

## Trails West School Lunch Menu September 2016

October 2016 ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Full Price Lunch</b> <b>\$2.65 per day</b> <b>\$53.00 month</b>	<b>Reduced Price</b> <b>\$.40 per day</b> <b>\$8.00</b>	<b>Milk served with lunch everyday.</b> <b>Extra milk \$.30</b>		<b>1</b> Egg Salad Gateway Toss Salad w/ Dressing Baked Potato Chip Pineapple Chunk	<b>2</b> Baked ham Scalloped Potatos Carrots Cornbread Muffin w/ butter Strawberry Cup Pineapple	<b>3</b>
<b>4</b>	<b>5</b> 	<b>6</b> Beef Taco Pie Brown Rice Refried Beans Tomatoes Pears & Banana	<b>7</b> Country Fried Steak Mashed Potatoes w/ gravy Broccoli Whole wheat bread w/ butter Spiced Apples	<b>8</b> Mock Lasagna Carrots Galic Toast Mandarin Oranges	<b>9</b> Broccoli Cheese Soup Green Beans Cornbread/ w butter Fruit Cocktail Yogurt	<b>10</b>
<b>11</b>	<b>12</b> Fish Sticks w/tartar sauce Peas & Carrots Stewed Tomatoes Bread Spiced Peaches Apple Juice	<b>13</b> Chicken & Vegetable Pasta Green Beans Orange Pineapple Tidbits	<b>14</b> Tuna Salad Sandwich Bell Peppers Ranch Dressing Fruit Cocktail Vanilla Ice Cream	<b>15</b> Chicken Fajitas Peas Spinach Brown Rice Mandarin Oranges Sour cream	<b>16</b> Spaghetti w/ meat sauce Black Beans Garlic Toast Pears	<b>17</b>
<b>18</b>	<b>19</b> Macaroni Chicken Broccoli Carrots Apricots Apple Juice	<b>20 NO SCHOOL</b> 	<b>21</b> Beef A Roni Black Beans Garlic Bread Fruit Cocktail Raisins	<b>22</b> Chicken Divan Tossed Salad w/ dressing Corn Wheat bread w/ butter Pears	<b>23</b> Tuna & Noodles Peas & Carrots Wheat bread w/ butter Mandarin Oranges	<b>24</b>
<b>25</b>	<b>26</b> Honey Lemom Chicken Candied Yams Broccoli Brown Rice Pilaf Apricots	<b>27</b> Sloppy Joe on Bun Tossed salad w/ dressing Peas Pears	<b>28</b> Chicken Taco Plate Refried Beans Brown Rice Spiced Apples	<b>29</b> Mexican Beef & Macaroni Cornbread w/ butter Peas & Carrots Orange	<b>30</b> Chicken Salad Sandwich Herbed Cauliflower Tomatoes Pineapple Tidbits	<b>Notes:</b>

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