

The NEWS in Family and Consumer Sciences

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NEWSLETTER

From the Director

Cynthia Arendt, Ph.D.

Director, Family Consumer Sciences and Human Services



From the Director's Corner

Cynthia K. Arendt, Ph.D.

As another school year has drawn to a close, I cannot help but spend some time reflecting on the past year. As most of you know, at the end of March 2011, Christine Hollingsworth, State Advisor for FCCLA left our office to become the Competitive Event Coordinator for National FCCLA. I think this speaks not only highly of Christine and her talents but also of the support in the past that Missouri has given Career Education and Career and Technical Student Organizations (CTSOs). For seven months, with the help of the staff, I filled the roles of State Advisor and Director. Gayla Westergaard, the new State Advisor, did not take the position until November 1. While I am far too old to handle both roles for very long, I am thankful for the opportunity I had to be with the members of the State Executive Council (SEC), with their advisors, and with the members in general.

Working with the 2011-2012 SEC has once again renewed my faith in our youth. I loved teaching high school students; I loved their creativity and their energy. The past school year was a very unique year in many ways. Christine left at the end of March and there was not a replacement on the horizon. The National meeting was rapidly approaching and immediately following it was the officer's summer planning meeting, not to mention the Fall Leadership Conference. All of these major activities propelled me into action. I am grateful to all the seasoned advisors and to the staff here at the Department, Jamie, Merilee and Leone, who willingly offered their help and wisdom. I am also very grateful to the members of the SEC who were serving a second year on the Council. They helped to keep me on track and answer the many questions that continually arose.

We, and by that I mean, the members of the Council, their advisors and I, had a challenging year as issues that were new to the organization seemed to jump out at every turn. The students rose to the challenges and proved to me once again, to never underestimate the energy, the level of commitment, the creativity or fortitude of young people. They were amazing.

Being at the state level does not give us much opportunity to work with the FCCLA members at the local level. The opportunity to interact with some of them comes at Fall Leadership Conference in October and State Leadership Conference in the spring. I enjoy visiting with them, participating with them in workshops, joining in group activities and just observing their engagement in the meeting or socializing.

FCCLA is about teaching leadership and providing young people different ways to experience what it takes to be a leader in their homes, community and work place. Leadership can and does happen at all levels. Students have many opportunities to participate in different things throughout the year. An example of students taking the leadership role, is the Executive Council organizing a trip to Joplin to help with clean up. At the local level, chapters around the state organize many local community services events; helping when and where they can. During the year, chapters have held health fairs, managed Stop the Violence programs, raised funds for the Share Our Strength Program. All of these activities call for students taking many different leadership roles. Someone has to organize the work, set the



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A newsletter for family consumer and human services educators, published three times during the school year by the Missouri Department of Elementary and Secondary Education.



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program, find the necessary tools and yes, many need to follow. Learning to work together as a team to accomplish the goal is in itself a leadership activity.

On November 1, when Gayla became the State Advisor for FCCLA, she immediately took over planning the State Leadership Conference and handling the day to day concerns. I have remained very hands on as we transition from the 2011-2012 school-year to the 2012-2013 school-year. What a blessing it has been to have Gayla join our staff. She comes with the experience of being the State Advisor for DECA. Her organizational skills and knowledge of what it takes to pull off state competitions as well as a meeting has been as the credit card company puts it “priceless”.

The end of March brought new challenges to all of the CTSOs. Staff was told that CTSOs were to move the management of the money and all activities connected to managing the money out of the Department by June 30, 2013 then the deadline moved to June 30, 2012. Currently, we are in holding pattern waiting to see if the Governor is going to sign SB 635, the legislation passed by the House and Senate, regarding the management of the CTSO money. Basically, the bill states “the Department of Elementary and Secondary Education is required to provide staffing support for certain career and technical student organizations. The Department may require the organizations to provide sworn affidavits, attesting to proper receipt and disbursement of funds. (Section 1). This act is similar to SB 71 (2011), HB 1308 (2012), HCS #2/HB 1524 (2012), SB 579 (2012), HB 1103 (2012), HB 1349 (2012), and SCS/SB 623 (2012). Depending on the Governor’s decision in regards to the bill, there will need to be additional safe guards and changes made in how CTSOs function within the Department.

This November will start my 25th year at the Department and I do not recall such an eventful year as this one that is coming to a close. I have a picture of the 2011-2012 State Officers on my wall directly within my vision. I smile every time I look at it. What a wonderful group of young adults! It was my privilege to get to know and work with each one of them this past year. I was also privileged to get to know more of the teachers as I worked closely not only with the advisors for the state officers but with the many of you who have wonderful chapters and students. I got to attend National FCCLA with the Missouri delegation and what fun that was—even if they put me dancing on You-Tube! I saw how dedicated the advisors were to their students, serving in a parenting or guardian role in many cases.

While I was at the National meeting in July I was honored with the FCCLA Distinguished Service Award. That plaque hangs on my office wall next to my picture of the State Officers. I cannot help but think this honor belongs to every FCCLA student in Missouri and every FCCLA Advisor in Missouri. I was truly blessed this past year.

Missouri ProStart Teams Compete at the National ProStart Invitational in Baltimore, Maryland

From Hank Huitt,

Missouri ProStart State Coordinator



Students from Herndon Career Center, Raytown, MO, and Warrenton High School, Warrenton, MO, advance to the National ProStart Invitational

The Missouri Restaurant Association Educational Foundation (MRAEF) sent the First Place Culinary Team from Herndon Career Center, Tia Throckmorton, Ashley Battle, Hailey Rausch, Amanda Sutcliffe, Lauren Daugherty, and Instructor Jeff Qualls, and First Place Management Team from Warrenton High School, Chelsea Aery, Elizabeth Rothemich, and Instructor Lori Krug (2012 Missouri ProStart Teacher of the Year), to compete in the 11th Annual National Restaurant Association Educational Foundation (NRAEF) ProStart Invitational on April 27 – April 29, 2012, at the Baltimore Marriott Waterfront in Baltimore, MD. The teams competed against forty other qualifying teams from across the country for a chance to become National Champions and eligible for scholarships they can use for higher education. The National ProStart Invitational is hosted by the National Restaurant Association Educational Foundation (NRAEF).

Over 200 high school students from across Missouri participated in the State Competition. Aside from the first place winners, awards were also given to the second and third place teams in each category. In the Culinary Competition, South Central Career Center, West Plains, and Staley High School, North Kansas City School District, took home second and third place, respectively. In the Management Competition, Mark Twain High School, Center, MO placed second and School of the Osage High School, Lake Ozark, MO placed third.

ProStart—continued

The Culinary Competition highlights the creative abilities of each team through the preparation of a three course meal in 60 minutes using only two butane burners while being rated on their knife, prep and cooking skills. Management Teams develop a proposal for an original restaurant concept and apply critical thinking skills to challenges restaurant managers face in day-to-day operations. The students learn to perform under pressure as a team in both the Culinary and Management events and are observed and rated by expert judges from industry and academia.

ProStart is a two-year high school Culinary Arts and Restaurant Management program developed by the NRAEF and administered in Missouri by the MRAEF, a 501(c)(3) organization established to support the educational objectives of the Missouri Restaurant Association, and the Missouri Department of Elementary and Secondary Education, Family Consumer Sciences and Human Services. Over 5,000 students from 100 High Schools in Missouri participate in the ProStart Program making it one of the largest state programs in the country.

For additional information concerning the Missouri ProStart Program please contact Hank Huitt, Missouri ProStart Coordinator, Missouri Restaurant Association Educational Foundation at hankhuitt@yahoo.com or 417-844-1351.

2012 Missouri ProStart Culinary Team winner—Herndon Career Center, Raytown, Missouri



2012 Missouri ProStart Management Team winner—Warrenton High School, Warrenton, Missouri



Missouri ACTE CTSO Legislative Day



Missouri FCCLA State President Caleb Hearon and National Officer Candidate Hannah Thieme met with State Representative Mike Lair on Feb. 15, 2012 in Jefferson City. Also pictured is Kristi Christy, Chillicothe FCCLA chapter advisor.

Rep. Shelley Keeney, former State FCCLA Officer, was a featured speaker at the event held at the State Capitol.



State FCCLA Conference Features STAR Events, Officer Election

By *Gayla Westergaard, Missouri FCCLA State Advisor*

More than 1,700 family and consumer sciences students and their teachers recently attended the Missouri FCCLA State Leadership Conference (March 25-27) at Columbia. The annual state conference is sponsored by the Department of Elementary and Secondary Education.

More than 750 students participated in 33 competitive events, including entrepreneurship, culinary arts, job interview, preparation for careers in education, and chapter service projects. The STAR (Students Taking Action with Recognition) Events winners advance to compete at the National FCCLA Leadership Conference to be held July 8-12 in Orlando, Florida. The complete list of State STAR Events winners is available at: <http://www.dese.mo.gov/careered/fccla.htm>.

The following 17 students were elected and installed as the Missouri FCCLA State Executive Council for 2012-2013:

- **State President** – Hannah Thieme, Chillicothe High School
- **State 1st Vice President** – Christopher “Austin” Wood, Humansville High School
- **National Officer Candidate** – Shae Dunaway, Timberland High School, Wentzville
- **National Officer Candidate** – Caleb Hearon, Chillicothe High School

- **Vice President of Occupational Membership** – Shelby Bush, Grand River Technical School, Chillicothe
- **Vice President of Alumni & Associates** – Paige Grimes, Thayer High School
- **Vice President of Community Service** – Taylor Washburn, North Harrison High School
- **Vice President of Development** – Shayna Heathman, Lafayette County C-1 High School
- **Vice President of Elections** – Kelly Gillock, Puxico High School
- **Vice President of Membership** – Ver’Nisha Carney, Grandview High School
- **Vice President of National Programs** – Skylar Lowe, Cassville High School
- **Vice President of Parliamentary Law** – Amanda Edgar, Portageville High School
- **Vice President of Public Relations** – Rachael Palmer, Ste. Genevieve High School
- **Vice President of STAR Events** – Courtney Dancy, Hazelwood East High School
- **Vice President of STAR Events** – Natalie Hawkins, South Shelby High School
- **Vice President of Scholarships** – Morghan Buerky, Tipton High School
- **Vice President of State Programs** – Forrest Hall, Troy Buchanan High School

Family, Career and Community Leaders of America is a Career and Technical Student Organization for young men and women enrolled in family and consumer sciences education courses. Since 1945, FCCLA members have been making a difference in their families, careers, and communities by addressing important personal, work, and societal issues. Missouri FCCLA ranks fourth in the nation in membership with more than 11,500 members. There are 327 FCCLA chapters across the state.

For more information, contact: Gayla Westergaard, Missouri FCCLA State Advisor, Department of Elementary and Secondary Education (573/751-7964).



Na- tional FCCLA Leadership Conference—July 8-12, 2012

By Gayla Westergaard, Missouri FCCLA State Advisor

Orlando is the site of the 2012 National Leadership Conference, July 8-12. More than 6,000 members, advisors, parents, and guests attend the annual national meeting. This year's theme is "Reality Check."

The 2012 Missouri delegation is made up of 278 FCCLA members, advisors, and guests. There are 127 Missouri students competing in the National STAR Events.

The following chapters will be recognized nationally:

Bolivar R-I High School – 2012 National Community Service First Runner-Up Award Winner

Montgomery County Middle School – 2012 National Families Acting for Community Traffic Safety (FACTS) Middle School Award Winner

The 2013 National Leadership Conference will be held in Nashville, Tennessee – July 7-11, 2013.



Missouri ACTE/MoEFACS Summer In-service Conference— July 23-26, 2012

By Karlene Harrison, MoEFACS Public Relations Committee Chairperson

MoEFACS Conference Theme – "Family Consumer Sciences and Human Services The APP for Life"

Mark your calendar and make plans to attend the **Family Consumer Sciences and Human Services Education Summer In-Service Conference**, July 23 -26! The conference will be held at the Howard Johnson Hotel formerly the Clarion Hotel, 3333 South Glenstone, in Springfield. The conference is designed to provide in-service for all career education instructors and is sponsored by the Missouri Association for Career and Technical Education (MoACTE), the Missouri Educators of Family and Consumer Sciences (MoEFACS), and the Missouri Department of Elementary and Secondary Education.

The annual meeting provides high quality professional development and networking opportunities for Family Consumer Sciences and Human Services educators at all levels. Program support also is enhanced through opportunities to join colleagues in professional organizations such as MoEFACS, Missouri ACTE, the Association for Career and Technical Education, and respective national affiliates.

See you in Springfield!

Summer Conference—continued

Registration

This year, as in the past, there will be no separate MoEFACS registration form. MoEFACS members will only need to complete the Missouri ACTE registration form to pay conference registration and dues at: <http://www.mo-acte.org/conferences/2012/>

MISSOURI ACTE REGISTRATION MUST BE COMPLETED AND YOU MUST HAVE A MISSOURI ACTE NAMETAG TO ATTEND ALL MoEFACS ACTIVITIES AND SESSIONS.

Missouri ACTE on-site registration will be from 1:00 – 6:00 p.m. on Monday, July 23rd; and from 8:00 a.m. to 5:00 p.m. on Tuesday, July 24. Registration will be at the Springfield Exposition Center, 635 East St. Louis Street. The Exposition Center is located directly across the street from the University Plaza Hotel and Convention Center. Packets for those who pre-registered will be available during these times. Late registration will be open on Wednesday, July 25, 8:00 to 11:00 a.m. in the lobby of the University Plaza Hotel.

Registration information for MoEFACS Pre-Conference workshops can be accessed from the Missouri Family Consumer Sciences and Human Service website at: <http://dese.mo.gov/divcareered/documents/fcs-moefacs-pre-conference-registration-form-2012.pdf>.

Lodging

Rooms at the Howard Johnson Hotel (formerly the Clarion Hotel), headquarters for the MoEFACS division, are \$68.00 plus tax, which includes a full, hot breakfast buffet. One to four occupants per room will be housed at this rate. **Hotel reservations must be made through the Springfield Convention and Visitors Bureau.** An official housing form for the conference was mailed to all current Missouri ACTE members in early February. Those forms can be submitted by mail to the Housing Bureau, 815 East St. Louis, Suite 100, Springfield, MO 65806 or by fax to 417-881-7201. Conference housing can also be secured through the [Springfield CVB/Missouri ACTE Housing Bureau](#). **All room reservations must be guaranteed by a credit card or purchase order number.** If you wish to stay at the Howard Johnson, make your reservation early! Housing is on a first come, first served basis with a deadline of June 22, 2012.

Missouri ACTE Exhibits and General Sessions

The Missouri ACTE Conference will open Tuesday, July 24, with Michelle Shearer – 2011 National Teacher of the Year as the program opening speaker for all divisions at 10:00 a.m. at the Springfield Exposition Center. Missouri ACTE Awards/President –Election Speeches will take place from 10:00 – 10:30 a.m. followed by the morning program “Preparing All Students for College, Careers and Success in the 21st Century”. Michelle is a high school chemistry teacher in Frederick, Maryland and the 61st National Teacher of the Year. CCSSO Executive Director Gene Wilhoit said, “As National Teacher of the Year, Michelle will inspire educators across the country to embrace innovation and prepare their students to live and work in the 21st century.” Shearer is an advocate for STEM education for all K-12 students and believes that technology and teaching strategies enhance her efforts but recognizes the power of human connections as having a profound effect on her students’ achievement. Divisions will adjourn to their individual locations following the morning program. Individuals participating in the New Professionals/New Teachers Institute will move to Hall 1 at the Springfield EXPO center for a special luncheon. Exhibits will be at the Springfield Exposition Center and will be open from 1:00 p.m. to 6:00 p.m. on Monday, July 23 and from 8:00 a.m. to 2:00 p.m. on Tuesday, July 24. All MoEFACS members are encouraged to attend to view the exhibits and express their appreciation to the vendors for their participation and support.

Pre-Conference Courses and Workshops

Pre-conference courses and workshops will be offered on Monday July 23, in advance of the conference. More information and registration forms for these sessions can be found on the Missouri Family Consumer Sciences and Human Services website at:

<http://dese.mo.gov/divcareered/documents/fcs-moefacs-pre-conference-registration-form-2012.pdf>

Special Functions

- MoEFACS will host the **MoEFACS Awards and Recognition for 2012** “Family Consumer Sciences and Human Services The App for Life” celebration for all MoEFACS conference attendees on Tuesday, July 24 from 4:45 – 6:00 p.m. at the Howard Johnson Hotel. The Opening Keynote—“Connecting the Common Core and CTE” will be Michelle Shearer, 2011 National Teacher of the Year. Award Presentations will begin at 5:15 p.m.

- **MoACTE Night at the Springfield Cardinals Ballgame** begins at 7:00 p.m. on Tuesday. communities.

- **MoEFACS Joint Division Session**, Wednesday, July 25, 8-9:15 a.m. – Gayla Randel, DFCS – Education Program Consultant – Family Consumer Sciences, for the Kansas State Department of Education will speak on “The Importance of Family and Consumer Sciences Education Today and Tomorrow”. This presentation will discuss the role of Family Consumer Sciences in the next 5, 15, and 25 years. We will learn what the data is projecting and the challenges FCS may have to ensure society has sustainable and healthy families and communities.

Join MoEFACS at Summer Conference

continued



- MoEFACS will host the **Special Function Luncheon** with a special menu prepared by the Executive Chef at the Howard Johnson Hotel and special speaker Susan Faseler, Marketing Director of the Southern Oaks Inn, Branson, MO - "Redirecting NOT Retiring". Susan lives in Nixa, MO and spent 26 years as a FCS high school instructor. After retiring she found that she really had not "retired" but "redirected" her career to become the Marketing Director of their family owned hotel - Southern Oaks Inn in Branson.

Special Function Luncheon

Speaker: Susan Faseler, Marketing Director of their family owned hotel, Southern Oaks Inn in Branson, MO. What she learned by teaching Family Consumer Sciences has helped prepare Susan and her family for their current adventure and their appearance in a REALITY SHOW on the Travel Channel! Susan will share their experiences along the journey and during their Travel Channel appearance.

<http://southernoaksinn.com/our-story/>

<http://southernoaksinn.com/>

Events: (In the Atrium following lunch and the featured luncheon speaker.)

Designer Trunk Show—St. Louis Designers and Josie Beard, Be-Sew Inn Education Division

William Tell Overture Soufflé—Jo Manhart, Missouri Egg Council and Volunteers

Exhibits:

Lunch: Chef Eric Ford, a graduate of Southwest Baptist University, has spent much of his career in central Missouri. From saucier for Holiday Inn Sunspree Resort working under Chef Vincent Charbonneau to opening the Old Trail House Inn at the Lake of the Ozarks as the Executive Chef to being the Executive Chef at the Courtyard by Marriott in Columbia, three Upper Crust Restaurants, and today at the Howard Johnson Inn Springfield, MO. Chef Ford has served Colin Cowie, Jeff Corwin, Senators, the Mizzou Football team for two years and received the People's Choice in the Taste of Elegance award while at the Holiday Inn Convention Center. Chef Ford is creating wonderful menus for MoEFACS members to enjoy.

Menu:

Chef Ford's Salad with Assorted Dressings

Cucumber and Tomato Salad

Chicken Roulade

Creamy Chicken Rice Pilaf

Roasted Zucchini

Chocolate Peanut Butter Pie

Rolls and Butter

Coffee and Iced Tea

Bon Appetit!!

- MoACTE All Division Social will be held on Wednesday evening, July 25, beginning at 7:30 – 10:30 p.m. at The Ramada Oasis Convention Center, 2550 North Glenstone. The social is free of charge to all Missouri members.

- MoEFACS Closing Keynote – Thursday, July 26, 8:30 – 9:45 A.M. Mary Kim Schreck, Education Consultant, Author of "Transformers: Creative Teachers for the 21st Century". Mary will speak on "You've Got to Reach Them to Teach them: hard facts about the soft skills of student engagement". She has 36 years of classroom experience in a variety of environments. Most of her teaching career was spent with Francis Howell School District in St. Charles County, MO.

- MoEFACS Carousels will be held on Thursday, July 26, 10:00 a.m. to Noon.

See you in Springfield!

Family Consumer Sciences and Human Services Contact Information

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