices/list/ope/trio/index.html>
26. A+ Schools Program The primary goal of the A+ Schools Program is to ensure that all students who graduate from Missouri high schools are well prepared to pursue advanced education and/or employment. The A+ Schools Program will mobilize an intensive partnership among high schools, community colleges, students, teachers, parents, labor, businesses, and communities to give these students the motivation, skills, and knowledge to graduate from high school. It will create an innovative and well-designed path from high school to high skill, high wage jobs. <http://dese.mo.gov/divimprove/aplus/proginfo/abtaplus.html>
27. Guardianship IHD [http://moddrc.org/user\\_storage/File/f2f/MOF2F%20-%20MO%20Guardianship%20Information%20Packet.pdf](http://moddrc.org/user_storage/File/f2f/MOF2F%20-%20MO%20Guardianship%20Information%20Packet.pdf) See Number 7???
28. Mo Department of Health and Senior Services Individuals with special health care needs are those who have or are at increased risk for a disease, defect or medical condition that may hinder the achievement of normal physical growth and development and who also require health and related services of a type or amount beyond that required by individuals generally. <http://health.mo.gov/living/families/shcn/>
29. Missouri Parent Act (MPACT) works to ensure that all children with special needs receive an education which allows them to achieve their personal goals. Parents of children with disabilities face challenges every day that other parents don't have. It is often difficult to navigate the maze of special services and create a plan that will help children achieve successful outcomes through education. MPACT is a statewide parent training and information center that serves parents of children with all disabilities. Our primary goal is to assist parents in their effort to effectively advocate for their children's educational rights and services. MPACT staff and volunteers are located throughout Missouri and work with public and private agencies, parent groups, professional organizations and advocacy groups to achieve that goal. [www.ptimpact.org](http://www.ptimpact.org)
30. MO Healthnet Under the Department of Health and Social Services, the Missouri Division of Medical Services (DMS) was established within the Department of Social Services on February 27, 1985 by the Governor's executive order. With the passage of Senate Bill 577, The Missouri Health Improvement Act of 2007, effective September 1, 2007 the division's name changed to the MO HealthNet Division (MHD). The Family Support Division within the Department of Social Services determines participant eligibility for the MO HealthNet programs. <http://dss.mo.gov/mhd/general/pages/about.htm>
31. Directory of Local Public Health Agencies Web site to locate or learn about Local Public Health Agencies & Services <http://health.mo.gov/living/lpha/lphas.php>
32. Missouri Department of Revenue provides information and resources for obtaining a driver's License, registering a vehicle, and paying state income taxes. <http://dor.mo.gov/>
33. Social Security Administration delivers services through a nationwide network of over 1,400 offices that include regional offices, field offices, card centers, teleservice centers, processing centers, hearing offices, the

Appeals Council, and our State and territorial partners, the Disability Determination Services.

<http://www.ssa.gov/>

34. Division of Workforce Development Provides assistance through local Career Centers in job searches, skills assessment, re-employment assistance, and much more. Learn more about Missouri's workforce system that provides a robust menu of vital career assistance and re-employment services in partnership with 14 local Workforce Investment Boards and local educational agencies across the state.
35. Missouri Connections is a web-based resource to help Missouri Citizens determine their career interests, explore occupations, establish education plans, develop job search strategies, and create resumé. Sponsored by the Department of Elementary and Secondary Education and the Department of Economic Development, Missouri Connections is available to students, parents, guidance counselors, educators, and job seekers at no charge <http://www.missouriconnections.org/>
36. Missouri Community Action Agency (MACA) is statewide association of community action agencies fighting poverty in Missouri. MACA supports their vision through advocacy, training, awareness, technical assistance, and resource development. Our mission is to be an effective advocate in policy and program development which impacts low-income families and to strengthen the capacity of Missouri's Community action agencies. MACA provides a search portal to find local community action agencies in your area.  
<http://www.communityaction.org/CAA%20Service%20Areas.aspx>
37. US Department of Labor has several agencies that can help people with disabilities find meaningful work and launch successful careers, help employers hire people with disabilities, and help federal contractors stay within the law when hiring. <http://www.dol.gov/dol/topic/disability/>
38. MO Developmental Disability Council operated under the Developmental Disabilities Assistance and Bill of Rights Act, to assure that individuals with developmental disabilities and their families participate in the design of and have access to needed community services, individualized supports, and other forms of assistance that promote self-determination, independence, productivity, and integration in all aspects of community life.  
<http://www.mpcdd.com/>
39. Disability Benefits 101 gives you tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work and benefits go together. <http://mo.db101.org/>
40. School and Work Calculator Young people with disabilities can use the School and Work Calculator to find out how a job can affect their cash benefits and health coverage - and how staying in school can help.  
[http://mo.db101.org/planning/\(S\(3j3p0555oknue1555j02azip\)\)/sw2\\_mo\\_start.aspx?screen=start&l=sw2\\_mo](http://mo.db101.org/planning/(S(3j3p0555oknue1555j02azip))/sw2_mo_start.aspx?screen=start&l=sw2_mo)
41. Asset Planning and Development is about encouraging people to save money and to make investments that increase in value over time. It is believed that by building assets, individuals and their families will be able to move out of poverty and remain out of poverty. However, many people mistakenly think that work and saving money will automatically make them ineligible for Social Security Disability benefits.  
<http://www.idaresources.org/page?pageid=a047000000AsH85>
42. Transportation (Too broad a topic to find standard resources for as each community is different.)