

The NEWS in Family and Consumer Sciences

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NEWSLETTER

From the Director

Cynthia Arendt, Ph.D.

Director, Family Consumer Sciences and Human Services



It has been a very busy fall and winter at the Department. I am sure each of you can say the same at the district level. One of the projects has been to develop model curriculum based on the National Family and Consumer Sciences Standards. We ambitiously started a year ago with a goal of developing model units for five (5) different courses. This has proved to be a challenge, not to mention the fact the Human Development course is completely new for Missouri. The other courses being worked on are Child Development I, Child Development II, Early Childhood Professions and Family and Individual Health. What will be up on the website before the end of June will not be a full curriculum. There will be a minimum of two units developed as models for each of these courses.

We also began the process this fall of developing a new course, "Introduction to Hospitality and Tourism Careers". Since we will no longer have the expert services of MCCE after June 30, 2013, we are trying to complete as much curriculum work as possible. The goal is to have the current units under development posted to the DESE website no later than June 1, 2013.

The final product will NOT be a completed curriculum; it will be two model units only for each of the courses. These model units are to serve as examples for teachers to use when developing curriculum at the district level. Hopefully there will be funding made available in the future to develop additional model units.

The selection of model units for Human Development, Child Development I, Child Development II, Early Childhood Professions courses was based on a sequence of courses leading to a career. Looking to the future, Family and Consumer Sciences programs need to continue to move toward programs of study that provide students with a career path. Programs need to guide students to an industry recognized certificate.

As you are aware, for the past several years, students completing three (3) courses in a sequence are program completers and must take a Technical Skills Assessment (TSA). This continues to be one of the accountability measures for Perkins. All predictions are that when Perkins is reauthorized, which hopefully will be this year, programs will need to lead to an industry recognized certificate. Many Family and Consumer Sciences courses should be a part of the foundation for a career path.

Questions have arisen over the use of TSAs for Perkins accountability and Industry Recognized Certifications (IRCs) a new MSIP measure. The interchangeable use of the terms TSA and IRC has caused confusion. The Administrative Memo that went out from the Department on January 8, 2013, can be found at <http://www.dese.mo.gov/am/ccr/documents/CCR-13-001.pdf>. A key sentence in the memo is Missouri is moving toward the approval only of those Technical Skills Attainment (TSA) assessments that result in an industry-recognized certificate or credential (IRC). The revised Technical Skills Attainment assessment list to be used for MSIP 5 may be found at <http://dese.mo.gov/divcareered/documents/ccr-msip5-tsa-list.pdf>



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A newsletter for family consumer and human services educators, published three times during the school year by the Missouri Department of Elementary and Secondary Education.



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From the Director—*continued*

The message seems clear; districts offering career education will need to consider building programs that offer a sequence of courses leading to a credential/ career. The cafeteria approach will no longer be viewed as a viable career education program. If you read the ACTE journal, Techniques, attend national meetings such as ACTE, or explore websites for other states; you know that many states are moving in the same direction. Our staff will continue to focus on the development of career pathways or programs of study for Family and Consumer Sciences programs.

I have stuck to one theme in my message- districts need to evaluate their FCS programs course offerings in light of programs of study developed around careers and certifications. You will need to make students and parents aware of the potential of these programs. The climate and direction of programs is changing. We must figure out how to be a part of the change.

Good Bye to Jamie Iler

On December 14, 2012 we said good bye to Administrative Assistant, Jamie Iler. Many of you know Jamie as the person who helped you with FCCLA affiliation, registering for STAR Events and being that helpful person at Fall Leadership Conference. Jamie joined the Family and Consumer Sciences staff July 16, 2007. Fortunately, she took a position with another state agency that has office space in our building. We wish her the very best in her new position.



Meet the New Assistant

Say hello to Chrissy Bashore our new Administrative Assistant.

Chrissy joined the staff January 9, 2013. She comes to us with over eight years of experience in office management and customer service. Chrissy has a Bachelor's degree in Human Services which makes for a great fit with our content. She and husband Troy, have 3 children, 2 sons and a daughter.

Thank You

A big thank you goes to staff member, Merilee Thoenen, for taking on the temporary role of assistant and trainer. Merilee took a crash course in the FCCLA data base and filled in until a new assistant could be hired and trained. She was instrumental in getting all of the FCCLA affiliations done in time for the districts to participate in STAR Events and run students for regional and state officers. Thank you, Merilee.

Another thank you goes to Leone Herring for posting the web page, calendar, FCCLA updates and other information we needed to share. Again, these are duties that had to get done during the time we were without an assistant. She too, took on other duties until the arrival of Chrissy. It is good to be back to full staff so we can try to continue to meet the needs of teachers and students.

Use Technical Skill Assessment Data to Make Program Decisions

By Cynthia K. Arendt, Ph.D., Director, Family and Consumer Sciences

The use of data to evaluate the effectiveness of programs continues to be the wave of the future. Programs that do not have data available to use for continuous program improvement are at high risk of being closed. As district budgets grow smaller and smaller and administrators look to balance them, all elective programs are at risk.

Another factor putting FCS programs at risk is the new process standards for MSIP V. There is no longer the requirement that four out of seven career education programs be offered in a district. The process guide states that districts need to offer a CTE credit and agriculture education is given as the example. It pays to advocate and agriculture teachers have done that.

Back to the quest for data to prove program worth and assist with program improvement. The results of the TSAs taken by students completing a sequence of three credits in a program of study can prove to be a valuable piece of data. How are your students doing on these assessments? Can you show continuous improvement in student TSA scores over the last 3-4 years? Another piece of program data is the increase or decrease of student enrollment in the program. Is the enrollment trend going up or down? Participation of students in FCCLA and the performance events such as STAR Events is another measure. How many students go beyond the regional and state level of competition? Having information as to how many students continue their education in an area related to the Family and Consumer Sciences is another element to be examined.

Most of the approved technical skill assessments for Family and Consumer Sciences come from the American Association of Family and Consumer Sciences (AAFCS). The data given back to the district is a very useful tool for curriculum development and revision. For example, the culinary arts assessment covers seven (7) domains. The district will get information as to how well individual students did on each domain as well as how they did in comparison to the national cut off score. This allows the teacher to make adjustments to the curriculum by examining the areas in which the majority of students received low scores. The assessments are based on the National Standards for Family and Consumer Sciences and the National Career Clusters. Students in programs using these standards for curriculum development should do well on TSAs.

I continue to get calls from teachers wondering what a TSA is and where do they get information about TSAs? This always surprises me. I have been writing about it for the past four years and we have had several workshops at summer conference focusing on TSAs. Lori Myers, from AAFCS, gave a half day session on TSAs at the 2011 summer conference.

Accountability and the use of data as a part of that will continue to in the forefront as we move toward the Top 10 X 20 not only at the Missouri Department of Elementary and Secondary Education but at the national level. For more details about Top 10X 20 see <http://www.dese.mo.gov/top10by20/>.



Marketing Your Program: A Check Up

By Cynthia K. Arendt, Ph.D., Director, Family and Consumer Sciences

If you attended Gayla Randel's session last summer, Science, Technology, Engineering, and Math: The Family and Consumer Sciences Connection, you heard her describe how FCS education is connected to the STEM areas. She also asked each of the attendees to write on a card to what they would do to promote FCS and in particular show others how the content links to STEM. She gave everyone time line choices of 7 days a week, 2 weeks, 1 month and one year.

We would love for you all to share what you have done or plan to do to promote STEM in FCS stressing how the content areas takes from many different areas to solve problems families and individuals face every day. Our programs are always on display, so make them say something you want heard.



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Missouri ProStart WELCOMES a New State Coordinator

By Leone Herring

Supervisor, Family Consumer Sciences and Human Services



We are very pleased to announce that **Phil Dreshfield** has become the State ProStart Coordinator for Missouri.



After receiving an MBA in Marketing from the Daniels College of Business at the University of Denver, Phil's professional career was launched by accepting a position as a market development manager with *Vie de France*, a company that was paramount in introducing the bakery/café concept to the American mainstream.



Over the next three decades the path would take him from entrepreneur to culinarian, from food sales and marketing to education. In 2012, after spending three years teaching Culinary Arts at Southeast Missouri State University, Phil accepted a position with the Missouri Restaurant Association. Today, as Missouri's ProStart Coordinator, Chef Phil oversees one of the largest and most active ProStart programs in the country. Phil is also a Chef member of the Research Chefs Association.

2013 Missouri ProStart Culinary and Management Competition Winners

By Phil Dreshfield, Missouri ProStart Coordinator



On Friday, February 15, 2013, Missouri ProStart hosted more than 200 exemplary high school students who made up 28 culinary teams and 8 management teams to compete in the annual statewide competition held at East Central College in Union, Missouri. ProStart is a national culinary and hospitality management program for high school students that combines classroom time with hands-on hospitality industry experience. More than 5,700 students attending one of 100 participating high schools across the state make the Missouri ProStart Program the third largest in the nation. Students, educators, mentors and coaches prepare throughout the year for this statewide contest in hopes of moving on to the National ProStart Invitational competition in April.

The annual statewide competitions jointly sponsored by the Missouri Restaurant Association and the Office of College and Career Readiness, Family Consumer Sciences and Human Services Section within the Missouri Department of Elementary and Secondary Education. The competition consists of challenging

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Glendale High School, Springfield—Kyndal Bockelman, Instructor. Team Members-Azrielle Navarrette, Victoria Richardson, Madison Saxton, Chris Stewart.



Lake Career and Technical Center, Camdenton—Jacqueline Wilson, Instructor. Team Members—Phalen Huntsman, Hallie Riley, Wayne Johnson, Ryan Reitmayr, Brittany Byler

events where teams of student chefs prepare meals demonstrating their high-level culinary skills comparable to those of professional chefs. Students participating in the management portion of the competition are required to design a restaurant from the ground up including restaurant design, recipe costing, menu pricing and design, staffing and marketing.

As a gold sponsor at the competition this year, the Missouri Beef Industry Council provides these high school culinary and management students along with those students in Family and Consumer Science (FACS) classes the opportunity to experience cooking with beef.

This year's competition was judged by certified executive chefs from across the state as well as Culinary Arts and Hospitality Management professors from the top university and college programs in Missouri. Gold medals were given to all participating students to celebrate the time and effort put forth in participating in this rigorous competition. Trophies were awarded by the Missouri Restaurant Association for first, second and third place in both categories.

The first place team in the culinary competition was Glendale High School from Springfield, Mo., and the first place team in the management competition was Mark Twain High School from Center, Mo. Both teams will be traveling to the ProStart National Invitational in Baltimore, Md., on April 19, 2013.



Mark Twain High School, Center – Linda Stinson, Instructor. Team Members-Kylie Spinner and Jill Alexander.



School of the Osage, Osage Beach—Parrie Bayles, Instructor. Team Members-Elizabeth Cooper, Savannah Jeffries, Emily Dwyer-Hayes

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MoACTE Legislative Day

By Gayla Westergaard, Missouri FCCLA State Advisor

MoACTE Career and Technical Student Organization (CTSO) Legislative Day • State Capitol • Jefferson City • Feb. 13, 2013. The annual event is sponsored by the Missouri Association for Career and Technical Education.



Attending the proclamation signing announcing February as Career and Technical Education Month were (left to right): **Shelby Bush**, Missouri FCCLA Vice President of Occupational Membership, Grand River Tech School; **Hannah Thieme**, Missouri FCCLA State President, Chillicothe High School; and **Kristi Christy**, Family Consumer Sciences Teacher and Chapter Advisor, Chillicothe FCCLA.



Two Missouri Family, Career and Community Leaders of America (FCCLA) state officers visited with **Sen. David Pearce** (District 21) at the State Capitol while attending the MoACTE Legislative Day. Left to right: **Shelby Bush**, Missouri FCCLA Vice President of Occupational Membership, Grand River Tech School, Chillicothe; **Sen. Pearce**; and **Hannah Thieme**, Missouri FCCLA State President, Chillicothe High School. (DESE photos)



From left to right: Rep. Shawn Rhoads, District 154, West Plains, Mo. Ruby Collins, FCS teacher and FCCLA Advisor, West Plains High School and her students, Cecilia Lundry, Samantha Rhoads, Lacey Graham, Casey Buehler, Morgan Light, Mikayla Lambe, and Ann Marie Morrison.

Karen Mason, FCS Teacher and ACTE President, East Newton High School, and Jayla Smith, Tri-County R-7, Jamesport, speak up for career education.



Missouri FCCLA State Leadership Conference

The 2013 State Leadership Conference is scheduled for April 7-9, at the Holiday Inn Executive Center in Columbia. The conference theme is "Mission Possible." Dr. Adolph Brown III, the "World's Greatest Edu-tainer" is keynote speaker. His presentation is titled, "The Role of Character in Success."

Visit: <http://www.docspeaks.com/>



The National Leadership Conference will be held in Nashville, Tennessee – July 7-11, 2013.

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Student Leaders Job Shadow Lawmakers and State Officials

*By Gayla Westergaard
Missouri FCCLA State Advisor*



Sixty FCCLA Missouri students were selected to attend the 13th annual Legislative Shadowing project held February 19-20. Sponsored by Missouri FCCLA, the Legislative Shadowing Project provides an opportunity for junior and senior high school students to spend a day with their state representative, senator or other public official in Jefferson City. The students observe hearings, meetings and other public duties.

The Legislative Shadowing Project is conducted by the Missouri Family, Career and Community Leaders of America, the Career and Technical Student Organization (CTSO) for family consumer sciences education. The Missouri Bar sponsored of a dinner banquet for participants on Tuesday, Feb. 19.

For many of the students, the event was their first visit to the Capital City. Shadowing allows students to connect their interests in law, public service, civic issues and the political process with their education. By the end of the day, students have developed a better understanding of the political process and its impact on citizens.

FCCLA attempts to match students with officials from their local school districts wherever possible. The students prepare for the event by becoming familiar with their official's responsibilities and current issues. If matched with a legislator, the student becomes knowledgeable about the bills introduced and committees on which the legislator serves.

The students and their advisors gather at the end of the day to debrief and evaluate the day's events. Upon return to school, they will prepare summary reports and presentations on their experience to share with their fellow students, school board and community groups.

FCCLA is a nonprofit student organization for young men and women, grades 6-12, in family and consumer sciences education. Missouri FCCLA has more than 11,500 members in 353 local chapters, making it the fifth-largest FCCLA state association in the nation.

FCCLA is the only in-school student organization with the family as its central focus. Participation in FCCLA national programs and chapter activities helps members become strong leaders. Chapter projects focus on a variety of youth concerns, including teen pregnancy, family relationships, substance abuse, peer pressure, financial literacy, nutrition and fitness, teen violence and career exploration.



The 13th annual FCCLA Legislative Shadowing project was held Feb. 19-20 in Jefferson City. The Missouri Bar sponsored the banquet and keynote speaker. (Left to right): Gayla Westergaard, state advisor; Mrs. Chanekka S. Buckingham, keynote speaker; Millie Aulbur, director of Citizenship Education, The Missouri Bar; and Marcia Ritter, project coordinator.

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Missouri Educators of Family and Consumer Sciences (MoEFACS) Summer Conference

COMING SOON—July 22-25, 2013

Howard Johnson's Convention Center, Springfield, MO

Come Join the Fun! Information in Spring Newsletter



Resources

Looking for a good resource on insurance? The Missouri Insurance Education Foundation has released the popular CD-ROM “How We All Benefit from Insurance” to a web-based resource. This resource promotes insurance education while improving the understanding and perception of insurance. To review it visit

<http://www.mief.org/> .

State Advisors Meeting

Staff member, Gayla Westergaard, recently attended the National FCCLA State Advisers Management Meeting in Nashville, Tenn., held Jan. 15-18. The annual SAM meeting provides state advisors the opportunity to focus on organizational goals and strategies to move FCCLA forward, meet and work with national staff members, and gain information about the 2013 National Leadership Conference site. The meeting featured updates on competitive events, marketing and membership, national sponsorships and sharing of best practices among state advisers. The meeting was held at the Gaylord Opryland Hotel, which is the location of the National Leadership Conference in July. Nashville is known worldwide as “Music City, USA,” and the theme of the national FCCLA meeting is “Discover Your Voice.”

Gayla has been busy this winter with the regional STAR Events mailing, entering Legislative Shadowing students and legislators into the database, planning the state conference and posting FCCLA web pages, including state conference materials.

In Memory

By Cynthia K. Arendt, Ph.D.

Missouri Family and Consumer Sciences teachers mourn the passing of Dr. Frances Shipley. Dr. Shipley, who passed away on November 9, 2012, was known throughout Missouri, as well as, nationally for her leadership and commitment to the field. She joined the Vocational Home Economics faculty at Northwest Missouri State in 1968. Devoted to Northwest and her profession, she spent forty years there serving in many different roles. She for Department Chair for thirty years, Graduate Dean for twenty years, Interim Dean of the College of Arts and Sciences and Interim Vice President for Academic Affairs (Provost). Upon her retirement, she met and married Larry Groff in 2006. Unfortunately, their time together was cut way too short.

Needless to say, Dr. Shipley picked up many awards throughout her life but I am told the one she was most proud of was the Life Time Achievement Award from the Missouri Educators of Family and Consumer Sciences (MoEFACS). This award was presented to her in the summer of 2012.

On a personal note, I first became acquainted with Dr. Shipley when we both entered the Ph.D. program at the University of Missouri. I had great respect for her then and that respect continued to grow as we had many opportunities to work together over the years due to our positions. I never hesitated to call her for advice and she did not hesitate to call and give me advice. Like many others in the state and her former students wherever they are, I miss her and her wisdom. She was a great lady and epitome of professionalism

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2013 MISSOURI LIFESMARTS



From: Merilee Thoenen

Supervisor, Family Consumer Sciences and Human Services

Missouri [LifeSmarts](#) has had a great year so far. Many Family Consumer Sciences teachers and their students used the site which includes online resources and several student competitions.

In the regular LifeSmarts competition, Family Consumer Sciences teachers will have four teams in the Junior Varsity State Competition in Jefferson City on February 26th and four in the Varsity State Competition on February 27th. Those coaches and teams are:

Junior Varsity

Laurie Bybee	NEVC Knights
Mary Otto	Laker Ottopilots
Beverly Plymell	Nerdy Tigers
Amy Peck	Walnut Grove Jr 1

Varsity

Linda Cumpton	Falcon Pride 12
Laurie Bybee	NEVC knights HS
Sue Witte	Bulldogs
Beverly Plymell	Geek Squad

The state competition is coordinated by the Missouri FCCLA. The financial sponsor is the American Century Investment Foundation.

Another competition on the LifeSmarts website is the TeamSmart monthly competition. FCCLA coaches and their teams can compete each month for the \$100 prize for their chapter as the 1st place team. Missouri had 9 teams in the top ten during the five competitions to rank 3rd among the states. In January, Coach Jessica Blodgett of Halfway R-III Schools and her team won the \$100 prize for their FCCLA chapter. To see all the top ten teams from September to January, visit http://teamsmarts.lifesmarts.org/high_scores.php

For more information about LifeSmarts and TeamSmarts, go to http://dese.mo.gov/divcareer/LifeSmarts_home.htm

Thank you to everyone who participated.

Family Consumer Sciences and Human Services Contact Information

**Family Consumer Sciences and Human Services
Office of College and Career Readiness
Missouri Department of Elementary and Secondary Education**

**Physical Address:
205 Jefferson Street
Jefferson City, MO 65101**

**Mailing Address:
PO Box 480
Jefferson City, MO 65102-0480**

Fax: (573) 526-4261



Dr. Cynthia Arendt, Ph.D., Director
(573) 751-7964
Cynthia.Arendt@dese.mo.gov

Gayla Westergaard, Supervisor
Missouri FCCLA State Adviser
(573) 522-6543
Gayla.Westergaard@dese.mo.gov

Merilee Thoenen, Supervisor
(573) 751-6878
Merilee.Thoenen@dese.mo.gov

Leone Herring, Supervisor
(573) 751-7965
Leone.Herring@dese.mo.gov

Chrissy Bashore
Administrative Assistant II
(573) 751-7964
Chrissy.Bashore@dese.mo.gov

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