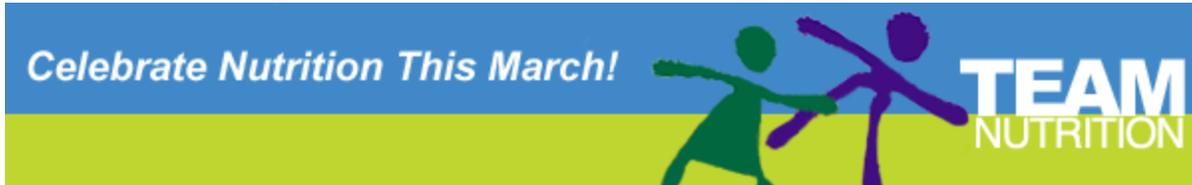


DATE: February 27, 2014
FROM: DESE School Food Services

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Free School Resources from Team Nutrition

Posters:

- **Make Half Your Plate Fruits and Vegetables Poster**
- **Dig In! Six Poster Set**
- **Eat Smart to Play Hard With MyPlate Large Poster**

Lessons:

- **Serving Up MyPlate: A Yummy Curriculum (Grades 1-6)**
- **Nutrition Voyage: The Quest To Be Our Best (Grades 7-8)**

Videos:

- **Healthier Middle Schools: Everyone Can Help**

Become a Team Nutrition School!

It's free and signing up is easy at <http://www.fns.usda.gov/tn/join-team>.

Ordering Information:

Schools participating in the Federal Child Nutrition programs may request free print copies* of Team Nutrition materials at: <http://tn.ntis.gov/>.

*while supplies last.



<http://teamnutrition.usda.gov>

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