

*Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

*Our Mission: To work collaboratively with school counselors, counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

The Guidance and Counseling Services Staff:

Tom and Loree'

573-751-4383

## Announcements

### Stanley Takes New Position

Bragg Stanley, Director of Guidance and Counseling, will be taking a new position with the Department as the Mid-Missouri Regional Director for Pathways to Prosperity (PtP). Missouri is one of 10 states within the National PtP Network which is designed to support schools in creating multiple avenues to post-secondary opportunities for all students. The work is based on the 2011 report by the Harvard Business School, "[Pathways to Prosperity.](#)" His new duties will begin January 16<sup>th</sup>.

## Program Components

### GUIDANCE CURRICULUM

#### Effective Teaching Strategies

As you are implementing your guidance curriculum, think about using strategies that can also improve reading comprehension. *Reciprocal teaching* aims to improve reading comprehension skills by modeling four comprehension strategies: summarizing, questioning, clarifying, and predicting. The students then practice these strategies and take turns leading small group discussions about what has been read. The [What Works Clearinghouse](#) identified 54 studies of *reciprocal teaching* for students with learning disabilities that were published or released between 1989 and 2013. None of these studies meet WWC evidence standards. More research is needed to determine the effectiveness or ineffectiveness of this method for students with learning disabilities. Read the [full report](#) now

### INDIVIDUAL STUDENT PLANNING

#### Apprenticeships Are Valued Options for Students

There is a growing recognition at the federal and state level of the importance and value of apprenticeships. Thomas E. Perez, the Secretary of Labor, states, "As a nation, over the course of the last couple of decades, we have regrettably and mistakenly devalued apprenticeships and training. We need to change that, and you will hear the president talk a lot about it in the weeks and months ahead." Read more about this in the [New York Times article](#).

#### College Board and Phi Delta Kappan Publication Examines Benefits of CTE

Last month the College Board, in conjunction with Phi Delta Kappan (PDK), released an article extolling the virtues of Career Technical Education (CTE) and how best to ensure quality and access to it across the nation. Written by Jean-Claude Brizard, former CEO of Chicago Public Schools and Senior Advisor at the College Board, the [article](#) titled *Toward a Common Model of Career-Technical Education*, highlights the positive impact CTE programs had on three students who each took different pathways to academic

and professional success. It later expands on their individual experiences and argues that these success stories are increasingly becoming the norm for students who choose to enroll in CTE programs— an encouraging trend considering 94% of all high school students in the U.S. take at least one CTE course.

### **Financial Aid Toolkit**

The U.S Department of Education hosts a website, “[Financial Aid Toolkit](#)” which provides information and outreach tools for school counselors, college access professionals, nonprofit mentors, and others.

## **RESPONSIVE SERVICES**

### **Disaster Assistance Funds for Child Care Available thru FEMA**

FEMA now has two options for states or tribes to assist with child care needs in the wake of a Presidentially-declared disaster declaration. The Sandy Recovery Improvement Act of 2013 authorizes a new option through the Individual Assistance program that can provide child care assistance directly to an individual disaster survivor or family. This assistance is in addition to the limited option already available under the Public Assistance program that provides reimbursement for the temporary relocation of child care facilities, or the permanent repair and replacement of certain community child care centers. The range of child care assistance available through Public Assistance Category B is explained in detail in [Recovery Fact Sheet 9580.107](#). If you have any questions, please contact FEMA’s Intergovernmental Affairs Division at (202) 646-3444 or at [FEMA-IGA@fema.dhs.gov](mailto:FEMA-IGA@fema.dhs.gov).

### **Small Group Counseling for Elementary Students**

[Elementary School Counseling is](#) a website resource for elementary school counselors. One [link](#) on the website provides small group activities for a variety of areas such as anger management, anxiety, and others. It also allows for contributions from practicing school counselors. If you have not added this resource to your “tool kit,” it might be worth checking out.

## **SYSTEM SUPPORT**

### **Volunteers Needed for 2014 FAFSA Frenzy Events**

Help the Missouri Department of Higher Education in Building Missouri’s future...by degrees by volunteering at a [2014 FAFSA Frenzy site](#) across the state. These important events will assist Missouri students and families in submitting their 2014-2015 [FAFSA](#), helping them achieve their educational dreams. The strength of the FAFSA Frenzy events is in the dedicated volunteers willing to share their expertise, their time and their commitment. With 77 sites planning to conduct 81 events in 44 counties between January and March, there are plenty of opportunities to [volunteer](#) at a location and time convenient for you.

A toll-free volunteer support line, courtesy of [MOHELA](#), will be available to assist sites on the main event date of Sunday, Feb. 9, by helping to answer any of the more sticky questions that invariably arise. This call center will rely on the help of seasoned financial aid volunteers from the St. Louis area.

To find the right opportunity for you, review the [complete list of sites](#), including the toll-free volunteer support line.

If you are not an expert on the [FAFSA](#), you can still help. FAFSA Frenzy sites need [volunteers](#) to perform tasks such as staffing a registration table, directing parking or setting up refreshments. Site coordinators at each 2014 FAFSA Frenzy site will determine event logistics and establish needed jobs accordingly. So, do not hesitate to volunteer, even if you are a newcomer to financial aid or may not be familiar with the FAFSA.

Complete and submit your [volunteer application](#) today! If you have any questions regarding FAFSA Frenzy, you may contact [Jaron Vail](#), MDHE outreach services program specialist, [Julie Meyer](#), MDHE student access and success director, or [Lisa Wilson](#), MDHE outreach services coordinator.

### **National Youth Science Camp: June 27-July 20**

The National Youth Science Camp (NYSC) is a residential science education program that honors and challenges **two graduating high school science students from each state**. **There is no cost** to the participants. Scientists from across the nation present lectures and hands-on science seminars and linger to interact informally with student delegates. Delegates are challenged to explore new areas in the biological and physical sciences, art, and music with resident staff members. Opportunities are provided for delegates to present seminars covering their own areas of interest and research. A visit to Washington D.C. permits delegates to visit some of the nation's premier scientific, governmental, and cultural facilities. The NYSC experience includes overnight excursions into the Monongahela National Forest featuring backpacking, rock-climbing, caving, mountain biking, and kayaking opportunities. **Delegates are required to participate in the camp program for its entirety** as the fast-paced activities and remote location make travel to and from the NYSC very difficult. More information and the application are available online at [www.nysc.org](http://www.nysc.org).

### **Outstanding Citizenship Award**

In 1989, legislation was enacted by the General Assembly to create a special, state-level award to recognize outstanding achievement in citizenship by fifteen public high school seniors in Missouri each year. Under the State Board of Education's direction, the Department of Elementary and Secondary Education has established criteria and procedures, which will be used to select deserving students for this program, the "Missouri Award for Outstanding Achievement in Citizenship." In addition students will be recognized on the American Bar Association's Civics and Law Honor Roll for their commitment to civic learning and

If you have questions about the award or nomination process, please contact Bill Gerling, Social Studies Director at [bill.gerling@dese.mo.gov](mailto:bill.gerling@dese.mo.gov) or 573-751-0398.

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## **Conferences, Workshops, and Webinars**

### **MSCA Spring Conference: Friday, March 7, Capitol Plaza Hotel, Jefferson City**

The theme for the Spring Conference is "The Leadership in You." Discover your leadership style and how to use leadership skills in guiding the direction of your comprehensive guidance and counseling program. Information and registration are on the [MSCA website](#)

### **ACT State Conference: Thursday, March 27, Stoney Creek Inn, Columbia**

The keynote for this year's conference will be "21<sup>st</sup> Century Learning: Creating New Possibilities" and will focus on the new Aspire Assessment System--the first digital, longitudinal assessment system to fully connect student performance from elementary grades through high school. ACT Aspire will provide educators and parents with the insights they need to help students get and stay on track by better connecting assessment to teaching and learning. Launching in 2014, ACT Aspire will continue ACT's historic mission of helping students stay on target to maximize their full potential. Come and learn more about ACT's next generation assessment system

### **College Board National Office for School Counselor Advocacy, "Destination Equity Conference 2014": April 11-12, Los Angeles CA.**

[Destination Equity 2014](#) focuses on counseling practices and programs that encourage access and success for students as they prepare for college and careers. Through compelling sessions and engaging dialogue, you will acquire hands-on strategies and tools that can be implemented at your school, in your district, in your community and at the state level.

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964,*

*Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

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## Announcements

### Happy School Counseling Week!

The role of the Professional School Counselor has never been more important - or challenging! While appreciation for you and all that you do for your schools and students never ends, we take this week to extend heartfelt best wishes to each of you! The closer you look at schools and what students need, the more you see the importance of school counselors!

Know that you and your good efforts are recognized and appreciated!

### **Dr. Bragg Stanley - Job Well Done!**

As you probably know, Dr. Bragg Stanley is now the Mid-Missouri Regional Director for Pathways to Prosperity (PtP). What a champion for counselors and the Missouri Comprehensive Guidance and Counseling Program he has been and continues to be! We miss him already, appreciate that he is still willing to support, and certainly wish him well. As a collective group, we can take comfort in knowing that he is still out there "preaching the gospel of guidance!"

### **Guidance System of Support (GSOS) - Spring Meetings**

It may not feel like Spring, but plans for the coming GSOS meeting are being finalized. Defining student activities from a K-12 perspective using Career Checklists will be the focus. Go the link below for the workshop overview and location details. Due to weather, not all regions have meeting information posted. <http://dese.mo.gov/ccr/cemodelcurriculum/guidance-sos.html>

### **DESE Guidance Website**

Access to all DESE guidance and counseling materials are now located under the "Counselor" tab in the center of the DESE home page: <http://dese.mo.gov/>

Efforts are underway to redesign the DESE website. Send your suggestions to improve the "Counselor" section to Tom Schlimpert at <mailto:tom.schlimpert@dese.mo.gov>

### **HB 1357**

House Bill 1357 is a proposal that is all about Personal Plans of Study. Check it out and take part in the democratic process! <http://house.mo.gov/billtracking/bills141/biltxt/intro/HB1357I.htm>

## **Top 10 by 20 Update**

The Department's February Top 10x20 Update includes information about unaccredited districts, the new assessment plan, common core, Quality Counts report and more: <http://dese.mo.gov/commissioner/>

# **Program Components**

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## **GUIDANCE CURRICULUM**

### **New State Assessment Plan**

The Department's assessment homepage contains the latest information on the new state assessment plan <http://dese.mo.gov/divimprove/assess/>

The State Board of Education adopted a revised assessment plan. A summary of that agenda item can be found at: <http://dese.mo.gov/stateboard/meetings/January/documents/revisedassessmentplan.pdf>

The news release for this assessment plan can be found at:  
<http://dese.mo.gov/news/2014/RevisedAssessmentPlan.htm>

Contact the Assessment section at <mailto:assessment@dese.mo.gov> or 573-751-3545 with questions.

### **Missouri Connections Curriculum**

Missouri Connections has quality career education activities and lesson plans for guidance and regular classrooms for grades 6-12. Check out the Jr. version, My Plan, and Tools for Counselors and Teachers. <http://www.missouriconnections.org>

## **INDIVIDUAL STUDENT PLANNING**

### **FAFSA - Free Events Help Students Obtain Financial Aid for College**

Do you work with high school seniors who may be considering attending a postsecondary program during the 2014-2015 academic year? Spread the word that students and parents can get help filling out the 2014-2015 Free Application for Federal Student Aid, the first step in applying for most federal, state and institutional financial aid, at 81 [FAFSA Frenzy events around the state](#) in January, February and March. For more information about FAFSA Frenzy, including what to bring to an event, visit [http://www.dhe.mo.gov/ppc/fafsa\\_completion.php](http://www.dhe.mo.gov/ppc/fafsa_completion.php). Students who attend a FAFSA Frenzy event will be entered into a statewide drawing to win a scholarship that can be used for enrollment in a Missouri higher education program for the fall 2014 term.

### **7 Ways to Promote FAFSA Completion at Your School**

The U.S. Department of Education provides [7 Ways to Promote FAFSA Completion at Your School](#)

### **7 Myths About the FAFSA and Applying for Financial Aid**

[FAFSA Myths](#)

### **Financial Aid Toolkit**

The U.S. Department of Education hosts a website, "[Financial Aid Toolkit](#)" which provides information and outreach tools for school counselors, college access professionals, nonprofit mentors, and others.

### **ACT's - activity**

ACT has discontinued the publication of **activity** online and shut down the **activity** website.

## **NAPE**

The National Alliance for Partnerships in Education provides quality information about equity, non-traditional and STEM careers. <http://www.napequity.org/professional-development/counselor-training/>

## **RESPONSIVE SERVICES**

### **Health Risk Behaviors Report**

The 2013 Health Risk Behaviors among Missouri Middle and High School Students is an interesting report that documents the status of student at risk behaviors and the need for guidance and counseling services. [2013 Health Risk Behaviors - Middle and High School Students](#)

### **Missouri Department of Mental Health**

Significant information and resources on a wide array of mental health issues, including; suicide, drug and alcohol abuse, bullying, and mental health services. Scroll down on the main page for additional information. <http://dmh.mo.gov/ada/mobhew/index.htm>

### **Free Suicide Prevention Programs Overview**

A free program to overview current suicide prevention programs for middle & high schools will be held on Tuesday, March 4<sup>th</sup>, from 9:00am to 11:00am at Callaway Electric Cooperative in Fulton. Audrain, Callaway & Montgomery County principals, guidance counselors and teachers are encouraged to attend. Register at <http://tinyurl.com/suicidepreventionRSVP> by February 25<sup>th</sup>.

### **Disaster Assistance Funds for Child Care Available thru FEMA**

FEMA now has two options for states or tribes to assist with child care needs in the wake of a Presidentially-declared disaster declaration.

The range of child care assistance available through Public Assistance Category B is explained in detail in [Recovery Fact Sheet 9580.107](#). If you have any questions, please contact FEMA's Intergovernmental Affairs Division at (202) 646-3444 or at [FEMA-IGA@fema.dhs.gov](mailto:FEMA-IGA@fema.dhs.gov).

### **Small Group Counseling for Elementary Students**

[Elementary School Counseling is](#) a website resource for elementary school counselors. One [link](#) on the website provides small group activities for a variety of areas such as anger management, anxiety, and others. It also allows for contributions from practicing school counselors. Check it out!

## **SYSTEM SUPPORT**

### **Publications Available from MCCE**

A variety of career development publications are available for purchase or download from the Missouri Center for Career Education (MCCE). The *Rock Your World* magazine features Missouri-specific career and salary information, a page for students to complete their Personal Plan of Study, and a career interest profiler. Costs for the Career Clusters tabloid have been reduced this spring. Check their website for downloads and costs for print copies. <http://www.missouricareereducation.org/for/content/career/>

### **National Youth Science Camp**

The National Youth Science Camp (NYSC) is a free residential science education program that honors and challenges two graduating high school science students from each state. The NYSC will be held in the eastern mountains of West Virginia from June 27, 2014 to Sunday, July 20, 2014. More information is available online at [www.nyssc.org](http://www.nyssc.org)

## **2014 Outstanding Citizenship Award**

High School principals were sent an informational letter for the Outstanding Citizenship Award. Student applicants must be a senior in a public high school and the school's only nominee for the award. In districts with more than one high school, each high school may nominate one student for the award. Contact your principal for more information within your school. The deadline to submit the Nomination Form (including the Student Essay) is: **February 13, 2014**.

- [Outstanding Citizenship Award - Nomination Form](#)
- [Outstanding Citizenship Award - Letter](#)
- [Outstanding Citizenship Award - Student Essay Instructions](#)

\*If you have an issue filling out the form, it can most likely be solved by choosing Edit>Preferences then choose Documents from the list on the left and change PDF/A View Mode from "Only for PDF/A Documents" to "Never."

If you have questions about the award or nomination process, please contact Bill Gerling, Social Studies Director at [bill.gerling@dese.mo.gov](mailto:bill.gerling@dese.mo.gov) or 573-751-0398.

## **Annual Missouri Youth Leadership Forum for Students with Disabilities**

The Governor's Council on Disability is now accepting applications for the free 2014 Missouri Youth Leadership Forum, held July 20-23, 2014, at the University of Missouri, Columbia. The Missouri Youth Leadership Forum is a unique career leadership-training program for high school students with disabilities, ages 16–21. Information and application: <http://disability.mo.gov/gcd/ylyf.htm>.

## **The College and Career Readiness and Success Center**

This U.S. Department of Education funded center provides links to new CCRS Center products, information about CCRS-related events and webinars, and updates on the Center's technical assistance projects. The link below provides Missouri specific information.

<http://www.ccrscenter.org/ccrs-landscape/state-profile/missouri>

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## **Conferences, Workshops and Webinars**

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### **Counselor Bus Tour**

Registration is now available for the Spring Missouri Association for College Admission Counseling's (MOACAC) Counselor Bus Tour March 3rd-5th! Only 30 seats available! This year we will be visiting the following schools: Spalding University, Bellarmine University, University of Louisville, University of Kentucky, Transylvania University, Centre College, and Fontbonne University

Participants will also be attending the #5 ranked University of Louisville Women's Basketball Game against #1 ranked UConn Huskies in the President's Suite.

More details and costs are available on the registration page at <https://maca.memberclicks.net/counselor-bus-tour>

The deadline to register is **February 14th**. For questions, please contact Jeff Buckman (Eureka HS) at [buckmanjeff@rockwood.k12.mo.us](mailto:buckmanjeff@rockwood.k12.mo.us) or 636.733.3133.

### **MSCA Spring Conference: Friday, March 7, Capitol Plaza Hotel, Jefferson City**

The theme for the Spring Conference is "The Leadership in You." Discover your leadership style and how to use leadership skills in guiding the direction of your comprehensive guidance and counseling program. Information and registration are on the [MSCA website](#)

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College Board National Office for School Counselor Advocacy, April 11-12, Los Angeles CA.

**Destination Equity 2014** focuses on counseling practices and programs that encourage access and success for students as they prepare for college and careers. Through compelling sessions and engaging dialogue, you will acquire hands-on strategies and tools that can be implemented at your school, in your district, in your community and at the state level.

## **Interesting Insights**

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### **Career Education: A Real World Example**

Police departments nationwide are struggling with staff shortages due to the economy, reduced budgets, cutbacks in benefits, and layoffs. The fact is, since the late 1990s, our country has seen a *reduction in the amount of people interested in becoming police officers*. It's been estimated that 80 percent of the nation's law enforcement agencies had positions they could not fill.

Relevance for counselors and schools:

1. Many of our young adults need to prepare for their careers within the context of real world conditions, not a college classroom. Higher Ed is not for everyone. Some will need experiences that toughen them physically.
2. We will need to create environments that prepare teens for long-term commitments. Some things can't be achieved in short increments. We must help them see the big picture and prep for the long haul.
3. We must enable young adults to move from the virtual world to the real world. I know this sounds pithy, but much of their worldview has been derived from YouTube, reality television, and video games.

See more at: [Police Blog](#)

### **Missouri Transportation & Logistics Industry**

The state of Missouri's Transportation & Logistics Industry can get you and your products nearly anywhere you want to go. Click on the video below and find out why this industry ranks as one of the best in the country. <http://www.youtube.com/watch?v=-hr3eOuetqs&feature=youtu.be>

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The theme for the Spring Conference is “The Leadership in You.” Discover your leadership style and how to use leadership skills in guiding the direction of your comprehensive guidance and counseling program. Information and registration are on the [MSCA website](#)

### **Leadership In Practice Summer Forum 2014**

Applications for the Missouri Chamber of Commerce and Industry’s 2014 Leadership in Practice Summer Camp are being accepted until April 15. This summer **June 22-25, 2014**, up to 150 freshmen from across Missouri will participate in the Missouri Chamber’s 18<sup>th</sup> annual *Leadership In Practice* summer program. For three days on the campus of Westminster College in Fulton, Missouri, students will participate in a variety of activities, simulations and discussions designed to develop their leadership skills. *Leadership In Practice* seeks to engage rising sophomores that have leadership potential, and take them to greater heights. The transformation that occurs with these young men and women during Leadership In Practice is phenomenal!

Led by professional facilitators, business and political leaders, *Leadership In Practice* helps to provide students with leadership skills and tools to empower them to go back to their high schools in the fall and become more engaged in leadership roles within their schools and communities. Setting them on a path to develop and prosper for years to come. For more information about the camp, the application process, or available scholarships please go to the webpage: [Leadership In Practice](#) or [www.mochamber.com](http://www.mochamber.com) For more information contact Brian Crouse, VP of Education with the Missouri Chamber of Commerce and Industry at [BCrouse@mochamber.com](mailto:BCrouse@mochamber.com) or by phone- 573-634-3511.

## **DESE Core Data Report**

As of February 15, 331 districts had submitted their "MOSIS Graduate Follow Up" data. 89 districts had not. While Core Data is not the responsibility of the school counselor, there is a fair-share perspective that school counselors are part of the building team to insure accurate and timely submission of data that is relevant to the guidance program. Please check with your administrator to make sure your follow up report has been submitted. Contact the Office of Data System Management at 573-522-3207 or [dsm@dese.mo.gov](mailto:dsm@dese.mo.gov) with questions.

To view a webinar on this topic: <http://www.dese.mo.gov/webinar/Webinar-12-16-13-DSM.htm>

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# **Program Components**

## **GUIDANCE CURRICULUM**

### **New State Assessment Plan**

The Department's assessment homepage contains the latest information on the new state assessment plan <http://dese.mo.gov/divimprove/assess/>  
Contact the Assessment section at: [assessment@dese.mo.gov](mailto:assessment@dese.mo.gov) or 573-751-3545 with questions.

### **Missouri Connections**

Missouri Connections offers some excellent career development curriculum activities and lesson plans in both the JR and High School versions (Grades 6-12). <http://www.missouriconnections.org>

**Check Lists** are a new feature in Missouri Connections that are being addressed in the Spring GSOS meetings. Checklists are a type of graphic organizer that identifies specific student activities over the course of a year.

Contact Tom Schlimpert at [tom.schlimper@dese.mo.gov](mailto:tom.schlimper@dese.mo.gov) or Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) for more information.

## **INDIVIDUAL STUDENT PLANNING**

### **ACT to Drop 'Explore' and 'Plan' Tests**

Education Week article about ACT changes to Aspire  
[http://blogs.edweek.org/edweek/curriculum/2014/01/act\\_to\\_drop\\_plan\\_and\\_explore\\_t.html](http://blogs.edweek.org/edweek/curriculum/2014/01/act_to_drop_plan_and_explore_t.html)

### **FAFSA**

Students and parents can get help filling out the 2014-2015 Free Application for Federal Student Aid, the first step in applying for most federal, state and institutional financial aid, at 81 [FAFSA Frenzy events around the state](#) in January, February and March. For more information about FAFSA Frenzy, including what to bring to an event, visit [http://www.dhe.mo.gov/ppc/fafsa\\_completion.php](http://www.dhe.mo.gov/ppc/fafsa_completion.php). Students who attend a FAFSA Frenzy event will be entered into a statewide drawing to win a scholarship that can be used for enrollment in a Missouri higher education program for the fall 2014 term.

### **March to Success**

Missouri Connections provides links to multiple high school test prep sites, including March 2 Success, ACT Practice, and SAT Practice (College Board). All are located under the "College" tab in the lower left corner of the front page. <http://www.missouriconnections.org>

## RESPONSIVE SERVICES

### **National Domestic Violence Hotline**

If you know someone who is in danger, call 1-800-799-7233 or go to <http://www.thehotline.org/help/>

### **Small Group Counseling for Elementary Students**

[Elementary School Counseling](#) is a website resource for elementary school counselors. One [link](#) on the website provides small group activities for a variety of areas such as anger management, anxiety, and others. It also allows for contributions from practicing school counselors.

## SYSTEM SUPPORT

### **Missouri Virtual Instruction (MoVIP)**

MoVIP, or the Missouri Virtual Instruction Program, which is run by the Department, will begin registering K-12 students in April for the upcoming summer semester. MoVIP currently offers about 150 different online courses in a wide variety of subjects including AP, foreign language and electives. MoVIP is an excellent resource to help school districts meet their College and Career-Ready (CCR) and High School- Ready (HSR) goals at little cost. School districts can get reimbursed from DESE for about 90% of the tuition costs. All courses are also taught by Missouri-certified teachers. For more information, please visit [www.movip.org](http://www.movip.org) or contact Steve Schellman at 573-751-5882 for additional information.

### **Linn State - Computer Professions on Demand Scholarship Program**

Linn State Technical College is now accepting applications for their **2014 Computer Professions on Demand** (CPoD) scholarship program. Twenty students will be selected.

While directed primarily toward mid-Missouri students, others may apply and be considered to participate in the 2014 CPoD program at no cost. Please submit your school's candidate and one alternate to attend the 12<sup>th</sup> Annual Computer Professions on Demand (CPoD) scholarship program scheduled for June 8-11, 2014 on Linn State's main campus in Linn, MO! Students selected should currently be in their sophomore or junior year, although freshman and seniors may also apply. CPoD gives students a unique opportunity to explore career fields in computer technology and is hosted by the Jefferson City Information Technology Coalition and Linn State Technical College. Over one hundred and ninety Missouri high school students have already participated in the scholarship program – one of your students could be next!

The application deadline is **April 1, 2014**. To see more about the program and to access an application form, visit <http://cpod.linnstate.edu/>. Please contact **Stephanie Scheulen**, Enrollment Management Associate, Linn State Technical College by phone at: Toll Free: 1.800.743.8324 ext. 5282 or Direct: 573.897.5282 or e-mail: [stephanie.scheulen@linnstate.edu](mailto:stephanie.scheulen@linnstate.edu) with any questions.

### **Nominate A Young Volunteer Scholarship**

Kohl's Cares Scholarship Program. Up to \$10,000 scholarship. Deadline is March 14.  
<http://www.kohlscorporation.com/CommunityRelations/scholarship/program-information.asp>

### **National Youth Science Camp**

The National Youth Science Camp (NYSC) is a free residential science education program that honors and challenges two graduating high school science students from each state. The NYSC will be held in the eastern mountains of West Virginia from June 27, 2014 to Sunday, July 20, 2014. More information is available online at [www.nysc.org](http://www.nysc.org)

### **Annual Missouri Youth Leadership Forum for Students with Disabilities**

The Governor's Council on Disability is now accepting applications for the free 2014 Missouri Youth Leadership Forum, held July 20-23, 2014, at the University of Missouri, Columbia. The Missouri Youth Leadership Forum is a unique career leadership-training program for high school students with disabilities, ages 16–21. Information and application: <http://disability.mo.gov/gcd/ylyf.htm>.

### **School Climate and Discipline**

The U.S. Department of Education and Justice are providing extensive resources on creating a healthy and safe school climate. Guiding principles, a directory of resources, and a compendium of School Discipline Laws and Regulations are included.

<http://www2.ed.gov/policy/gen/guid/school-discipline/index.html>

### **Guidance eLearning Center**

The Guidance eLearning Center, our guidance resource website is located under the "Counselor" tab in the center of the DESE home page: <http://dese.mo.gov/>

### **Publications Available from MCCE**

A variety of career development publications are available for purchase or download from the Missouri Center for Career Education (MCCE). The Rock Your World magazine features Missouri-specific career and salary information, a page for students to complete their Personal Plan of Study, and a career interest profiler. Costs for the Career Clusters tabloid have been reduced this spring. Check their website for downloads and costs for print copies. <http://www.missouricareereducation.org/for/content/career/>

### **DESE Mailbag**

The DESE Mailbag is a quick up date of current educational events. <http://dese.mo.gov/comm/mailbag/>

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## **Conferences, Workshops and Webinars**

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### **ACT State Conference: Thursday, March 27, Stoney Creek Inn, Columbia**

The keynote for this year's conference will be "21<sup>st</sup> Century Learning: Creating New Possibilities" and will focus on the new Aspire Assessment System--the first digital, longitudinal assessment system to fully connect student performance from elementary grades through high school. Come and learn more about ACT's next generation assessment system. For details and registration: [www.act.org/events/MO2014](http://www.act.org/events/MO2014)

### **ACTE National Conference**

Submit a presentation proposal for the ACTE Career Tech Vision 2014 national conference in Nashville on November 19-22, 2014. [https://s1.goeshow.com/acte/vision/2014/abstract\\_submission1.cfm](https://s1.goeshow.com/acte/vision/2014/abstract_submission1.cfm)

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## **Interesting Insights**

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**Manufacturing-Job Growth Prompts K-12 Training Effort** is an interesting article about high school manufacturing programs. A quote from the article:

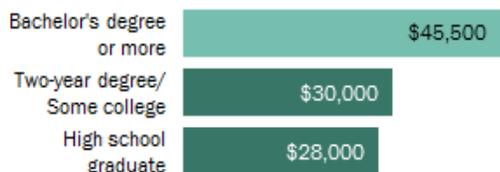
By 2018, 42 percent of jobs in manufacturing will require some postsecondary education or a degree, according to findings from the Georgetown University Center on Education and the Workforce. A 2012 ManpowerGroup study indicated that machine operators and engineers are among the top 10 jobs that U.S. employers have trouble filling.

<http://www.edweek.org/ew/articles/2014/02/05/20manufacturing.h33.html?cmp=ENL-EU-NEWS1>

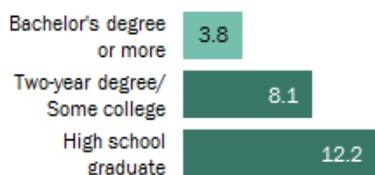
The Rising Cost of Not Going to College was published by PEW Research and includes the graphs below. <http://www.pewsocialtrends.org/2014/02/11/the-rising-cost-of-not-going-to-college/>

### Disparity among Millennials Ages 25-32 By Education Level in Terms of Annual Earnings ...

(median among full-time workers, in 2012 dollars)



### Unemployment Rate ...

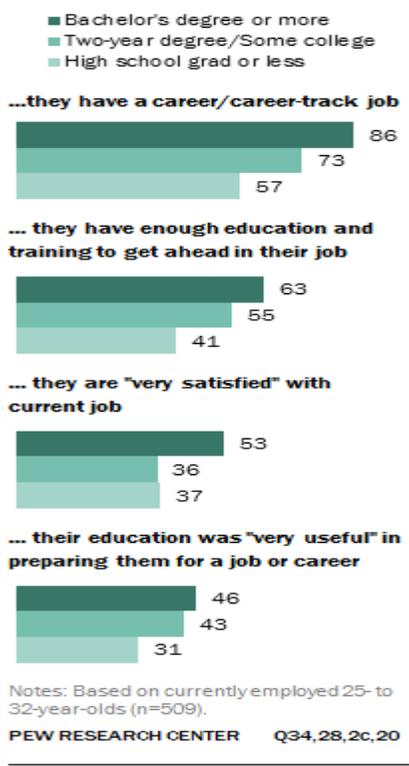


### And Share Living in Poverty ...



### Education and Views About Work

% of employed adults ages 25 to 32 with each level of education saying ...



### Thoughts from Andy Rooney (from 60 Minutes fame)

- I've learned.... That just one person saying to me, 'You've made my day!' makes my day.
- I've learned.... That being kind is more important than being right.
- I've learned.... That you should never say no to a gift from a child.
- I've learned.... That sometimes all a person needs is a hand to hold and a heart to understand.
- I've learned.... That no matter how serious your life requires you to be, everyone needs a friend to act goofy with.

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator—Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

***Our Vision:*** *That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

***Our Mission:*** *To work collaboratively with school counselors, counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

**The Guidance and Counseling Services Staff:**

**Tom and Loree**  
573-751-4383

## Announcements

### **Missouri New Counselor Institute**

The New Counselor Institute will be held July 13-16, 2014 at the Hilton Garden Inn, Columbia Mo. Originally designed for new counselors with a Temporary Authorization Certificate (TAC), this institute has proven to be beneficial for any entering or first year counselors who have no or limited understanding or training to implement a comprehensive guidance and counseling program using the Missouri model. Initial information and the registration form can be found at <http://dese.mo.gov/divcareered/>. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875 for more information.

### **Counselors to Campus**

The Missouri State University (MSU) College of Education invites you to join other Missouri high school counselors this fall for Counselors to Campus – a day and a half event, September 21-23, 2014 to experience our beautiful campus and learn more about our academic programs.

- Meet with future teachers who will take you on guided tours.
- Interact with Admissions staff and faculty to learn about academic programs and career teacher advanced degree programs.
- Visit Greenwood Laboratory School, Brick City Art Gallery, and other sites of educational and cultural interest on the Missouri State University Campus and in the Springfield community.

### **Accommodations**

Your lodging and meals will be provided by the MSU College of Education at the University Plaza Hotel, adjacent to campus.

### **Schedule**

You may check into the University Plaza Hotel any time after 3:30 pm on Sunday, September 21, 2014. At 6:00 pm we will host a reception and early evening event. Your Missouri State experience will conclude by noon on Tuesday, September 23, 2014. A detailed schedule will be available later this summer.

For more information, please contact Julie Ann Jenkins at [JAJenkins@missouristate.edu](mailto:JAJenkins@missouristate.edu) or call 417-836-7667.

## **Breaking Traditions Awards Ceremony**

This by invitation only awards program that recognizes the state winners of non-traditional career paths will be held on Thursday, April 17 from 1:00-3:00 at the Missouri State Capital First Floor Rotunda. Contact [breakingtraditionsawards@yahoo.com](mailto:breakingtraditionsawards@yahoo.com) or your regional College and Career Consultant (CCC) for more information: <http://dese.mo.gov/ccr/cemodelcurriculum/cec-coordinators.html>

## **Leadership In Practice Summer Forum 2014**

Applications for the Missouri Chamber of Commerce and Industry's 2014 Leadership in Practice Summer Camp are being accepted until April 15. This summer **June 22-25, 2014**, up to 150 freshmen from across Missouri will participate in the Missouri Chamber's 18<sup>th</sup> annual *Leadership In Practice* summer program. For more information about the camp, the application process, or available scholarships please go to the webpage: [Leadership In Practice](#) or [www.mochamber.com](http://www.mochamber.com) for more information contact Brian Crouse, VP of Education with the Missouri Chamber of Commerce and Industry at [BCrouse@mochamber.com](mailto:BCrouse@mochamber.com) or by phone- 573-634-3511.

# **Program Components**

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## **GUIDANCE CURRICULUM**

### **Missouri Learning Standards**

The **Missouri Learning Standards** define the knowledge and skills students need in each grade level and course for success in college, other postsecondary training and careers. These grade-level and course-level expectations are aligned to the **Show-Me Standards**. For more information see: <http://www.missourilearningstandards.com/about/>

#### **Missouri Learning Standards - Points for Counselors:**

- The Guidance GLEs are included in these standards! This validates the importance of our curriculum which should be developed, implemented and evaluated in the same manner as all subject curriculum.
- Common Core Standards for English-Language Arts and Math are part of these Missouri Learning Standards.
- These standards provide yet another avenue to promote the implementation of a comprehensive guidance and counseling program. Who better than professional school counselors to advocate for the personal/social, academic, and career development needs of all students to help prepare them achieve these academic standards and succeed with their annual grade-level and ultimately their postsecondary transitions?
- Jamie Manker, Missouri's Teacher of the Year, has written a positive article about common core. Can you articulate the connection between common core and guidance curriculum?  
[http://www.stltoday.com/news/opinion/columns/i-believe-in-the-power-of-stories/article\\_21e04396-f1f7-5552-bceb-ad2e1cde1bdd.html](http://www.stltoday.com/news/opinion/columns/i-believe-in-the-power-of-stories/article_21e04396-f1f7-5552-bceb-ad2e1cde1bdd.html)
- Help others make the connection between these standards and your guidance and counseling program!

### **Guidance GLE's**

Our Guidance GLE's are the foundation of our program! Refresh your awareness. To know them is to love them! How have you shared *your* GLE's with your administrators, teachers, students and parents?  
<http://dese.mo.gov/ccr/cemodelcurriculum/guidegle.html>

## INDIVIDUAL STUDENT PLANNING

### **Missouri Connections**

Missouri Connections provides an excellent resume builder and Application Tracker which supports postsecondary planning and actions. Both are located in the user portfolio.

<http://www.missouriconnections.org>

Contact Tom Schlimper at [tom.schlimper@dese.mo.gov](mailto:tom.schlimper@dese.mo.gov) or Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com)

### **Yes You Can**

Yes You Can is a private company sponsored sight that is providing middle and high school financial awareness and planning curriculum. Click on their home tab to learn more about them.

<http://www.yesyoucanonline.info/Earning/Earning-Articles/School-Counselors-Help-Guide-Kids-to-Success>

### **Financial Literacy Workshop**

The Center for Entrepreneurship and Economic Education and the St. Louis Fed are sponsoring a Money Smart Week workshop, *Prepare Your Students for Financial Life after High School*. This workshop will feature tools and information your students can use about choosing and financing their postsecondary education, while managing their money through the process.

This free workshop will be held at the St. Louis Fed on April 8, from 3:30 until 7 p.m. Dinner will be served and guests will enjoy complimentary parking. Click on this link to register.

<http://www.stlouisfed.org/newsroom/events/index.cfm?id=550>

### **Five Qualities Google Looks for as They Hire New Grads**

A blog by Tim Elmore - [Growing Leaders.com](http://growingleaders.com)

## RESPONSIVE SERVICES

### **Missouri School Safety Newsletter**

Includes information about an Active Shooter Training and Drill Development Workshop.

<http://moces.org/files/newsletter/MOCES%20Newsletter%20March%202014.pdf>

### **Are Gifted Kids Being Left Behind?**

A quick read blog about gifted students that lists several resources and raises the question of what are schools and counselors doing to meet the needs of this special population. Note the addition blogs titles at the end. Allison Edwards, the author, has Missouri connections and has published the book "Why Smart Kids Worry and What Parents Can Do to Help".

<http://us4.campaign-archive1.com/?u=23ede256c42fb781ab1760bca&id=3b3d293fbc&e=c9f6866ef4>

## SYSTEM SUPPORT

### **MCCE Career Exploration & Planning Resources**

Begin the next school year with career exploration and planning activities. Career development publications will continue to be available from the Missouri Center for Career Education (MCCE). The Career Clusters trifold and Career Clusters tabloid will be discontinued after this summer, and prices for remaining copies are reduced to 33 cents each. All materials include information about the Career Clusters and pair well with Missouri Connections. Visit this page to view PDF samples and download the order form: <http://www.missouricareereducation.org/for/content/career/>

## **Guidance System of Support (GSOS)**

Materials from the current and all previous GSOS meetings can be found at:

<http://dese.mo.gov/ccr/cemodelcurriculum/sos-materials.html>

## **DESE Mailbag**

Stay connected with the latest DESE news: <http://dese.mo.gov/comm/mailbag/>

## **Missouri School Improvement Program: Support and Intervention**

The Missouri State Board of Education has adopted this new plan to address unaccredited and struggling school districts. Scroll down in the link below to review the actual plan.

<http://dese.mo.gov/stateboard/meetings/March/documents/supportandintervention.pdf>

## **National Institute for Construction Excellence.**

The 2014 iBuild a great opportunity to interact with the construction industry in Missouri. The event will take place on Thursday, April 17, 2014, from 9:00 a.m. to 1:00 p.m. at Bartle Hall (301 West 13th Street) in downtown Kansas City, Missouri. Participation in the iBuild event provides the opportunity for the students to positively interact with industry professionals while also allowing them to actively engage in several hands-on activities.

The link to website and registration is <http://nice-kc.com/?page=ibuild>.

## **Missouri Virtual Instruction (MoVIP)**

MoVIP, or the Missouri Virtual Instruction Program, which is run by the Department, will begin registering K-12 students in April for the upcoming summer semester. MoVIP currently offers about 150 different online courses in a wide variety of subjects including AP, foreign language and electives. MoVIP is an excellent resource to help school districts meet their College and Career-Ready (CCR) and High School-Ready (HSR) goals at little cost. School districts can get reimbursed from DESE for about 90% of the tuition costs. All courses are also taught by Missouri-certified teachers. For more information, please visit [www.movip.org](http://www.movip.org) or contact Steve Schellman at 573-751-5882 for additional information.

## **SAT Redesign**

College Board Outlines SAT Redesign - It Says Will Be More 'Focused and Useful'

[Edweek.org/edweek/college\\_bound/2014/03](http://Edweek.org/edweek/college_bound/2014/03)

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## **Conferences, Workshops and Webinars**

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### **Missouri New Counselor Institute**

July 13-16, 2014 at the Hilton Garden Inn, Columbia. <http://dese.mo.gov/divcareered/>. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875 for information.

### **MoACTE Summer Conference**

July 21-24; Springfield EXPO Center. <http://www.mo-acte.org/>

### **Missouri New Teacher Institute**

July 27-30 at the Hilton Garden Inn, Columbia. <http://dese.mo.gov/divcareered/> Contact Janice Rehak at [Janice.rehak@dese.mo.gov](mailto:Janice.rehak@dese.mo.gov) or 573-526-4900

### **ACTE National Conference**

Submit a presentation proposal for the ACTE Career Tech Vision 2014 national conference in Nashville on November 19-22, 2014. [https://s1.goeshow.com/acte/vision/2014/abstract\\_submission1.cfm](https://s1.goeshow.com/acte/vision/2014/abstract_submission1.cfm)

### **MSCA Fall Conference**

November 2-4, 2014 Tan-Tar-A

## Interesting Insights

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### ACT - African American Findings

Each year, ACT provides an [analysis of the college and career readiness of US high school graduates](#) based on ACT® college readiness assessment results from the high school graduating class.

ACT expands on this important research with an in-depth look at the academic readiness of African American students. Key report findings include:

- Nearly all African American students (86%) report that they aspire to earn a postsecondary degree.
- 62% of African American students met none of the four ACT College Readiness Benchmarks.
- Only 10% of African American students met at least three of the ACT College Readiness Benchmarks.
- After high school, 63% of African American students immediately enroll in some form of postsecondary education. However, only 62% of African American students who complete their first year of postsecondary education persist into the second year.

### CTE In Action

Article about an auto mechanic student from Nichols Career Center and Linn Tech making the transition into the work place. <http://www.newstribune.com/news/2014/mar/10/one-fix-job-market/>

### More from Andy Rooney (from 60 Minutes fame)

I've learned.... That simple walks with my father around the block on summer nights when I was a child did wonders for me as an adult.

I've learned.... That money doesn't buy class.

I've learned.... That it's those small daily happenings that make life so spectacular.

I've learned.... That under everyone's hard shell is someone who wants to be appreciated and loved.

I've learned.... That to ignore the facts does not change the facts.

I've learned.... That when you plan to get even with someone, you are only letting that person continue to hurt you.

I've learned.... That love, not time, heals all wounds.

### And two you can use every day:

I've learned.... That when you plan to get even with someone, you are only letting that person continue to hurt you.

I've learned.... That under everyone's hard shell is someone who wants to be appreciated and loved.

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**The Guidance and Counseling Services Staff:**

**Tom and Loree**  
573-751-4383

## Announcements

This will be the final, lengthy issue of the Digest for this school year. We hope you have a successful and smooth end to the year and are able to re-energize over the summer. Finish the year strong, knowing that what you do has a tremendous impact on your school, peers, and students! Professional School Counselors rock!

### **NEW DESE Website**

The Department of Elementary and Secondary Education launched a redesigned website at <http://dese.mo.gov>. Guidance and Counseling materials can be found by hovering over the "Educator" tab on the top blue ribbon, then clicking on "Guidance and Counseling". This is certainly a work in progress that has great potential to house all guidance and counseling materials in one location.

Please note the [feedback form](#) at the top of the home page. If you find a link not working or a correction that is needed, please send us a message through this feedback ticketing system.

### **The Counseling Interviewer**

The Counseling Interviewer is The Official Journal of the Missouri School Counselor Association. Submitting articles is a great way to share and contribute to your profession. Topics can span the spectrum related to school counseling practice, school counseling supervision, and school counselor education. Send your questions and submissions to Dr. Christopher Maglio at [cjmaglio@truman.edu](mailto:cjmaglio@truman.edu)

### **ACT Training Opportunities**

ACT is providing multiple training webinars on many of their products. See [ACT Training](#) for more information.

### **Missouri New Counselor Institute**

The New Counselor Institute will be held July 13-16, 2014 at the Hilton Garden Inn, Columbia Mo. Originally designed for new counselors with a Temporary Authorization Certificate (TAC), this institute has proven to be beneficial for any entering or first year counselors who have no or limited understanding or training to implement a comprehensive guidance and counseling program using the Missouri model. Initial information and the registration form can be found at <http://dese.mo.gov/divcareered/>. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875 for more information.

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## **Program Components**

### **GUIDANCE CURRICULUM**

#### **Compliment**

"First, I would like to thank and congratulate all staff and faculty members of Missouri Department of Elementary and Secondary Education for designing and sharing a very effective comprehensive K-12 Guidance and Counseling grade-level lesson plans and resources. We found your lessons extremely powerful and helpful to meet the diverse needs of our underprivileged low income and first generation students."

Olcay Yavuz, Ed.D. Department of Applied Psychology at New York University, Steinhardt.

This quote was received as part of an inquiry about using our guidance and counseling curriculum from New York. Several other states are also referencing our lesson plans. Quality curriculum is foundational for a comprehensive guidance and counseling program. We are very fortunate to have a very talented and dedicated curriculum writing team lead by Carolyn Roof and Larae Watkins to update our materials! We appreciate their great work!

Updated lesson plans and materials will be available on the DESE Guidance and Counseling website before school starts this fall. Be sure to use them!

#### **Missouri Learning Standards**

The **Missouri Learning Standards** define the knowledge and skills students need in each grade level and course for success in college, other postsecondary training and careers. These grade-level and course-level expectations are aligned to the **Show-Me Standards**. For more information see:

<http://www.missourilearningstandards.com/about/>

## INDIVIDUAL STUDENT PLANNING

### **Scholarships and Contest Information**

Contact your regional [College and Career Consultants](#) for an extensive list of scholarship and contest information that is applicable for your high school students. Eight pages of references, links and information, including [Eight Steps To Winning A Scholarship](#) and [10 Tips for Writing Effective Scholarship Essays!](#)

### **Missouri Special Needs Association (MSNA) Scholarship Application**

The Missouri Special Needs Association (MSNA) is offering a student financial award to acknowledge the achievement of a career/technical student who is a member of a special population and has overcome barriers to achieve his/her highest potential for success. Please contact Karen Kennedy for more information at [kkennedy@stcharlessd.org](mailto:kkennedy@stcharlessd.org) or (636) 443-4975.

### **SAMHSA Grant Opportunities**

Check out the New Grant Opportunities provided by The Substance Abuse and Mental Health Services Administration at <http://www.samhsa.gov/>. The "Now Is the Time" Project AWARE Local Educational Agency Grants are worth up to \$50,000/year to support training of school personnel and community members to detect and respond to mental illness.

### **Missouri Connections**

Check out the [Career Planning Video](#) embedded in the rotating banner in the lower right hand corner of the Missouri Connections front page <http://www.missouriconnections.org>

Contact Tom Schlimpert at [tom.schlimper@dese.mo.gov](mailto:tom.schlimper@dese.mo.gov) or Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com)

### **How To Write A Cover Letter**

[How to write a cover letter](#) from the Harvard Business Review

## RESPONSIVE SERVICES

### **The Relationship Between Bullying and Suicide**

Reinforces what you know. Good talking points to share with others.

<http://www.cdc.gov/violenceprevention/pdf/bullying-suicide-translation-final-a.pdf>

### **Teen Dating Violence in the United States**

A summary with factoids, resources and publications from the U.S. Department of Education.

<http://www2.ed.gov/about/offices/list/oese/oshs/edtdvfactsheet8-26-13.pdf>

### **Teen Dating Violence and Sexual Assault in Schools:**

<http://www.ed.gov/blog/2014/04/teen-dating-violence-and-sexual-assault-in-schools-resources-and-a-call-to-action/>

## SYSTEM SUPPORT

### **Suicide Prevention Policy**

A comprehensive guide to creating a district policy addressing mental health and especially suicide prevention and response: <http://www.thetrevorproject.org/pages/modelschoolpolicy>

### **Video Contest**

The National Mental Health Foundation (NAMI) is sponsoring a 2014 YouTube Video Contest for students to create a 3 minute video on "Missouri Mental Health Matters". First prize is \$300. Deadline is May 15. Go to [www.missourimhf.org](http://www.missourimhf.org) for details.

### **Missouri Vocational Rehabilitation**

Missouri Vocational Rehabilitation (VR) is a program in the Department of Elementary and Secondary Education that receives state and federal funds to help eligible people with disabilities obtain and maintain employment. Although primarily an adult service agency, VR coordinates with schools in the planning of transition services for eligible young adults with physical or mental impairments prior to their graduation or exit from high school. VR's primary role in providing transition services is to help young adults with disabilities who qualify receive employment-related services and/or training necessary to make a smooth transition from high school to successful, competitive employment in integrated settings. VR counselors often utilize the same web based career exploration tools as schools such as Missouri Connections to help eligible students explore career pathways and identify post-secondary employment goals. Enhanced outreach efforts to schools include VR counselors reaching out and developing stronger connections with the high school guidance counselors to help identify students who may be eligible for VR services. Collaboration between VR counselors and high school guidance counselors is imperative to help build the bridge from school to work. Please consider contacting your special education director or work experience coordinator in the high school, or your local VR office to learn which VR counselor is assigned to your school and to learn more about how to make referrals to VR. You can find contact information for all VR offices across the state on the below website.

To learn more about Missouri Vocational Rehabilitation and transition services, call toll free [877-222-8963](tel:877-222-8963), consult the VR website at <http://dese.mo.gov/vr/vocrehab.htm>, or obtain a copy of the VR Transition brochure at <http://dese.mo.gov/vr/documents/Transition0112.pdf>.

### **New DESE Summer School Guidelines**

Administrative Memo QS-14-003 <<http://dese.mo.gov/am/qs/index.html>> contains pertinent information regarding the 2014 summer school session.

If you have questions, contact:

Summer School -Dale Wimer at 573-751-3190

Core Data/MOSIS – Tom Ogle at 573-751-9060

School Finance – Roger Dorson at 573-751-0357

### **MCCE Career Exploration & Planning Resources**

Do you use VHS materials? Do you know others who do? With a decline in use, we are eliminating our VHS videos. If you request an item on VHS and no other users have requests for it, you can keep it! Read our full policy on VHS materials here: <http://resources.mcce.org/vhs/>

Career development publications will continue to be available from the Missouri Center for Career Education (MCCE). Visit this page to view PDF samples and download the order form: <http://www.missouricareereducation.org/for/content/career/>

### **Counselor Day**

Save the date and plan to join Missouri University of Science and Technology for Counselor Day on November 14, 2014. The day will include academic presentations and hands-on demonstrations to give you a better understanding of what S&T has to offer your students. Visit [futurestudents.mst.edu/hscounselors/](http://futurestudents.mst.edu/hscounselors/) for additional details.

### **Kansas City Metro College Connections Center (C<sup>3</sup>)**

Students who are college-bound upon graduation from high school do not always make it to the intended campus in fall; some studies say as many as 40% are lost due to the phenomenon called “summer melt”. Students change their minds and end up not enrolling on their selected campus for many reasons, most often due to financial reasons.

To address this need, the Missouri College Advising Corps (MCAC); <http://mcac.missouri.edu> is pleased to announce the Kansas City Metro College Connections Center (C<sup>3</sup>)! The Center will be hosted at the Metropolitan Community College-Penn Valley campus will be open 31 hours per week to serve both Kansas City, KS and MO students during the summer, after high school graduation and before college enrollment in the fall. Center workers will help students and their families overcome barriers to ensure they reach their postsecondary plans.

### **Employment Opportunity**

If you are a certified high school counselor, a college or university financial aid officer, a college access program staff member, or college representative and are interested in serving at the Center, contact Victor Bradford, College Transition and Retention Coach, Missouri College Advising Corps, and Center Manager, [bradfordvi@missouri.edu](mailto:bradfordvi@missouri.edu). Certified counselors with 9 or 10 month contracts will receive a \$30/hour stipend, paid in full after the Center closes.

For additional information about the Center visit [collegeconnections.missouri.edu](http://collegeconnections.missouri.edu)

### **Guidance System of Support (GSOS)**

Materials from the current and all previous GSOS meetings can be found at: <http://dese.mo.gov/ccr/cemodelcurriculum/sos-materials.html>

### **DESE Mailbag**

Stay connected with the latest DESE news: <http://dese.mo.gov/comm/mailbag/>

### **Missouri Virtual Instruction (MoVIP)**

MoVIP, or the Missouri Virtual Instruction Program, which is run by the Department, will begin registering K-12 students in April for the upcoming summer semester. For more information, please visit [www.movip.org](http://www.movip.org) or contact Steve Schellman at 573-751-5882.

## Conferences, Workshops and Webinars

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### **Missouri New Counselor Institute**

July 13-16, 2014 at the Hilton Garden Inn, Columbia. <http://dese.mo.gov/divcareered/>. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875 for information.

### **MoACTE Summer Conference**

July 21-24; Springfield EXPO Center. <http://www.mo-acte.org/>

### **Missouri New Teacher Institute**

July 27-30 at the Hilton Garden Inn, Columbia. <http://dese.mo.gov/divcareered/> Contact Janice Rehak at [Janice.rehak@dese.mo.gov](mailto:Janice.rehak@dese.mo.gov) or 573-526-4900.

### **ACTE National Conference**

Submit a presentation proposal for the ACTE Career Tech Vision 2014 national conference in Nashville on November 19-22, 2014. [https://s1.goeshow.com/acte/vision/2014/abstract\\_submission1.cfm](https://s1.goeshow.com/acte/vision/2014/abstract_submission1.cfm)

### **MSCA Fall Conference**

November 2-4, 2014 Tan-Tar-A.

## Interesting Insights

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### **Good article on the importance of soft skills**

<http://www.cbsnews.com/news/job-hunters-dont-overlook-your-soft-skills/>

### **Training Kids Without Stressing Them Out**

Tim Elmore continually provides quality information and insights about Growing Leaders with this new generation of students <http://growingleaders.com/> and offers the following suggestions for parents, teachers and coaches to help children and teens navigate the stress levels they experience, and perhaps avoid anxiety, distress and even depression in their lives.

(This might be a good piece for a newsletter and to share with your staff.)

#### **What can we do?**

##### **1. Limit their extracurricular activities.**

Kids were never meant to be overwhelmed with options. Help them choose one or two activities for fun, but keep them focused on their priorities.

##### **2. Be sure they eat and sleep well.**

Sleep is a [critical factor](#) in performance. We all know this, but fail to help our kids eat and sleep well. Healthy food and eight hours of sleep can reduce stress.

##### **3. Teach them stress is neutral and doesn't have to become distress.**

Often, kids get "stressed out" when they don't view stress properly. Pressure can be positive or negative depending on our response. Help them to see it as weight lifting — you're putting pressure on your body, but in order to gain strength and build muscle.

##### **4. Condition them to do difficult tasks and learn resilience.**

As early as possible, challenge your kids to do hard things. Be sure they're suitable to your student, but learning to struggle, fall and bounce back is essential to life.

**5. Enable them to locate their strengths and work inside them.**

Stress levels often drop when kids find their sweet spot. If they identify a gift, help them to use it, develop it and flourish. This does wonders for emotional health.

**6. Tell them stories of kids who learned to make stress work for them.**

I tried to pepper my kid’s childhood with stories of young people who turned their stress into success — their lemons into lemonade. At times, attitude is half the battle.

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator—Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

**Our Vision:** *That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

**Our Mission:** *To work collaboratively with school counselors, counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

**The Guidance and Counseling Services Staff:**

**Tom and Loree**

**573-751-4383**

## Announcements

### **HAPPY SUMMER BREAK!**

Congratulations on completing a successful year (or being close to it)! May you have a restful, relaxing, and rejuvenating summer! Recharge those batteries and take care of yourself. Your students and schools need you!

### **New Director of Guidance and Counseling**

The Department of Elementary and Secondary Education is pleased to announce the appointment of **Rene Yoesel** as the new Director of Guidance and Counseling. Rene retired as an elementary counselor from the Orchard Farm School District. In addition to being a certified counselor, Rene is a Licensed Professional Counselor and holds a National Provider Identifier Certificate. Rene earned her Ed.D. from the University of Missouri in Educational Leadership. She will begin her duties June 23.

### **Missouri New Counselor Institute**

The New Counselor Institute will be held July 13-16, 2014 at the Hilton Garden Inn, Columbia Mo. Originally designed for new counselors with a Temporary Authorization Certificate (TAC), this institute has proven to be beneficial for any entering or first year counselors who have no or limited understanding or training to implement a comprehensive guidance and counseling program using the Missouri model. Initial information and the registration form can be found at <http://dese.mo.gov/divcareered/>. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875 for more information.

### **New DESE Website**

The Department of Elementary and Secondary Education launched a redesigned website at <http://dese.mo.gov>. Access Guidance and Counseling materials by hovering over the "Educator" tab on the top blue ribbon, then clicking on "Guidance and Counseling". Please use the [feedback form](#) at the top of the page if you find a link not working or a correction that is needed.

### **MoVIP Counselor Positions Available**

DESE is seeking the contract services of an experienced school counselor or equivalent to assist MoVIP students with selecting courses, registering for courses, monitoring and assisting students. DESE administers the Missouri Virtual Instructional Program (MoVIP) which provides online classes for all Missouri students (K-12). Courseware and instructors are provided by online vendors. To learn more about the positions, please visit the link below: [http://www.movip.org/Employment\\_Opportunities/MoVIP%20Counselors-Scope%20of%20Work%202014-2015.pdf](http://www.movip.org/Employment_Opportunities/MoVIP%20Counselors-Scope%20of%20Work%202014-2015.pdf)

### **Mini Golf Tournament & Unlimited Wristbands Family Fun - June 25!**

This fund raiser offers a discounted rate at Swing-A-Round Fun Town in Fenton, Missouri to help the Foundation for Missouri Women sponsor Breaking Traditions college scholarships and STEM grants. The unlimited Wristband includes the Go-Kart Track and trophies for anyone getting a Hole-In-One. Please forward this to your colleagues and friends. Just show up and mention the Foundation to get your discount.  
[www.facebook.com/FoundationforMissouriWomen](http://www.facebook.com/FoundationforMissouriWomen)

### **Breaking Traditions Winners**

Nine Missourians were honored as state winners of the 2014 Missouri Breaking Traditions Awards. The Breaking Traditions Awards honor students, educators and employers for their achievements related to nontraditional careers. [Award winners](#)

## **Program Components**

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### **GUIDANCE CURRICULUM**

#### **Curriculum Revisions**

Be sure to check out the newly revised guidance and counseling curriculum that will be posted on the DESE website before next fall. Our talented curriculum writing team is finalizing revisions this June. <http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

#### **Missouri Connections Curriculum**

Missouri Connections provides quality career development curriculum activities and lesson plans for grades 6-12 that support individual student planning process and regular classroom instruction.

Contact Tom Schlimpert at [tom.schlimper@dese.mo.gov](mailto:tom.schlimper@dese.mo.gov) or Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com)

### **INDIVIDUAL STUDENT PLANNING**

[6 Things High School Grads Need to Do Before Leaving for College](#) from the U.S. Department of Education's [ED Blog](#).

#### **Soft Skills**

A link to the top ten soft skills, according to CareerBuilder  
<http://www.cbsnews.com/news/job-hunters-dont-overlook-your-soft-skills/>

## **Scholarships and Contest Information**

Contact your regional [College and Career Consultants](#) for an extensive list of scholarship and contest information that is applicable for your high school students. Eight pages of references, links and information, including [Eight Steps To Winning A Scholarship](#) and [10 Tips for Writing Effective Scholarship Essays!](#)

## **RESPONSIVE SERVICES**

### **Suicide Prevention Conference**

This conference is sponsored by the Missouri Department of Mental Health and the Missouri Institute of Mental Health (MIMH), University of Missouri and will be held on July 15 at the Capital Plaza in Jefferson City. See the link below for the conference agenda and information.

[Show Me You Care About Suicide Prevention Conference](#)

### **Missouri Center for Education Safety**

This website provides an array of excellent resources for responding to student crises and safety issues, including; suicide prevention, school emergency planning, active shooter, school bus safety, and more. <http://www.moces.org/>

## **SYSTEM SUPPORT**

### **A+ Guidelines for 2014-15**

The Missouri Department of Higher Education has released next year's eligibility guidelines for the A+ Program. Note that one of the high school requirements is to "Perform at least 50 hours of unpaid *tutoring or mentoring*, of which up to 25% may include *job shadowing*."

<http://www.dhe.mo.gov/ppc/grants/aplusscholarship.php>

### **ACT State-Wide Testing**

Beginning in spring 2015 the Department will administer the ACT® to all public school 11th grade students as a measure of college and career readiness. This memo provides key dates pertaining to the 2014-2015 administration of the ACT®. <http://dese.mo.gov/administrative-memos>

### **ACT WorkKeys® added to Missouri School Improvement Program 5 (MSIP 5)**

The Department has announced ACT WorkKeys® as an additional academic measure that districts and charter schools can use to gauge students' proficiency as they graduate from high school. This assessment is focused on the practical application of literacy, mathematics, and the ability to efficiently access information. ACT WorkKeys® is a component of Missouri's Certified Work Ready Communities (CWRC) initiative..

<http://dese.mo.gov/communications/news-releases/missouri-school-improvement-program-5-msip-5-adds-job-skills-measure>

### **ACT Training Opportunities**

ACT is providing multiple training webinars on many of their products. See [ACT Training](#) for more information.

### **NAPE Sign Up**

The National Alliance for Partnerships in Equity (NAPE) provides a newsletter entitled "Pipeline Press" that provides excellent STEM and gender based articles. Register through the following link: <http://www.napequity.org/stem/stem-equity-project/pipeline-press-signup/>

### **The Counseling Interviewer**

The Counseling Interviewer is The Official Journal of the Missouri School Counselor Association. Submitting articles is a great way to share and contribute to your profession. Topics can span the spectrum related to school counseling practice, school counseling supervision, and school counselor education. Send your questions and submissions to Dr. Christopher Maglio at [cjmaglio@truman.edu](mailto:cjmaglio@truman.edu)

### **Leadership In Practice Summer Forum 2014**

Applications for the Missouri Chamber of Commerce and Industry's 2014 Leadership in Practice Summer Camp are being accepted until April 15. This summer **June 22-25, 2014**, up to 150 freshmen from across Missouri will participate in the Missouri Chamber's 18<sup>th</sup> annual *Leadership In Practice* summer program. For more information about the camp, the application process, or available scholarships please go to the webpage: [Leadership In Practice](#) or [www.mochamber.com](http://www.mochamber.com) for more information contact Brian Crouse, VP of Education with the Missouri Chamber of Commerce and Industry at [BCrouse@mochamber.com](mailto:BCrouse@mochamber.com) or by phone- 573-634-3511.

### **National Guidelines for Addressing Sexual Violence and Discrimination**

The U.S. Department of Education's Office for Civil Rights (OCR) has released new guidance describing the responsibilities of colleges, universities and public schools to address sexual violence and other forms of sex discrimination under Title IX of the Education Amendments of 1972.

<http://www.ed.gov/news/press-releases/guidance-issued-responsibilities-schools-address-sexual-violence-other-forms-sex>

### **Suicide Prevention Policy**

A comprehensive guide to creating a district policy addressing mental health and especially suicide prevention and response: <http://www.thetrevorproject.org/pages/modelschoolpolicy>

### **Missouri Vocational Rehabilitation**

Missouri Vocational Rehabilitation (VR) counselors coordinate with schools in the planning of transition services for eligible young adults with physical or mental impairments prior to their graduation or exit from high school. To learn more about Missouri Vocational Rehabilitation and transition services, call toll free [877-222-8963](tel:877-222-8963), consult the VR website at <http://dese.mo.gov/vr/vocrehab.htm>, or obtain a copy of the VR Transition brochure at <http://dese.mo.gov/vr/documents/Transition0112.pdf>.

### **New DESE Summer School Guidelines**

Administrative Memo QS-14-003 <<http://dese.mo.gov/am/qs/index.html>> contains pertinent information regarding the 2014 summer school session.

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### **MSCA Fall Conference**

November 2-4, 2014 Tan-Tar-A.

## Interesting Insights

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### **Knowing the Code**

Information Technology occupations are some of the most in demand occupations in Missouri. In 2012, over 74,000 people were employed in computer programming, developing, and support occupations (2012 Occupational Employment Statistics estimates).

From March 1, 2013 to February 28, 2014, there were 34,870 online job ads for selected information technology occupations (Burning Glass Technologies). Programming skills are highly valued in these occupations. The majority of job ads for these occupations request applicants are proficient in various computer programming languages. Top requested programming languages include SQL, Oracle and JAVA.

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*Our Vision: That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

*Our Mission: To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

### **The Guidance and Counseling Services Staff:**

Director: **Dr. Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

Assistant Director: **Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)

Accounting Specialist: **Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

### **New Director of Guidance and Counseling**

We are excited to welcome Dr. Rene' Yoesel as our new Director of Guidance and Counseling. Dr. Bragg Stanley set a very high bar for excellence and is certainly missed but we are fortunate to have someone with Rene's experience, talents and passion to champion our cause. Dr. Yoesel has 32 years of educational experience as an elementary and K-12 school counselor. She is an LPC and has extensive experience as an adjunct professor, family/adolescent therapist, and prison rehabilitation and support therapist. Rene' is quickly learning the ropes at DESE and is eager to work with Missouri's outstanding professional school counselors and those that support our exemplary state guidance and counseling program! Our third guidance position will not be filled. Rene, Tom, and Loree are here to serve!

### **Welcome To A New School Year**

Welcome back! We wish you the best for a great school year! Rene' and Tom are settling in as a new team and developing the scope of work that will continue to address our guidance and counseling vision and mission as well as our state Top 10 x 20 initiative. The new work plan will certainly continue our efforts to enhance our guidance curriculum, mentoring, Missouri Connections, Guidance System of Support, counselor/administrator relationships, Pathways to Prosperity, building evaluation capacity for guidance and counseling programs, and updating our DESE website to improve our ability to more fully implement comprehensive guidance and counseling programs.

Missouri is recognized as a model for collaboratively building a quality guidance and counseling program. Let us continue to work together to support one another and remain leaders in the profession. *Together we can* enrich our programs to better support students and keep Missouri in the forefront of school counseling excellence!

### **Guidance Digest Distribution System**

Initial plans are for the Guidance Digest to be published the first of every month. Emails are sent to one contact person in each district/organization, *not* to every school counselor. It is important that you communicate within your district, create an internal distribution system and diligently forward these newsletters. Notify Rene' Yoesel regarding changes in contact information at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

## DESE Guidance and Counseling Website Changes

All guidance and counseling materials and resources are now located on the DESE Guidance and Counseling website. This includes materials previously located on the Guidance eLearning Center supported by the Missouri Center for Career Education (MCCE). MCCE is still maintaining its guidance and counseling site but that site will no longer be supported by DESE guidance.

The vision for combining the DESE and MCCE site is to create a one-stop-shop for your guidance resources. Check out the new and *still under development* DESE site at <http://dese.mo.gov/college-career-readiness/guidance-counseling>

To locate the Guidance and Counseling tab on the DESE website, go to:

- <http://dese.mo.gov/>
- "Educators " tab - on the top light blue ribbon
- "Guidance & Counseling" on the left side of the drop down menu
- Note the Program Components in the center box and the alphabetical listing of sources in the right column

This transition and updating process is a complex process that will extend well into the fall. Contact Chris Coffman at [Christopher.Coffman@dese.mo.gov](mailto:Christopher.Coffman@dese.mo.gov) for broken links and technical issues. Contact Tom Schlimpert at [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov) regarding materials, resources and the organization of this site.

## Missouri Scholars Academy 2015

The 2015 Missouri Scholars Academy will be held June 7-27, 2015 on the campus of the University of Missouri in Columbia. Importantly this year, the ACT PLAN<sup>®</sup> test that most schools have used in past years will not be available. Therefore schools should plan to administer *either* the PSAT<sup>®</sup>, ACT<sup>™</sup>, or ASPIRE<sup>™</sup> test to potential student nominees in early fall 2014. Also, students must have a score for one individual intelligence test within the last 3 years. Nomination information will be sent to schools in late October, including details about the selection process, necessary deadlines, and the student activity fee. If you know of personnel changes that would aid in updating our database, we would be obliged if you could pass those on as well. We would also encourage schools that haven't submitted nominations recently to consider doing so. Questions about all areas of the MSA 2015 should be directed to Steven Keller, director of the Missouri Scholars Academy, [KellerS@missouri.edu](mailto:KellerS@missouri.edu).

## 2015 FAFSA Frenzy Host Site application

[FAFSA Frenzy](#) is being offered in Missouri for the 12<sup>th</sup> consecutive year in January, February and March of 2015. High school counselors, financial aid officers, college access professionals and other organizations interested in hosting a FAFSA Frenzy site next year, may now complete [the 2015 host site application](#) via the MDHE website. The 2015 Missouri FAFSA Frenzy main event date is scheduled for Sunday, Feb. 22. A second date, Sunday, March 1, 2015, will serve as a back up in the event of inclement weather conditions, however, if these dates do not work for your institution or organization, you may choose alternate dates. For more information visit MDHE's [FAFSA Frenzy Web page](#).

\*FAFSA Frenzy, a program of [College Goal Sunday<sup>SM</sup>](#), is offered in Missouri through partnerships between the MDHE with [Missouri Association of Student Financial Aid Personnel](#), and USA Funds.

**HOST APPLICATIONS ARE DUE Friday, AUG. 22, 2014!**

## First Lady Michele Obama's Speech at ASCA Summer Conference

<http://www.schoolcounselor.org/>

**It's good!**

## Pathways to Prosperity

Missouri is one of nine states selected by the Harvard Graduate School of Education and Jobs for the Future to participate in the Pathways to Prosperity Network, a national education initiative designed to build career pathways systems for high-school-aged students. The network emerged as a result of the interest generated by the Harvard Graduate School of Education report, [Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century](#). The report has important implications for educational reform and for guidance and counseling, especially in the area of career development and individual student planning. School counselors, administrators, faculty and staff are strongly encouraged to read the report. Go to [Missouri Pathways to Prosperity](#) for more information.

## Program Components

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Resources that could be used as part of a comprehensive guidance and counseling program are provided for your review. Listing of these resources does not constitute endorsement by either the Guidance and Counseling Services Section or the Department.

### CURRICULUM

#### Guidance Curriculum Update

The newly updated guidance curriculum is in the process of being posted! Our wonderful Guidance Curriculum Writing Team has done an outstanding job of updating and enhancing K-12 unit and lesson plans for all three program component strands! Check it out at [Guidance Curriculum](#)

**Missouri Connections** also has quality career development lesson plans and activities. Log into Missouri Connections and explore "Activity Map" in the JR version, "Plan" in the high school version and "Classroom Activities" in the "Tools for Counselors and Teachers" in both versions.

### INDIVIDUAL STUDENT PLANNING

#### Missouri Connections

Missouri Connections continues to provide multiple updates, improvements and additions that will be ready for this fall. An updated Combined Report of Assessments, two new informal assessments, a completely updated Reality Check, improved Help & Tutorials buttons, a new Personal Learning Plan (that can work as a Personal Plan of Study) and a newly designed and enhanced Administrative Site are some of the improvements.

Go to [Missouri Connections](#) and click on the "Training" tab at the top of the page for "What's New in 2014" and the "Fall Workshop" training schedule.

The Missouri Connections Fall Training Schedule is posted. Go to [Training Calendar](#) and review the newly designed agenda that has been created to meet the wide array of user needs as well as the calendar and registration information. Two sessions are offered each day, the second session being a repeat of the first.

Contact **Jackie Coleman** at 573.634.0043, Monday – Friday from 8:00 am – 4:30 pm, or e-mail [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) with questions, support or if your school/site would benefit from a more in-depth or specific training or webinar.

*into*Careers, the host company that provides Missouri Connections is actively working on providing an [elementary version](#) and the ability to [interface with student data management systems](#) such as Tyler/SIS and Power School. The elementary discussion is just beginning. The interface option does exist but requires programming on the district side. Contact Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) for more information.

## Thank you!

A sincere thank you to the 620 counselors who responded to the Individual Student Planning Survey the College and Career Consultants sponsored last spring. The results of that survey will be reviewed at our August meeting and will be used to guide our work plan for GSOS and other programming. Your voice from the field is vital! Thank you for taking the time to complete that survey!

## Free Tools to Help Families Save, Plan, and Pay for College

Families need the right tools to put a plan for college in place. Sallie Mae's **College Planning Toolbox** is a suite of free tools, calculators, and resources to help students and families navigate their way through every phase of saving, planning and paying for college. The toolkit consists of a **Free Scholarship Search** of more than 3 million available scholarships – worth up to \$18 billion; a **College Planning Calculator** to assist students start their financial plan for college by creating a comprehensive step-by-step strategy to help them save and pay for higher education; and an **Award Letter Analyzer** allows families to make a fair "apples-to-apples" comparison among the financial aid award letters they've received and discover the true cost of tuition at each school for which they've been accepted. You can obtain more information at [www.SallieMae.com/PlanForCollege](http://www.SallieMae.com/PlanForCollege) or by contacting [Laura.Steinbeck@SallieMae.com](mailto:Laura.Steinbeck@SallieMae.com)

## National College Fair Kansas City

A **FREE** National College Fair sponsored by the National Association for College Admission Counseling (NACAC) is coming to Kansas City. Over 150 colleges and universities from all over the country and 4,000+ students and families are expected to attend. National College Fairs allow students to meet face-to-face with college admission representatives from a wide range of postsecondary institutions. Free college planning and financial aid workshops will also be held.

**Kansas City Convention Center, Salon A (301 W 13th Street, KCMO 64105)**

**Sunday, October 5 - 1:00pm-4:00pm**

**Monday, October 6 - 8:30am-11:30am**

Student Registration: *It is important to preregister for the fair.* By creating an account at [www.gotomyncf.com](http://www.gotomyncf.com), students will receive their own barcode that will be scanned by the college representatives at the fair. *Students will need to have their barcode registration with them when they attend the fair.* Visit the [www.nationalcollegefairs.org](http://www.nationalcollegefairs.org) website for details and information about NACAC and the Kansas City fair.

Please email [rob.lundien@nkcschools.org](mailto:rob.lundien@nkcschools.org) for more information if you are planning to bring a bus or van of students.

## RESPONSIVE SERVICES

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect."

([Section 162.069.3 RSMo.](#)) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### Resource Numbers

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

#### Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

#### Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

### **Access to Crisis Intervention**

The Missouri Department of Mental Health provides the Access Crisis Intervention (ACI) line that is staffed by professionals who can respond to adults, youth and families experiencing a mental health crisis 24 hours per day and 7 days per week. The link below provides a map with regional call numbers. <http://dmh.mo.gov/mentalillness/progs/acimap.htm>

### **Trevor Lifeline**

The Trevor Project offers the Trevor Lifeline, a national 24/7 crisis intervention and suicide prevention lifeline for LGBTQ young people (ages 13-24), available free at 1-866-488-7386. Help can also be accessed through chat on line or text, find more information at: <http://www.thetrevorproject.org/pages/get-help-now>

## **SYSTEM SUPPORT**

### **DESE/MSCA Mentoring Program**

Full certification requires two years of mentoring. The Department and MSCA have collaborated to develop a mentoring program tailored made for new school counselors who are in need of a mentor with school counseling experience or who have a mentor but who would like to participate in this structured program designed to assist new counselors in more fully implementing their programs. If you would like to participate or need additional information contact Dr. Jan Ward at [jward@semo.edu](mailto:jward@semo.edu) Dr. Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov) is the DESE contact.

### **College and Career Consultants**

Your regional College and Career Consultant is a valuable resource to support your guidance and counseling program. See [College and Career Consultants](#) for more information and contact information.

### **Missouri Virtual Instruction (MoVIP)**

MoVIP, or the Missouri Virtual Instruction Program, which is run by the Department, is currently registering K-12 students for the upcoming fall semester. MoVIP currently offers about 150 different online courses in a wide variety of subjects including AP, foreign language and electives. MoVIP is an excellent resource to help school districts meet their College and Career-Ready (CCR) and High School-Ready (HSR) goals at little cost. School districts can get reimbursed from DESE for about 90% of the tuition costs. MoVIP also offers state-funded tuition for students who qualify as medically fragile. All courses are also taught by Missouri-certified and highly-qualified teachers. For more information, please visit [www.movip.org](http://www.movip.org), or contact Steve Schellman at 573-751-2453 or [steve.schellman@dese.mo.gov](mailto:steve.schellman@dese.mo.gov)

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## **Conferences and Professional Development Opportunities**

### **Guidance System of Support**

Plans are being made for the fifth year of the Guidance System of Support professional development opportunities. This fall's focus will be "Reflect, Collaborate, Act - Moving Your Program Forward" which will review guidance K-12 individual student planning tools and provide ample time to collaborate with regional peers to enhance your Individual Student Planning process. If you want to continue having this type of support, you need to attend, contribute and learn. Meeting details are being finalized and will be posted at [Guidance System of Support](#)

## **MSCA and MoACTE: Your Keys to Professional Development**

If you have not done so, be sure to join or renew your membership with your professional organizations. Both MSCA and MoACTE not only provide outstanding conferences and other professional development activities but also advocate for school counselors and CTE at the state and national levels. It is important to note however, that YOU are MSCA and MoACTE through your membership and support. Be sure to join both at the state and regional levels. Additional information can be found at:

[MSCA Membership](#) [MSCA Region Information](#) and [MoACTE Divisions](#)

## **2014 Federal Virtual Bullying Prevention Summit**

You are cordially invited to virtually attend the 2014 Federal Bullying Prevention Summit, Keeping Kids Safe: Opportunities and Challenges in Bullying Prevention, which will be held on Friday, August 15, 2014 from 8:30-5:30 p.m. EDT. This event will be offered as a [live streaming webcast](#).

The Federal Partners in Bullying Prevention aim to highlight successful strategies that support the creation of a positive school climate. Other topics that will be covered include cyberbullying, related bullying behaviors that impact healthy school climate, and the relationship between bullying prevention programs and school discipline. Registration for virtual participants will be available through the day of the Summit. [Register to join the Summit virtually](#)

## **Missouri Safe Schools and Colleges Conference**

**September 23-25 Tan-Tar-A**

[Missouri Center for Ed Safety website](#)

## **Missouri Mental Health Counselors Association**

**September 25-27 Inn at Grand Glaize, Lake of the Ozarks.**

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**November 2-4 Tan-Tar-A**

This year's theme is: Instilling Hope. See the [MSCA Website](#) for more information

## **Missouri Association for Career Services (MACS) Fall Conference**

**September 18-19 Columbia**

For registration information contact Stacie Wild at 660.596.7256 or [swild@sfccmo.edu](mailto:swild@sfccmo.edu)

## **Missouri Coordinated School Health Coalition**

**TBD**

Information can be found on the Coalition's [website](#).

## **Missouri Department of Higher Education Newsletter**

The Journey to College [Monthly Reminder](#), is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents.

Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

## Interesting Insights

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### Missouri Connections - Top 10

The top 10 schools using Missouri Connections, based on the number of hits per site are: Poplar Bluff Junior High, Potosi High School, Yeokum Middle School, Truman High School - Independence, AEL - St. Louis City, Fort Osage R-I School District, Northwest High School (Cedar Hill), Waynesville Middle School, Raymore-Peculiar Senior High School, Lee's Summit High School.

Congratulations to those schools for using Missouri Connections to help their students become college and career ready!

### Career Cluster Inventory Results

For the past four years the top and bottom five career clusters have remained identical based on the results from approximately 90,000 Career Cluster Inventory surveys taken annually through Missouri Connections.

In rank order:

Top Five: Architecture (11,928 responses), Arts, Agriculture, Health, and Information

Bottom Five: Transportation, Business, Law, Government, Marketing (900 responses)

*It's interesting that these results remain constant over time. It also raises the question of how are school and classroom experiences cultivating and building on these student interests? How are we developing their knowledge base of jobs and career options? How are we connecting learning with their interests and career possibilities? What implications does this information have for our society and democracy when government is the second from the bottom?*

### Big Picture Perspective

*“Dear Teacher,*

*I am the survivor of a concentration camp. My eyes saw what no person should witness:*

*Gas chambers built by learned engineers. Children poisoned by educated physicians. Infants killed by trained nurses. Women and babies shot and burned by high school and college graduates.*

*So I am suspicious of education. My request is: Help your students become human. Your efforts must never produce learned monsters, skilled psychopaths, educated Eichmanns. Reading, writing and arithmetic are important only if they were to make our children more humane.”*

*A principal to his teachers on the first day of school, “Teacher and Child”*

**Each child you touch needs what you and your guidance and counseling program have to offer!  
Here's to making a difference this year!**

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

***Our Vision:** That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

***Our Mission:** To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

### **The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)  
**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)  
**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

### **New Guidance Digest Distribution System**

We are excited to announce that our Guidance and Counseling Section has partnered with MOREnet to offer a Guidance Listserv. This tool will enable school counselors and interested parties to have the Guidance Digest sent directly to their email address and will eliminate the need for a district contact person and our maintaining multiple distribution lists. During the next two months, as we transition to the Listserv, the Guidance Digest will continue to be sent through the current distribution system.

**To subscribe** to the Guidance Listserv go to <http://lists.mo.gov/mailman/listinfo/guidancelistserv> and follow the online directions. You will be asked to complete a form with your email address, name and password. As this is a closed Listserv, your request will be held for approval and you will be notified when accepted. The Guidance Listserv is intended to be used as a dissemination of information only and the "post a message" feature will be disabled. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

*If you want to receive the Guidance Digest after the October edition, you MUST personally register!*

### **DESE Guidance and Counseling Website**

All guidance and counseling materials are now located on the DESE Guidance and Counseling website. The merge and transition of materials continues to be a work in progress. If you experience technical difficulties or broken links please contact Chris Coffman at [Christopher.Coffman@dese.mo.gov](mailto:Christopher.Coffman@dese.mo.gov).

## Counselor Certification

If you are interested in becoming certified as a school counselor, have questions regarding the requirements to upgrade your certificate or need to know more about professional development requirements look no further than the DESE website. [Dese.mo.gov](http://dese.mo.gov) – Educator Certification – Student Services. <http://dese.mo.gov/educator-quality/certification/student-services>

# Program Components

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## CURRICULUM

### Updated Guidance Curriculum

The newly updated guidance curriculum has been posted to the DESE Guidance website. The Comprehensive Guidance and Counseling Program curriculum framework is organized around the three strands, Personal/Social Development, Academic Development, and Career Development. Unit and lesson plans address each of the K-12 guidance and counseling GLEs.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

## INDIVIDUAL STUDENT PLANNING

### Missouri Connections

Missouri Connections Fall Workshops are now being held. There is no charge for the workshop, however pre-registration is required. To participate, attendees must have a Missouri Connections Staff or Site Administrator username and password. To Register go to [www.missouriconnections.org](http://www.missouriconnections.org) If you have questions please contact Tom Schlimpert [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or Jackie Coleman [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com)

### Kansas City National College Fair

A FREE National College Fair is coming to Kansas City October 5<sup>th</sup> & 6<sup>th</sup>. There will be 150+ colleges and universities from all over the country. National College Fairs allow students to meet face-to-face with college admission representatives from a wide range of postsecondary institutions. Free college planning and financial aid workshops will also be held. Visit the [www.nationalcollegefairs.org](http://www.nationalcollegefairs.org) website for details and please email [rob.lundien@nkcschools.org](mailto:rob.lundien@nkcschools.org) for more information if you are planning to bring a bus of students.

## RESPONSIVE SERVICES

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### Resource Numbers

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

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#### Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

# SYSTEM SUPPORT

## Counselor Evaluation Update

Development of the new counselor evaluation instrument has begun this fall with plans for a voluntary pilot this Spring. After collecting feedback, refining the documents and process then developing implementation guidelines, the new evaluation instrument will be made available for the Fall 2015. In this transition period, it is still recommended that school counselors be evaluated with an instrument designed to address their unique program and job expectation.

## Online College Database

The Online College Database provides future post-secondary students with the information they need, at no cost, to make informed decisions about where to attend college. The database team has created a guide to all 127 colleges in Missouri to include both two and four year schools. Factors such as enrollment size, tuition, gender ratio, student to faculty ratio, campus setting, acceptance rate and ROTC availability is included for each college. Access the Online College Database at:

<http://www.onlinecollegesdatabase.org/online-colleges-in-missouri/>

## RED Ribbon Week 2014

Red Ribbon Week is October 23-31, 2014.

ACT Missouri is a not-for-profit organization funded by the Missouri Department of Mental Health and established to promote drug and alcohol awareness throughout Missouri. Do you need ideas for your Red Ribbon Week celebration or are you interested in learning more about the MYAA annual art contest?

Check out the information provided at [www.actmissouri.org](http://www.actmissouri.org)

## SAMHSA

The Substance Abuse and Mental Health Services Administration is offering a free mobile app, KnowBullying, to help initiate meaningful conversations with children regarding Bullying.

[SAMHSA's Bullying Prevention App | SAMHSA.gov](http://www.samhsa.gov) For more information on the prevention of Bullying and what you can do, check out the information at <http://www.stopbullying.gov>

## Conferences and Professional Development Opportunities

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### Guidance System of Support

The Missouri Guidance System of Support (GSOS) is a collaborative state-wide initiative designed to support all K-12 counselors in fully implementing a Comprehensive Guidance and Counseling Program.

Mark your Calendar to attend your regional GSOS professional development meeting. The Fall meeting focus will be to “Reflect, Collaborate, Act – Moving Your Program Forward” focusing enhancing your K-12 Individual Student Planning Process (this includes elementary!).

*Support your profession!*

*Be part of this valuable Professional Development opportunity!*

Please check out the following website for the program overview and register.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/guidance-elearning/guidanc-8>

## GSOS Meeting Information

### Region 1 (Charlene Piel)

- October 14 (Tuesday), 8:30 - 11:30 am - North Central Career Center, Bethany
- October 15 (Wednesday), 8:30 - 11:30 am - Carrollton Area Career Center, Carrollton
- October 16 (Thursday), 8:30 - 11:30 am - Grand River Technical School, Chillicothe
- October 22 (Wednesday), 8:30 - 11:30 am - Northwest Technical School (Room 2), Maryville
- October 29 (Wednesday), 8:30 - 11:30 am - Hillyard Technical Center (Room 103), St. Joseph

### Region 2 (Susan Hazen)

- September 19 (Friday), 9:00 am - 12:00 pm -- Linn County Area Career & Technical Center, Brookfield
- September 23 (Tuesday), 9:00 am - 12:00 pm -- Hannibal Career and Technical Center, Hannibal
- September 30 (Tuesday), 12:30 - 3:30 pm -- The Advanced Technology Center, Mexico
- October 2 (Thursday), 9:00 am - 12:00 pm -- Lincoln University - Scruggs Student Center Ballroom, Jefferson City Note: Lunch provided by Lincoln University. MMSCA meeting 1:00 - 2:30 pm *For Boone, Audrain, Warren, Lincoln, Calloway, Montgomery and Pike Counties*)
- October 10 (Friday), 9:00 am - 12:00 pm -- Moberly Area Community College Career Center, Room C42, Moberly
- April 4 (Friday), 9:00 am - 12:00 pm -- Macon Area Career and Technical Center, Macon
- March 28 (Friday), 9:00 am - 12:00 pm -- Kirksville Area Technical Center, Kirksville

### Region 3 (Lori Mann)

- September 24 (Wednesday), 8:30 am – 11:30 am - Lex La-Ray Technical Center, Lexington
- October 1 (Wednesday), 8:30 am – 11:30 am - Excelsior Springs Area Career Center
- October 15 (Wednesday), 8:30 am – 11:30 am - Warrensburg Area Career Center
- October 21 (Tuesday), 8:30 am – 11:30 am - Cass Career Center, Harrisonville
- October 23 (Thursday), 8:30 am – 11:30 am - Northland Career Center, Platte City
- October 29 (Wednesday), 8:00 am – 11:30 am - Manual Career & Technical Center, Kansas City \*Note: Meeting is 8:00 - 11:30 am
- November 11 (Tuesday), 8:30 am – 11:30 am - The Career & Technology Center at Fort Osage, Independence
- December 5 (Friday), 11:30 am – 2:30 pm - Herndon Career Center, Raytown \*Note: Meeting is 11:30 am - 2:30 pm

### Region 4 (Janet Bagby)

- September 30 (Tuesday), 12:00 - 3:00 pm - Boonslick Technical Education Center, Boonville
- October 2 (Thursday), 12:30 - 3:30 pm State Fair Career and Technical Center - Heckert Bldg. Thompson A, Sedalia Note: CMSCA meeting begins at 10:00 am. Lunch provided by State Fair Career and Technical Center.
- October 2 (Thursday), 9:00 am - 12:00 pm - Lincoln University - Scruggs Student Center Ballroom, Jefferson City Note: Lunch provided by Lincoln University. MMSCA meeting 1:00 - 2:30 pm
- October 10 (Friday), 9:00 am - 12:00 pm - Saline County Career Center, Marshall Note: Breakfast provided prior to meeting by Saline County Career Center.
- October 16 (Thursday), 12:30 - 3:30 pm – Lake Career and Technical Center, 29 Dare Blvd, Camdenton

### Region 5 (Tonya DeGonia)

- September 25 (Thursday), 9:00 am - 12:00 pm - Jefferson College, Viking Room \*Note: Meeting is combined with District Counselor meeting.
- September 30 (Tuesday), 8:30 - 11:30 am - Mineral Area College, North College Center
- October 3 (Friday), 8:30 - 11:30 am - Cape Career & Technology Center, Multipurpose Room
- October 10 (Friday), 8:30 - 11:30 am - Four Rivers Career Center, Washington, Health Room
- November 14 (Friday), 8:30 am – 11:30 am – First Baptist Church, Dexter (Combined meeting with Region VII)

**Region 6 (Michele Charlebois-Didreckson)**

- September 25 (Thursday), 8:30 am - 2:30 pm -- Ozark Mountain Technical Center, Mountain Grove (HS Media Center) (*Lunch and Work Session included*)
- October 1 (Wednesday), 8:30 am - 12:00 pm -- Waynesville Career Center, Waynesville (Meeting Room) *Combined meeting with Lebanon Career & Technology Center*  
Work Session - 12:45 - 2:45 pm (*Lunch provided for those staying for work session.*)
- October 22 (Wednesday), 9:00 am - 2:30 pm -- Dallas County Technical Center, Louisburg (Conference Room), (*Lunch & Work Session included*)
- December 3 (Wednesday), 8:15 am - 12:00 pm -- Ozarks Technical Community College, Springfield (Lincoln Hall Room 211)  
Work Session - 1:00 - 3:00 pm (*Lunch provided for those staying for work session.*)

**Region 7 (Becki Shrum)**

- October 3 (Friday), 8:30 - 11:30 am -- Cape Girardeau Career and Technology Center (Computer Lab) *Meeting combined with Region V*
- October 17 (Friday), 9:00 am - 12:00 pm -- Current River Career Center, Doniphan (Computer Lab)
- October 21 (Tuesday), 9:00 am - 12:00 pm -- Kennett High School, Dunklin County (Board Room)
- October 23 (Thursday), 9:00 am - 12:00 pm -- Sikeston Career & Technology Center (Pit Stop Café)
- October 30 (Thursday), 9:00 am - 12:00 pm -- South Central Career Center, West Plains (Thornburgh Campus - Computer Conference Room)
- November 7 (Friday), 8:30 am - 11:30 pm -- Poplar Bluff R-1, Poplar Bluff (Central Office - Missouri Room)
- November 14 (Friday), 8:30 am – 11:30 am – First Baptist Church, Dexter (Combined with Region V)

**Region 8 (Tammy Blaylock)**

- October 16 (Thursday), 9:00 am - 12:00 pm - Crowder College Technical Education Center, Farber Building, Wright Conference Center, 2nd Floor, Neosho
- October 22 (Wednesday), 9:00 am - 12:00 pm - Clinton Technical Center, Clinton
- October 28 (Tuesday), 9:00 am - 12:00 pm - Scott Regional Technology Center, Amphitheater, Monett - 12:00 - 2:00 pm Lunch and JROTC activities
- October 30 (Thursday), 9:00 am - 12:00 pm - Lamar Career and Technical Center @ First Christian Church, 1208 Walnut, Lamar
- November 10 (Monday), 9:00 am – 12:00 pm – Carthage Technical Center – South Campus, 1110 East Airport Drive, Carthage
- November 13 (Thursday), 9:00 am - 12:00 pm- Nevada Regional Technical Center, Nevada
- TBA - Franklin Technology Center - 9:00 am - 12:00 pm

**Region 9 (Micheline Moeller)**

- October 2 (Thursday), 1:00 - 3:00 pm -- Neuwoehner High School - Special School District, 12112 Clayton Rd, St. Louis
- October 3 (Friday), 8:30 - 11:30 am -- STLCC - Forest Park Campus, 5600 Oakland Ave, St. Louis Note: For St. Louis Public Schools only
- October 9 Thursday), 8:30 - 11:30 am -- EducationPlus, 1460 Craig Road, St. Louis
- October 15 (Wednesday), 8:30 - 11:30 am -- Brittany Woods Middle School, 8125 Groby Rd, University City - Library Conference Room
- October 23 (Thursday), 8:30 - 11:30 am -- Lewis & Clark Career Center, 2400 Zumbahl Rd, St. Charles
- October 29 (Wednesday), 8:30 - 11:30 am -- Rogers Middle School, 7550 Mackenzie Rd, Affton

**Guidance System of Support**

*Building Guidance and Counseling Programs That Impact Lives and Performance*

## **Community Services Summit**

The 16<sup>th</sup> Annual Community Services Summit will be held on October 28, 2014, in St. Peters, MO. The Summit is a day-long series of workshops designed to build stronger community through professional connections. The Community Services Summit will focus on how the community works together to share resources and practical ideas to tackle critical issues. There will be an extensive exhibit hall highlighting key resources in the community as well as a keynote address and thought-provoking, useful, skill-building sessions. The Community Services Summit provides professionals valuable resources and information on the topics most critical to working with children and families today.

<http://www.communitycouncilstc.org/events/community-services-summit>

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[Missouri Center for Ed Safety website](#)

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### **The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)

**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

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*To those of you who have already registered: You will receive this edition of the Guidance Digest twice, once via this system and through the new system.*

***To receive the Guidance Digest after this October edition, you MUST personally register!***

### **School Counselor Evaluation Instrument Update**

The new counselor evaluation instrument is being developed this fall with plans for a voluntary pilot this spring. Training for **administrators and counselors** will be provided at the Spring Guidance System of Support meetings. The finalized instrument will be available fall 2015. In this transition period, it is still recommended that school counselors be evaluated with an instrument designed to address their unique program and job expectation.

### **DESE Guidance and Counseling Website**

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# Program Components

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## CURRICULUM

### Updated Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum has been posted to the DESE Guidance website: <http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

## INDIVIDUAL STUDENT PLANNING

### Missouri Connections

There are a few Missouri Connections Fall Workshops left. To Register go to [www.missouriconnections.org](http://www.missouriconnections.org) There is no charge for the workshop, however pre-registration is required. Attend this training to see the 2014 enhancements and receive customized support. Contact Jackie Coleman [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 with questions.

### Missouri Connections Video Room

Find career clusters videos and personal interviews of people in occupations at:

<http://dese.mo.gov/college-career-readiness/guidance-counseling/missouri-connections-videos>

This link is also located on the Missouri Connections portal page, under "Students".

**Spanish Translations** - Click on the Spanish announcement in the rotating announcement banner, once you have logged in, for a list of items that have been translated into Spanish.

## RESPONSIVE SERVICES

### SAMHSA

The Substance Abuse and Mental Health Services Administration is offering a free mobile app, KnowBullying, to help initiate meaningful conversations with children regarding Bullying. [SAMHSA's Bullying Prevention App | SAMHSA.gov](http://www.samhsa.gov) For more information on the prevention of Bullying and what you can do, check out the information at <http://www.stopbullying.gov>

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org>

## SYSTEM SUPPORT

### Virtual Support

The Missouri Virtual Instruction Program (MoVIP), which is run by the Department, has four professional, Missouri-certified, counselors with a wealth of public school and online experience. Please feel free to contact them at any time to discuss how MoVIP may be able to help students in your school district. <http://movip.org/contact-us.html>

## RED Ribbon Week 2014

Red Ribbon Week is October 23-31, 2014.

ACT Missouri is a not-for-profit organization funded by the Missouri Department of Mental Health and established to promote drug and alcohol awareness throughout Missouri. Do you need ideas for your Red Ribbon Week celebration or are you interested in learning more about the MYAA annual art contest? Check out the information provided at [www.actmissouri.org](http://www.actmissouri.org)

## Parent Survey

Help Keep Kids Safe This School Year is an initiative sponsored by the Office of Social and Economic Data Analysis and ACT Missouri (This is a prevention based organization, not the testing organization <http://www.actmissouri.org/> ) They will appreciate it if schools will share the following announcement with parents.

**Parents** – if you have students in grades 6-12, please complete a survey about substance use and other important issues affecting teens in your community. <http://surveys.missouri.edu/parents>  
It is confidential and anonymous. Your answers will help prevention programming in Missouri. If you have any questions, please contact the Office of Social and Economic Data Analysis at 573-882-7396.

## Best Practices Supporting School Safety

A list of recommendations prepared by the Missouri Association of School Psychologists  
<http://www.maspweb.org/Membership/3103627>

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## Conferences and Professional Development Opportunities

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### Guidance System of Support

The Missouri Guidance System of Support (GSOS) is a collaborative state-wide initiative designed to support all K-12 counselors in fully implementing a Comprehensive Guidance and Counseling Program.

The Fall meeting focus will be to “Reflect, Collaborate, Act – Moving Your Program Forward” focusing on enhancing the K-12 Individual Student Planning Process (including elementary!).

Check out the following website for the program overview and to register.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/guidance-elearning/guidanc-8>

#### Guidance System of Support

*Building Guidance and Counseling Programs That Impact Lives and Performance*

### Community Services Summit

The 16<sup>th</sup> Annual Community Services Summit will be held on October 28, 2014, in St. Peters, MO. The Summit is a day-long series of workshops designed to build stronger community through professional connections. The Community Services Summit will focus on how the community works together to share resources and practical ideas to tackle critical issues. There will be an extensive exhibit hall highlighting key resources in the community as well as a keynote address and thought-provoking, useful, skill-building sessions. The Community Services Summit provides professionals valuable resources and information on the topics most critical to working with children and families today.

<http://www.communitycouncilstc.org/events/community-services-summit>

## Transition Capacity Building Institute

**October 29-31, 2014**, Jefferson City, MO

DESE, along with several other state agencies are coordinating this institute to bring together local district staff and local service agency staff to work on capacity building of transition services for special needs students within the district. Vocational Rehabilitation, Department of Mental Health, and the Centers for Independent Living will work together to develop a district-wide action plan to coordinate local transition services to students in need. *Counselors are encouraged to attend as part of the school team.* For more information, contact John Stains at (573) 751-0225 or at [john.stains@dese.mo.gov](mailto:john.stains@dese.mo.gov).

## St. Louis Graduates Professional Development Institute Workshops

**Professional Development Institute** offers four workshops over the school year, designed for high school, higher education, and college access nonprofit professionals. Professional Development Institute workshops are research-based, interactive, and tap the expertise of a range of seasoned practitioners. **Pre-registration is required.** All workshops are offered free of charge and include lunch. Workshops will take place in the McDonnell Room at EducationPlus, 1460 Craig Rd.

**REGISTER TODAY!** Space is limited. Register online at <http://www.stlouisgraduates.org/>

## Missouri School Counselor Association (MSCA) Fall Conference

**November 2-4 Tan-Tar-A** Theme: Breaking Barriers - Instilling Hope.

Log on to [www.moschoolcounselor.org](http://www.moschoolcounselor.org) to check out some of the exciting features:

- \*2014 Fall Conference Details
- \*How to get Involved with MSCA
- \*Missouri School Counselor Blog-NEW!
- \*MSCA Social Media Links
- \*Counseling Connection Publications

## Building Bridges

**March 2-3, 2015 Location TBD**

## Meet the professionals who say, "I Build."

**April 14, 2015**, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

## Student Loan Debt

Seven in 10 college seniors (71%) who graduated last year had student loan debt, with an average of \$29,400 per borrower. From 2008 to 2012, debt at graduation (federal and private loans combined) increased an average of six percent each year. For the full story and Missouri specifics see: [http://www.projectonstudentdebt.org/state\\_by\\_state-data.php](http://www.projectonstudentdebt.org/state_by_state-data.php)

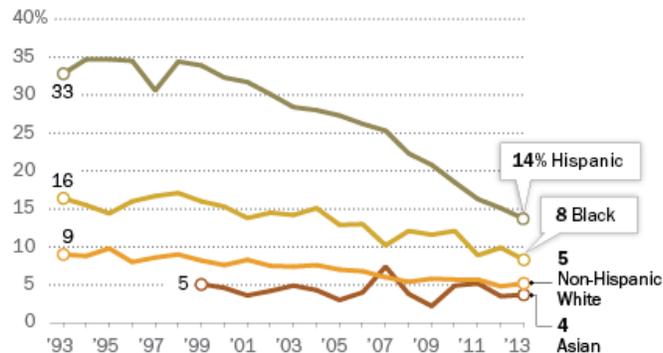
## Progress!

More U.S. high school students are staying in school, according to [newly released data from the Census Bureau](#), as the national dropout rate reached a record low last year. Just 7% of the nation's 18-to-24 year olds had dropped out of high school, continuing a steady decline in the nation's dropout rate since 2000, when 12% of youth were dropouts.

<http://www.pewresearch.org/fact-tank/2014/10/02/u-s-high-school-dropout-rate-reaches-record-low-driven-by-improvements-among-hispanics-blacks/>

### Hispanic, Black High School Dropout Rates Reach Record Lows

Percent of 18-to 24-year-olds dropping out of high school



Notes: The status dropout rate shown refers to the share of 18-to 24-year-olds who were not enrolled in school and had not completed high school. Black and Asian include the Hispanic portion of those groups. White includes only non-Hispanic whites.

Source: U.S. Census Bureau October Current Population Survey

PEW RESEARCH CENTER

## Employer Insights

A panel of five employers presenting at the MACS conference all indicated that, depending on the job, minimal attention is given to school test scores, grades and even attendance records. Employers do want to know if the applicant graduated as well as their skills (IRCs and TSA type certifications) and experiences. Written and verbal communication skills were a resounding priority and area of need. Attention to detail on the applications, resumes and interview skills also received a lot of attention. All five panelists look for interpersonal skills, initiative, enthusiasm, ability to work with others along with the applicant's skill set. The expected high demand jobs were identified but also included in difficult jobs to fill were the minimum wage service jobs. People don't want to work for \$7.50/hour. What resonated was the need for well rounded applicants or the "whole child" that we define in our personal/social, academic, and career components.

The need for relevant career development experiences and quality guidance programs is real!

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator-Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

***Our Vision:** That all schools will have fully implemented Comprehensive Guidance and Counseling Programs that advance the academic, career, and personal/social development of all students.*

***Our Mission:** To work collaboratively with counselor educators, the Missouri School Counselor Association, the Missouri Association for Career and Technical Education and other stakeholders to develop and provide resources and meaningful professional development that support professional school counselors and career services personnel in their efforts toward full implementation of their programs.*

**The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)  
**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)  
**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## Announcements

Resources and information provided in the Guidance Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the Guidance and Counseling Services Section or the Department of Elementary and Secondary Education.

### **New Guidance Digest Distribution System**

Currently, 920 people have registered through this new system! Please share this information with any interested parties. To continue receiving the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv> Follow the online directions. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

*To those of you who have already registered: Thank you! You will again receive this edition twice, once via this system and through the new system, as we continue to seek continued registrants.*

### **DESE School Counselor Evaluation Instrument Update**

Plans are being developed to present the new DESE sponsored counselor evaluation system at the Spring Guidance System of Support meetings that will be held during February and March. Details and locations will be announced when finalized. Counselors and administrators are encouraged to attend.

### **Successful Fall Conference**

Congratulations to MSCA for another fantastic, informative and energizing fall conference! Such a great opportunity to network, learn and rekindle the passion. Missouri counselors continue to lead the way through this dynamic professional organization that is over 1600 members strong!

*Your membership and involvement make the difference!*

## Youth With Disabilities Leadership Award

The Governor's Council on Disability will honor a youth with a disability that is demonstrating outstanding leadership, advocacy, and dedication to and for the disability community at large in Missouri. For more information and the nomination form, please visit.

<http://disability.mo.gov/gcd/youthleadershipaward.htm>

## Missouri Youth Leadership Forum for Students with Disabilities

The four day Forum is a unique career leadership training program for individuals with disabilities ages 16-21 to cultivate leadership, citizenship and social skills. For more information:

<http://disability.mo.gov/gcd/ylf.htm> or 1-800-877-8249 or 573-751-2600.

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# Program Components

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## CURRICULUM

### Updated Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum has been posted to the DESE

Guidance website: <http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

## INDIVIDUAL STUDENT PLANNING

### Breaking Traditions

The Breaking Traditions Awards recognize students who are pursuing non-traditional careers. Materials, including program overview, application and scholarship information have been updated and posted to the DESE Guidance and Counseling website. [Breaking Traditions 2015](#). Contact your [College and Career Consultants](#) for more information and support.

### Missouri Connections

The new Personal Learning Plan which is located in the Portfolio is a viable equivalent to the Personal Plan of Study and outlines a comprehensive plan for career planning. Be sure to use Personal Learning Plan Checklist as well. For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

**Usage** - During the Month of September, there were 81,137 visits to Missouri Connections! During those visits the average number of pages viewed was 28 during the 20:35 minute average length visit. The number of site hits during the 2013-14 school year increased by over 100,000 when compared to 2012-13.

*The more we focus on Individual Student Planning and career development, the better Missouri Connection looks!*

### Missouri Gaming Association 2015 Project 21 Scholarships

The Missouri Gaming Association is pleased to announce the 2015 Project 21 Scholarship Program. The Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. Two (2) \$1,500.00 first prize scholarships and Four (4) \$1,000.00 second prize scholarships will be awarded. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2015**. For more information please contact [info@missouricasinos.org](mailto:info@missouricasinos.org) or click on this link to download the application – [http://www.missouricasinos.org/tiny\\_mce/jscripts/tiny\\_mce/plugins/filemanager/files/2015\\_Project\\_21\\_Application.pdf](http://www.missouricasinos.org/tiny_mce/jscripts/tiny_mce/plugins/filemanager/files/2015_Project_21_Application.pdf)

## Missouri Department of Higher Education Newsletter

The Journey to College Monthly Reminder, is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents. Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

### Sallie Mae Offers Scholarships

Did you know that November is National Scholarship Month? More than 3 million scholarships offering up to \$18 billion in free money are accessible with Scholarship Search by Sallie Mae. And not every scholarship is based on academic performance or financial need. There are thousands of scholarships offered no matter where your students' interests lie -- from music to community service, baking to martial arts, and much more.

Scholarship Search is just one of the many free tools in Sallie Mae's extensive suite of Plan for College resources designed to help students and their families plan and pay for college. This resource is also available to High School Counselors free of charge. You can obtain more information at [www.SallieMae.com/ScholarshipSearch](http://www.SallieMae.com/ScholarshipSearch) or by contacting Laura Steinbeck at [Laura.Steinbeck@SallieMae.com](mailto:Laura.Steinbeck@SallieMae.com).

### Apprenticeships

Did you know that a carpenter apprentice in the Kansas City area starts their program with a total salary package, including benefits, of \$17-21/hour and that a master carpenter can earn over \$45/hour? Apprentices in the trade professions are a viable career option for many students, including those seeking professional careers in the trade industry. For information:

Kansas City and western Missouri: [Apprenticeship Programs - Western Missouri](#)

St. Louis and eastern Missouri: [Apprenticeship Programs - Eastern Missouri](#)

### College Majors and Jobs

A good article entitled: "Where the jobs are: Hot prospects for college grads"

<http://www.usatoday.com/longform/money/2014/10/14/jobs-for-college-grads-by-metro/16046989/>

### Career in Insurance

MyPath provides a website for student who might be interested in an insurance related career. <http://fw.to/wKxEEfc> is the link to an informative article and <http://www.insuremypath.org/> is the actual website.

## RESPONSIVE SERVICES

### Updated Resources

The newly updated Responsive Services materials created by the Guidance Writing Team are posted at [DESE Responsive Services](#) and include:

- Collaboration and Consultation Guide
- Referral Process Guide
- School Wide Crisis Planning Guide
- Small Group Counseling

## **Bullying Guidelines - Special Education**

The U.S. Department of Education announces guidance on bullying of students with disabilities. [Federal Bullying Guidelines](#) Please see Administrative Memo CCR-14-015: <http://dese.mo.gov/administrative-memos>.

Questions regarding this guidance, as well as other issues relating to civil rights in Missouri schools can be directed to the U.S. Office for Civil Rights: <http://www2.ed.gov/about/offices/list/ocr/addresses.html>.

## **Staff Bullying Video**

A 12 minute video entitled "Bullying, Harassment, & Civil Rights" has been created for school staff and administrators by the federal government that addresses the legal requirements for schools and staff. <http://www.stopbullying.gov/videos/2014/02/civil-rights.html>

## **SYSTEM SUPPORT**

### **Readiness and Emergency Management for Schools**

The federal government provides comprehensive websites to help schools and organizations prepare for a wide array of emergencies from a comprehensive perspective, including mental health issues. The Readiness and Emergency Management for Schools (REMS) Technical Assistance Center provides information that will support your school administrators and leadership teams in developing effective plans which include the professional school counselor. Developing and implementing emergency plans are an administrative function. Counselors need to be informed, contribute and included.

- Readiness and Emergency Management for Schools Technical Assistance Center <http://rems.ed.gov/>
- Guide for Developing High-Quality School Emergency Operations Plans: At a Glance <http://rems.ed.gov/K12GuidefordevelHQSchool>

### **College and Career Consultants**

Your regional College and Career Consultant is a valuable resource to support you and your guidance and counseling program. See [College and Career Consultants](#).

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## **Conferences and Professional Development Opportunities**

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### **Building Bridges**

March 2-3, 2015 Location TBD

### **Meet the professionals who say, "I Build."**

**April 14, 2015**, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

## MSCA Spring Conference

February 27, Location Lodge of the Four Seasons

Get ready for a dynamic, new professional development experience at the 2015 MSCA Take Ten Conference! This one-day conference will provide the professional school counselor opportunity to walk away with at least 10 principles, techniques or ideas that you can take back to your school or office.

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## Interesting Insights

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### It's What Counselors Do!

Love and Logic references studies that estimate that between 70% and 90% of what we communicate we do without words through subtle nonverbal gestures. Research also reveals that children are experts at decoding those nonverbal cues. When delivering empathetic responses, the delivery is as important as your actual words! Avoid Sarcasm at all costs!

Love and Logic provides excellent information for teachers and parents, including an interesting list of nine things we can get rid of to begin *eliminating entitlement in our children*. See their material for more detail.

1. Guilt	4. Making our day-week-month, <i>our world</i> about our kids	7. Fixing their problems
2. Overspending	5. The desire to make our children happy (all the time)	8. Stuff (too much)
3. Birthday Party Goody Bags	6. Made Up Awards	9. Unrealistic Expectations

### Paraprosdokians

Winston Churchill loved these figures of speech in which the latter part of a sentence or phrase is surprising or unexpected, frequently humorous. You may have heard or experienced a few of these while counseling. Enjoy!

1. Where there's a will, I want to be in it.
2. The last thing I want to do is hurt you. But it's still on my list.
3. Since light travels faster than sound, some people appear bright until you hear them speak.
4. If I agreed with you, we'd both be wrong.
5. We never really grow up, we only learn how to act in public.
6. War does not determine who is right - only who is left.
7. I didn't say it was your fault, I said I was blaming you.
8. To be sure of hitting the target, shoot first and call whatever you hit the target.

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### **The Guidance and Counseling Services Staff:**

**Rene' Yoesel** - 573-751-0857 [Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

**Tom Schlimpert** - 573-751-6875 [Tom.schlimpert@dese.mo.gov](mailto:Tom.schlimpert@dese.mo.gov)

**Loree Curtman** - 573-751-4383 [Loree.Curtman@dese.mo.gov](mailto:Loree.Curtman@dese.mo.gov)

## **Announcements**

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### **Happy Holidays!**

As we continue to be thankful for all of the blessings we have personally and as a nation, we are mindful of the critical role that public education plays in developing our students and the future of our great country. Professional School Counselors have a critical role in that development!

It is with sincere admiration and appreciation that Rene, Lore'e, and Tom extend our holiday wishes to you and your family! May your remaining school days before the break be calm and uneventful and your vacation refreshing and enjoyable! We certainly appreciate you and all that you do!

### **Cool Video**

Stand Up 4 Public Schools Public Service Announcement with students from Blue Springs  
<https://www.youtube.com/watch?v=vfSGuKPxoXE>

### **New Guidance Digest Distribution System**

Thanks to the 1115 of you who have registered through this new system! Please share this information with any interested parties. To continue receiving the Guidance Digest **you MUST subscribe** to the new Guidance Listserv at <http://lists.mo.gov/mailman/listinfo/guidancelistserv> Follow the online directions. If you have any questions or concerns please contact Rene' Yoesel at [rene.yoesel@dese.mo.gov](mailto:rene.yoesel@dese.mo.gov)

# Program Components

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## CURRICULUM

### Guidance Curriculum

The newly updated K-12 guidance and counseling GLEs and curriculum provides unit and individual lesson plans for all three program components.

<http://dese.mo.gov/college-career-readiness/guidance-counseling/curriculum>

### Elementary and Middle School Resources

[What-every-school-can-learn-from-preschools](#) is a quick read article that addresses the need for social skill development at all levels. It includes a link to an anger management through social problem solving curriculum for upper elementary students called "Tools for Getting Along" and "Brainology" curriculum which teaches middle schoolers the basics of neuroscience and the connection to motivation.

## INDIVIDUAL STUDENT PLANNING

### Top Jobs

According to <http://jobs.mo.gov/> the careers in Missouri with the best outlook between 2010—2020 are:

1. Registered Nurse
2. Heavy and Tractor-Trailer Truck Drivers
3. Sales Representatives -Whole sale & Manufacturing
4. Carpenters
5. Accountants & Auditors

### Individual Student Planning Rubrics

To self-assess your current status, see the [Individual Student Planning Rubrics](#) for the elementary, middle, and high school that were presented at the Fall Guidance System of Support meetings.

### College and Career Readiness

High school curriculum recommended by the Missouri Coordinating Board for Higher Education:

English/ Language Arts - 4 units  
Social Studies - 3 units  
Mathematics - 4 units\*  
Science - 3 units  
Fine Arts - 1 unit  
Additional Coursework - 3 units  
Electives - 6 units\*\*

\*Although high schools require 3 units of mathematics, it is recommended students take a math class each year throughout high school. It is particularly important for students to take a mathematics course in grade 12.

\*\*At least two units of foreign language are highly recommended for college-bound students.

<http://dhe.mo.gov/CollegeAndCareerReadiness.php>

## Breaking Traditions

The Breaking Traditions Awards recognize students who are pursuing non-traditional careers. Materials, including program overview, application and scholarship information have been updated and posted to the DESE Guidance and Counseling website. [Breaking Traditions 2015](#). Contact your [College and Career Consultants](#) for more information and support. [Breaking Traditions 2014 Winners](#)

## STEM Resources

A comprehensive website with Pre-K -12 STEM resources <http://www.nsf.gov/nsb/sei/edTool/explore.html>

## High School Student-Volunteer Community Service Scholarship Awards

Eight scholarships totaling \$8,000 are available to 9-12 grade student-volunteers through the 2014-2015 High School Student-Volunteer Community Service Scholarship Awards initiative. This initiative is sponsored by the Missouri Community Service Commission (MCSC) with financial support from Monsanto Company. Program contact persons are Commissioner John Albright at (573) 207-0044 and Commissioner Cheryl Hibbeler at (636) 293-4988.

[Student-volunteer nomination package](#)

## Missouri Connections

Through your efforts, the use of Missouri Connections continues to grow! Please take advantage of this free, powerful career information and planning tool! For more information, contact Jackie Coleman at [jcoleman@motrainer.com](mailto:jcoleman@motrainer.com) or 573-634-0043 or Tom Schlimpert at [tom.schlimpert@dese.mo.gov](mailto:tom.schlimpert@dese.mo.gov) or 573-751-6875.

Data Point	2013/14	2012/13
Registered Sites	1954	1794
Total Log-ins	904,255	802,950
Total Accounts	574,378	480,000 (approximate)
New Portfolios Created	125,216	125,113
Career Cluster Inventory	91,848	94,405

## Military Career Information

Missouri Connections provides quality information about military career opportunities, including the O'Net Military Crosswalk Search that compares military and civilian occupations. Log in to Missouri Connections; Occupations; About the Military.

## Missouri Gaming Association 2015 Project 21 Scholarships

The Missouri Gaming Association is pleased to announce the 2015 Project 21 Scholarship Program. The Project 21 Scholarship Program provides students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. Two (2) \$1,500.00 first prize scholarships and Four (4) \$1,000.00 second prize scholarships will be awarded. The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2015**. For more information please contact [info@missouricasinos.org](mailto:info@missouricasinos.org) or click on this link to download the application – [http://www.missouricasinos.org/tinymce/jscripts/tiny\\_mce/plugins/filemanager/files/2015\\_Project\\_21\\_Application.pdf](http://www.missouricasinos.org/tinymce/jscripts/tiny_mce/plugins/filemanager/files/2015_Project_21_Application.pdf)

## Missouri Department of Higher Education Newsletter

The Journey to College [Monthly Reminder](#), is an electronic resource produced by the Missouri Department of Higher Education and is packed full of postsecondary tips directed toward Missouri's students and their parents. Subscribe to the Monthly Reminder at <http://dhe.mo.gov/ppc/reminders2.php>.

## Apprenticeships

Apprentices in the trade professions are a viable career option for many students, including those seeking professional careers in the trade industry. For information:

Kansas City and western Missouri: [Apprenticeship Programs - Western Missouri](#)

St. Louis and eastern Missouri: [Apprenticeship Programs - Eastern Missouri](#)

## RESPONSIVE SERVICES

### MPACT

MPACT is a statewide parent training and information center that serves parents of children with all disabilities. Their primary goal is to assist parents in their effort to effectively advocate for their children's educational rights and services. MPACT staff and volunteers are located throughout Missouri and work with public and private agencies, parent groups, professional organizations and advocacy groups to achieve that goal. [www.ptimpact.org](http://www.ptimpact.org)

### Updated Resources

The newly updated Responsive Services materials created by the Guidance Writing Team are posted at [DESE Responsive Services](#) and include:

- Collaboration and Consultation Guide
- Referral Process Guide
- School Wide Crisis Planning Guide
- Small Group Counseling

### Perspective

According to the National Education Policy Center, each year, more than 3.25 million K-12 students are suspended at least once. African American students are suspended three times more than white students. Nearly 28% of African American male middle school students are suspended each year, compared to 10% white and 16% Hispanic. The [Missouri School Counselor Standards, Indicators and Continuum](#) and the [ASCA Ethical Standards](#) clearly define expectations for us and provide talking points to remind all educators to be sensitive to the individual, understand and embrace our differences and work together to provide a safe and supportive learning environment for adults and students.

*Professional School Counselors are good role models and respectful leaders!*

### Bullying Resources

The Department provides the following Bullying link which includes the state law, federal guidelines and resources [DESE Bullying Resources](#).

**National Center for Victims of Crime** - Has a huge list of national hotline number and Coping with Trauma and Grief section <http://www.victimsofcrime.org/home>

### **Staff Bullying Video**

A 12 minute video entitled "Bullying, Harassment, & Civil Rights" has been created for school staff and administrators by the federal government that addresses the legal requirements for schools and staff. <http://www.stopbullying.gov/videos/2014/02/civil-rights.html>

### **Sobering Video**

Children See. Children Do <http://youtu.be/KHi2dxSf9hw>

## **SYSTEM SUPPORT**

### **College and Career Consultants**

Your regional College and Career Consultant is a valuable resource to support you and your guidance and counseling program. See [College and Career Consultants](#).

### **Professional Associations**

MSCA - Missouri School Counselors Association <http://moschoolcounselor.org/>

MACS - Missouri Association of Career Services - <http://macs.mo-acte.org/macs/>

MCAC- Missouri College Advising Corps - <http://mcac.missouri.edu/>

MCCA - Missouri Community College Association - <http://mccatoday.org/>

MCCE - Missouri Center for Career Education - <http://www.missouricareereducation.org/home.php>

MCCTA - Missouri Council of Career and Technical Administrators - <http://www.mccta.org/>

MACAC - Missouri Association of College Admission Counseling - <http://www.moacac.org/>

MoCDA - Missouri Career Development Association - <https://mo-cda.org/>

NCDA - National Career Development Association - [http://www.ncda.org/aws/NCDA/pt/sp/home\\_page](http://www.ncda.org/aws/NCDA/pt/sp/home_page)

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## **Conferences and Professional Development Opportunities**

### **Building Bridges**

March 2-3, 2015 Location TBD

### **Meet the professionals who say, "I Build."**

**April 14, 2015**, is the date for this year's iBuild Showcase at Bartle Hall in Kansas City. The iBuild Showcase is an annual exposition to bring students together for an opportunity to connect with industry professionals (engineers, architects, construction management and skilled trades), to participate in hands-on activities, and to learn how important math, science and other academic skills are to the construction industry. The National Institute for Construction Excellence sponsors iBuild and other events such as Seniors Day, Educators' Day, Middle School Crayons to CAD Project/Competition, and the High School CAD/Design Competition. For more information about these events, visit their website, <http://nice-kc.com/> and their Facebook page, nice-kc.

## MSCA Spring Conference

**February 27, Location Lodge of the Four Seasons**

Get ready for a dynamic, new professional development experience at the 2015 MSCA Take Ten Conference! This one-day conference will provide the professional school counselor opportunity to walk away with at least 10 principles, techniques or ideas that you can take back to your school or office.

## Interesting Insights

### The facts are on your side

You can't underestimate the importance of reading and math. A student not reading at his or her grade level by third grade is four times less likely to graduate high school on time – six times less likely for students from low-income families. (Annie B. Casey Foundation)

A 2012 study revealed that reading and math ability at age 7 was linked to quality of life a full 35 years later. Participants who had higher reading and math skills as children ended up having higher incomes, better housing and better jobs in adulthood.

(2012 University of Edinburgh study published in *Psychological Science*)

### Iceberg

Tim Elmore, noted author of *Habitudes*, uses the iceberg as a visual of personal leadership. The 10% of the iceberg that can be seen represents our words and actions while the 90% that cannot be seen represents our character that is sum total of our:

1. Self-discipline - The ability to do what's right even if you don't feel like it.
2. Core values - Principles you live by that enable you to take a moral stand.
3. Sense of Identity - A realistic self-image based on your gifts and personality.
4. Emotional Security - The capacity to be emotionally stable and consistent.

How do you and your fellow educators measure up as role models? How is your guidance and counseling program and school initiatives addressing these critical aspects of personal/social development for adults and students?

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