

*Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

*Our Mission: To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

### **The Guidance and Counseling Services Staff:**

Director: **Dr. Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

Assistant Director: **Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)

Accounting Specialist: **Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

### **New Director of Guidance and Counseling**

We are excited to welcome Dr. Rene' Yoesel as our new Director of Guidance and Counseling. Dr. Bragg Stanley set a very high bar for excellence and is certainly missed but we are fortunate to have someone with Rene's experience, talents and passion to champion our cause. Dr. Yoesel has 32 years of educational experience as an elementary and K-12 school counselor. She is an LPC and has extensive experience as an adjunct professor, family/adolescent therapist, and prison rehabilitation and support therapist. Rene' is quickly learning the ropes at DESE and is eager to work with Missouri's outstanding professional school counselors and those that support our exemplary state guidance and counseling program! Our third guidance position will not be filled. Rene, Tom, and Loree are here to serve!

### **Welcome To A New School Year**

Welcome back! We wish you the best for a great school year! Rene' and Tom are settling in as a new team and developing the scope of work that will continue to address our guidance and counseling vision and mission as well as our state Top 10 x 20 initiative. The new work plan will certainly continue our efforts to enhance our guidance curriculum, mentoring, Missouri Connections, Guidance System of Support, counselor/administrator relationships, Pathways to Prosperity, building evaluation capacity for guidance and counseling programs, and updating our DESE website to improve our ability to more fully implement comprehensive guidance and counseling programs.

Missouri is recognized as a model for collaboratively building a quality guidance and counseling program. Let us continue to work together to support one another and remain leaders in the profession. *Together we can* enrich our programs to better support students and keep Missouri in the forefront of school counseling excellence!

### **Guidance Digest Distribution System**

Initial plans are for the Guidance Digest to be published the first of every month. Emails are sent to one contact person in each district/organization, *not* to every school counselor. It is important that you communicate within your district, create an internal distribution system and diligently forward these newsletters. Notify Rene' Yoesel regarding changes in contact information at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

## DESE Guidance and Counseling Website Changes

All guidance and counseling materials and resources are now located on the DESE Guidance and Counseling website. This includes materials previously located on the Guidance eLearning Center supported by the Missouri Center for Career Education (MCCE). MCCE is still maintaining its guidance and counseling site but that site will no longer be supported by DESE guidance.

The vision for combining the DESE and MCCE site is to create a one-stop-shop for your guidance resources. Check out the new and *still under development* DESE site at <http://dese.mo.gov/college-career-readiness/guidance-counseling>

To locate the Guidance and Counseling tab on the DESE website, go to:

- <http://dese.mo.gov/>
- "Educators " tab - on the top light blue ribbon
- "Guidance & Counseling" on the left side of the drop down menu
- Note the Program Components in the center box and the alphabetical listing of sources in the right column

This transition and updating process is a complex process that will extend well into the fall. Contact Chris Coffman at [Christopher.Coffman@dese.mo.gov](mailto:Christopher.Coffman@dese.mo.gov) for broken links and technical issues. Contact Tom Schlimpert at [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov) regarding materials, resources and the organization of this site.

## Missouri Scholars Academy 2015

The 2015 Missouri Scholars Academy will be held June 7-27, 2015 on the campus of the University of Missouri in Columbia. Importantly this year, the ACT PLAN<sup>®</sup> test that most schools have used in past years will not be available. Therefore schools should plan to administer *either* the PSAT<sup>®</sup>, ACT<sup>™</sup>, or ASPIRE<sup>™</sup> test to potential student nominees in early fall 2014. Also, students must have a score for one individual intelligence test within the last 3 years. Nomination information will be sent to schools in late October, including details about the selection process, necessary deadlines, and the student activity fee. If you know of personnel changes that would aid in updating our database, we would be obliged if you could pass those on as well. We would also encourage schools that haven't submitted nominations recently to consider doing so. Questions about all areas of the MSA 2015 should be directed to Steven Keller, director of the Missouri Scholars Academy, [KellerS@missouri.edu](mailto:KellerS@missouri.edu).

## 2015 FAFSA Frenzy Host Site application

[FAFSA Frenzy](#) is being offered in Missouri for the 12<sup>th</sup> consecutive year in January, February and March of 2015. High school counselors, financial aid officers, college access professionals and other organizations interested in hosting a FAFSA Frenzy site next year, may now complete [the 2015 host site application](#) via the MDHE website. The 2015 Missouri FAFSA Frenzy main event date is scheduled for Sunday, Feb. 22. A second date, Sunday, March 1, 2015, will serve as a back up in the event of inclement weather conditions, however, if these dates do not work for your institution or organization, you may choose alternate dates. For more information visit MDHE's [FAFSA Frenzy Web page](#).

\*FAFSA Frenzy, a program of [College Goal Sunday<sup>SM</sup>](#), is offered in Missouri through partnerships between the MDHE with [Missouri Association of Student Financial Aid Personnel](#), and USA Funds.

**HOST APPLICATIONS ARE DUE Friday, AUG. 22, 2014!**

## First Lady Michele Obama's Speech at ASCA Summer Conference

<http://www.schoolcounselor.org/>

**It's good!**

## Pathways to Prosperity

Missouri is one of nine states selected by the Harvard Graduate School of Education and Jobs for the Future to participate in the Pathways to Prosperity Network, a national education initiative designed to build career pathways systems for high-school-aged students. The network emerged as a result of the interest generated by the Harvard Graduate School of Education report, [Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century](#). The report has important implications for educational reform and for guidance and counseling, especially in the area of career development and individual student planning. School counselors, administrators, faculty and staff are strongly encouraged to read the report. Go to [Missouri Pathways to Prosperity](#) for more information.

## Program Components

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Resources that could be used as part of a comprehensive guidance and counseling program are provided for your review. Listing of these resources does not constitute endorsement by either the Guidance and Counseling Services Section or the Department.

### CURRICULUM

#### Guidance Curriculum Update

The newly updated guidance curriculum is in the process of being posted! Our wonderful Guidance Curriculum Writing Team has done an outstanding job of updating and enhancing K-12 unit and lesson plans for all three program component strands! Check it out at [Guidance Curriculum](#)

**Missouri Connections** also has quality career development lesson plans and activities. Log into Missouri Connections and explore "Activity Map" in the JR version, "Plan" in the high school version and "Classroom Activities" in the "Tools for Counselors and Teachers" in both versions.

### INDIVIDUAL STUDENT PLANNING

#### Missouri Connections

Missouri Connections continues to provide multiple updates, improvements and additions that will be ready for this fall. An updated Combined Report of Assessments, two new informal assessments, a completely updated Reality Check, improved Help & Tutorials buttons, a new Personal Learning Plan (that can work as a Personal Plan of Study) and a newly designed and enhanced Administrative Site are some of the improvements.

Go to [Missouri Connections](#) and click on the "Training" tab at the top of the page for "What's New in 2014" and the "Fall Workshop" training schedule.

The Missouri Connections Fall Training Schedule is posted. Go to [Training Calendar](#) and review the newly designed agenda that has been created to meet the wide array of user needs as well as the calendar and registration information. Two sessions are offered each day, the second session being a repeat of the first.

Contact **Jackie Coleman** at 573.634.0043, Monday – Friday from 8:00 am – 4:30 pm, or e-mail [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) with questions, support or if your school/site would benefit from a more in-depth or specific training or webinar.

*into*Careers, the host company that provides Missouri Connections is actively working on providing an [elementary version](#) and the ability to [interface with student data management systems](#) such as Tyler/SIS and Power School. The elementary discussion is just beginning. The interface option does exist but requires programming on the district side. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) for more information.

## Thank you!

A sincere thank you to the 620 counselors who responded to the Individual Student Planning Survey the College and Career Consultants sponsored last spring. The results of that survey will be reviewed at our August meeting and will be used to guide our work plan for GSOS and other programming. Your voice from the field is vital! Thank you for taking the time to complete that survey!

## Free Tools to Help Families Save, Plan, and Pay for College

Families need the right tools to put a plan for college in place. Sallie Mae's **College Planning Toolbox** is a suite of free tools, calculators, and resources to help students and families navigate their way through every phase of saving, planning and paying for college. The toolkit consists of a **Free Scholarship Search** of more than 3 million available scholarships – worth up to \$18 billion; a **College Planning Calculator** to assist students start their financial plan for college by creating a comprehensive step-by-step strategy to help them save and pay for higher education; and an **Award Letter Analyzer** allows families to make a fair "apples-to-apples" comparison among the financial aid award letters they've received and discover the true cost of tuition at each school for which they've been accepted. You can obtain more information at [www.SallieMae.com/PlanForCollege](http://www.SallieMae.com/PlanForCollege) or by contacting [Laura.Steinbeck@SallieMae.com](mailto:Laura.Steinbeck@SallieMae.com)

## National College Fair Kansas City

A **FREE** National College Fair sponsored by the National Association for College Admission Counseling (NACAC) is coming to Kansas City. Over 150 colleges and universities from all over the country and 4,000+ students and families are expected to attend. National College Fairs allow students to meet face-to-face with college admission representatives from a wide range of postsecondary institutions. Free college planning and financial aid workshops will also be held.

**Kansas City Convention Center, Salon A (301 W 13th Street, KCMO 64105)**

**Sunday, October 5 - 1:00pm-4:00pm**

**Monday, October 6 - 8:30am-11:30am**

Student Registration: *It is important to preregister for the fair.* By creating an account at [www.gotomyncf.com](http://www.gotomyncf.com), students will receive their own barcode that will be scanned by the college representatives at the fair. *Students will need to have their barcode registration with them when they attend the fair.* Visit the [www.nationalcollegefairs.org](http://www.nationalcollegefairs.org) website for details and information about NACAC and the Kansas City fair.

Please email [rob.lundien@nkcschools.org](mailto:rob.lundien@nkcschools.org) for more information if you are planning to bring a bus or van of students.

## RESPONSIVE SERVICES

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect."

([Section 162.069.3 RSMo.](#)) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### Resource Numbers

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

#### Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

#### Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

### **Access to Crisis Intervention**

The Missouri Department of Mental Health provides the Access Crisis Intervention (ACI) line that is staffed by professionals who can respond to adults, youth and families experiencing a mental health crisis 24 hours per day and 7 days per week. The link below provides a map with regional call numbers. <http://dmh.mo.gov/mentalillness/progs/acimap.htm>

### **Trevor Lifeline**

The Trevor Project offers the Trevor Lifeline, a national 24/7 crisis intervention and suicide prevention lifeline for LGBTQ young people (ages 13-24), available free at 1-866-488-7386. Help can also be accessed through chat on line or text, find more information at: <http://www.thetrevorproject.org/pages/get-help-now>

## **SYSTEM SUPPORT**

### **DESE/MSCA Mentoring Program**

Full certification requires two years of mentoring. The Department and MSCA have collaborated to develop a mentoring program tailored made for new school counselors who are in need of a mentor with school counseling experience or who have a mentor but who would like to participate in this structured program designed to assist new counselors in more fully implementing their programs. If you would like to participate or need additional information contact Dr. Jan Ward at [jward@semo.edu](mailto:jward@semo.edu) Dr. Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov) is the DESE contact.

### **College and Career Consultants**

Your regional College and Career Consultant is a valuable resource to support your guidance and counseling program. See [College and Career Consultants](#) for more information and contact information.

### **Missouri Virtual Instruction (MoVIP)**

MoVIP, or the Missouri Virtual Instruction Program, which is run by the Department, is currently registering K-12 students for the upcoming fall semester. MoVIP currently offers about 150 different online courses in a wide variety of subjects including AP, foreign language and electives. MoVIP is an excellent resource to help school districts meet their College and Career-Ready (CCR) and High School-Ready (HSR) goals at little cost. School districts can get reimbursed from DESE for about 90% of the tuition costs. MoVIP also offers state-funded tuition for students who qualify as medically fragile. All courses are also taught by Missouri-certified and highly-qualified teachers. For more information, please visit [www.movip.org](http://www.movip.org), or contact Steve Schellman at 573-751-2453 or [steve.schellman@dese.mo.gov](mailto:steve.schellman@dese.mo.gov)

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## **Conferences and Professional Development Opportunities**

### **Guidance System of Support**

Plans are being made for the fifth year of the Guidance System of Support professional development opportunities. This fall's focus will be "Reflect, Collaborate, Act - Moving Your Program Forward" which will review guidance K-12 individual student planning tools and provide ample time to collaborate with regional peers to enhance your Individual Student Planning process. If you want to continue having this type of support, you need to attend, contribute and learn. Meeting details are being finalized and will be posted at [Guidance System of Support](#)

## **MSCA and MoACTE: Your Keys to Professional Development**

If you have not done so, be sure to join or renew your membership with your professional organizations. Both MSCA and MoACTE not only provide outstanding conferences and other professional development activities but also advocate for school counselors and CTE at the state and national levels. It is important to note however, that YOU are MSCA and MoACTE through your membership and support. Be sure to join both at the state and regional levels. Additional information can be found at:

[MSCA Membership](#) [MSCA Region Information](#) and [MoACTE Divisions](#)

## **2014 Federal Virtual Bullying Prevention Summit**

You are cordially invited to virtually attend the 2014 Federal Bullying Prevention Summit, Keeping Kids Safe: Opportunities and Challenges in Bullying Prevention, which will be held on Friday, August 15, 2014 from 8:30-5:30 p.m. EDT. This event will be offered as a [live streaming webcast](#).

The Federal Partners in Bullying Prevention aim to highlight successful strategies that support the creation of a positive school climate. Other topics that will be covered include cyberbullying, related bullying behaviors that impact healthy school climate, and the relationship between bullying prevention programs and school discipline. Registration for virtual participants will be available through the day of the Summit. [Register to join the Summit virtually](#)

## **Missouri Safe Schools and Colleges Conference**

**September 23-25 Tan-Tar-A**

[Missouri Center for Ed Safety website](#)

## **Missouri Mental Health Counselors Association**

**September 25-27 Inn at Grand Glaize, Lake of the Ozarks.**

See their [website](#) additional information and registration information.

## **Missouri School Counselor Association (MSCA) Fall Conference**

**November 2-4 Tan-Tar-A**

This year's theme is: Instilling Hope. See the [MSCA Website](#) for more information

## **Missouri Association for Career Services (MACS) Fall Conference**

**September 18-19 Columbia**

For registration information contact Stacie Wild at 660.596.7256 or [swild@sfccmo.edu](mailto:swild@sfccmo.edu)

## **Missouri Coordinated School Health Coalition**

**TBD**

Information can be found on the Coalition's [website](#).

## **Missouri Department of Higher Education Newsletter**

The Journey to College [Monthly Reminder](#), is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents.

Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

## Interesting Insights

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### Missouri Connections - Top 10

The top 10 schools using Missouri Connections, based on the number of hits per site are: Poplar Bluff Junior High, Potosi High School, Yeokum Middle School, Truman High School - Independence, AEL - St. Louis City, Fort Osage R-I School District, Northwest High School (Cedar Hill), Waynesville Middle School, Raymore-Peculiar Senior High School, Lee's Summit High School.

Congratulations to those schools for using Missouri Connections to help their students become college and career ready!

### Career Cluster Inventory Results

For the past four years the top and bottom five career clusters have remained identical based on the results from approximately 90,000 Career Cluster Inventory surveys taken annually through Missouri Connections.

In rank order:

Top Five: Architecture (11,928 responses), Arts, Agriculture, Health, and Information

Bottom Five: Transportation, Business, Law, Government, Marketing (900 responses)

*It's interesting that these results remain constant over time. It also raises the question of how are school and classroom experiences cultivating and building on these student interests? How are we developing their knowledge base of jobs and career options? How are we connecting learning with their interests and career possibilities? What implications does this information have for our society and democracy when government is the second from the bottom?*

### Big Picture Perspective

*“Dear Teacher,*

*I am the survivor of a concentration camp. My eyes saw what no person should witness:*

*Gas chambers built by learned engineers. Children poisoned by educated physicians. Infants killed by trained nurses. Women and babies shot and burned by high school and college graduates.*

*So I am suspicious of education. My request is: Help your students become human. Your efforts must never produce learned monsters, skilled psychopaths, educated Eichmanns. Reading, writing and arithmetic are important only if they were to make our children more humane.”*

*A principal to his teachers on the first day of school, “Teacher and Child”*

**Each child you touch needs what you and your guidance and counseling program have to offer!  
Here's to making a difference this year!**

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

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**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

### **New Guidance Digest Distribution System**

We are excited to announce that our Guidance and Counseling Section has partnered with MOREnet to offer a Guidance Listserv. This tool will enable school counselors and interested parties to have the Guidance Digest sent directly to their email address and will eliminate the need for a district contact person and our maintaining multiple distribution lists. During the next two months, as we transition to the Listserv, the Guidance Digest will continue to be sent through the current distribution system.

**To subscribe** to the Guidance Listserv go to <http://lists.mo.gov/mailman/listinfo/guidancelistserv> and follow the online directions. You will be asked to complete a form with your email address, name and password. As this is a closed Listserv, your request will be held for approval and you will be notified when accepted. The Guidance Listserv is intended to be used as a dissemination of information only and the "post a message" feature will be disabled. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

*If you want to receive the Guidance Digest after the October edition, you MUST personally register!*

### **DESE Guidance and Counseling Website**

All guidance and counseling materials are now located on the DESE Guidance and Counseling website. The merge and transition of materials continues to be a work in progress. If you experience technical difficulties or broken links please contact Chris Coffman at [Christopher.Coffman@dese.mo.gov](mailto:Christopher.Coffman@dese.mo.gov).

## Counselor Certification

If you are interested in becoming certified as a school counselor, have questions regarding the requirements to upgrade your certificate or need to know more about professional development requirements look no further than the DESE website. [Dese.mo.gov](http://dese.mo.gov) – Educator Certification – Student Services. <http://dese.mo.gov/educator-quality/certification/student-services>

# Program Components

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## CURRICULUM

### Updated Guidance Curriculum

The newly updated guidance curriculum has been posted to the DESE Guidance website. The Comprehensive Guidance and Counseling Program curriculum framework is organized around the three strands, Personal/Social Development, Academic Development, and Career Development. Unit and lesson plans address each of the K-12 guidance and counseling GLEs.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

## INDIVIDUAL STUDENT PLANNING

### Missouri Connections

Missouri Connections Fall Workshops are now being held. There is no charge for the workshop, however pre-registration is required. To participate, attendees must have a Missouri Connections Staff or Site Administrator username and password. To Register go to [www.missouriconnections.org](http://www.missouriconnections.org) If you have questions please contact Tom Schlimpert [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or Jackie Coleman [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com)

### Kansas City National College Fair

A FREE National College Fair is coming to Kansas City October 5<sup>th</sup> & 6<sup>th</sup>. There will be 150+ colleges and universities from all over the country. National College Fairs allow students to meet face-to-face with college admission representatives from a wide range of postsecondary institutions. Free college planning and financial aid workshops will also be held. Visit the [www.nationalcollegefairs.org](http://www.nationalcollegefairs.org) website for details and please email [rob.lundien@nkschools.org](mailto:rob.lundien@nkschools.org) for more information if you are planning to bring a bus of students.

## RESPONSIVE SERVICES

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### Resource Numbers

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

#### Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

#### Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

# SYSTEM SUPPORT

## Counselor Evaluation Update

Development of the new counselor evaluation instrument has begun this fall with plans for a voluntary pilot this Spring. After collecting feedback, refining the documents and process then developing implementation guidelines, the new evaluation instrument will be made available for the Fall 2015. In this transition period, it is still recommended that school counselors be evaluated with an instrument designed to address their unique program and job expectation.

## Online College Database

The Online College Database provides future post-secondary students with the information they need, at no cost, to make informed decisions about where to attend college. The database team has created a guide to all 127 colleges in Missouri to include both two and four year schools. Factors such as enrollment size, tuition, gender ratio, student to faculty ratio, campus setting, acceptance rate and ROTC availability is included for each college. Access the Online College Database at:

<http://www.onlinecollegesdatabase.org/online-colleges-in-missouri/>

## RED Ribbon Week 2014

Red Ribbon Week is October 23-31, 2014.

ACT Missouri is a not-for-profit organization funded by the Missouri Department of Mental Health and established to promote drug and alcohol awareness throughout Missouri. Do you need ideas for your Red Ribbon Week celebration or are you interested in learning more about the MYAA annual art contest?

Check out the information provided at [www.actmissouri.org](http://www.actmissouri.org)

## SAMHSA

The Substance Abuse and Mental Health Services Administration is offering a free mobile app, KnowBullying, to help initiate meaningful conversations with children regarding Bullying.

[SAMHSA's Bullying Prevention App | SAMHSA.gov](http://www.samhsa.gov) For more information on the prevention of Bullying and what you can do, check out the information at <http://www.stopbullying.gov>

## Conferences and Professional Development Opportunities

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### Guidance System of Support

The Missouri Guidance System of Support (GSOS) is a collaborative state-wide initiative designed to support all K-12 counselors in fully implementing a Comprehensive Guidance and Counseling Program.

Mark your Calendar to attend your regional GSOS professional development meeting. The Fall meeting focus will be to “Reflect, Collaborate, Act – Moving Your Program Forward” focusing enhancing your K-12 Individual Student Planning Process (this includes elementary!).

*Support your profession!*

*Be part of this valuable Professional Development opportunity!*

Please check out the following website for the program overview and register.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/guidance-elearning/guidanc-8>

## GSOS Meeting Information

### Region 1 (Charlene Piel)

- October 14 (Tuesday), 8:30 - 11:30 am - North Central Career Center, Bethany
- October 15 (Wednesday), 8:30 - 11:30 am - Carrollton Area Career Center, Carrollton
- October 16 (Thursday), 8:30 - 11:30 am - Grand River Technical School, Chillicothe
- October 22 (Wednesday), 8:30 - 11:30 am - Northwest Technical School (Room 2), Maryville
- October 29 (Wednesday), 8:30 - 11:30 am - Hillyard Technical Center (Room 103), St. Joseph

### Region 2 (Susan Hazen)

- September 19 (Friday), 9:00 am - 12:00 pm -- Linn County Area Career & Technical Center, Brookfield
- September 23 (Tuesday), 9:00 am - 12:00 pm -- Hannibal Career and Technical Center, Hannibal
- September 30 (Tuesday), 12:30 - 3:30 pm -- The Advanced Technology Center, Mexico
- October 2 (Thursday), 9:00 am - 12:00 pm -- Lincoln University - Scruggs Student Center Ballroom, Jefferson City Note: Lunch provided by Lincoln University. MMSCA meeting 1:00 - 2:30 pm *For Boone, Audrain, Warren, Lincoln, Calloway, Montgomery and Pike Counties*)
- October 10 (Friday), 9:00 am - 12:00 pm -- Moberly Area Community College Career Center, Room C42, Moberly
- April 4 (Friday), 9:00 am - 12:00 pm -- Macon Area Career and Technical Center, Macon
- March 28 (Friday), 9:00 am - 12:00 pm -- Kirksville Area Technical Center, Kirksville

### Region 3 (Lori Mann)

- September 24 (Wednesday), 8:30 am – 11:30 am - Lex La-Ray Technical Center, Lexington
- October 1 (Wednesday), 8:30 am – 11:30 am - Excelsior Springs Area Career Center
- October 15 (Wednesday), 8:30 am – 11:30 am - Warrensburg Area Career Center
- October 21 (Tuesday), 8:30 am – 11:30 am - Cass Career Center, Harrisonville
- October 23 (Thursday), 8:30 am – 11:30 am - Northland Career Center, Platte City
- October 29 (Wednesday), 8:00 am – 11:30 am - Manual Career & Technical Center, Kansas City \*Note: Meeting is 8:00 - 11:30 am
- November 11 (Tuesday), 8:30 am – 11:30 am - The Career & Technology Center at Fort Osage, Independence
- December 5 (Friday), 11:30 am – 2:30 pm - Herndon Career Center, Raytown \*Note: Meeting is 11:30 am - 2:30 pm

### Region 4 (Janet Bagby)

- September 30 (Tuesday), 12:00 - 3:00 pm - Boonslick Technical Education Center, Boonville
- October 2 (Thursday), 12:30 - 3:30 pm State Fair Career and Technical Center - Heckert Bldg. Thompson A, Sedalia Note: CMSCA meeting begins at 10:00 am. Lunch provided by State Fair Career and Technical Center.
- October 2 (Thursday), 9:00 am - 12:00 pm - Lincoln University - Scruggs Student Center Ballroom, Jefferson City Note: Lunch provided by Lincoln University. MMSCA meeting 1:00 - 2:30 pm
- October 10 (Friday), 9:00 am - 12:00 pm - Saline County Career Center, Marshall Note: Breakfast provided prior to meeting by Saline County Career Center.
- October 16 (Thursday), 12:30 - 3:30 pm – Lake Career and Technical Center, 29 Dare Blvd, Camdenton

### Region 5 (Tonya DeGonia)

- September 25 (Thursday), 9:00 am - 12:00 pm - Jefferson College, Viking Room \*Note: Meeting is combined with District Counselor meeting.
- September 30 (Tuesday), 8:30 - 11:30 am - Mineral Area College, North College Center
- October 3 (Friday), 8:30 - 11:30 am - Cape Career & Technology Center, Multipurpose Room
- October 10 (Friday), 8:30 - 11:30 am - Four Rivers Career Center, Washington, Health Room
- November 14 (Friday), 8:30 am – 11:30 am – First Baptist Church, Dexter (Combined meeting with Region VII)

**Region 6 (Michele Charlebois-Didreckson)**

- September 25 (Thursday), 8:30 am - 2:30 pm -- Ozark Mountain Technical Center, Mountain Grove (HS Media Center) (*Lunch and Work Session included*)
- October 1 (Wednesday), 8:30 am - 12:00 pm -- Waynesville Career Center, Waynesville (Meeting Room) *Combined meeting with Lebanon Career & Technology Center*  
Work Session - 12:45 - 2:45 pm (*Lunch provided for those staying for work session.*)
- October 22 (Wednesday), 9:00 am - 2:30 pm -- Dallas County Technical Center, Louisburg (Conference Room), (*Lunch & Work Session included*)
- December 3 (Wednesday), 8:15 am - 12:00 pm -- Ozarks Technical Community College, Springfield (Lincoln Hall Room 211)  
Work Session - 1:00 - 3:00 pm (*Lunch provided for those staying for work session.*)

**Region 7 (Becki Shrum)**

- October 3 (Friday), 8:30 - 11:30 am -- Cape Girardeau Career and Technology Center (Computer Lab) *Meeting combined with Region V*
- October 17 (Friday), 9:00 am - 12:00 pm -- Current River Career Center, Doniphan (Computer Lab)
- October 21 (Tuesday), 9:00 am - 12:00 pm -- Kennett High School, Dunklin County (Board Room)
- October 23 (Thursday), 9:00 am - 12:00 pm -- Sikeston Career & Technology Center (Pit Stop Café)
- October 30 (Thursday), 9:00 am - 12:00 pm -- South Central Career Center, West Plains (Thornburgh Campus - Computer Conference Room)
- November 7 (Friday), 8:30 am - 11:30 pm -- Poplar Bluff R-1, Poplar Bluff (Central Office - Missouri Room)
- November 14 (Friday), 8:30 am – 11:30 am – First Baptist Church, Dexter (Combined with Region V)

**Region 8 (Tammy Blaylock)**

- October 16 (Thursday), 9:00 am - 12:00 pm - Crowder College Technical Education Center, Farber Building, Wright Conference Center, 2nd Floor, Neosho
- October 22 (Wednesday), 9:00 am - 12:00 pm - Clinton Technical Center, Clinton
- October 28 (Tuesday), 9:00 am - 12:00 pm - Scott Regional Technology Center, Amphitheater, Monett - 12:00 - 2:00 pm Lunch and JROTC activities
- October 30 (Thursday), 9:00 am - 12:00 pm - Lamar Career and Technical Center @ First Christian Church, 1208 Walnut, Lamar
- November 10 (Monday), 9:00 am – 12:00 pm – Carthage Technical Center – South Campus, 1110 East Airport Drive, Carthage
- November 13 (Thursday), 9:00 am - 12:00 pm- Nevada Regional Technical Center, Nevada
- TBA - Franklin Technology Center - 9:00 am - 12:00 pm

**Region 9 (Micheline Moeller)**

- October 2 (Thursday), 1:00 - 3:00 pm -- Neuwoehner High School - Special School District, 12112 Clayton Rd, St. Louis
- October 3 (Friday), 8:30 - 11:30 am -- STLCC - Forest Park Campus, 5600 Oakland Ave, St. Louis Note: For St. Louis Public Schools only
- October 9 Thursday), 8:30 - 11:30 am -- EducationPlus, 1460 Craig Road, St. Louis
- October 15 (Wednesday), 8:30 - 11:30 am -- Brittany Woods Middle School, 8125 Groby Rd, University City - Library Conference Room
- October 23 (Thursday), 8:30 - 11:30 am -- Lewis & Clark Career Center, 2400 Zumbahl Rd, St. Charles
- October 29 (Wednesday), 8:30 - 11:30 am -- Rogers Middle School, 7550 Mackenzie Rd, Affton

**Guidance System of Support**

*Building Guidance and Counseling Programs That Impact Lives and Performance*

## **Community Services Summit**

The 16<sup>th</sup> Annual Community Services Summit will be held on October 28, 2014, in St. Peters, MO. The Summit is a day-long series of workshops designed to build stronger community through professional connections. The Community Services Summit will focus on how the community works together to share resources and practical ideas to tackle critical issues. There will be an extensive exhibit hall highlighting key resources in the community as well as a keynote address and thought-provoking, useful, skill-building sessions. The Community Services Summit provides professionals valuable resources and information on the topics most critical to working with children and families today.

<http://www.communitycouncilstc.org/events/community-services-summit>

## **Missouri Safe Schools and Colleges Conference**

**September 23-25 Tan-Tar-A**

[Missouri Center for Ed Safety website](#)

## **Missouri Mental Health Counselors Association**

**September 25-27 Inn at Grand Glaize, Lake of the Ozarks.**

See their [website](#) additional information and registration information.

## **Missouri School Counselor Association (MSCA) Fall Conference**

**November 2-4 Tan-Tar-A**

This year's theme is: Instilling Hope. See the [MSCA Website](#) for more information

## **Missouri Association for Career Services (MACS) Fall Conference**

**September 18-19 Columbia**

For registration information contact Stacie Wild at 660.596.7256 or [swild@sfccmo.edu](mailto:swild@sfccmo.edu)

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

*Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

*Our Mission: To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

### **The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)

**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

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### **New Guidance Digest Distribution System**

To continue receiving the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv> Follow the online directions. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

*To those of you who have already registered: You will receive this edition of the Guidance Digest twice, once via this system and through the new system.*

***To receive the Guidance Digest after this October edition, you MUST personally register!***

### **School Counselor Evaluation Instrument Update**

The new counselor evaluation instrument is being developed this fall with plans for a voluntary pilot this spring. Training for **administrators and counselors** will be provided at the Spring Guidance System of Support meetings. The finalized instrument will be available fall 2015. In this transition period, it is still recommended that school counselors be evaluated with an instrument designed to address their unique program and job expectation.

### **DESE Guidance and Counseling Website**

All guidance and counseling materials are now located on the DESE Guidance and Counseling website. The merge and transition of materials continues to be a work in progress. If you experience technical difficulties or broken links please contact Chris Coffman at [Christopher.Coffman@dese.mo.gov](mailto:Christopher.Coffman@dese.mo.gov).

# Program Components

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## CURRICULUM

### Updated Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum has been posted to the DESE Guidance website: <http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

## INDIVIDUAL STUDENT PLANNING

### Missouri Connections

There are a few Missouri Connections Fall Workshops left. To Register go to [www.missouriconnections.org](http://www.missouriconnections.org) There is no charge for the workshop, however pre-registration is required. Attend this training to see the 2014 enhancements and receive customized support. Contact Jackie Coleman [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 with questions.

### Missouri Connections Video Room

Find career clusters videos and personal interviews of people in occupations at:

<http://dese.mo.gov/college-career-readiness/guidance-counseling/missouri-connections-videos>

This link is also located on the Missouri Connections portal page, under "Students".

**Spanish Translations** - Click on the Spanish announcement in the rotating announcement banner, once you have logged in, for a list of items that have been translated into Spanish.

## RESPONSIVE SERVICES

### SAMHSA

The Substance Abuse and Mental Health Services Administration is offering a free mobile app, KnowBullying, to help initiate meaningful conversations with children regarding Bullying. [SAMHSA's Bullying Prevention App | SAMHSA.gov](http://www.samhsa.gov) For more information on the prevention of Bullying and what you can do, check out the information at <http://www.stopbullying.gov>

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org>

## SYSTEM SUPPORT

### Virtual Support

The Missouri Virtual Instruction Program (MoVIP), which is run by the Department, has four professional, Missouri-certified, counselors with a wealth of public school and online experience. Please feel free to contact them at any time to discuss how MoVIP may be able to help students in your school district. <http://movip.org/contact-us.html>

## RED Ribbon Week 2014

Red Ribbon Week is October 23-31, 2014.

ACT Missouri is a not-for-profit organization funded by the Missouri Department of Mental Health and established to promote drug and alcohol awareness throughout Missouri. Do you need ideas for your Red Ribbon Week celebration or are you interested in learning more about the MYAA annual art contest? Check out the information provided at [www.actmissouri.org](http://www.actmissouri.org)

## Parent Survey

Help Keep Kids Safe This School Year is an initiative sponsored by the Office of Social and Economic Data Analysis and ACT Missouri (This is a prevention based organization, not the testing organization <http://www.actmissouri.org/> ) They will appreciate it if schools will share the following announcement with parents.

**Parents** – if you have students in grades 6-12, please complete a survey about substance use and other important issues affecting teens in your community. <http://surveys.missouri.edu/parents>  
It is confidential and anonymous. Your answers will help prevention programming in Missouri. If you have any questions, please contact the Office of Social and Economic Data Analysis at 573-882-7396.

## Best Practices Supporting School Safety

A list of recommendations prepared by the Missouri Association of School Psychologists  
<http://www.maspweb.org/Membership/3103627>

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## Conferences and Professional Development Opportunities

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### Guidance System of Support

The Missouri Guidance System of Support (GSOS) is a collaborative state-wide initiative designed to support all K-12 counselors in fully implementing a Comprehensive Guidance and Counseling Program.

The Fall meeting focus will be to “Reflect, Collaborate, Act – Moving Your Program Forward” focusing on enhancing the K-12 Individual Student Planning Process (including elementary!).

Check out the following website for the program overview and to register.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/guidance-elearning/guidanc-8>

#### Guidance System of Support

*Building Guidance and Counseling Programs That Impact Lives and Performance*

### Community Services Summit

The 16<sup>th</sup> Annual Community Services Summit will be held on October 28, 2014, in St. Peters, MO. The Summit is a day-long series of workshops designed to build stronger community through professional connections. The Community Services Summit will focus on how the community works together to share resources and practical ideas to tackle critical issues. There will be an extensive exhibit hall highlighting key resources in the community as well as a keynote address and thought-provoking, useful, skill-building sessions. The Community Services Summit provides professionals valuable resources and information on the topics most critical to working with children and families today.

<http://www.communitycouncilstc.org/events/community-services-summit>

## Transition Capacity Building Institute

**October 29-31, 2014**, Jefferson City, MO

DESE, along with several other state agencies are coordinating this institute to bring together local district staff and local service agency staff to work on capacity building of transition services for special needs students within the district. Vocational Rehabilitation, Department of Mental Health, and the Centers for Independent Living will work together to develop a district-wide action plan to coordinate local transition services to students in need. *Counselors are encouraged to attend as part of the school team.* For more information, contact John Stains at (573) 751-0225 or at [john.stains@dese.mo.gov](mailto:john.stains@dese.mo.gov).

## St. Louis Graduates Professional Development Institute Workshops

**Professional Development Institute** offers four workshops over the school year, designed for high school, higher education, and college access nonprofit professionals. Professional Development Institute workshops are research-based, interactive, and tap the expertise of a range of seasoned practitioners. **Pre-registration is required.** All workshops are offered free of charge and include lunch. Workshops will take place in the McDonnell Room at EducationPlus, 1460 Craig Rd.

**REGISTER TODAY!** Space is limited. Register online at <http://www.stlouisgraduates.org/>

## Missouri School Counselor Association (MSCA) Fall Conference

**November 2-4 Tan-Tar-A** Theme: Breaking Barriers - Instilling Hope.

Log on to [www.moschoolcounselor.org](http://www.moschoolcounselor.org) to check out some of the exciting features:

- \*2014 Fall Conference Details
- \*How to get Involved with MSCA
- \*Missouri School Counselor Blog-NEW!
- \*MSCA Social Media Links
- \*Counseling Connection Publications

## Building Bridges

**March 2-3, 2015 Location TBD**

## Meet the professionals who say, "I Build."

**April 14, 2015**, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

## Student Loan Debt

Seven in 10 college seniors (71%) who graduated last year had student loan debt, with an average of \$29,400 per borrower. From 2008 to 2012, debt at graduation (federal and private loans combined) increased an average of six percent each year. For the full story and Missouri specifics see: [http://www.projectonstudentdebt.org/state\\_by\\_state-data.php](http://www.projectonstudentdebt.org/state_by_state-data.php)

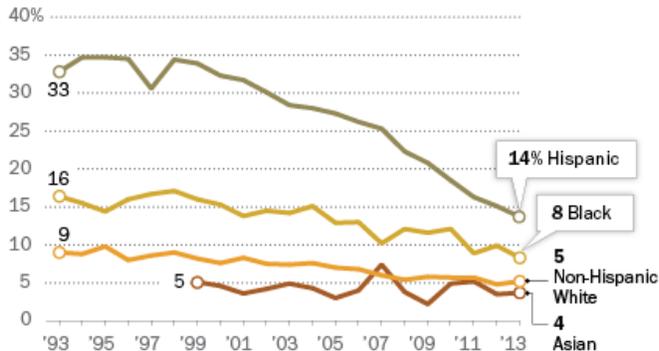
## Progress!

More U.S. high school students are staying in school, according to [newly released data from the Census Bureau](#), as the national dropout rate reached a record low last year. Just 7% of the nation's 18-to-24 year olds had dropped out of high school, continuing a steady decline in the nation's dropout rate since 2000, when 12% of youth were dropouts.

<http://www.pewresearch.org/fact-tank/2014/10/02/u-s-high-school-dropout-rate-reaches-record-low-driven-by-improvements-among-hispanics-blacks/>

### Hispanic, Black High School Dropout Rates Reach Record Lows

Percent of 18-to 24-year-olds dropping out of high school



Notes: The status dropout rate shown refers to the share of 18-to 24-year-olds who were not enrolled in school and had not completed high school. Black and Asian include the Hispanic portion of those groups. White includes only non-Hispanic whites.

Source: U.S. Census Bureau October Current Population Survey

PEW RESEARCH CENTER

## Employer Insights

A panel of five employers presenting at the MACS conference all indicated that, depending on the job, minimal attention is given to school test scores, grades and even attendance records. Employers do want to know if the applicant graduated as well as their skills (IRCs and TSA type certifications) and experiences. Written and verbal communication skills were a resounding priority and area of need. Attention to detail on the applications, resumes and interview skills also received a lot of attention. All five panelists look for interpersonal skills, initiative, enthusiasm, ability to work with others along with the applicant's skill set. The expected high demand jobs were identified but also included in difficult jobs to fill were the minimum wage service jobs. People don't want to work for \$7.50/hour. What resonated was the need for well rounded applicants or the "whole child" that we define in our personal/social, academic, and career components.

The need for relevant career development experiences and quality guidance programs is real!

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**The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)  
**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)  
**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## Announcements

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### **New Guidance Digest Distribution System**

Currently, 920 people have registered through this new system! Please share this information with any interested parties. To continue receiving the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv> Follow the online directions. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

*To those of you who have already registered: Thank you! You will again receive this edition twice, once via this system and through the new system, as we continue to seek continued registrants.*

### **DESE School Counselor Evaluation Instrument Update**

Plans are being developed to present the new DESE sponsored counselor evaluation system at the Spring Guidance System of Support meetings that will be held during February and March. Details and locations will be announced when finalized. Counselors and administrators are encouraged to attend.

### **Successful Fall Conference**

Congratulations to MSCA for another fantastic, informative and energizing fall conference! Such a great opportunity to network, learn and rekindle the passion. Missouri counselors continue to lead the way through this dynamic professional organization that is over 1600 members strong!

*Your membership and involvement make the difference!*

## Youth With Disabilities Leadership Award

The Governor's Council on Disability will honor a youth with a disability that is demonstrating outstanding leadership, advocacy, and dedication to and for the disability community at large in Missouri. For more information and the nomination form, please visit.

<http://disability.mo.gov/gcd/youthleadershipaward.htm>

## Missouri Youth Leadership Forum for Students with Disabilities

The four day Forum is a unique career leadership training program for individuals with disabilities ages 16-21 to cultivate leadership, citizenship and social skills. For more information:

<http://disability.mo.gov/gcd/ylf.htm> or 1-800-877-8249 or 573-751-2600.

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# Program Components

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## CURRICULUM

### Updated Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum has been posted to the DESE

Guidance website: <http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

## INDIVIDUAL STUDENT PLANNING

### Breaking Traditions

The Breaking Traditions Awards recognize students who are pursuing non-traditional careers. Materials, including program overview, application and scholarship information have been updated and posted to the DESE Guidance and Counseling website. [Breaking Traditions 2015](#). Contact your [College and Career Consultants](#) for more information and support.

### Missouri Connections

The new Personal Learning Plan which is located in the Portfolio is a viable equivalent to the Personal Plan of Study and outlines a comprehensive plan for career planning. Be sure to use Personal Learning Plan Checklist as well. For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

**Usage** - During the Month of September, there were 81,137 visits to Missouri Connections! During those visits the average number of pages viewed was 28 during the 20:35 minute average length visit. The number of site hits during the 2013-14 school year increased by over 100,000 when compared to 2012-13.

*The more we focus on Individual Student Planning and career development, the better Missouri Connection looks!*

### Missouri Gaming Association 2015 Project 21 Scholarships

The Missouri Gaming Association is pleased to announce the 2015 Project 21 Scholarship Program. The Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. Two (2) \$1,500.00 first prize scholarships and Four (4) \$1,000.00 second prize scholarships will be awarded. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2015**. For more information please contact [info@missouricasinos.org](mailto:info@missouricasinos.org) or click on this link to download the application –

[http://www.missouricasinos.org/tiny\\_mce/jscripts/tiny\\_mce/plugins/filemanager/files/2015\\_Project\\_21\\_Application.pdf](http://www.missouricasinos.org/tiny_mce/jscripts/tiny_mce/plugins/filemanager/files/2015_Project_21_Application.pdf)

## Missouri Department of Higher Education Newsletter

The Journey to College Monthly Reminder, is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents. Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

### Sallie Mae Offers Scholarships

Did you know that November is National Scholarship Month? More than 3 million scholarships offering up to \$18 billion in free money are accessible with Scholarship Search by Sallie Mae. And not every scholarship is based on academic performance or financial need. There are thousands of scholarships offered no matter where your students' interests lie -- from music to community service, baking to martial arts, and much more.

Scholarship Search is just one of the many free tools in Sallie Mae's extensive suite of Plan for College resources designed to help students and their families plan and pay for college. This resource is also available to High School Counselors free of charge. You can obtain more information at [www.SallieMae.com/ScholarshipSearch](http://www.SallieMae.com/ScholarshipSearch) or by contacting Laura Steinbeck at [Laura.Steinbeck@SallieMae.com](mailto:Laura.Steinbeck@SallieMae.com).

### Apprenticeships

Did you know that a carpenter apprentice in the Kansas City area starts their program with a total salary package, including benefits, of \$17-21/hour and that a master carpenter can earn over \$45/hour? Apprentices in the trade professions are a viable career option for many students, including those seeking professional careers in the trade industry. For information:

Kansas City and western Missouri: [Apprenticeship Programs - Western Missouri](#)

St. Louis and eastern Missouri: [Apprenticeship Programs - Eastern Missouri](#)

### College Majors and Jobs

A good article entitled: "Where the jobs are: Hot prospects for college grads"

<http://www.usatoday.com/longform/money/2014/10/14/jobs-for-college-grads-by-metro/16046989/>

### Career in Insurance

MyPath provides a website for student who might be interested in an insurance related career. <http://fw.to/wKxEEfc> is the link to an informative article and <http://www.insuremypath.org/> is the actual website.

## RESPONSIVE SERVICES

### Updated Resources

The newly updated Responsive Services materials created by the Guidance Writing Team are posted at [DESE Responsive Services](#) and include:

- Collaboration and Consultation Guide
- Referral Process Guide
- School Wide Crisis Planning Guide
- Small Group Counseling

## **Bullying Guidelines - Special Education**

The U.S. Department of Education announces guidance on bullying of students with disabilities. [Federal Bullying Guidelines](#) Please see Administrative Memo CCR-14-015: <http://dese.mo.gov/administrative-memos>.

Questions regarding this guidance, as well as other issues relating to civil rights in Missouri schools can be directed to the U.S. Office for Civil Rights: <http://www2.ed.gov/about/offices/list/ocr/addresses.html>.

## **Staff Bullying Video**

A 12 minute video entitled "Bullying, Harassment, & Civil Rights" has been created for school staff and administrators by the federal government that addresses the legal requirements for schools and staff.

<http://www.stopbullying.gov/videos/2014/02/civil-rights.html>

## **SYSTEM SUPPORT**

### **Readiness and Emergency Management for Schools**

The federal government provides comprehensive websites to help schools and organizations prepare for a wide array of emergencies from a comprehensive perspective, including mental health issues. The Readiness and Emergency Management for Schools (REMS) Technical Assistance Center provides information that will support your school administrators and leadership teams in developing effective plans which include the professional school counselor. Developing and implementing emergency plans are an administrative function. Counselors need to be informed, contribute and included.

- Readiness and Emergency Management for Schools Technical Assistance Center  
<http://rems.ed.gov/>
- Guide for Developing High-Quality School Emergency Operations Plans: At a Glance  
<http://rems.ed.gov/K12GuidefordevelHQSchool>

### **College and Career Consultants**

Your regional College and Career Consultant is a valuable resource to support you and your guidance and counseling program. See [College and Career Consultants](#).

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## **Conferences and Professional Development Opportunities**

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### **Building Bridges**

March 2-3, 2015 Location TBD

### **Meet the professionals who say, "I Build."**

**April 14, 2015**, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

## MSCA Spring Conference

February 27, Location Lodge of the Four Seasons

Get ready for a dynamic, new professional development experience at the 2015 MSCA Take Ten Conference! This one-day conference will provide the professional school counselor opportunity to walk away with at least 10 principles, techniques or ideas that you can take back to your school or office.

## Interesting Insights

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### It's What Counselors Do!

Love and Logic references studies that estimate that between 70% and 90% of what we communicate we do without words through subtle nonverbal gestures. Research also reveals that children are experts at decoding those nonverbal cues. When delivering empathetic responses, the delivery is as important as your actual words! Avoid Sarcasm at all costs!

Love and Logic provides excellent information for teachers and parents, including an interesting list of nine things we can get rid of to begin *eliminating entitlement in our children*. See their material for more detail.

1. Guilt	4. Making our day-week-month, <i>our world</i> about our kids	7. Fixing their problems
2. Overspending	5. The desire to make our children happy (all the time)	8. Stuff (too much)
3. Birthday Party Goody Bags	6. Made Up Awards	9. Unrealistic Expectations

### Paraprosdokians

Winston Churchill loved these figures of speech in which the latter part of a sentence or phrase is surprising or unexpected, frequently humorous. You may have heard or experienced a few of these while counseling. Enjoy!

1. Where there's a will, I want to be in it.
2. The last thing I want to do is hurt you. But it's still on my list.
3. Since light travels faster than sound, some people appear bright until you hear them speak.
4. If I agreed with you, we'd both be wrong.
5. We never really grow up, we only learn how to act in public.
6. War does not determine who is right - only who is left.
7. I didn't say it was your fault, I said I was blaming you.
8. To be sure of hitting the target, shoot first and call whatever you hit the target.

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator—Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

*Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

*Our Mission: To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

### **The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)

**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

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### **Happy Holidays!**

As we continue to be thankful for all of the blessings we have personally and as a nation, we are mindful of the critical role that public education plays in developing our students and the future of our great country. Professional School Counselors have a critical role in that development!

It is with sincere admiration and appreciation that Rene, Lore'e, and Tom extend our holiday wishes to you and your family! May your remaining school days before the break be calm and uneventful and your vacation refreshing and enjoyable! We certainly appreciate you and all that you do!

### **Cool Video**

Stand Up 4 Public Schools Public Service Announcement with students from Blue Springs  
<https://www.youtube.com/watch?v=vfSGuKPxoXE>

### **New Guidance Digest Distribution System**

Thanks to the 1115 of you who have registered through this new system! Please share this information with any interested parties. To continue receiving the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv> Follow the online directions. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

# Program Components

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## CURRICULUM

### Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum provides unit and individual lesson plans for all three program components.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

### Elementary and Middle School Resources

[What-every-school-can-learn-from-preschools](#) is a quick read article that addresses the need for social skill development at all levels. It includes a link to an anger management through social problem solving curriculum for upper elementary students called "Tools for Getting Along" and "Brainology" curriculum which teaches middle schoolers the basics of neuroscience and the connection to motivation.

## INDIVIDUAL STUDENT PLANNING

### Top Jobs

According to <http://jobs.mo.gov/> the careers in Missouri with the best outlook between 2010—2020 are:

1. Registered Nurse
2. Heavy and Tractor-Trailer Truck Drivers
3. Sales Representatives -Whole sale & Manufacturing
4. Carpenters
5. Accountants & Auditors

### Individual Student Planning Rubrics

To self-assess your current status, see the [Individual Student Planning Rubrics](#) for the elementary, middle, and high school that were presented at the Fall Guidance System of Support meetings.

### College and Career Readiness

High school curriculum recommended by the Missouri Coordinating Board for Higher Education:

English/ Language Arts - 4 units  
Social Studies - 3 units  
Mathematics - 4 units\*  
Science - 3 units  
Fine Arts - 1 unit  
Additional Coursework - 3 units  
Electives - 6 units\*\*

\*Although high schools require 3 units of mathematics, it is recommended students take a math class each year throughout high school. It is particularly important for students to take a mathematics course in grade 12.

\*\*At least two units of foreign language are highly recommended for college-bound students.

<http://dhe.mo.gov/CollegeAndCareerReadiness.php>

## Breaking Traditions

The Breaking Traditions Awards recognize students who are pursuing non-traditional careers. Materials, including program overview, application and scholarship information have been updated and posted to the DESE Guidance and Counseling website. [Breaking Traditions 2015](#). Contact your [College and Career Consultants](#) for more information and support. [Breaking Traditions 2014 Winners](#)

## STEM Resources

A comprehensive website with Pre-K -12 STEM resources <http://www.nsf.gov/nsb/sei/edTool/explore.html>

## High School Student-Volunteer Community Service Scholarship Awards

Eight scholarships totaling \$8,000 are available to 9-12 grade student-volunteers through the 2014-2015 High School Student-Volunteer Community Service Scholarship Awards initiative. This initiative is sponsored by the Missouri Community Service Commission (MCSC) with financial support from Monsanto Company. Program contact persons are Commissioner John Albright at (573) 207-0044 and Commissioner Cheryl Hibbeler at (636) 293-4988.

[Student-volunteer nomination package](#)

## Missouri Connections

Through your efforts, the use of Missouri Connections continues to grow! Please take advantage of this free, powerful career information and planning tool! For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

Data Point	2013/14	2012/13
Registered Sites	1954	1794
Total Log-ins	904,255	802,950
Total Accounts	574,378	480,000 (approximate)
New Portfolios Created	125,216	125,113
Career Cluster Inventory	91,848	94,405

## Military Career Information

Missouri Connections provides quality information about military career opportunities, including the O'Net Military Crosswalk Search that compares military and civilian occupations. Log in to Missouri Connections; Occupations; About the Military.

## Missouri Gaming Association 2015 Project 21 Scholarships

The Missouri Gaming Association is pleased to announce the 2015 Project 21 Scholarship Program. The Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. Two (2) \$1,500.00 first prize scholarships and Four (4) \$1,000.00 second prize scholarships will be awarded. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2015**. For more information please contact [info@missouricasinos.org](mailto:info@missouricasinos.org) or click on this link to download the application – [http://www.missouricasinos.org/tinymce/jscripts/tiny\\_mce/plugins/filemanager/files/2015\\_Project\\_21\\_Application.pdf](http://www.missouricasinos.org/tinymce/jscripts/tiny_mce/plugins/filemanager/files/2015_Project_21_Application.pdf)

## Missouri Department of Higher Education Newsletter

The Journey to College [Monthly Reminder](#), is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents. Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

## Apprenticeships

Apprentices in the trade professions are a viable career option for many students, including those seeking professional careers in the trade industry. For information:

Kansas City and western Missouri: [Apprenticeship Programs - Western Missouri](#)

St. Louis and eastern Missouri: [Apprenticeship Programs - Eastern Missouri](#)

## RESPONSIVE SERVICES

### MPACT

MPACT is a statewide parent training and information center that serves parents of children with all disabilities. Their primary goal is to assist parents in their effort to effectively advocate for their children's educational rights and services. MPACT staff and volunteers are located throughout Missouri and work with public and private agencies, parent groups, professional organizations and advocacy groups to achieve that goal. [www.ptimpact.org](http://www.ptimpact.org)

### Updated Resources

The newly updated Responsive Services materials created by the Guidance Writing Team are posted at [DESE Responsive Services](#) and include:

- Collaboration and Consultation Guide
- Referral Process Guide
- School Wide Crisis Planning Guide
- Small Group Counseling

### Perspective

According to the National Education Policy Center, each year, more than 3.25 million K-12 students are suspended at least once. African American students are suspended three times more than white students. Nearly 28% of African American male middle school students are suspended each year, compared to 10% white and 16% Hispanic. The [Missouri School Counselor Standards, Indicators and Continuum](#) and the [ASCA Ethical Standards](#) clearly define expectations for us and provide talking points to remind all educators to be sensitive to the individual, understand and embrace our differences and work together to provide a safe and supportive learning environment for adults and students.

*Professional School Counselors are good role models and respectful leaders!*

### Bullying Resources

The Department provides the following Bullying link which includes the state law, federal guidelines and resources [DESE Bullying Resources](#).

**National Center for Victims of Crime** - Has a huge list of national hotline number and Coping with Trauma and Grief section <http://www.victimsofcrime.org/home>

### **Staff Bullying Video**

A 12 minute video entitled "Bullying, Harassment, & Civil Rights" has been created for school staff and administrators by the federal government that addresses the legal requirements for schools and staff. <http://www.stopbullying.gov/videos/2014/02/civil-rights.html>

### **Sobering Video**

Children See. Children Do <http://youtu.be/KHi2dxSf9hw>

## **SYSTEM SUPPORT**

### **College and Career Consultants**

Your regional College and Career Consultant is a valuable resource to support you and your guidance and counseling program. See [College and Career Consultants](#).

### **Professional Associations**

MSCA - Missouri School Counselors Association <http://moschoolcounselor.org/>

MACS - Missouri Association of Career Services - <http://macs.mo-acte.org/macs/>

MCAC- Missouri College Advising Corps - <http://mcac.missouri.edu/>

MCCA - Missouri Community College Association - <http://mccatoday.org/>

MCCE - Missouri Center for Career Education - <http://www.missouricareereducation.org/home.php>

MCCTA - Missouri Council of Career and Technical Administrators - <http://www.mccta.org/>

MACAC - Missouri Association of College Admission Counseling - <http://www.moacac.org/>

MoCDA - Missouri Career Development Association - <https://mo-cda.org/>

NCDA - National Career Development Association - [http://www.ncda.org/aws/NCDA/pt/sp/home\\_page](http://www.ncda.org/aws/NCDA/pt/sp/home_page)

## **Conferences and Professional Development Opportunities**

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### **Building Bridges**

March 2-3, 2015 Location TBD

### **Meet the professionals who say, "I Build."**

**April 14, 2015**, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

## MSCA Spring Conference

**February 27, Location Lodge of the Four Seasons**

Get ready for a dynamic, new professional development experience at the 2015 MSCA Take Ten Conference! This one-day conference will provide the professional school counselor opportunity to walk away with at least 10 principles, techniques or ideas that you can take back to your school or office.

## Interesting Insights

### The facts are on your side

You can't underestimate the importance of reading and math. A student not reading at his or her grade level by third grade is four times less likely to graduate high school on time – six times less likely for students from low-income families. (Annie B. Casey Foundation)

A 2012 study revealed that reading and math ability at age 7 was linked to quality of life a full 35 years later. Participants who had higher reading and math skills as children ended up having higher incomes, better housing and better jobs in adulthood.

(2012 University of Edinburgh study published in *Psychological Science*)

### Iceberg

Tim Elmore, noted author of *Habitudes*, uses the iceberg as a visual of personal leadership. The 10% of the iceberg that can be seen represents our words and actions while the 90% that cannot be seen represents our character that is sum total of our:

1. Self-discipline - The ability to do what's right even if you don't feel like it.
2. Core values - Principles you live by that enable you to take a moral stand.
3. Sense of Identity - A realistic self-image based on your gifts and personality.
4. Emotional Security - The capacity to be emotionally stable and consistent.

How do you and your fellow educators measure up as role models? How is your guidance and counseling program and school initiatives addressing these critical aspects of personal/social development for adults and students?

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### New Guidance Digest Distribution System

Over 1300 people have registered with this new system! Please share this information with any interested parties. To receive the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv>. Follow the online directions; if you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

### Get Energized

Michelle Obama's speech at the ASCA national convention acknowledging and appreciating professional school counselors can be seen at <http://schoolcounselor.org>. *What you do matters!*

### Counselor Appreciation Week

February 2-6 - Know that you are appreciated! A reminder will be sent to building administrators that have accurate emails in DESE Core Data. You and your efforts are worthy of recognition and appreciation!

### DESE Guidance and Counseling Website Update

Check out the new centralized collection of resources on the DESE Guidance and Counseling website under the center "Resources" section <http://dese.mo.gov/college-career-readiness/guidance-counseling>

- Certification
- Manuals, Guides and Handbooks
- MSIP5

# Program Components

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## CURRICULUM

### Nationally Recognized

In early December a call was received from a K-8 counselor in Mississippi who wanted a copy of our newly updated guidance curriculum. She wanted it all but realized it was almost 2,500 pages.

She learned about our materials at a "northern half of the state" counselors meeting. They have new mandates to have elementary counselors in the classroom on a regular basis and are struggling to find materials. Someone in the crowd referred her to our Missouri website and materials.

This counselor had already used some of the lesson plans and described them as "Fantastic! The kids love them. They are great!" She was also impressed with the new Individual Student Planning Rubrics and was gushing with compliments for the quality of our materials and sent big kudos to Missouri.

*Check out and use these high quality unit and lesson plans that are provided for you!*  
<http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

### The Missouri Transfer Library

The Missouri Department of Higher Education has developed a 'library' of courses that will transfer on a one-to-one equivalent basis among all public two- and four-year colleges and universities and participating private institutions in Missouri.

[http://dhe.mo.gov/news/show.php?u=Transfer\\_library&yr=2014](http://dhe.mo.gov/news/show.php?u=Transfer_library&yr=2014)

### MoreNet Resources

Click the center pictures on the home page for a wide variety of learning and tutoring resources. Schools who are MoreNet members have access to even more!

<http://www.learningexpresshub.com/career-center/libraryhome>

### EBSCP Host

Another educational site with extensive resources for students and schools provided by the Missouri State Library. <http://search.ebscohost.com>

## INDIVIDUAL STUDENT PLANNING

### Breaking Traditions

The Breaking Traditions Awards recognize students who are pursuing non-traditional careers. Materials, including program overview, application and scholarship information have been updated and posted to the DESE Guidance and Counseling website. [Breaking Traditions 2015](#). Contact your [College and Career Consultants](#) for more information and support. [Breaking Traditions 2014 Winners](#)

### Missouri Connections

Check out the Apprenticeship and Military links under the "Training" tab on the front page of Missouri Connections: <http://www.missouriconnections.org/materials/training.htm> For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

## Career Videos

- Gigniks is a California based project that facilitates student created career videos. An interesting initiative that provides some excellent videos. <http://www.gigniks.org/>
- Success in the New Economy provides viable stat's and perspective: <http://vimeo.com/67277269>

## Missouri Department of Higher Education Information and Materials

Do you work with high school seniors who may be considering attending a postsecondary program during the 2015-2016 academic year? Spread the word that students and parents can get help filling out the 2015-2016 Free Application for Federal Student Aid, the first step in applying for most federal, state and institutional financial aid, at any of the 88 [FAFSA Frenzy events](#) around the state in January, February and March. Students who attend a FAFSA Frenzy event will be entered into a statewide drawing to win a scholarship that can be used for enrollment in a Missouri higher education program for the fall 2015 term. For more information about FAFSA Frenzy, visit:

- Student Information [FAFSA Frenzy](#)
- Counselor Information <http://dhe.mo.gov/ppc/collegegoalsundayFAO.php>.
- Completing FAFSA <https://studentaid.ed.gov/fafsa/filling-out>. Similar information to the "7 Things You Need..." link below, in different format.
- Completing Your FAFSA - video announcement [FAFSA Frenzy PSA](#)

## FAFSA Information

The U.S. Department of Education [ED Blog](#) provides the following information:

[7 Things You Need Before You Fill Out the FAFSA\\*](#)

[6 Steps to Filling Out the FAFSA](#)

[5 Reasons You Should Complete the Free Application for Federal Student Aid](#)

[Parents: Tips To Help Your Child Complete the FAFSA](#)

[7 Common FAFSA Mistakes](#)

## Free Materials

The Missouri Department of Higher Education offers free materials to help students plan and prepare for college. The following items have just been added to the [online publication order form](#) and are now available to order:

- [It's Never Too Early brochure](#) – After being out of stock since late October, this helpful guide to college planning for professionals who work with high school students and parents of younger students is now at the printer and ready for pre-order. *Contains information for elementary, middle and high school parents.*
- [FAFSA Frenzy](#) promotional leaflets – These 8.5" x 3.75" leaflets feature English wording on one side and Spanish on the other. FAFSA Frenzy site coordinators have ordered and distributed their needed quantities for 2015 events and there are plenty still in stock. If you work with students who are preparing for college for the 2015-2016 academic year, be sure to help spread the word about FAFSA Frenzy.
- [Missouri College Application Week](#) silicone wristbands in lime green – The MCAW program will be re-branded and re-named next year. These silicone wristbands may be ordered to distribute to high school students, through project graduation programs, or other education-related events and programs.

If you have any questions or concerns, please contact the MDHE at 800-473-6757 or at [info@dhe.mo.gov](mailto:info@dhe.mo.gov).

## Missouri Gaming Association 2015 Project 21 Scholarships

The Missouri Gaming Association Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2015**. For more information please contact [info@missouricasinos.org](mailto:info@missouricasinos.org) or click on this link to download the application –

[http://www.missouricasinos.org/tiny\\_mce/jscripts/tiny\\_mce/plugins/filemanager/files/2015\\_Project\\_21\\_Application.pdf](http://www.missouricasinos.org/tiny_mce/jscripts/tiny_mce/plugins/filemanager/files/2015_Project_21_Application.pdf)

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### SYSTEM SUPPORT

#### College and Career Consultants

Your regional College and Career Consultant is a valuable resource to support you and your guidance and counseling program. [College and Career Consultants](#).

#### Counselor Role in IEP and 504 Plans

The following guidelines are taken from page 38 of the Guidance Program Manual:

<http://dese.mo.gov/sites/default/files/SectionIII.pdf>

- C. Completing and managing Individual Education Plans (IEPs) and meeting other special education requirements
  - School counselors should not function as case managers for students with special needs.
  - School counselors could be members of the team involved in the diagnostic aspects of the IEP. However, they should not be responsible for the development, implementation, and monitoring of the IEP or the Individualized Vocational Education Plan unless they are funded by special education or by vocational education funds.
  - School counselors could take part in staffings and conferences when appropriate but should not coordinate or chair the staffings, conferences, or IEP meetings.
- D. Completing and managing 504 Plans
  - As with IEP's school counselors should not function as the case manager for 504 plans, but should be a part of the team when it is warranted. This would occur when a student on the caseload of a school counselor is in need of a 504 Plan.

#### The Missouri Educator Gateway Assessments (MEGA)

The Missouri Educator Gateway Assessments (MEGA) are the new exams Missouri educators, including counselors, seeking initial certification must take. The following link is an overview and study guide of the counselor assessment. It is a great resource for people completing their degree programs and preparing for this assessment. Sample questions are included on the right hand box under Sections.

[http://www.mo.nesinc.com/Content/STUDYGUIDE/MO\\_SG\\_OBJ\\_056.htm](http://www.mo.nesinc.com/Content/STUDYGUIDE/MO_SG_OBJ_056.htm)

## Professional Resources

Your two primary professional organizations provide many excellent resources, including:

MSCA "Resources" - <http://moschoolcounselor.org/>

- Advocacy Resources
- Position Papers
- Pointers for Parents

ASCA - <http://schoolcounselor.org/> Go to:

- School Counselors and Members tab
- About ASCA
  - Mindsets and Behaviors
  - Position Statements (multiple topics)

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## Conferences and Professional Development Opportunities

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**February 27, Location Lodge of the Four Seasons**

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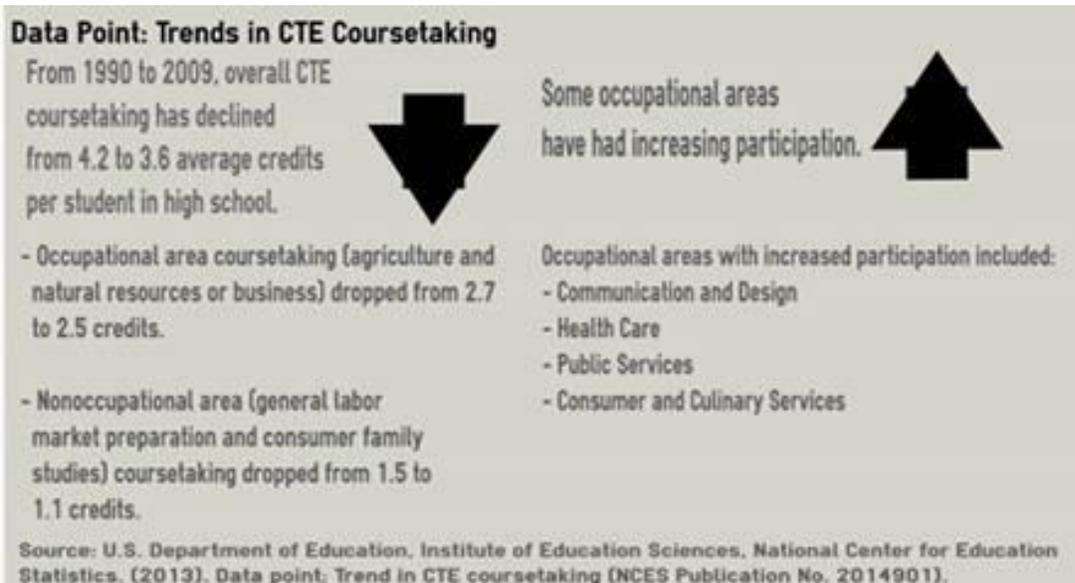
## Interesting Insights

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**Project Lead the Way** - The number of students in Project Lead the Way continues to rise. There are currently more than 8,700 engineering students and more than 4,000 biomedical students registered for 2014.

### Middle Skills Job Face Shortages

Employers in trucking and medical-records sectors are among those facing labor shortages, according to recent data. Vacancies for jobs that require postsecondary education or professional certification but not a four-year degree abound, with unfilled trucking jobs leading the pack with only 54% of open positions filled each month. [The Wall Street Journal \(tiered subscription model\)/At Work blog](#)



## "No Boyz" Tech Classes

ACTE provides an interesting article about girls only career tech. classes in Portland, Oregon. ["No Boyz" Tech Classes](#)

## Implement the Big IDEA

If students are to learn something, adults must practice:

**I** – Instruction – They need verbal explanation and conversation. (Hear it)

**D** – Demonstration – They need observation and examination. (See it)

**E** – Experience – They need participation and practice. (Do it)

**A** – Assessment – They need to evaluate and measure growth. (Debrief it)

*"The only place where success comes before work is in the dictionary."* Vidal Sassoon

*"Happiness is not something readymade. It comes from your own actions."* Dalai Lama

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

***Our Vision:** That every school will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career and personal/social development of all students.*

***Our Mission:** To work collaboratively with Professional School Counselors, the Missouri School Counselor Association, Counselor Educators and all stakeholders to develop and provide the leadership, resources and professional development necessary to support professional school counselors in their efforts to fully implement their comprehensive guidance and counseling programs.*

**The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)  
**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)  
**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## Announcements

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

### Happy Counselor Appreciation Week!

We hope that you had a special week of feeling appreciated! You are worthy of recognition and appreciation! Rene and Tom understand the daunting challenges you face and are working hard with Dr. Lee Bunch and the MSCA leadership and the counselor educators to advocate for you and provide the materials and support you need. *School Counselors Rock!*

### February - CTE Appreciation Month

Career and Technical Education is a viable option for students and a key to our continued economic growth. Let your CTE instructors, leaders, and students know they are respected and appreciated! Ideas for getting involved can be found at [www.acteonline.org/ctemonth](http://www.acteonline.org/ctemonth).

### Farewell to Bragg

Dr. Bragg Stanley has officially moved on to full time pursuit of the good life! Bragg retired from his Pathways to Prosperity position in January but will continue to teach guidance and counseling classes at Stephens College. We are thankful for the tremendous work Bragg did during his tenure at DESE Guidance and wish him the very best! He is truly a role model for being a compassionate professional!

### Get Energized

First Lady, Michelle Obama recognized school counselors at the White House this week. Missouri's own Dr. Shari Sevier (Rockwood), Dr. Norm Gysbers, (University of Missouri-Columbia), and Dee Anna Kelley (St. Joe) were present for the recognition ceremony! *Missouri School Counselors Rock!*

## Counselor Evaluation Workshops

The Spring Guidance System of Support Workshops will address the new DESE counselor evaluation process. Go to [GSOS - Counselor Evaluation Registration](#) for the dates and locations of the regional presentation in your area. Workshops begin on February 10!

## DESE Guidance and Counseling Website

The DESE [Guidance and Counseling Website](#) has resources for every program component. Check out the

- Extensive K-12 updated lesson plans
- Updated Responsive Services Guides
- Small Group Counseling Guides
- Links to Counselor Certification information
- College and Career Consultant contact information

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# Program Components

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## CURRICULUM

### Guidance Curriculum

Review your Guidance GLE's and use the high quality K-12 unit and lesson plans that the DESE Guidance and Counseling Writing Team has developed at [Guidance Curriculum](#)

[Missouri Connections](#) has career focused lesson plans for a variety of classroom, as well as career development lessons, and activities for grades 6-12. Log in and use these resources!

### Employability Skills Framework

Designed for multiple audiences, the **Lesson Planning Checklist** is a customizable tool that can be used for lesson planning and reflecting on the extent to which employability skills are being taught. It allows users to populate checklists with selected skills from the Employability Skills Framework, print teacher or student versions and download checklists with all skills.

See the tool for more examples of how teachers and advisors, administrators, students, and employers can use it: <http://cte.ed.gov/employabilityskills/index.php/developingskills/overview>

## INDIVIDUAL STUDENT PLANNING

### Missouri Connections

Test Preparation - ACT, SAT, ASVAB, and March 2 Success test preparation materials are all available under the "College" tab on the front page of Missouri Connections. [Missouri Connections](#)

The Occupations videos format has been upgraded for cleaner viewing. Log in and check them out!

For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

### Career Development Video

A brief video for students on how to tell their story to prepare for an interview.

[https://www.youtube.com/watch?v=ClRcmWubL\\_0&feature=youtu.be](https://www.youtube.com/watch?v=ClRcmWubL_0&feature=youtu.be)

## Scholarship

The Missouri Society of Professional Surveyors is offering a non-renewable scholarship for \$1500. The purpose of this award is to encourage students going to college with a major in land surveying or a related field.

[http://www.missourisurveyor.org/images/1190/document/mspssscholarship-application\\_326.pdf](http://www.missourisurveyor.org/images/1190/document/mspssscholarship-application_326.pdf)

## College Connections Center to Serve the Kansas City Metro

The Missouri College Advising Corps (MCAC) will again operate the College Connections Center in Kansas City this summer to assist recent high school graduates who may fall victim to *summer melt*. Summer melt is the phenomenon in which as many as 40% of college-intending high school graduates do not enroll in college in the fall.

The College Connections Center exists to provide no-cost assistance to college-bound students during the summer between high school graduation and college enrollment. The Center will be open June 1 – July 31, 2015, six days a week. Students in the larger Kansas City Metro can pre-arrange an appointment by visiting [collegeconnections.missouri.edu](http://collegeconnections.missouri.edu) or can come to the Center on a walk-in basis.

The Center will be located at:

Metropolitan Community College-Penn Valley  
Humanities Building 029  
3201 Southwest Trafficway  
Kansas City, MO 64111-2764

MCAC will again be seeking certified high school counselors to work at the Center for a \$30 hour consultant fee. Reach out to Victor Bradford at [bradfordvi@missouri.edu](mailto:bradfordvi@missouri.edu) or 573-882-4130 to learn of the counselor application process and the College Connections Center. To learn more about MCAC, please visit <http://mcac.missouri.edu>

## Missouri Department of Higher Education Information and Materials

Do you work with high school seniors who may be considering attending a postsecondary program during the 2015-2016 academic year? Spread the word that students and parents can get help filling out the 2015-2016 Free Application for Federal Student Aid, the first step in applying for most federal, state and institutional financial aid, at any of the 88 [FAFSA Frenzy events](#) around the state in January, February and March. Students who attend a FAFSA Frenzy event will be entered into a statewide drawing to win a scholarship that can be used for enrollment in a Missouri higher education program for the fall 2015 term. For more information about FAFSA Frenzy, visit:

- Student Information [FAFSA Frenzy](#)
- Counselor Information <http://dhe.mo.gov/ppc/collegegoalsundayFAO.php>.
- Completing FAFSA <https://studentaid.ed.gov/fafsa/filling-out>. Similar information to the "7 Things You Need..." link below, in different format.
- Completing Your FAFSA - video announcement [FAFSA Frenzy PSA](#)

## FAFSA Information

The U.S. Department of Education [ED Blog](#) provides the following information:

[7 Things You Need Before You Fill Out the FAFSA\\*](#)

[6 Steps to Filling Out the FAFSA](#)

[5 Reasons You Should Complete the Free Application for Federal Student Aid](#)

[Parents: Tips To Help Your Child Complete the FAFSA](#)

[7 Common FAFSA Mistakes](#)

## Interesting Blog

This is the story of a successful IT employee who did not go to college. While there are certainly multiple variables to those decisions a basic truth emerges - people need work experience as well as education.

<http://www.computerworld.com/article/2868110/degree-free-it-can-college-skippers-thrive-in-tech.html>

## RESPONSIVE SERVICES

### Teen Suicide

Is addressing mental health important?

- One in five teens will suffer from depression at some point during adolescence.
- Suicide is the second-leading cause of death in youth ages 15 to 24 in the United States.
- 4,600 youth died by suicide in 2012 (close to the number of people who died from Ebola in West Africa.)

Resources that can help:

- [DESE Responsive Services](#)
- Missouri Suicide Prevention Training Program: <http://www.moasklistenrefer.org/main>
- Suicide Prevention Resource Center: <http://www.sprc.org/>

## SYSTEM SUPPORT

### Statewide ACT Test Administration

The memo linked below provides information about the first statewide administration of the ACT to 11th grade students, as well as guidance to public school districts on accommodating any non-public student wishing to participate in the census administration of the assessment. [Administrative Memo CCR-15-004](#) on our [Administrative Memos](#) page provides specific information. Please contact the Assessment Section at (573) 751-3545 if you have questions or need further information. (An administrative function that counselors can support as part of the fair-share responsibilities.)

### "Great Kid" Videos for Parents

Milestones, a free online collection of videos aimed at helping parents understand grade-level expectations in grades K-5. Milestones show students demonstrating what success looks like in reading, writing and math, grade by grade. <http://www.greatschools.org/gk/milestones/>

### DESE 2015 Summer School Quick Reference and Reminder

In order to assist with summer school planning, the Department has developed a quick reference and reminder guide that provides an overview of the essential elements to insure a successful summer school program. It includes links to the Summer School Checklist, timely reminders for applications and report deadlines, as well as information on teacher certification and allowable activities. (Planning for summer school can be a Fair-Share activity, but it should not be the sole responsibility of the school counselor!) [Summer School Quick Reference and Reminders](#)

### MSIP5 Items Not Waived Checklist 2014-15

The Missouri School Improvement Program Items Not Waived Checklist 2014-15 is a significant list of items for school administrators to address. The list includes several items that are typically the responsibility of the school counselor. <http://dese.mo.gov/forms/MO5002723.pdf>

### The Missouri Educator Gateway Assessments (MEGA)

The Missouri Educator Gateway Assessments (MEGA) are the new exams Missouri educators, including counselors, seeking initial certification must take. The following link is an overview and study guide of the counselor assessment. It is a great resource for people completing their degree programs and preparing for this assessment. Sample questions are included on the right hand box under Sections. [http://www.mo.nesinc.com/Content/STUDYGUIDE/MO\\_SG\\_OBJ\\_056.htm](http://www.mo.nesinc.com/Content/STUDYGUIDE/MO_SG_OBJ_056.htm)

# Conferences and Professional Development Opportunities

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## MSCA Spring Conference

**February 27, Location Lodge of the Four Seasons**

Get ready for a dynamic, new professional development experience at the 2015 MSCA Take Ten Conference! This one-day conference will provide the professional school counselor an opportunity to walk away with at least 10 principles, techniques or ideas that you can take back to your school or office.

## Missouri ACT State Conferences

The Missouri ACT State Organization is providing two conferences this year! *The New Big Picture* is the conference theme with session topics that include retaining at-risk students, preparing students for the workforce, and the pivotal role of assessment in academic, personal, and career development in Missouri. Click on the links below for more information and to register:

**Monday, March 2, 2015**  
Sheraton Clayton Plaza Hotel  
[St. Louis, Missouri](#)

**Tuesday, March 3, 2015**  
The Westin Kansas City at Crown Center  
[Kansas City, Missouri](#)

## School Safety Coordinator Workshop

[Register online here](#) or call 800-221-6722.

### Dates and Locations

3/2/15: Kansas City

3/3/15: Columbia

3/4/15: St. Charles

3/9/15: Springfield

3/11/15: Cape Girardeau

For More information: <http://hosted.verticalresponse.com/941283/3af3a2907a/1606699453/0d4a69cdac/>

## College Planning and Access Professional Development Series

The Missouri College Advising Corps is providing two presentations on March 31 from 7:30-10:00

- Assessing and Implementing Strategies to Strengthen College-Going Culture
- Summer Melt: What is It and How to Counter It

To learn more about the session and/or register, go to <http://muconf.missouri.edu/mcac/>

## Missouri Association for College Admission Counseling (MOACAC) Spring Conference

The MOACAC Spring Conference will be held April 12-14 at the Sheraton Westport Plaza in St. Louis. If finances are an issue you may submit the Professional Development Grant Application to Jennifer Shepard at [jshepard@centralmethodist.edu](mailto:jshepard@centralmethodist.edu) by March 23. SCHOOL COUNSELOR PRESENTATION PROPOSALS - are currently being accepted from Professional School Counselors and MSCA members. Deadline to submit is February 6. Proposals from school counselors will be accepted until February 18. For more information about MOACAC or the Spring Conference: <http://www.moacac.org/conferences>

## Meet the professionals who say, "I Build."

**April 14, 2015** For more information visit their website, <http://nice-kc.com/>.

## Missouri Alternative Education Network Conference

The Missouri Alternative Education Network 2015 Conference will be held **July 19-21, 2015** at the Country Club Hotel & Spa in Lake Ozark. For more information contact [maen4kids@gmail.com](mailto:maen4kids@gmail.com) or go to <https://sites.google.com/site/maen4kids/>

## Interesting Insights

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A few examples of why *career education* and developing the *whole child* are important:

**The top ten most in-demand jobs for 2015** according to Indeed:

1. Registered nurses
2. Truck drivers
3. Customer service representatives
4. Sales managers
5. Sales representatives
6. First-line supervisors or managers of retail sales workers
7. Software quality assurance engineers and testers
8. General and operations managers
9. Managers (all other)
10. Accountants and auditors

Source: Fortune Magazine <http://fortune.com/2015/01/24/in-demand-jobs-for-2015/>

### The High Cost of Low Graduation Rates

The American Institutes for Research recently released a [study](#) titled “The High Cost of Low Graduation Rates: How Much Does Dropping Out of College Really Cost?” In it, they conclude that the U.S. college dropout rate resulted in \$4.5 billion in lost earnings and tax revenues in 2011. Current four-year college graduation rates are:

Overall*	50%
White Students*	62%
Black Students*	42%
2 yr. Community College**	12%
4 yr. Public State College**	33%
4 yr. Private College**	56%

(\* American Institutes for Research)

(\*\* “[Hub Grads Come up Short in College](#),” James Vaznis)

The average student changes majors four (4) times during their college career. Further, **70% of graduates end up working outside their major field of study!** Is there not a better way to guide them? *Tim Elmore Blog 2/3/15*

*Yes there is a better way! It's call Personal Plans of Study and K-12 Comprehensive Guidance and Counseling!*

### We Were Built to Be Kind Video

A fascinating video on the physiology of the human brain and kindness:

[https://www.youtube.com/watch?feature=player\\_embedded&v=SsWs6bf7tvI&x-yt-ts=1421782837&x-yt-cl=84359240](https://www.youtube.com/watch?feature=player_embedded&v=SsWs6bf7tvI&x-yt-ts=1421782837&x-yt-cl=84359240)

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**The Guidance and Counseling Services Staff:**

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**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## Announcements

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### Counselor Evaluation Workshops

The Spring Guidance System of Support Workshops address the new DESE counselor growth plan evaluation process. Go to [GSOS - Counselor Evaluation Registration](#) for the date and location of the regional presentation in your area.

### New Counselor Institute (NCI)

Registration for the [New Counselor Institute](#) (NCI) is now open. NCI 2015 will be held at the Capital Plaza Hotel in Jefferson City on July 12-15, 2015. NCI is designed for those entering school counseling positions with:

- A Temporary Authorization Certificate
- An Alternative Certification with no or one year of school counseling experience
- Recent graduation from a school counseling masters program and no counseling experience
- No public school experience

### Court Ruling - DESE and Smarter Balance

This lawsuit deals with our state membership in the Smarter Balance Assessment Consortium of states that are working together to create common tests. It does not impact the use of the tests themselves. We do not expect this to impact the administration of statewide tests this spring. The Department's General Counsel is reviewing the ruling and considering our legal options. [Read more EdWeek](#)

## National School Principals Day

May 1, 2015 is designated as National School Principals Day. Be sure to let your principal know how much you appreciate them supporting your efforts to help students through your comprehensive guidance and counseling program!

## Get Energized - MSCA Fall Conference 2015

Check out the fun video promoting the MSCA 2015 Fall Conference!

<https://drive.google.com/a/aurorar8.org/file/d/0B8PIN0gFSh7bSjJyWUxxckVIZnc/view?usp=sharing>

Nice job, Lanese Slagle and contributing counselors across the state! *Missouri School Counselors Rock!*

## Guidance Digest Distribution System

Tell your friends to personally register to receive the Guidance Digest at [Guidance Digest](#)

## Regional Director Position - Missouri College Advising Corps (MCAC)

MCAC will employ two Regional Directors, each providing oversight of one-half of the state. The Regional Director will oversee the 20-25 full-time near peer college advisers and the MCAC partner schools in that region of the state. To learn more about the position and apply, go to

<http://hrs.missouri.edu/find-a-job/staff/index.php>

Click "prospective employees"

Click "advanced search"

Search for job opening ID #15612

Application Deadline: **March 27, 2015**

For additional information:

Beth Tankersley-Bankhead, PhD

Phone 573-884-1928

[tankersleybankheaea@missouri.edu](mailto:tankersleybankheaea@missouri.edu)

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# Program Components

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## CURRICULUM

### Guidance Curriculum

Guidance GLE's and the high quality K-12 unit and lesson plans are found at [Guidance Curriculum](#)

[Missouri Connections](#) has career focused lesson plans for a variety of classroom as well as career development lessons and activities for grades 6-12. Log in and use these resources!

## INDIVIDUAL STUDENT PLANNING

### Missouri Technical Colleges

Missouri is fortunate to have two outstanding technical colleges that provide practical education and training that produce job ready graduates that enter high demand occupations. Both colleges provide viable post-secondary options.

**Rankin Technical College** is a privately funded college located in St. Louis that offers programs in: Automotive, Construction, Electricity, Information Technology, and Manufacturing with a 97% employment or advanced education rate for their graduates. [www.ranken.edu](http://www.ranken.edu)

**State Technical College of Missouri** (formerly Linn Tech) is a public college located in Linn that provides over 35 programs offering advanced technical training in both emerging and traditional technologies. They have a 95% employment or advanced education rate for their graduates. <https://www.statetechmo.edu/>

### Employability Skills Framework

Designed for multiple audiences, the Lesson Planning Checklist is a customizable tool that can be used for lesson planning and reflecting on the extent to which employability skills are being taught.

<http://cte.ed.gov/employabilityskills/index.php/developingskills/overview>

## Help Pay for College with the College Planning Calculator

While 98% of parents believe that college is an investment in their child's future, only 38% of families have a plan to pay for it. Whether families have many years to save for college, or if paying for it is just around the corner, use the College Planning Calculator by Sallie Mae to help you make a plan. Register today and create a custom comprehensive financial plan, no matter where families are on the path to saving or paying for college. Learn more at <https://www.salliemae.com/registernow> or by contacting Laura Steinbeck at [Laura.Steinbeck@SallieMae.com](mailto:Laura.Steinbeck@SallieMae.com). Video URL - <https://www.youtube.com/watch?v=r-zJFPGwp-A>

## Man of Achievement Scholarships

Alumni of Delta Sigma Phi Fraternity at Mizzou award two \$500 scholarships annually to incoming male students who have high school GPAs of 3.0 or higher. It is NOT necessary to join the fraternity to receive the awards. Request application materials from Brian Brooks ([brooksbs@missouri.edu](mailto:brooksbs@missouri.edu)). Finalists will be interviewed in Columbia in May. Application deadline is April 30.

## Missouri Connections

The **Personal Learning Plan** (PLP) is a comprehensive summary of career readiness preparation that is the equivalent to the Personal Plan of Study (PPOS). Located in the portfolio, the PLP and accompanying **Checklists** are powerful tools that support Individual Student Planning. For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

## Missouri Department of Higher Education Information and Materials

For information about FAFSA Frenzy, visit:

- Student Information [FAFSA Frenzy](#)
- Counselor Information <http://dhe.mo.gov/ppc/collegegoalsundayFAO.php>.
- Completing FAFSA <https://studentaid.ed.gov/fafsa/filling-out>. Similar information to the "7 Things You Need..." link below, in different format.
- Completing Your FAFSA - video announcement [FAFSA Frenzy PSA](#)

## RESPONSIVE SERVICES

### Bully Prevention Resources

The Children's Safety Network provides an excellent Bullying Prevention 2015 Resource Guide and other related resources. [CSN Resource Guide](#)

### Suicide Prevention Resources

1. Mental Health First Aid: <http://www.mentalhealthfirstaid.org/cs/>
2. Chad's Coalition: <http://www.chadscoalition.org/> founded in Missouri by a parent whose child committed suicide
3. Missouri Institute of Mental Health: <https://www.mimh.edu/ProjectsandWebsites/tabid/783/Default.aspx>
4. Olweus (Ol-vay-us): [http://www.violencepreventionworks.org/public/youth\\_suicide.page](http://www.violencepreventionworks.org/public/youth_suicide.page)
5. Missouri Suicide Prevention Training Program: <http://www.moasklistenrefer.org/main>
6. Suicide Prevention Resource Center: <http://www.sprc.org/>
7. [DESE Responsive Services](#)

## SYSTEM SUPPORT

### Statewide ACT Test Administration

The first statewide administration of the ACT to 11th grade students occurs on April 28. See [ACT State-Wide Assessment](#) for details. Contact the Assessment Section at (573) 751-3545.

### STEM/NAPE High School Survey

A survey focused on high school students' perceptions of STEM careers is being conducted this month. If you are interested in having your high school students participate, please send your name, high school name, and complete school mailing address to [info@studentresearch.org](mailto:info@studentresearch.org) with "STEM Career Survey" in the subject line to make sure you are on the list!

### The Missouri Educator Gateway Assessments (MEGA)

The Missouri Educator Gateway Assessments (MEGA) are the new exams Missouri educators, including counselors, seeking initial certification must take. The following link is an overview and study guide of the counselor assessment. It is a great resource for people completing their degree programs and preparing for this assessment. Sample questions are included on the right hand box under Sections. [http://www.mo.nesinc.com/Content/STUDYGUIDE/MO\\_SG\\_OBJ\\_056.htm](http://www.mo.nesinc.com/Content/STUDYGUIDE/MO_SG_OBJ_056.htm)

### Professional Request

*The following is a request from a fellow school counselor who is working on her dissertation:*

High School Counselors: You are invited to take part in a study that examines high school counselors' roles in transitioning students with disabilities to post-secondary education. In order to participate in this study, you must be a certified school counselor and currently working as a high school counselor. This survey is anonymous and voluntary and it may take about 15 minutes to complete. If you are interested in participating in the study, please click [https://pennstate.qualtrics.com/SE/?SID=SV\\_6VBCW0yIK5i9ZFH](https://pennstate.qualtrics.com/SE/?SID=SV_6VBCW0yIK5i9ZFH) to be directed to the consent form and survey. This research study has been approved by The Pennsylvania State University Institutional Review Board, under the supervision of Dr. JoLynn Carney, Associate Professor of Counselor Education at Penn State. Thank you for your participation!

Charity Anne Kurz, Doctoral Candidate, The Pennsylvania State University  
4-8 School Counselor, EILLMS, Grandview Heights, Columbus, Ohio

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## Conferences and Professional Development Opportunities

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[Register online here](#) or call 800-221-6722. For More information:

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- Summer Melt: What is It and How to Counter It

To learn more about the session and/or register, go to <http://muconf.missouri.edu/mcac/>

## Missouri Association for College Admission Counseling (MOACAC) Spring Conference

The MOACAC Spring Conference will be held April 12-14 at the Sheraton Westport Plaza in St. Louis.

With the theme “Are We There Yet?” sessions with guest speakers and panels will focus on current issues in secondary and post -secondary education, as well as professional development. If finances are an issue you may apply for the Professional Development Grant. Applications will be considered on a first come, first served basis. Grant Applications must be turned in by March 23<sup>rd</sup>! For more information about the conference go to: <http://www.moacac.org/conferences>.

## Meet the professionals who say, "I Build."

**April 14, 2015** For more information visit their website, <http://nice-kc.com/>.

## Missouri Alternative Education Network Conference

The Missouri Alternative Education Network 2015 Conference will be held **July 19-21, 2015** at the Country Club Hotel & Spa in Lake Ozark. For more information contact [maen4kids@gmail.com](mailto:maen4kids@gmail.com) or go to <https://sites.google.com/site/maen4kids/>

## Interesting Insights

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### Are Millennials Ill-Equipped?

According to a report by the Education Testing Service, millennials in the United States are significantly less equipped with basic adult skills necessary for college and career success than their global peers. Check out the full report on [CTE Policy Watch Blog!](#)

### Best Jobs List 2015

Review the following article by U.S. News. Notice that each title is a link to more information.

<http://money.usnews.com/money/careers/articles/2015/01/13/the-best-jobs-of-2015>

No. 1: [Dentist](#)

No. 6: [Physical Therapist](#)

No. 2: [Nurse Practitioner](#)

No. 7: [Computer Systems Analyst](#)

No. 3: [Software Developer](#)

No. 8: [Information Security Analyst](#)

No. 4: [Physician](#)

No. 9: [Registered Nurse](#)

No. 5: [Dental Hygienist](#)

No. 10: [Physician Assistant](#)

## Substance Abuse High Among Pregnant Teens

Researchers at the University of Texas at Austin have found almost 60 percent of pregnant teens say they have used one or more substances in the past year, nearly double the rate of non-pregnant teens.

The study found use of these substances continues during pregnancy, especially among younger teens. the [Austin American-Statesman](#) reports more than one-third of all pregnant teens ages 12 to 14 said they used one or more substances in the previous month.

Pregnant teens were most likely to use alcohol (16 percent), followed by marijuana (14 percent) and other illicit drugs (5 percent). The findings are published in [Addictive Behaviors](#). The researchers found pregnant teens were less likely to use drugs or alcohol once they moved into their second or third trimester.

The study included data from 97,850 teen girls between ages 12 and 17. A total of 810 reported they were pregnant. For more information, click [here](#).

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*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

***Our Vision:** That every school will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career and personal/social development of all students.*

***Our Mission:** To work collaboratively with Professional School Counselors, the Missouri School Counselor Association, Counselor Educators and all stakeholders to develop and provide the leadership, resources and professional development necessary to support professional school counselors in their efforts to fully implement their comprehensive guidance and counseling programs.*

**The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)

**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## Announcements

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

### Counselor Evaluation Workshops - Thank you!

The Spring Guidance System of Support Workshops addressing the DESE pilot school counselor growth plan and evaluation process have been very successful and informative. Feedback has been meaningful and appreciated as the revision process continues. Please continue to provide feedback to Tom Schlimpert as you work through the process. This is a learning experience for us all!

### New Counselor Institute (NCI)

Registration for the [New Counselor Institute](#) (NCI) is now open. NCI 2015 will be held at the Capital Plaza Hotel in Jefferson City on July 12-15, 2015. NCI is designed for those entering school counseling positions with:

- A Temporary Authorization Certificate
- An Alternative Certification with zero or one year of school counseling experience
- Recent graduation from a school counseling masters program and no counseling experience
- No public school experience

### National School Principals Day

May 1, 2015 is designated as National School Principals Day. Be sure to let your principal know how much you appreciate them supporting your efforts to help students through your comprehensive guidance and counseling program!

### **Counselors Needed**

Educational Testing Service (ETS) and DESE have been working together with School Counselors and preparation faculty in the development of a **Missouri School Counselor Performance Assessment**. The next step in the development process is to convey a training/scoring session that includes representation from across the state by both School Counselors and faculty that prepare them. The session will occur Monday May 18th through Friday the 22nd in Columbia Missouri. ETS will take care of lodging, meals and your mileage to get to/from the session. Contact Ethan Taylor at [etaylor@ets.org](mailto:etaylor@ets.org) or 609-683-2962.

### **Second Public Hearing on Education Standards Scheduled**

A public hearing on the progress of education standards work groups under HB 1490 is scheduled for Monday, April 20, from 11:00 a.m. to 12:45 pm. The hearing will be held in the State Board of Education meeting room on the first floor of the Jefferson Building, 205 Jefferson St., Jefferson City, Mo. <http://goo.gl/nVEr2a>

### **Get Energized - MSCA Fall Conference 2015**

Check out the fun video promoting the MSCA 2015 Fall Conference!  
<https://drive.google.com/a/aurorar8.org/file/d/0B8PIN0gFSh7bSjJyWUxxckVIZnc/view?usp=sharing>

### **Guidance Digest Distribution System**

Tell your friends to personally register to receive the Guidance Digest at [Guidance Digest](#)

### **Breaking Traditions Awards Ceremony**

The Breaking Traditions Award Ceremony and Reception will be held from 1:00-3:00 on Wednesday, April 29, 2015 at the James C. Kirkpatrick Building located at 600 West Main in Jefferson City. Contact your regional College and Career Consultant for details.

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## **Program Components**

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### **CURRICULUM**

#### **Guidance Curriculum**

Guidance GLE's and the high quality K-12 unit and lesson plans are found at [Guidance Curriculum](#)

[Missouri Connections](#) has career focused lesson plans for a variety of subject areas as well as career development lessons and activities for grades 6-12. Log in and use these resources!

### **INDIVIDUAL STUDENT PLANNING**

#### **Ozark Technical Community College (OTC)**

Did you know that OTC is the third largest community college in Missouri with more than 15,000 students? With multiple campuses in Southwest Missouri, OTC offers a wide array of technical courses, certifications and associate degrees. Check out this viable post-secondary option at <http://www.otc.edu/home.php>

#### **Department of Higher Education Resources**

Exploring My (College) Options: <http://dhe.mo.gov/ppc/exploringmyoptions.php> (Lots of information!)  
College Navigator: <http://nces.ed.gov/collegenavigator/> (similar to Missouri Connections School Search)

### **Study finds positive jobs forecast for college graduates**

According to a recent study, postsecondary education and training is in demand in the modern workforce. Researchers found that jobs for which employers generally hire individuals with college degrees have increased, creating more demand for college-educated workers. [Bloomberg](#)

### **Missouri Connections**

Extensive resources and links to occupations, post-secondary school and financial information are provided on the front page and inside Missouri Connections. Check out the *College, Training* and *Careers* tabs at the bottom of the front page as well as the *Application Tracker* and *Resume Builder* located inside the system under portfolios. For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert.

### **Speakers Available**

The Missouri Department of Higher Education provides speaking services on financial aid and education-related topics. [speaking engagements](#)

### **\$2,500 Scholarships to High School Juniors**

The Better Business Bureau Serving Eastern Missouri & Southern Illinois encourages high school juniors in our service area to apply for a BBB Student of Ethics Scholarship. Winners will personify high ethics demonstrated through leadership, community service, overall personal integrity, and academic history.

Four students will be selected by an independent panel of judges to receive scholarships of \$2,500 each, sent on their behalf to any accredited college or trade school of their choice.

Judges will select the scholarship recipients based on their leadership, contributions to their communities and schools, personal integrity, academic accomplishments, letter of reference and written essay.

Click [here](#) for more information on how to apply online.

## **RESPONSIVE SERVICES**

### **April is Child Abuse Prevention Month**

**Missouri Prevention Partners** is a great resource for child abuse prevention and family strengthening resources. Check out their information and the links at the bottom of this flyer

<http://missourikidsfirst.org/wp-content/uploads/2014/02/MPP-flier-1-14.pdf>

**ACT Missouri** is a private not-for-profit corporation that promotes drug and alcohol awareness throughout Missouri. See their "Pubs" at the top of the website. <http://www.actmissouri.org/>

## **SYSTEM SUPPORT**

### **Statewide ACT Test Administration**

As districts prepare for the upcoming ACT statewide assessment on April 28, students will fill out select items of the non-test portion of the ACT answer document. See Administrative Memo LS-15-004:

<http://dese.mo.gov/administrative-memos> See [ACT State-Wide Assessment](#) for additional details. If you have questions, please contact DESE Assessment at 573-751-3545 or [assessment@dese.mo.gov](mailto:assessment@dese.mo.gov).

## Opting Out of State Testing

- Missouri does not have an opt-out provision from state and federally mandated assessments. Missouri school districts are compelled by state and federal law to assess students enrolled in public school districts.
- State law (RSMo. 160.518) compels the State Board of Education and the Department of Elementary and Secondary Education to annually measure “by grade level a student’s knowledge of academic subjects.”
- Federal education law (PART A – Subpart 1 – Section 1111(b)(2)(I)(ii)) requires that states and school districts test 95 percent of students on year-end tests in grades 3-8 and for end-of-course tests in high school.
- Questions regarding district testing policies and compliance should be directed to administration.

## Graduation Requirements for Students in Missouri Public Schools

The State Board of Education has approved an update to the publication Graduation Requirements for Students in Missouri Public Schools, commonly referred to as the Graduation Handbook. For more information please see Administrative Memo QS-15-007: <http://dese.mo.gov/administrative-memos>

If you have questions regarding the updated Graduation Requirements for Students in Missouri Public Schools, please contact [Doug Sutton](#) at (573) 526-2466.

## Parent Guide to 504's

<http://www.greatschools.org/special-education/legal-rights/868-section-504.gs?page=all>

## Missouri Learning Standards

DESE has provided a newsletter about the new Missouri Learning Standards, current testing information, including Why Are Students Assessed? [Missouri Learning Standards Newsletter](#)

## Family, School and Community Engagement

The U.S. Department of Education provides a long list of resources which includes contact information for Family Engagement Outreach Teams in Kansas City.

## Conferences and Professional Development Opportunities

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### Meet the professionals who say, "I Build."

April 14, 2015 For more information visit their website: <http://nice-kc.com/>.

### School Counseling Camp

June 2-3, 2015, Sponsored by Kansas State University at the Four Points by Sheraton Hotel, Manhattan, Kansas for practicing and aspiring counselors. For more information visit their website: <http://coe.k-state.edu/events/school-counsel-camp.html>

### Transition Training Institute

The Office of Special Education in partnership with Vocational Rehabilitation, the Department of Mental Health, Division of Workforce Development and Missouri Centers for Independent Living are offering the 2015 Missouri Transition Training Institute (TTI). The title of the Institute is, “NAVIGATING LIFE’S SUPERHIGHWAY: FORMING CROSS AGENCY PARTNERSHIPS AT THE LOCAL

LEVEL” The Institute will be June 16-18, 2015 at the Lodge of the Four Seasons in Osage Beach, Missouri.

For more information visit,

<http://dese.mo.gov/special-education/effective-practices/statewide-training-opportunities>

If you have further questions contact John stains at (573) 751-0225 or [john.stains@dese.mo.gov](mailto:john.stains@dese.mo.gov)

### **Missouri Alternative Education Network Conference**

The Missouri Alternative Education Network 2015 Conference will be held **July 19-21, 2015** at the Country Club Hotel & Spa in Lake Ozark. For more information contact [maen4kids@gmail.com](mailto:maen4kids@gmail.com) or go to <https://sites.google.com/site/maen4kids/>

### **MoACTE Summer Conference**

July 20-23, 2015 in Springfield, Mo. Register at [www.mo-acte.org](http://www.mo-acte.org)

Gina McLachlan, MoACTE President at (573) 310-1102 [gmclachlan@fulton58.org](mailto:gmclachlan@fulton58.org)

Donna Vossen, MoACTE Executive Director at (573) 634-7366 [donna@mo-acte.org](mailto:donna@mo-acte.org)

### **MSCA Fall Conference**

Nov.8-10, 2015 – Tan-Tar-A

## **Interesting Insights**

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### **"High Expectations Make me Nervous"**

Video with at risk students from King/Drew Magnet High School in Louisiana

<http://content.govdelivery.com/accounts/USED/bulletins/fcae70>

### **The Missing Piece to Career Readiness**

An excellent three part series of short but meaningful videos. [Tim Elmore Videos](#)

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**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## Announcements

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### Almost There!

The school year is rapidly coming to a close. You're almost there! Be sure to take a moment to reflect on your *many successes* and know that you do make a difference. Take pride in who you are and celebrate! Rene, Tom, and Lore'e congratulate you and all that you have accomplished. We are honored to serve you and are proud to champion the cause for Missouri School Counselors!

### Missouri Virtual Instruction Program (MoVIP)

MoVIP, or the Missouri Virtual Instruction Program, which is run by the Department, will begin registering students for the upcoming **summer semester** on Monday May 4 with courses beginning as soon as **May 13**. MoVIP currently offers about 150 different online courses in a wide variety of subjects taught by Missouri-certified teachers. MoVIP also offers state-funded tuition for students who qualify as **medically fragile or homebound**, meaning they cannot attend the local public school due to a permanent medical, social or emotional condition. For more information, please visit [www.movip.org](http://www.movip.org), call 573-751-2453 or email [movipinfo@dese.mo.gov](mailto:movipinfo@dese.mo.gov)

### Counselor Evaluation

The [Counselor Evaluation Draft Materials](#) are being finalized and will be ready for use this summer. Plans for a small scale pilot program to follow the process through the next school year are being considered. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) if you have interest in participating in the pilot and would like to receive information as it is developed. The pilot would involve both the school counselor and their administrator.

## New Counselor Institute (NCI)

Registration for the [New Counselor Institute](#) (NCI) is now open. NCI 2015 will be held at the Capital Plaza Hotel in Jefferson City on July 12-15, 2015. NCI is designed for those entering school counseling positions with:

- A Temporary Authorization Certificate
- An Alternative Certification with zero or one year of school counseling experience
- Recent graduation from a school counseling masters program and no counseling experience
- No public school experience

## Counselors Are Still Needed

Educational Testing Service (ETS) and DESE have been working together with School Counselors and preparation faculty in the development of a **Missouri School Counselor Performance Assessment**. The next step in the development process is to convey a training/scoring session that includes representation from across the state by both School Counselors and faculty that prepare them. The session will occur Monday May 18th through Friday the 22nd in Columbia Missouri. ETS will take care of lodging, meals and your mileage to get to/from the session. Contact Ethan Taylor at [etaylor@ets.org](mailto:etaylor@ets.org) or 609-683-2962.

## Get Energized - MSCA Fall Conference 2015

Check out the fun video promoting the MSCA 2015 Fall Conference!

<https://drive.google.com/a/aurorar8.org/file/d/0B8PIN0gFSh7bSjJyWUxxckVIZnc/view?usp=sharing>

## Guidance Digest Distribution System

Tell your friends to personally register to receive the Guidance Digest at [Guidance Digest](#)

## Breaking Traditions Awards Ceremony

The Breaking Traditions Awards Ceremony and Reception were a great success again this year. Congratulations to our regional and state winners and to all who supported this program to recognize outstanding students who are pursuing non-traditional careers. Your regional College and Career Consultant (CCC) has posters that recognize the state winners. [Missouri Honors Breaking Traditions Winners](#)

# Program Components

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## CURRICULUM

### Guidance Curriculum

Check the HTML files at [Guidance Curriculum](#) for an improved organization of the unit and lesson plans.

[Missouri Connections](#) has career focused lesson plans for a variety of subject areas as well as career development lessons and activities for grades 6-12. Log in and use these resources!

## INDIVIDUAL STUDENT PLANNING

### Missouri Connections

Take some time this summer and review the many features provided in [Missouri Connections](#), including the Personal Learning Plan (Personal Plan of Study), Checklists, assessments and curriculum. The new **elementary version** of Missouri Connections for grades 3-5 is on schedule for a late fall release. Stay tuned!

For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert

[tom.schlumpert@dese.mo.gov](mailto:tom.schlumpert@dese.mo.gov) or 573-751-6875.

### **Missouri Connections in the News**

Check out this [Missouri Connections News Clip](#) describing how Springfield public schools use Missouri Connections to help students become college and career ready. Nice job, Springfield!

### **Financial Aid and Budget Calculators**

This site is sponsored by the Missouri Department of Higher Education and provides budget, student loan, and debt/salary calculators along with information to support and guide financial planning for post-secondary options. <https://www.mappingyourfuture.org/>

### **Speakers Available**

The Missouri Department of Higher Education provides speaking services on financial aid and education-related topics. [speaking engagements](#)

### **Higher Ed. Resources**

The Missouri Department of High Education provides significant resources on a variety of topics related to Individual Student Planning. <http://dhe.mo.gov/resources/>

### **Helping Your Child with Career Planning**

This MSCA Pointers for Parents is a quality resource to provide for you families!

[http://moschoolcounselor.org/files/2014/07/Pointers\\_Helping\\_Your\\_Child\\_With\\_Career\\_Planning\\_9-11.pdf](http://moschoolcounselor.org/files/2014/07/Pointers_Helping_Your_Child_With_Career_Planning_9-11.pdf)

## **RESPONSIVE SERVICES**

### **Anti-Bullying Resources**

Inappropriate and harmful behaviors continue to plague students, schools and society. School counselors play a critical role in creating a healthy school culture and providing services to both bullies and victims.

[DESE Responsive Services](#) provides an abundance of updated materials including guides/manuals and small group instructional materials.

DESE provides [Anti-Bullying Information](#) that includes the state law that addresses district policy and additional resources.

The [Missouri School Violence Hotline](#) provides resources for parents and students along with the hotline reporting options.

**Missouri Prevention Partners** is a great resource for child abuse prevention and family strengthening resources. Check out their information and the links at the bottom of this flyer <http://missourikidsfirst.org/wp-content/uploads/2014/02/MPP-flier-1-14.pdf>

**ACT Missouri** is a private not-for-profit corporation that promotes drug and alcohol awareness throughout Missouri. See their "Pubs" at the top of the website. <http://www.actmissouri.org/>

### **Missouri Center for School Safety Toolkit**

[http://moces.org/files/toolkit/SchoolSafetyResourceToolkit\\_v73.pdf](http://moces.org/files/toolkit/SchoolSafetyResourceToolkit_v73.pdf)

### **NEA - Safe School Resources**

<http://www.mnea.org/Missouri/SafeSchools.aspx>

## Center for Disease Control and Prevention Resources

Bullying: <http://www.cdc.gov/violenceprevention/youthviolence/bullyingresearch/index.html>

Violence Prevention: <http://www.cdc.gov/violenceprevention/index.html>

Publications, data and prevention strategies on sexual violence, suicide, youth violence

Connecting the Dots: An Overview of the Links Among Multiple Forms of Violence

[http://www.cdc.gov/violenceprevention/pdf/connecting\\_the\\_dots-a.pdf](http://www.cdc.gov/violenceprevention/pdf/connecting_the_dots-a.pdf)

## SYSTEM SUPPORT

### Legislative Session

The current legislative session is almost over. Several bills have potential to impact school counselors, especially HB 42 <http://www.house.mo.gov/billtracking/bills151/billpdf/ccs/HB0042S.PDF>

[MSCA](#) is your professional advocate. [DESE Legislative Updates](#) addresses multiple relevant issues.

### Fall Guidance System of Support (GSOS)

Responsive Services will be the theme for the fall GSOS meetings. The agenda is under development but will include an overview of the newly updated materials on the DESE website and a significant amount of time to collaborate to share ideas and materials. "The answer is in the room!" Check the August Guidance Digest for details.

### Guidance for Administrators Workshops

Plans are being created for fall regional professional development workshops for administrators (counselors are welcome) addressing the effective evaluation and development of the guidance and counseling program. The program will be based on Program + Personnel = Results and will address a quick program overview, examples of the evaluation tools for each element (IIR, counselor evaluation, PRoBE), available resources, strategies for providing quality leadership, support accountability, and enhancing the principal/counselor relationship. Check the August Guidance Digest for details.

### DESE Electronic Mailbag

The DESE [Electronic Mailbag](#) is a quick read that addresses current educational topics.

### Host - Apply Missouri Event

Help Missouri's high school seniors navigate the college application process by hosting a 2015 Apply Missouri event. Any Missouri high school may register for the 2015 Apply Missouri program by visiting <http://dhe.mo.gov/ppc/applymissouri.php>. The registration deadline is August 14, 2015. Questions regarding the Apply Missouri registration form or program may be directed to Julie Meyer at [julie.meyer@dhe.mo.gov](mailto:julie.meyer@dhe.mo.gov) or Lisa Wilson at [lisa.wilson@dhe.mo.gov](mailto:lisa.wilson@dhe.mo.gov).

### Host - 2016 FAFSA Frenzy

FAFSA Frenzy sites can now complete a 2016 site application via <http://dhe.mo.gov/ppc/fafsafrenzy.php>. Host Site applications are due Friday, **August 28**, 2015 at 12:00 p.m. CDT.

The 2016 Missouri FAFSA Frenzy main event date is scheduled for Sunday, February 28, 2016. FAFSA Frenzy events can be held on the main date, or an alternate date can be selected. A second date of Sunday, March 6, 2016 will serve as a backup date in the event of inclement weather conditions.

### **Child Abuse Reporting Survey**

The Crimes Against Children Research Center and the National Children's Alliance are conducting a study on improving child abuse reporting. They are requesting volunteers to take a 10 minutes survey that enters you into a drawing for one of two \$50 Amazon gift cards.

Survey link: [https://unh.az1.qualtrics.com/SE/?SID=SV\\_6Ka4NgObL826oE5](https://unh.az1.qualtrics.com/SE/?SID=SV_6Ka4NgObL826oE5)

### **Graduation Requirements for Students in Missouri Public Schools**

The State Board of Education has approved an update to the publication Graduation Requirements for Students in Missouri Public Schools, commonly referred to as the Graduation Handbook. For more information please see Administrative Memo QS-15-007: <http://dese.mo.gov/administrative-memos>

If you have questions regarding the updated Graduation Requirements for Students in Missouri Public Schools, please contact [Doug Sutton](#) at (573) 526-2466.

### **Parent Guide to 504's**

<http://www.greatschools.org/special-education/legal-rights/868-section-504.gs?page=all>

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## **Conferences and Professional Development Opportunities**

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### **Micro messaging**

NAPE Education Foundation has developed **Micro messaging to Reach and Teach Every Student** - a high powered research-based, educator professional development program to address gender and culturally based implicit biases that occur in the classroom and that are manifested through "micro messages." This unique program provides participants with an awareness of the power of micro messages, which includes looks, gestures, tone of voice, or framing of feedback that subtly yet powerfully shape our culture, our classrooms, and the individuals within them.

This FREE 1.5 day workshop will be held May 26 from 9:00 - 4:00 and May 27 from 9:00 - 1:00 at Scott Regional Technology Center in Monett, MO. Registration is required. Register [HERE](#) to attend.

### **School Counseling Camp**

**June 2-3, 2015**, Sponsored by Kansas State University at the Four Points by Sheraton Hotel, Manhattan, Kansas for practicing and aspiring counselors. For more information visit their website: <http://coe.k-state.edu/events/school-counsel-camp.html>

### **Transition Training Institute**

**June 16-18, 2015** The Office of Special Education in partnership with Vocational Rehabilitation, the Department of Mental Health, Division of Workforce Development and Missouri Centers for Independent Living are offering the 2015 Missouri Transition Training Institute (TTI). The title of the Institute is, "NAVIGATING LIFE'S SUPERHIGHWAY: FORMING CROSS AGENCY PARTNERSHIPS AT THE LOCAL LEVEL" The Institute will be at the Lodge of the Four Seasons in Osage Beach, Missouri.

<http://dese.mo.gov/special-education/effective-practices/statewide-training-opportunities>

If you have further questions contact John stains at (573) 751-0225 or [john.stains@dese.mo.gov](mailto:john.stains@dese.mo.gov)

### **Missouri Alternative Education Network Conference**

The Missouri Alternative Education Network 2015 Conference will be held **July 19-21, 2015** at the Country Club Hotel & Spa in Lake Ozark. For more information contact [maen4kids@gmail.com](mailto:maen4kids@gmail.com) or go to <https://sites.google.com/site/maen4kids/>

### **2015 MAEN Power Up! Conference**

Join Missouri's most active and influential educators in alternative education at their summer conference on July 19 – July 21. This year's theme is Power Up! with Technology to College & Career Readiness. Breakout Presentation Proposals are being accepted up to June 5<sup>th</sup>. Please visit [www.maen4kids.org](http://www.maen4kids.org) or email the conference chair at [skeithley@mexico.k12.mo](mailto:skeithley@mexico.k12.mo)

### **MoACTE Summer Conference**

July 20-23, 2015 in Springfield, Mo. Register at [www.mo-acte.org](http://www.mo-acte.org)  
Gina McLachlan, MoACTE President at (573) 310-1102 [gmlachlan@fulton58.org](mailto:gmlachlan@fulton58.org)  
Donna Vossen, MoACTE Executive Director at (573) 634-7366 [donna@mo-acte.org](mailto:donna@mo-acte.org)

### **Counselors to Campus**

Missouri State University is providing a FREE campus experience for up to 50 High School Counselors on **Sept. 20-22, 2015** to explore their campus and learn more about their academic programs. High school counselors that attend will be invited to bring 20 of their students back to visit the campus in February for a ONE day Students to Campus event. MSU will pay transportation costs for bus and driver and feed the students while on our campus. <http://education.missouristate.edu/Counselors-to-Campus.htm>

### **MSCA Fall Conference**

Nov.8-10, 2015 – Tan-Tar-A  
<http://moschoolcounselor.org/>

## **Interesting Insights**

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### **Perspective from a Counselor Graduate Student**

"Use of the IIR is also vital in evaluating the effectiveness of the implementation. I have come to realize the extreme value of the IIR for the school counselor, and I so appreciate the worthy method that has been created to quantify the effectiveness of my overall program. I will definitely utilize the IIR on a regular basis, not just to see what I am doing wrong (or need to improve upon), but also to see what I am doing well. Having the data to correlate what I am doing well to the success of the student body is invaluable for me as a counselor." (Foundations Student)

### **Tim Elmore Videos**

An excellent series of three videos that address *The Missing Piece to Career Readiness*.  
[View Your All-Access Pass](#)

### **Career Cluster Inventory Results**

The following screen shot is the state-wide cumulative results from the Missouri Connections Career Cluster Inventory. Over 85,000 entries are included in this break down of interests by career clusters.

**Reports - District Reports -- Career Cluster Inventory  
 State Wide Usage - Tom 2**
[Return to Date Selection](#)
**Career Cluster Inventory for State Wide Usage - Tom 2**
**08/01/2014 - 04/22/2015**
**Career Cluster Inventory Summary by Cluster**
[Export](#) | [Print](#)

[Total active portfolios = 563016] [Total records = 85660]

Cluster	Total Entries
Architecture	11062
Agriculture	9992
Health	9670
Arts	9657
Information	8750
Finance	7655
Human	7477
Education	5417
Science	4105
Hospitality	2466
Manufacturing	2179
Transportation	2159
Business	1782
Law	1732
Government	1018
Marketing	739

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

***Our Vision:** That every school will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career and personal/social development of all students.*

***Our Mission:** To work collaboratively with Professional School Counselors, the Missouri School Counselor Association, Counselor Educators and all stakeholders to develop and provide the leadership, resources and professional development necessary to support professional school counselors in their efforts to fully implement their comprehensive guidance and counseling programs.*

**The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)  
**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)  
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## Announcements

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

### Summer

*Congratulations* on another year of making a difference! How many kids did you figuratively touch? How many problems solved? How many issues averted? What you do as a professional school counselor, as well as those who support you, does indeed impact lives and schools! Savor the moment. Reflect and take pride. Enjoy some well deserved down time! Get ready to do it again! See you in August!

### New Counselor Institute (NCI)

Registration for the [New Counselor Institute](#) (NCI) is now open. NCI 2015 will be held at the Capital Plaza Hotel in Jefferson City on July 12-15, 2015. NCI is designed for those entering school counseling positions with:

- A Temporary Authorization Certificate
- An Alternative Certification with zero or one year of school counseling experience
- Recent graduation from a school counseling masters program and no counseling experience
- No public school experience

### Guidance Digest Distribution System

As people transition into and out of counseling positions, please update your personal information and tell your friends to personally register to receive the Guidance Digest at [Guidance Digest](#)

## **Gysbers/Success Award**

The Gysbers/Success Award is designed to recognize and bring attention to schools with quality and effectively implement Comprehensive Guidance and Counseling Programs. Look for an updated and streamlined application later this summer. MSCA and DESE Guidance and Counseling are working together to encourage schools and/or districts to participate this fall. Awarded programs will be recognized at the MSCA Fall Conference. Norm Gysbers illustrious career will be celebrated at the fall conference. What a great tribute it would be to have multiple sites receive this award and help validate the work Dr. Gysbers has done for our program!

**ACT Testing Dates for 2016** are April 19, and May 3.

## **HiSET - The New GED**

This administrative [memo](#) provides guidance to LEAs on student access to HiSET test information in the event that the student does not meet all program requirements to graduate with a diploma. Please see [Administrative Memo QS-15-012: Missouri Option Program and HiSET Test Scores](#).

## **Breaking Traditions Winners**

The 2015 State and Regional winners have been posted on [Breaking Traditions Award Winners -2015](#)

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# **Program Components**

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## **CURRICULUM**

### **Guidance Curriculum**

Looking for some light summer reading? Check the improved organization of the unit and lesson plans in the HTML files at [Guidance Curriculum](#).

[Missouri Connections](#) has career focused lesson plans for a variety of subject areas as well as career development lessons and activities for grades 6-12. Log in and use these resources!

## **INDIVIDUAL STUDENT PLANNING**

### **Missouri Connections**

Take some time this summer and review the many features provided in [Missouri Connections](#), including the Personal Learning Plan (Personal Plan of Study), Checklists, assessments and curriculum. The new **elementary version** of Missouri Connections for grades 3-5 is on schedule for a late fall release. Stay tuned!

For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

### **Higher Ed. Resources**

The Missouri Department of Higher Education provides significant resources on a variety of topics related to Individual Student Planning. <http://dhe.mo.gov/resources/>

### **Helping Your Child with Career Planning**

This MSCA Pointers for Parents is a quality resource to provide for your families!

[http://moschoolcounselor.org/files/2014/07/Pointers\\_Helping\\_Your\\_Child\\_With\\_Career\\_Planning\\_9-11.pdf](http://moschoolcounselor.org/files/2014/07/Pointers_Helping_Your_Child_With_Career_Planning_9-11.pdf)

## RESPONSIVE SERVICES

### "The Other ACT"

ACT Missouri's Mission: To serve as the statewide prevention catalyst, empowering individuals and fostering partnerships to promote safe, healthy, and drug-free communities. They have a wealth of quality materials and support!

<http://www.actmissouri.org/>

## SYSTEM SUPPORT

### Fall Guidance System of Support (GSOS)

Responsive Services will be the theme for the fall GSOS meetings. The agenda is under development but will include an overview of the newly updated materials on the DESE website and a significant amount of time to collaborate to share ideas and materials. "The answer is in the room!" Check the August Guidance Digest for details.

### Guidance for Administrators Workshops

Plans are being created for fall regional professional development workshops for administrators (counselors are welcome) addressing the effective evaluation and development of the guidance and counseling program. The program will be based on Program + Personnel = Results and will address a quick program overview, examples of the evaluation tools for each element (IIR, counselor evaluation, PRoBE), available resources, strategies for providing quality leadership, support accountability, and enhancing the principal/counselor relationship. Check the August Guidance Digest for details.

### Counselor Evaluation

The [Counselor Evaluation Draft Materials](#) are being finalized and will be ready for use this summer. Plans for a small scale pilot program to follow the process through the next school year are being considered. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) if you have interest in participating in the pilot and would like to receive information as it is developed. The pilot would involve both the school counselor and their administrator.

### MSCA Position Papers

MSCA provides quality resources including new position papers on 504/s and IEP's.

<http://moschoolcounselor.org/publications-resources/msca-resources/>

### Parent Guide to 504's

<http://www.greatschools.org/special-education/legal-rights/868-section-504.gs?page=all>

### United States Senate Youth Program and Scholarship

On March 5-12, 2016, 104 student delegates will experience Washington D. C., hear major policy addresses by Senators, cabinet members, officials of the Departments of State and Defense and directors of federal agencies as well as participate in a meeting with a Justice of the U.S. Supreme Court. Each session with elected officials includes an in-depth question and answer period.

*The Hearst Foundation will pay all expenses. There is a \$5000 college scholarship that is awarded after attendance at the Washington Week.*

<http://dese.mo.gov/college-career-readiness/curriculum/social-studies/social-studies-related-links/senate-youth-program>

## Host - 2016 FAFSA Frenzy

FAFSA Frenzy sites can now complete a 2016 site application via <http://dhe.mo.gov/ppc/fafsafrenzy.php>  
Host Site applications are due Friday, **August 28**, 2015 at 12:00 p.m. CDT.

The 2016 Missouri FAFSA Frenzy main event date is scheduled for Sunday, February 28, 2016. FAFSA Frenzy events can be held on the main date, or an alternate date can be selected. A second date of Sunday, March 6, 2016 will serve as a backup date in the event of inclement weather conditions.

## Graduation Requirements for Students in Missouri Public Schools

The State Board of Education has approved an update to the publication Graduation Requirements for Students in Missouri Public Schools, commonly referred to as the Graduation Handbook. For more information please see Administrative Memo QS-15-007: <http://dese.mo.gov/administrative-memos>

If you have questions regarding the updated Graduation Requirements for Students in Missouri Public Schools, please contact [Doug Sutton](#) at (573) 526-2466.

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## Conferences and Professional Development Opportunities

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### Transition Training Institute

**June 16-18, 2015** The title of the Institute is, “NAVIGATING LIFE’S SUPERHIGHWAY: FORMING CROSS AGENCY PARTNERSHIPS AT THE LOCAL LEVEL” and will focus on developing Personal Plans of Study for ALL students, including those with IEP's and IPE's. The Institute will be at the Lodge of the Four Seasons in Osage Beach, Missouri.

<http://dese.mo.gov/special-education/effective-practices/statewide-training-opportunities>

Contact John Stains at (573) 751-0225 or [john.stains@dese.mo.gov](mailto:john.stains@dese.mo.gov)

### Missouri Alternative Education Network Conference

The Missouri Alternative Education Network 2015 Conference will be held **July 19-21, 2015** at the Country Club Hotel & Spa in Lake Ozark. For more information contact [maen4kids@gmail.com](mailto:maen4kids@gmail.com) or go to <https://sites.google.com/site/maen4kids/>

### 2015 MAEN Power Up! Conference

Join Missouri's most active and influential educators in alternative education at their summer conference on July 19 – July 21. This year's theme is Power Up! with Technology to College & Career Readiness. Breakout Presentation Proposals are being accepted up to June 5<sup>th</sup>.

Please visit [www.maen4kids.org](http://www.maen4kids.org) or email the conference chair at [skeithley@mexico.k12.mo](mailto:skeithley@mexico.k12.mo)

### MoACTE Summer Conference

July 20-23, 2015 in Springfield, Mo. Register at <http://www.mo-acte.org/conferences/2015/>

Gina McLachlan, MoACTE President at (573) 310-1102 [gmlachlan@fulton58.org](mailto:gmlachlan@fulton58.org)

Donna Vossen, MoACTE Executive Director at (573) 634-7366 [donna@mo-acte.org](mailto:donna@mo-acte.org)

## Counselors to Campus

Missouri State University is providing a FREE campus experience for up to 50 High School Counselors on **Sept. 20-22, 2015** to explore their campus and learn more about their academic programs. High school counselors that attend will be invited to bring 20 of their students back to visit the campus in February for a ONE day Students to Campus event. MSU will pay transportation costs for bus and driver and feed the students while on our campus. <http://education.missouristate.edu/Counselors-to-Campus.htm>

## MSCA Fall Conference

Nov.8-10, 2015 – Tan-Tar-A  
<http://moschoolcounselor.org/>

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## Interesting Insights

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### Tim Elmore Videos

An excellent series of three videos that address *The Missing Piece to Career Readiness*.

[View Your All-Access Pass](#)

### Generation Y

Boomers now fear change – interesting that the members of the flower power movement that had such an impact on life in America in the 60's and 70's now fear change

· Generation “Y” 19 to 33 year olds will be the largest employed generation in history (they will soon be our leaders)

- Raised in a recession (what can I get for a low cost?)
- Time is a commodity (how can I save time?)
- Will spend money on what they see as valuable (I-phones/tablets/Apple Watches)
- Want it when they want it and will rely on group input (before they buy, they look for product reviews on line)
- Are digital native (the rest of us are digital immigrants – they have never known life without a digital connection)
- They have issues with trust – recession caused by companies cheating, Clinton, 911
- They are the trophy generation – they want rewards for participation: reward cards, want to be noticed
- Less about hierarchy and more about being involved with everyone; they want to be part of the group

· This is the first time in history each generation can teach the other

· Technology – Think mobile first: phones and tablets. Think convenience store and not grocery store.

Move from selling to sharing – watch the commercials of today, less talk about the product, more about sharing and caring.

*MASSP Update, May 22, 2015*

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