

# Missouri Comprehensive School Counseling Career Development Curriculum Index

## CD 7: Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals

Grade	Unit Title	# of Lessons and Lesson Titles	CD 7 Lesson GLEs
K	Developing Awareness of Work and Workers	1. These Are a Few of My Favorite and Not So Favorite Things To Do	CD.7.A.0K: Identify likes and dislikes at home and school.
		2. Name that Career Path	CD.7.B.0K: Identify workers in the school and in families related to the six (6) career paths CD.7.C.0K: Recognize that all work is important.
		3. Traveling the Career Paths (Part 1)	CD.7.B.0K: Identify workers in the school and in families related to the six (6) career paths.
		4. Traveling the Career Paths (Part 2)	CD.7.C.0K: Recognize that all work is important.
1 <sup>st</sup>	Work, Career Paths and Me!	1. Jobs I Like At Home and School	CD.7.A.01: Identify strengths and interests at home and school. CD.7.C.01: Explain the importance of jobs in the family and school.
		2. Career Paths In My Community	CD.7.B.01: Identify workers in the local community related to the six (6) career paths.
2 <sup>nd</sup>	Making Connections	1. Connecting the Dots: Activities/Interests to Careers	CD.7.A.02: Identify new activities and interests to explore.
		2. Connecting the Dots: Linking Academic Skills to the Career Paths	CD.7.B.02: Identify the academic skills necessary for workers in the six (6) career paths.
		3. Connecting the Dots: Workers and Their Importance	CD.7.C.02: Explain the importance of jobs and workers in the community.
3 <sup>rd</sup>	Targeting Careers	1. My School Goal (Part1)	CD.7.A.03: Identify and apply the steps to setting short-term and long-term, personal, and educational goals.

## Missouri Comprehensive School Counseling Career Development Curriculum Index

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		2. My School Goal (Part 2)	CD.7.A.03: Identify and apply the steps to setting short-term and long-term, personal, and educational goals.
		3. My School Goal (Part 3)	CD.7.A.03: Identify and apply the steps to setting short-term and long-term, personal, and educational goals.
		4. How Do They <i>DO</i> That?	CD.7.B.03: Compare and contrast the academic skills required of workers in the six career paths. CD.7.C.03: Recognize the contributions made by all workers to the school and community.
4 <sup>th</sup>	Finding My Place in the Community	1. Where Do I Fit?	CD.7.A.04: Compare interests and strengths with those of workers in the local community. CD.7.C.04: Recognize the contributions of all jobs to the community.
		2. Information, Please?	CD.7.B.04: Identify school and community resources available for exploration of the six career paths.
5 <sup>th</sup>	Finding My Place in the World	1. Where do I fit now? Have I Changed	CD.7.A.05: Compare interests and strengths with those of workers in the global community. CD.7.C.05: Describe the contributions of a variety of jobs in the community.
		2. Back in the “Old Days”	CD.7.B.05: Describe occupational changes that have occurred over time within the six career paths.
		3. How Times Have Changed	CD.7.B.05: Describe occupational changes that have occurred over time within the six career paths.

# Missouri Comprehensive School Counseling Career Development Curriculum Index

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6 <sup>th</sup>	Who I am As a Career?	1. Tootsie Roll, Tootsie Roll, Who Art Thou? (Part 1)	<p>CD.7.A.06: Use current interests, strengths and limitations to guide individual career exploration.</p> <p>CD.7.B.06: Recognize the career path concept as an organizer for exploring and preparing for careers now and in the future.</p> <p>CD.7.C.06: Recognize non-traditional work roles.</p> <p>CD.8.A.06: Evaluate career and educational information resources.</p> <p>CD.8.B.06: Compare the different types of post-secondary training and education as they relate to career choices.</p>
		2. Tootsie Roll, Tootsie Roll, Who Art Thou? (Part 2)	<p>CD.7.A.06: Use current interests, strengths and limitations to guide individual career exploration.</p> <p>CD.7.B.06: Recognize the career path concept as an organizer for exploring and preparing for careers now and in the future.</p> <p>CD.7.C.06: Recognize non-traditional work roles.</p> <p>CD.8.A.06: Evaluate career and educational information resources.</p> <p>CD.8.B.06: Compare the different types of post-secondary training and education as it relates to career choices.</p>
7 <sup>th</sup>	How Do the Pieces Fit?	1. If the Career Fits, Explore It! (Part 1)	<p>CD.7.A.07: Use current interests, strengths, and limitations to guide career exploration and educational planning.</p> <p>CD.7.B.07: Recognize occupations and careers as they relate to career paths, personal interests, and aptitudes.</p>

# Missouri Comprehensive School Counseling Career Development Curriculum Index

Grade	Unit Title	# of Lessons and Lesson Titles	CD 7 Lesson GLEs
		2. If the Career Fits, Explore It! (Part 2)	CD.7.A.07: Use current interests, strengths, and limitations to guide career exploration and educational planning. CD.7.B.07: Recognize occupations and careers as they relate to career paths and personal interests/aptitudes. CD.8.A.07: Utilize career and educational information to explore career paths of interest. CD.8.B.07: Utilize a variety of resources to obtain information about the levels of training and education required for various occupations.
		3. We Are All Pieces of the Puzzle	CD.7.C.07: Recognize the relevance of all work and workers and their existence in a global society.
8 <sup>th</sup>	How Does Who I Am, Relate to Planning for High School and Beyond?	1. Mapping It Out	CD.7.A.08: Develop an educational and career plan based on current interests, strengths, and limitations. CD.7.B.08: Identify and explore a variety of resources to aid in career exploration and planning now and in the future. CD.8.A.08: Compare personal interests with information about careers and education. CD.8.B.08: Identify the training and education required for occupations in career paths of interest. CD.9.A.08: Evaluate personal, ethical and work habit skills as they relate to achieving the student's educational career plan. CD.9.B.08: Utilize a portfolio of middle school/junior high school academic and work experience.

# Missouri Comprehensive School Counseling Career Development Curriculum Index

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		2. Putting It all Together: The Personal Plan of Study	<p>CD.7.A.08: Develop an educational and career plan based on current interests, strengths, and limitations.</p> <p>CD.7.B.08: Identify and explore a variety of resources to aid in career exploration and planning now and in the future.</p> <p>CD.8.A.08: Compare personal interests with information about careers and education.</p> <p>CD.8.B.08: Identify the training and education required for occupations in career paths of interest.</p> <p>CD.9.A.08: Evaluate personal, ethical and work habit skills as they relate to achieving the student’s educational career plan.</p>
9-12	Lifelong Learning and Goal Setting (Unit 1)	1. 9 <sup>th</sup> Revisiting the Personal Plan of Study and Post HS Requirements	<p>CD.7.A.09: Compare current strengths and limitations with the individual’s career and educational plan and adjust the plan as necessary.</p> <p>CD.8.B.09: Identify the entrance requirements and application procedures for post-secondary options</p>
		2. 10 <sup>th</sup> Revisiting the Personal Plan of Study: Using the “Occupational Trial Plan”	<p>CD.7.A.10: Revisit current career and educational plan as it relates to evolving and/or new interests, strengths and limitations.</p> <p>CD.8.B.10: Apply knowledge of self to make informed decisions about post-secondary options.</p>

# Missouri Comprehensive School Counseling Career Development Curriculum Index

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		3. 11 <sup>th</sup> Does My Career Fit Me?(Venn Diagram)	CD.7.A.11: Analyze the education, training, and personal characteristics needed to achieve current life career goals and compare those characteristics with one's own characteristics.
		4. 11 <sup>th</sup> Get Set For College	CD.8.B.11: Apply research skills to obtain information on training and education requirements for post-secondary choices.
		5. Post-Secondary Checklist	CD.7.A.12: Utilize knowledge of the world of work; personal interest; and strengths and limitation to develop short- and long- term post-secondary plans. (DOK Level 4) CD.8.B. 12: Know and understand the levels of training and education required for life and career goals.
9-12	Navigating Through the World of Work (Unit 2)	1. 9 <sup>th</sup> Career Interest Inventory	CD.7.B.09: Recognize the sixteen (16) career clusters within the six (6) career paths as a more specific organizer for exploring and preparing for careers now and in the future. CD.8.A.09: Integrate career and educational information with knowledge of self and career clusters to identify occupations of interest.
		2. 10 <sup>th</sup> Investigating Career Resources	CD.7.B.10: Evaluate a variety of resources to aid in career exploration and planning now and in the future. CD.8.A.10: Analyze career and educational information to identify the most relevant resources for specific career options.

# Missouri Comprehensive School Counseling Career Development Curriculum Index

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		3. 11 <sup>th</sup> Job Shadowing	CD.7.B.11: Utilize a variety of resources to aid in career exploration and planning. CD.8.A.11: Synthesize information gathered from a variety of sources.
		4. 12 <sup>th</sup> What Do They Do?	CD.7.B.12: Utilize knowledge of career exploration and planning to adapt to new career and educational opportunities as the world of work and technology changes. CD.8.A.12: Utilize career and educational information in career decision-making.
9-12	Respecting All Work (Unit 3)	1. 9 <sup>th</sup> How I Relate to Others	CD.7.C.09: Analyze and evaluate school and community contributions as they relate to one's career and educational plan.
		2. 10 <sup>th</sup> Past, Present, and Future	CD.7.C.10: Analyze and evaluate school and community contributions as they relate to life career goals.
		3. 11 <sup>th</sup> Peer Review of My School and Community Activities	CD.7.C.11: Identify the value of personal contributions to the world of work as a result of one's career choices.
		4. 12 <sup>th</sup> Who Does What?	CD.7.C.12: Respect all work as important, valuable, and necessary in maintaining a global society.