

The NEWS in Family and Consumer Sciences

Volume 30, Issue 2

Volume 30, Issue II

WINTER, 2012
NEWSLETTER

From the Director

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Director, Family Consumer Sciences and Human Services



Model Curriculum

At summer conference, I reported staff would be developing curriculum frameworks as models for courses. The five courses currently under development are: Human Development, Child Development, Child Development, Advanced, Early Childhood Education and Family and Individual Health. These courses were selected using the following criteria: a sequence of courses leading to a program of study, the availability of a technical skill assessment (TSA) and the date a core course was last revised.

Two years ago we released the Career Pathways for the Teaching Professions program model. This occupational program consists of a sequence of courses providing three credits leading to a career. As a part of the program approval process, the instructor must participate in two days of training which focuses on the use of the curriculum. With completion of the 3 credits in the sequence the participants take one of the approved technical skill assessments:

http://www.aafcs.org/CredentialingCenter/education_fundamentals.asp http://www.nocti.org/PDFs/JobReady/1025_Education_and_Training.pdf

The courses selected this year will complete a sequence of courses leading to a career in the Early Childhood Pathway. The selected courses equal a minimum of 3 credits in a program of study sequence leading to a certificate or degree in early childhood or a profession in a related area. Human Development is a new course being developed as a foundational course not only for this pathway and but several other pathways. There are two technical skill assessments approved for students completing the program

http://www.nocti.org/PDFs/JobReady/3016_Early_Childhood.pdf
<http://www.aafcs.org/CredentialingCenter/ece.asp>

The Family and Individual Health course guide was developed in 1995. Since this course meets the .5 credit requirement for graduation as well as being a great elective for the Early Childhood Education Pathway, it was due for revision. See page 309 in the DESE Core Data Manual at <http://www.dese.mo.gov/dsm/documents/CDMOSISManual.pdf>.

The components of the model curriculum or framework are: course description, unit title, suggested unit timeline, essential questions, essential measurable learning objectives, assessment descriptions, instructional strategies, instructional activities, cross walks to GLEs, Process Standards, Core Standards, National Standards for FCS and unit resources. Instructional strategies and performance assessments will include STAR Events and FCCLA programs. These components are very similar to the current MSIP requirements for a written curriculum.

The model curriculum will have the framework for content but will not include information or what I call the "meat on the bones". For example it will not include the background material or detailed instructions for the teacher that have been a part of our guides in the past. A district is welcome to include other learning objectives into its curriculum; items that are specific to the district. I caution you to be careful to not to overload the curriculum so that you surf and do not dive into the content. It is the Commissioner's intent that all models will be easily accessed on the DESE website.



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A newsletter for family consumer and human services educators, published three times during the school year by the Missouri Department of Elementary and Secondary Education.



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From the Director—continued

Resources

The new curriculum models will include the expectation that core standards are reinforced in CTE courses. Two new resources have been added to the center at MCCE that will assist you in developing lesson plans that have students apply concepts in biology/chemistry and math. I urge you to check them out. <http://www.missouricareereducation.org/index.php?view=opening§ion=fcs>

STEM Resources at MCCE

Nutrition Applications in Biology/Chemistry by Cord includes units on how human dietary needs change during the life cycle, the chemistry of you really are what you eat, how food is digested and absorbed, the problems associated with nutrient imbalance and the chemistry of nutrients in the body.

Math in Foods from the Learning ZoneXpress links National Council of Teachers of Math Standards with Consumer and Family Resources, Food Production and Services, Food Science, Dietetics, and Nutrition and Nutrition and Wellness Family and Consumer Sciences Standards to provide samples for applying math concepts in FCS classrooms.

LifeSmarts

From Merilee Thoenen



Ruskin High School Wins State LifeSmarts Competition

New consumer-savvy state champions were crowned February 15 in Jefferson City at the [Missouri LifeSmarts Championships](#). Ruskin High School, Hickman Mills C-I School District, took the varsity title over 14 participating high school teams. In the junior varsity division, for students in grades 6-8, held on February 14, Northeast Vernon County High School took first place over nine competing teams.

Ruskin High School will represent Missouri at the National LifeSmarts Competition to be held April 20-24 in Philadelphia.

Nearly 100 students participated at the varsity and junior varsity levels of the competition. LifeSmarts is a consumer-education quiz show-style competition that challenges students in grades 6-12 to learn about personal finance, health and safety, the environment, technology, and consumer rights and responsibilities. The program was developed by and is sponsored by the National Consumers League. Financial support for Missouri's program comes from American Century Investments Foundation, located in Kansas City.



Ruskin High School placed first place in Missouri LifeSmarts Championship and will represent Missouri at the National Competition.

Missouri LifeSmarts is coordinated by the [Missouri Association of Family, Career and Community Leaders of America](#) (FCCLA). Merilee Thoenen, supervisor of Family Consumer Sciences and Human Services for the state Department of Elementary and Secondary Education, conducts the LifeSmarts program. "The LifeSmarts program is a great opportunity for students to learn information that they can use for the rest of their lives," said Thoenen. "The competitions are a great way to showcase that knowledge."

LifeSmarts—con't.

Teams who participated in the junior varsity finals were:

- Blair Oaks Middle School (second place)
- Bourbon Middle School, Crawford County R-I School District
- Buffalo Prairie Middle School, Dallas County R-I School District
- Camdenton Middle School
- Couch High School
- Danby-Rush Tower Middle School, Jefferson County R-VII School District
- Houn Dawgs (third place)
- Linn High School, Osage County R-II School District
- Northeast Vernon County High School (first place)
- Walnut Grove High School

Teams who participated in the varsity finals were:

- Benton High School, St. Joseph School District
- Blair Oaks High School
- Frederick Douglass High School, Columbia Public Schools
- Ft. Zumwalt South High School
- Keytesville High School (third place)
- Linn High School, Osage County R-II School District
- Lutie High School
- Morgan County R-I High School
- Nevada High School
- Northwestern High School
- Ruskin High School, Hickman Mills C-I School District (first place)
- Seneca High School (second place)
- Southern High School
- Valley Park Senior High School
- Walnut Grove High School

Individual varsity award winners were:

- Personal Finance: Jeremy Wiggins, Southern High School
- Health and Safety: Caitlyn Atterbury, Keytesville High School
- Environment: Josh Buckner, Walnut Grove High School
- Technology: Michael Gunter, Benton High School, St. Joseph School District
- Consumer Rights and Responsibilities: Tracy Graessle, Blair Oats High School

In addition, a number of community volunteers gave their time to judge the statewide competitions. "It's always good to see young people doing great things," said Peggy Davis, Missouri LifeSmarts championship judge.

Photos from the state championship can be viewed on the Missouri LifeSmarts webpage at dese.mo.gov/divcareered/LifeSmarts_home.htm.



LifeSmarts

From Merilee Thoenen

Supervisor, Family Consumer Sciences and Human Services



LifeSmarts for Second Semester

Don't forget LifeSmarts is a full year program! The competition may be over, but if you need resources for health and safety; consumer rights and responsibilities; environment; technology; or personal finance, the teaching materials and activities are there for you until June.

What can you do on the [LifeSmarts](#) web site?

24 in 12: 24 LifeSmarts learning activities in 12 weeks

Flash Cards: Download Daily Calendar questions in flash card format. Students can team up to learn about life skills.

Daily Calendars: Great Bell ringers—or use the daily question to stump your co-workers!

LifeSmarts U: A virtual LifeSmarts classroom, featuring complete lesson plans in LifeSmarts content areas. May be used as group activities or self-guided lessons. Available year-round. [Log in](#), or download all activities [here](#).

Fast Facts: 1-pagers that help students brush up on topic; each includes an introduction, resources, mini-quiz and glossary terms.

These resources and many more can be found at the coaches "[Teach](#)" area by activity or by topic.

Financial support for LifeSmarts comes from the [American Century Investments](#) Foundation. The Yes, You Can personal finance [curriculum](#) and weekly newsletters are available from American Century Investments. [Subscribe](#) today! Both are free resources.

Missouri ProStart Educator of the Year

From Hank Huitt,

Missouri ProStart State Coordinator



Lori Krug, Warrenton High School - ProStart Educator of the Year

The Missouri Restaurant Association (MRA) announced that Lori Krug from Warrenton High School is the recipient of the Missouri ProStart Educator Excellence Award for 2012. Lori will receive her award on May 7th from the National Restaurant Association's Education Foundation (NRAEF) as part of the ProStart Educator Workshop held in conjunction with the NRA Show in Chicago.

The NRAEF's ProStart Educator Excellence Award recognizes an exceptional ProStart educator from each state. The award is given to ProStart teachers who are leaders within their state program, and have helped elevate the program and their students within their community. "ProStart unites the industry and the classroom to create a unique and unparalleled experience for students. Our dedicated ProStart educators are working diligently to create that vital bridge for their students," said Bob Bonney, Chief Executive Officer of the Missouri Restaurant Association.

Missouri ProStart State Competition

Adapted from an article by Kaity Holtman, Columbi, MO (AgNeesWire)



Visualize an Iron Chef competition happening in the middle of a large school gymnasium with 31 high school culinary teams. In a nearby room, another 11 high school teams are involved in a restaurant industry management competition.

That was the Missouri State ProStart Competition, which took place at East Central College in Union, Mo., on February 17 with approximately 130 high school students from throughout the state.

The annual competition, which is sponsored by the Missouri Restaurant Association Educational Foundation and the Office of College and Career Readiness, Family Consumer Sciences and Human Services, DESE, provides students the opportunity to showcase their love for food and cooking and to develop restaurant management skills.

As a major sponsor, the [Missouri Beef Industry Council](#) provides these high school culinary and management students, along with other students in Family and Consumer Science (FCS) classes, the experience of cooking with lean beef. Whitney Wallace, Missouri Beef Industry Council director of consumer outreach said the students exhibited a strong passion for what they're learning in their culinary arts and FACS classes. "These students are excited about food and cooking, and it is rewarding to see how their involvement has provided them with key life lessons in areas like team work, responsibility, time management, and confidence."

Thirty one teams competed in the culinary contest where they were responsible for preparing original recipes and creating attractive plated presentations. Eleven teams competed in the management contest, which focuses on creating restaurant plans, including the concept, menu items and pricing, the restaurant layout, and other key logistical strategies for new restaurants. Schools are allowed to enter both the culinary and management divisions.

Judges from the foodservice industry and leading colleges and universities selected winning teams in the culinary and management contests. First-place teams in each the culinary and management division will compete in the National ProStart Competition, hosted by the [National Restaurant Association](#). The national competition will take place April 27-29, 2012, in Baltimore, Maryland.

Culinary Competition Results

First Place: Herndon Career Center, Raytown, MO; Instructor: Jeff Qualls
Second Place: South Central Career Center, West Plains, MO; Instructor: Bryan Hathcock
Third Place: Staley High School, Kansas City, MO; Instructor: Sybil Schweighauser

Management Competition Results

First Place: Warrenton High School, Warrenton, MO; Instructor: Lori Krug
Second Place: Mark Twain High School, Center, MO; Instructor: Linda Stinson
Third Place: School of the Osage High School, Osage Beach, MO; Instructor: Parrie Bayles



FCCLA Legislative Shadowing

From Gayala Westergaard



FCCLA Student Leaders job Shadow Lawmakers and State Officials

Sixty six Missouri students — in red blazers — got an inside look at a day-in-the-life of a state official on Wednesday, February 22. The Legislative Shadowing Project, now in its 12th year, is conducted by the Missouri Family, Career and Community Leaders of America, the Career and Technical Student Organization (CTSO) for family and consumer sciences education. It provides an opportunity for junior and senior high school students to spend a day with their state representative, senator or other public official. The students observe hearings, meetings and other public duties.

There were 105 applicants this year for 50 available slots. The other slots are filled by the members of the State Executive Council. For many of the students, the event was their first visit to the Capital City. Shadowing allows students to connect their interests in law, public service, civic issues and the political process with their education. By the end of the day, students had developed a better understanding of the political process and its impact on citizens.

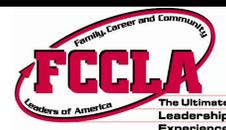
Marcia Ritter, who organizes the event, attempts to match students with officials from their local school districts wherever possible. The students prepare for the event by becoming familiar with their official's responsibilities and current issues. If matched with a legislator, the student becomes knowledgeable about the bills introduced and committees on which the legislator serves.

At the end of the day, the students and their advisors gathered to debrief and evaluate the day's events. They are required upon return to school to prepare summary reports and make presentations on their experience to share with their fellow students, school board and community groups.



FCCLA State Conference

March 25-27, 2012



We are in the final stages of preparation for the FCCLA State Leadership Conference to be held at the Holiday Inn Convention Center in Columbia, March 25-27. Members of the State Executive Council (SEC), the State Executive Council Advisors (SECA) and the State Advisor, Gayla Westergaard, have all worked very hard to provide students and teachers with an opportunity to participate in a variety of leadership experiences. Opening night will feature Thomas Dismukes, an introduction of the candidates for state and national office, and an overview of the next two days.

There is a lot of excitement and interest in running for office this year. There are seven (7) candidates for State President, five (5) National Officer Candidates and one (1) candidate for Vice President of Occupational Programs. The candidates for State President will be narrowed to five via an interview process conducted by a panel.

Monday is filled with STAR Events competitions and workshops for students and teachers. New this year will be a dance immediately following the Monday evening business meeting. Tuesday will include more workshops, the STAR Events recognition ceremony and installation of new officers.

To view the tentative schedule click on the following link:

<http://www.dese.mo.gov/divcareered/documents/2012-SLC-Tentative-Schedule.pdf>

Please read and review with your students the dress code for conference. Each year there is an issue with some district over the dress code. As an advisor, you need to check student attire before they arrive at the door to avoid no admittance or a hassle at the door. The individuals stationed at the door are just doing their job and hopefully the participants will do their job of honoring the guidelines and rules that help make this a professional meeting <http://www.dese.mo.gov/divcareered/documents/Event-Dress-Code.pdf>

For other FCCLA events, dates and deadlines you can check out the calendar at:

<http://www.dese.mo.gov/divcareered/documents/2011-12-Dates-to-Remember.pdf>

Program Improvement Grants/Equipment Grants

Cynthia Arendt, Ph.D.

Director, Family Consumer Sciences and Human Services

The program improvement grant allows teachers to attend professional development in-services that lead to certification. Teachers of ProStart are highly encouraged to participate in and complete the series the National Restaurant Association's summer institutes leading to certification. Obtaining the certificate for secondary foodservice and operating a ProStart program according to the guidelines also makes your program eligible for Enhancement Grant funds which allow for 75% funding.

The Certified Secondary Foodservice Educator certification (CSFE) was developed for educators at the secondary level interested in continuing their education and professional development. Earning the CSFE will improve and enhance your restaurant and foodservice knowledge, as well as technical and teaching skills. The CSFE certification requires ongoing professional development maintenance to keep the certification current. Requirements for the Foodservice Educator certificate issued by the NRA Education Foundation follow:

Requirements for attaining CSFE certification:

- Associate degree or an equivalent from an accredited institution or from a recognized teacher education institution
- Certified under contract with school district or Temporary Certified Educator under contract with the school district
- Complete the Requirements of the Basic, Advanced and Mastery Levels of the [Summer Institutes](#) and pass certification test for all levels
- Complete 120 hours of industry experience as outlined in the Internship Requirements (Please see application form below for Internship criteria on the NRA website)
- Submit a Unit Lesson Plan from Industry Experience

Some of the Missouri Teachers who have completed the requirements and have received the Certified Secondary Foodservice Certificate are: Cheryl Landers, Betty Glasgow, Louise Lunkenheimer, Ann Pike, Rebecca Lawrence, and Jenny Cummins.

In order to apply for any of the grants, you MUST have an approved program that meets program standards including an integrated and affiliated FCCLA. To see if your district has approved program you can go to the following link and click on your district. A list of the approved programs in your district will come up to view.

<https://k12apps.dese.mo.gov/webapps/reportmenu/DataCollection/CareerEdApprovedCourses.aspx>

Greetings from the MoEFACS Board of Directors

From the Professional Development Committee



Get Your Apps For Life At Summer Missouri ACTE-MoEFACS Conference

In a time of economic stress and budget cuts, it is vital that we as family and consumer sciences/human services educators continue to support and join our professional organizations and attend the content area in-services.

Who should join?	Every family & consumer sciences teacher in the state of Missouri
Why should I join the professional organizations?	<p>Your dues help pay for the conference happenings and support our delegates' work with legislators to help them see the importance of our field so that funding for our programs continues. It takes all of us working together for this to happen.</p> <p>Your dues help pay for the in-service that we receive at Summer Conference as well as special events throughout the year.</p>
What organizations should I consider joining?	<p>Association of Career Technical Education (ACTE)</p> <p>Missouri Association of Career Technical Education (MoACTE)</p> <p>National Association of Teachers of Family & Consumer Sciences (NATFACS)</p> <p>Missouri Educators of Family & Consumer Sciences (MoEFACS)</p>
How do I join?	On the Summer Conference Registration Form (on the 2nd page) check the ACTE, MoACTE, NATFACS, and MoEFACS boxes.
When will summer conference be held?	July 23-26, 2012
Where will summer conference be held?	The conference will be held at the Howard Johnson Hotel (formerly the Clarion), 3333 South Glenstone, in Springfield. Conference wide events will be at the Springfield Convention Center downtown.
What will I get for my dues?	Summer conference provides high quality professional development and networking opportunities for Family Consumer Sciences and Human Services educators at all levels, instructional tips and techniques, latest information from DESE, up-to-date information for our classrooms, and a voice in the state and federal legislatures. An opportunity to network with "seasoned" friends and to make "new" friends. What other conference can you attend for 3 days where the registration is just \$55.00?

See you in Springfield!



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