

**Missouri Comprehensive Guidance and Counseling Program
Conceptual Category: PS Personal and Social Development
Grade Level Standards (GLS) Grades K-2**

Depth of Knowledge – DOK Level I: Recall Level II: Skill/Concept Level III: Strategic Thinking Level IV: Extended Thinking
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Domain 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities			
Cluster	GLS – Grade K	GLS – Grade 1	GLS – Grade 2
A. Self-Concept	a. Identify basic feelings. DOK: Level 1	a. Identify a variety of feelings. DOK: Level 1	a. Express a variety of feelings. DOK: Level 2
B. Balancing Life Roles	a. Identify personal roles in the family. DOK: Level 1	a. Identify personal roles in the school. DOK: Level 1	a.. Identify personal roles in the community. DOK: Level 1
C. Being a Contributing Member of a Diverse Global Community	a. Identify character traits needed for different situations. DOK: Level 1	a. Recognizing personal character traits. DOK: Level 1	a. Compare and contrast character traits needed for different situations. DOK: Level 3
Domain 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences			
A. Quality relationships	a. Demonstrate how to be a friend. DOK: Level 2	a. Demonstrate the ability to be a friend. DOK: Level 2	a. Identify and demonstrate the interpersonal skills needed to make and keep a friend. DOK: Level 4
B. Respect for Self and Others	a. Identify similarities and differences between self and others. DOK: Level 2	a. Identify similarities and differences among students within the school community. DOK: Level 2	a. Identify similarities and differences among families and their traditions. DOK: Level 2
C. Personal Responsibility in Relationships	a. Identify feelings of others. DOK: Level 1	a. Express feelings effectively, both verbally and non-verbally. DOK: Level 2	a. Identify the steps of solving problems and conflicts with others. DOK: Level 1
Domain 3: PS 3 Applying Personal Safety Skills and Coping Strategies			
A. Safe and Healthy Choices	a. Identify safe and healthy choices at home and school. DOK: Level 1	a. Identify steps of problem solving and decision making for personal safety. DOK: Level 1	a. Practice the steps of problem solving and decision making for personal safety. DOK: Level 3
B. Personal Safety of Self and Others	a. Identify safe/unsafe situations. DOK: Level 1	a. Identify personal safety strategies. DOK: Level 1	a. Apply personal safety strategies as they relate to different situations. DOK: Level 4
C. Coping Skills	a. Identify different life changes or events. DOK: Level 1	a. Recognize the effects of life changes or events related to self. DOK: Level 1	a. Recognize the effects of life changes or events related to self and others. DOK: Level 1

Missouri Comprehensive Guidance and Counseling Program
Conceptual Category: PS Personal and Social Development
Grade Level Standards (GLS) Grades 3-5

Depth of Knowledge – DOK Level I: Recall Level II: Skill/Concept Level III: Strategic Thinking Level IV: Extended Thinking
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Domain 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities			
Cluster	GLS – Grade 3	GLS – Grade 4	GLS – Grade 5
A. Self-Concept	a. Identify positive characteristics and areas for personal growth. DOK: Level 1	a. Recognize positive self-talk and communicate personal thoughts and feelings. DOK: Level 1	a. Demonstrate the personal characteristics to maintain a positive self-concept. DOK: Level 2
B. Balancing Life Roles	a. Reflect on personal roles at home and at school and identify responsibilities. DOK: Level 2	a. Reflect on personal roles in the community and identify responsibilities as a community member. DOK: Level 2	a. Develop strategies to balance family, school, and community roles. DOK: Level 3
C. Being a Contributing Member of a Diverse Global Community	a. Identify the personal characteristics needed to contribute to the classroom. DOK: Level 1	a. Identify the personal characteristics that contribute to the school community. DOK: Level 1	a. Demonstrate personal characteristics of a contributing member of the school community. DOK: Level 2
Domain 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences			
A. Quality relationships	a. Identify the interpersonal skills necessary to build quality relationships. DOK: Level 2	a. Demonstrate respect for others' personal opinions and ideas. DOK: Level 2	a. Exhibit mutual respect and compromise in relationships. DOK: Level 4
B. Respect for Self and Others	a. Recognize and respect the differences between personal culture and other cultures. DOK: Level 2	a. Recognize and respect diverse groups within the school and community. DOK: Level 2	a. Demonstrate respect for individuals within diverse groups. DOK: Level 3
C. Personal Responsibility in Relationships	a. Apply the steps of solving problems and conflicts with others. DOK: Level 3	a. Identify and practice the skills used to compromise in a variety of situations. DOK: Level 3	a. Review and implement strategies to resolve problems and conflicts successfully. DOK: Level 4
Domain 3: PS 3 Applying Personal Safety Skills and Coping Strategies			
A. Safe and Healthy Choices	a. Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy life choices at school. DOK: Level 4	a. Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy choices in various life situations. DOK: Level 4	a. Evaluate peer influence on problem-solving and decision-making skills. DOK: Level 4
B. Personal Safety of Self and Others	a. Identify issues that impact personal safety. DOK: Level 1	a. Describe different types of violence and harassment, and identify strategies for intervention. DOK: Level 3	a. Apply personal safety strategies as they relate to violence and harassment. DOK: Level 4
C. Coping Skills	a. Identify coping skills for managing life changes or events. DOK: Level 1	a. Utilize coping skills for managing life changes or events. DOK: Level 3	a. Evaluate various coping skills for managing life changes or events. DOK: Level 4

Missouri Comprehensive Guidance and Counseling Program
Conceptual Category: PS Personal and Social Development
Grade Level Standards (GLS) Grades 6-8

Depth of Knowledge – DOK Level I: Recall Level II: Skill/Concept Level III: Strategic Thinking Level IV: Extended Thinking
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Domain 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities			
Cluster	GLS – Grade 6	GLS – Grade 7	GLS – Grade 8
A. Self-Concept	a. Identify individual strengths and areas for personal growth and good citizenship. DOK: Level 2	a. Demonstrate understanding of individual strengths and personal challenges and how they relate to a positive self-concept. DOK: Level 2	a. Identify thoughts and feelings and how they relate to self-concept. DOK: Level 2
B. Balancing Life Roles	a. Identify and develop personal planning strategies to manage individual, family, and school responsibilities. DOK: Level 3	a. Apply personal planning strategies to balance individual, family, and school responsibilities. DOK: Level 4	a. Recognize the different roles and responsibilities people play in the family, school, and community, and how those roles and responsibilities are interrelated. DOK: Level 4
C. Being a Contributing Member of a Diverse Global Community	a. Demonstrate skills needed to participate in team building. DOK: Level 2	a. Identify and practice ways to be a contributing group member. DOK: Level 2	a. Recognize personal ways for the individual to contribute as a member of the school community. DOK: Level 1
Domain 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences			
A. Quality relationships	a. Identify interpersonal skills needed to maintain quality relationships. DOK: Level 1	a. Practice effective interpersonal skills in a variety of social situations. DOK: Level 3	a. Self-assess interpersonal skills that will help maintain quality relationships. DOK: Level 3
B. Respect for Self and Others	a. Identify and develop strategies to promote acceptance and respect in the school and community. DOK: Level 3	a. Promote acceptance and respect for individual differences. DOK: Level 4	a. Apply strategies that promote acceptance and respect of others within the global community. DOK: Level 4
C. Personal Responsibility in Relationships	a. Apply problem-solving and conflict-resolution skills to new challenges. DOK: Level 4	a. Practice problem-solving and conflict-resolution skills. DOK: Level 2	a. Exhibit an awareness of personal responsibility in conflict situations. DOK: Level 2
Domain 3: PS 3 Applying Personal Safety Skills and Coping Strategies			
A. Safe and Healthy Choices	a. Identify problem-solving, decision-making, and refusal skills needed to make safe/healthy choices in social situations. DOK: Level 2	a. Utilize effective problem-solving, decision-making and refusal skills needed to make safe/healthy choices in social situations. DOK: Level 4	a. Recognize peer influence on risk-taking behaviors and consequences. DOK: Level 2
B. Personal Safety of Self and Others	a. Identify behaviors that compromise personal safety of self and others. DOK: Level 2	a. Develop strategies to maintain personal safety. DOK: Level 3	a. Apply strategies related to personal safety issues. DOK: Level 4
C. Coping Skills	a. Review and revise strategies to cope with life-changing events. DOK: Level 3	a. Apply coping skills to manage life-changing events. DOK: Level 4	a. Evaluate coping skills to manage life-changing events. DOK: Level 4

Missouri Comprehensive Guidance and Counseling Program
Conceptual Category: PS Personal and Social Development
Grade Level Standards (GLS) Grades 9-12

Depth of Knowledge – DOK
 Level I: Recall
 Level II: Skill/Concept
 Level III: Strategic Thinking
 Level IV: Extended Thinking

Domain 1: PS 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities				
Cluster	GLS – Grade 9	GLS – Grade 10	GLS – Grade 11	GLS-Grade 12
A. Self-Concept	a. Develop skills needed to maintain a positive self-concept. DOK: Level 2	a. Implement skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	a. Practice and modify the skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	a. Utilize the skills necessary to exhibit and maintain a life-long positive self-concept. DOK: Level 4
B. Balancing Life Roles	a. Recognize increased roles and responsibilities of the individual student within the family, school, and local community. DOK: Level 2	a. Prioritize roles and responsibilities and implement strategies in order to balance family, school, work, and local communities. DOK: Level 3	a. Identify and utilize resources to help balance family, school, work, and local community roles. DOK: Level 3	a. Exhibit the ability to balance personal, family, school, community, and work roles. DOK: Level 4
C. Being a Contributing Member of a Diverse Global Community	a. Identify activities the individual student might participate in to become a contributing member of a school community. DOK: Level 2	a. Identify and participate in activities that help the individual student become a contributing member of a global community. DOK: Level 3	a. Build upon activities and experiences that help the individual student become a contributing member of a global community. DOK: Level 3	a. Exhibit the personal characteristics of a contributing member of a diverse community. DOK: Level 4
Domain 2: PS 2 Interacting With Others in Ways That Respect Individual and Group Differences				
A. Quality Relationships	a. Demonstrate the ability to use interpersonal skills needed to maintain quality relationships. DOK: Level 2	a. Practice interpersonal skills in order to help maintain quality relationships. DOK: Level 3	a. Apply interpersonal skills needed to maintain quality relationships. DOK: Level 3	a. Exhibit the interpersonal skills to maintain quality relationships. DOK: Level 4
B. Respect for Self and Others	a. Explore cultural identity and world views within the community. DOK: Level 2	a. Promote acceptance and respect for cultural differences within the global community. DOK: Level 3	a. Exhibit respect for different cultures and points of view. DOK: Level 4	a. Advocate respect for individuals and groups. DOK: Level 4
C. Personal Responsibility in Relationships	a. Identify personal responsibility in conflict situations, while continuing to apply problem-solving and conflict-resolution skills. DOK: Level 3	a. Self-assess personal problem-solving and conflict-resolution skills to enhance relationships with others. DOK: Level 3	a. Accept personal responsibility in conflict situations. DOK: Level 4	a. Utilize and accept personal responsibility in relationships with others. DOK: Level 4
Domain 3: PS 3 Applying Personal Safety Skills and Coping Strategies				
A. Safe and Healthy Choices	a. Identify problem-solving, decision-making, and refusal skills needed to make safe and healthy life choices. DOK: Level 2	a. Utilize decision-making skills to evaluate risk-taking behavior. DOK: Level 3	a. Analyze the impact of personal decisions on the safety and health of self and others. DOK: Level 4	a. Utilize decision-making skills to make safe and healthy life choices. DOK: Level 4
B. Personal Safety of Self and Others	a. Identify and utilize resources available that address personal safety issues. DOK: Level 2	a. Evaluate and review resources that address personal safety issues. DOK: Level 3	a. Demonstrate skills that reinforce a safe environment for all students. DOK: Level 4	a. Advocate for the personal safety of self and others. DOK: Level 4
C. Coping Skills	a. Identify resources that can help manage life changes or events. DOK: Level 2	a. Analyze and refine individual coping skills to manage life-changing events. DOK: Level 3	a. Apply individual coping skills to manage life-changing events. DOK: Level 3	a. Exhibit coping skills to manage life-changing events. DOK: Level 4

