

The NEWS in Family and Consumer Sciences

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NEWSLETTER

From the Director

Cynthia Arendt, Ph.D.

Director, Family Consumer Sciences and Human Services



I know we are VERY late with the spring newsletter so it is really the summer edition. I'm sure the end of the school year was as hectic for all of you as it was here so hopefully you will forgive us for being late with this newsletter.

My summer calendar is already filled with opportunities to learn and interact with other FCS professionals. The week of June 17-21, Family and Consumer Sciences and Agriculture teachers participated in the Math-in-CTE project sponsored by DESE's Office of College and Career Readiness. This week long professional development took place in Jefferson City. The program consisted of teams of a career education instructor and math instructor from the same school district

working together to enhance the use of math in CTE programs. The research based program was developed by the National Research Center for Career and Technical Education for the purpose of assisting states with developing and sustaining a community of practice that will continue to work toward the integration of math into career education content. The goal is to help teachers and students understand that math is an essential workplace skill.

Since Gayla Westergaard the FCCLA State Advisor's son is getting married in July, I will be attending the National FCCLA meeting with the Missouri delegation. It is in Nashville, Tennessee July 7-11th. The theme is Discover Your Voice. Missouri has almost 300 students, teachers, and parents attending the national conference. One hundred and twenty-seven of the attendees will participate in STAR Events. We are very proud of our students.

Always a highlight of my summer is the MoACTE Summer Conference in Springfield. This year the dates are July 23-25. As usual, our week will begin Sunday, July 21, with the pre-conference sessions. If you have not signed up for a pre-conference session, you need to check it out at the following link.

<http://www.dese.mo.gov/divcareered/documents/fcs-moefacs-pre-conference-registration-2013.pdf>

The New and Returning Teachers Workshop is always a popular pre-conference session. It is designed specifically for those family consumer sciences teachers who are new to teaching family consumer sciences and/or those returning to the field of teaching family consumer sciences. Veteran Missouri family consumer sciences teachers representing the middle school, junior high and high school levels will provide information and materials on a variety of topics.

If you need help developing a curriculum for a new or existing course and don't know where to start sign up for "Developing a Working Curriculum –Not a Dust Collector" hands-on pre-conference workshop. You will learn how to organize and develop curriculum focusing on course competencies and assessments.

Many FCS teachers use the Ounce of Prevention curriculum as resource for Family Individual Health and/or child development classes. Updated in fall of 2012, attendees will get an overview of the ten chapters on birth defects, folic acid, alcohol and tobacco use during pregnancy, prenatal diagnosis, family health history, newborn screening, STI's/HIV, and healthy relationships. As a part of the session, attendees will receive a copy of the curriculum.

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A newsletter for family consumer and human services educators, published three times during a year by the Missouri Department of Elementary and Secondary Education.



From the Director—*continued*

Maybe you need some help with FCCLA. FCCLA Basics Boot Camp workshop will prepare teachers to start off the new school year with FCCLA knowledge and materials to begin a successful chapter, get students involved, and make a difference in the community. FCCLA Basics Boot Camp is a must for new and returning teachers or any current teacher that is looking to get involved in FCCLA.

Lastly, you can learn about the new design for Missouri Connections the web-based self-development and career planning program. It will have a completely new look and feel this fall. *Literally be the first group to experience this new design!* Discover ways you can use the many components of Missouri Connections to enhance your curriculum and program. This three hour pre-conference work session will provide the time and support for you to:

- Learn about and navigate through the new front pages and navigation system
- Learn about and work with all of the program components and new features
- Review the multiple curriculum options and resource tools
- Enrich your lesson plans and activities by reviewing your personal curriculum to determine where and how Missouri Connections materials can be incorporated

The rest of the week promises to be just as action packed. For a look at the full schedule and to register for the conference go to: <http://www.mo-acte.org/conference/2013/>. Conference Registration and Housing Forms are the first link. Pre-Conference and Division Conference Program links are located further down the page. Scroll down the page to the link to Pre-Conference sessions or Division Conference Programs, click, when the window opens, click on MoEFACS to locate complete conference programs. See you in Springfield!

That pretty well takes care of June, July and in August we start holding planning meetings and begin curriculum work. I am pretty sure your calendar does not look too different from ours at DESE. I do hope you get some time to relax and rejuvenate for the next school year. Try to stay cool and please say hello if you see me in Nashville and/or Springfield.

Industry Recognized Certification and/or Technical Skill Assessments

By Cynthia Arendt, Ph.D. Director, Family Consumer Sciences and Human Services

A frequent question I have been getting lately has been, “when does the Technical Skill Assessment (TSA) count and when does the Industry Recognized Certificate (IRC) count?” In order to understand when, you must keep in mind that accountability measures for MSIP 5 and Perkins IV are treated separately by the Department.

Unfortunately the term IRC seems to be used interchangeably with TSA for Perkins making it confusing. The point for MSIP 5 will be based solely on the IRC/TSA from the list found at <http://dese.mo.gov/divcareered/documents/ccr-msip5-tsa-list.pdf>

Perkins accountability is based on the technical skill assessment. A list of those can be found at http://www.dese.mo.gov/divcareered/perkins_iv_tsa.htm. They are NOT necessarily the same as the IRC for MSIP 5. It is important to remember that there is an MSIP5 IRC list and a Perkins TSA list. The Perkins TSA list did not change and is still a federal requirement for Perkins accountability. MSIP 5 and Perkins TSA are reported in two different categories in MOSIS. MSIP5 will have a drop down (of sorts) of approved assessments. If your assessment is on that list you will mark that assessment in MOSIS to receive one MSIP point. If that assessment is not on the MSIP5 list, but is on the Perkins TSA list, you will code the TSA in MOSIS as Pass/Fail as in the past. If the assessment is on both list, you will mark the appropriate assessment on the MSIP5 list and mark pass/fail for the Perkins code set.

Districts that are accepting Perkins money are to continue to give TSAs and it may or may not be the same assessment as the IRC. As to what will happen with Perkins, that is an unknown at this time. Perkins was due to be reauthorized in 2012 but has not been. It is doubtful reauthorization will happen anywhere in the near future since the Workforce Development Act has been due for reauthorization since 2003 and the Elementary and Secondary Education Act has been due for reauthorization since 2007.

Mentoring Is BACK!

By Merilee Thoenen, Supervisor, Family Consumer Sciences and Human Services

We are pleased to announce that the Career Education Mentoring program is back. There will be a few changes, but basically it will remain the same as in the past. The biggest change is that at this time, it will be a one year program, rather than two.

The purpose of the program is to help new or returning teachers as they enter or return to the classroom with the assistance of a mentor and the mentoring program activities.

The protégé is matched with an experienced Family Consumer Sciences and Human Services teacher in a school in their FCCLA region. If possible, the match will occur between schools of similar size with teachers with similar teaching schedules. The mentor will be someone who is an FCCLA advisor for their school, or who works closely with the FCCLA program.

There are two in-person meetings per year held in Jefferson City. The first meeting will be on September 9th and the second on November 18.

The mentor will help the protégé choose two experiences to work on per semester. An experience is something that the protégé needs to do to improve her program, curriculum, FCCLA or dealings with students, parents or school personnel. It should be something that the protégé will be doing anyway, but will now have a mentor to give guidance or suggestions. The experience is not intended to result in an extra project.

For a protégé application, please go to: <http://www.dese.mo.gov/divcareered/documents/MO-500-2517-06-13-ce-protege-application.pdf>

For questions about the mentoring program, please contact Merilee Thoenen, 573-751-6878 or merilee.thoenen@dese.mo.gov

Mark Twain High School ProStart Management Team Wins 5th Place at the National ProStart Invitational

By Leone Herring, Supervisor, Family Consumer Sciences and Human Services

We are very pleased and proud to congratulate Ms. Linda Stinson, Kylie Spinner and Jill Alexander on the Mark Twain High School ProStart Management team's fifth place award at the National ProStart Invitational in Baltimore, Maryland..

Ms. Stinson has worked with regional Missouri Restaurant Association members to access resources to assist the team in preparing for very difficult state and national competitions. The many hours spent by the team members learning new skills, developing creative concepts, and making professional contacts in the industry has indeed 'paid off' as these students prepare for future careers.

The 5th place Management team members, Kylie Spinner and Jill Alexander ,have been selected as recipients of the 2013 National ProStart Invitational Scholarship in the amount of \$3,000 each.



Left to Right: Kylie Spinner, ProStart Instructor, Linda Stinson, Jill Alexander, Phil Dreshfield, Missouri ProStart Coordinator

CONGRATULATIONS TO ALL!



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Statewide CTSO Community Service Project

By Gayla Westergaard, FCCLA State Advisor

Missouri Association

In the summer of 2012, Missouri Career and Technical Student Organizations (CTSOs) teamed up to fight hunger in Missouri. The project was called "Show Me Hunger: Unite the Fight".

Anna De Jong from the Missouri Food Bank Association (MFBA) contacted DESE to see if the student organizations could help and they gladly took on the campaign. Following are the results of that effort.

Total pounds of food generated were 77,423.

Total cash generated was \$24,253.

Converted into pounds, the total generated is 319,953.

Converted into dollars, the total generated is \$31,995.

Nearly 100 schools participated. This represents 15 DECA chapters, 47 FBLA chapters, 48 FCCLA chapters, 42 FFA chapters, 1 HOSA chapter, 6 Skills USA chapters and 3 TSA chapters. (Many schools reported participation from multiple CTSO groups.)

One school (Gallatin R-V) presented a \$14,371 check to Second Harvest Community Food Bank in St. Joseph!

Nearly 100 community pantries, regional food banks and MFBA received food and/or funds.

"Missouri's CTSO groups delivered, and every donation made a difference," said Ms. De Jong. "The MFBA, its six regional food banks and thousands of local pantries, shelters and kitchens wouldn't be here for those with needs if it weren't for these generous donations of food and funds. We hope the 2012-2013 campaign will be viewed as a trial run. We'd appreciate the opportunity to use what was learned and try again in the 2013-2014 school year."

For more information about the project or the MFBA, contact:

Anna De Jong

Resource Development Manager

Missouri Food Bank Association

(573) 355-3466

www.feedingmissouri.org

Connect to Success At Summer MOACTE- MoEFACS Conference



By: Beverly Plymell, MoEFACS Professional Development Chair

In a time of economics stress and budget cuts, it is vital that we as family and consumer sciences/human services educators continue to support and join our professional organizations and attend the content area in-services.

Who Should Join?	Every family & consumer sciences teacher in the state of Missouri.
Why should I join the professional organization?	Your dues help pay for the conference happenings and support our delegates' work with legislators to help them see the importance of our field so that funding for our programs continues. It takes all of us working together for this to happen. Your dues help pay for the in-service that we receive at Summer Conference as well as special events throughout the year.
What organizations should I consider joining?	Association of Career Technical Education (ACTE) Missouri Association of Career Technical Education (MoACTE) National Association of Teachers of Family & Consumer Sciences (NATFACS) Missouri Educators of Family & Consumer Sciences (MoEFACS)
How do I join?	On the Summer Conference Registration Form (on the ___ page) check the ACTE, MoACTE, NATFACS and MoEFACS boxes.
When will summer conference be held?	July 22 – 25, 2013
Where will summer conference be held?	The conference will be held at the Howard Johnson Hotel, 333 South Glenstone, in Springfield. Conference wide events will be at the Springfield Convention Center downtown.
What will I get for my dues?	Summer conference provides high quality professional development and networking opportunities for Family Consumer Sciences and Human Services educators at all levels, instructional tips and techniques, latest information from DESE, up-to-date information for our classrooms, and a voice in the state and federal legislatures. An opportunity to network with "seasoned" friends and to make "new" friends. What other conference can you attend for 3 days where the registration is just \$55.00?
Conference Session Highlights	New curriculum models, standard based grading, classroom/lab management, industry tours, and technology. For a complete list, see the MoEFACS Program at http://www.mo-acte.org/conferences/2013/ .



The Mystery of the MoEFACS Board

By Kathy Nash, MoEFACS President-Elect

Are you at a point in your career that you would like to be involved in your career-specific professional organization and to accept more leadership roles? Maybe you have wondered how to get involved as a board member for MoEFACS but decided it must be like solving a mystery similar to Raiders of the Lost Ark or National Treasure! Rest assured it is not that complex!

MoEFACS is our organization that provides FACS educators with professional development, in-service, support and a great summer conference. For information to be current, relevant and rigorous for teachers this organization needs your participation. The MoEFACS board is designed to provide contributions of teachers from around the state in schools of all size. So, how can you engage in this opportunity?

The annual business meeting for MoEFACS is held in Springfield at the Summer Conference. Election of officers is held during this meeting and members are informed of current issues affecting FACS educators. The president-elect is selected during this process. A leadership survey is provided to all members, which is then used by the president-elect to select members to serve on the board. This leadership survey is essential in identifying individuals interested in serving. Membership in MoACTE, MoEFACS and one national organization - ACTE, NATFACS or NATEFACS - is required of all board members and officers.

Once the president-elect recommends members for the committees, the Board selections are presented to the current standing Board at a spring meeting and confirmed. The first official duties for the new Board begin at a dinner meeting on Wednesday evening at Summer Conference.

Board members are to attend two meetings: one in the fall and one in the spring. The fall board meeting is usually held in conjunction with the FCCLA leadership (Access) event. The spring meeting, generally held on a Saturday, confirms and finalizes plans for Summer Conference.

The mystery of the MoEFACS board has been solved! It all begins with the leadership survey. As you plan for Summer Conference, please consider serving on the MoEFACS board by filling out the leadership survey and being involved in "your" MoEFACS organization.



2013 LifeSmarts Highlights

By Merilee Thoenen, Supervisor, Family Consumer Sciences and Human Services

It has been an exciting year for LifeSmarts! There were several new features introduced and some of the existing features were updated.

This year Missouri ranked 1st in the number of coaches for both Junior Varsity and Varsity; 1st in the number of teams at both levels; and 2nd in number of students participating at the Junior Varsity level and 4th at the Varsity level. Thank you to all who participated!

A continuing feature for LifeSmarts is the additional opportunities provided for FCCLA members and their advisor coaches. Once again, there was an FCCLA division of TeamSmarts competition in addition to the general and the new FBLA divisions. Missouri had three 1st place finishes and 35 teams in the top ten for the five monthly competitions! Amongst those 35 were teams from Lex La-Ray and Blair Oaks. (Other teams were not identified by school name). There is also an online competition to determine one team to represent FCCLA at the national competition. Four of the top ten teams in that competition were from Missouri. Teams were from Miami, Grandview and two other teams not identified by school.

The eleven JV and twelve Varsity top scoring online teams were invited to Jefferson City for the state finals competition. Family Consumer Sciences teachers coached four of the JV teams and four of the Varsity teams.

For Junior Varsity, they included Laurie Bybee, Northeast County R-I Schools; Mary Beth Otto, Camdenton; Beverly Plymell, Keytesville; and Amy Peck, Walnut Grove.



Camdenton Northeast



Keytesville Vernon



For Varsity, they included; Linda Cumpston, Blair Oaks; Laurie Bybee, Northeast Vernon County R-I; and Beverly Plymell, Keytesville. Sue Witte, Morgan County R-I (team not pictured)



Blair Oaks



Northeast Vernon



Keytesville

The Junior Varsity winner was from Blair Oaks Middle School and the Varsity winner was from Buffalo High School. The Buffalo Bison team represented Missouri at the National LifeSmarts Competition in Atlanta in April.

Be sure to check out LifeSmarts for 2014! You may begin to register on August 1st. This year's national finals will be held in **Orlando, Florida!**



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