Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements
- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

### A. Professional Requirements (Minimum of 16 semester hours)

#### 1. Content Planning and Delivery

<table>
<thead>
<tr>
<th>Course Number</th>
<th>Course Title</th>
<th>Semester Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. PHY ED 6462</td>
<td>The Physical Education Curriculum Instructional Design</td>
<td>3</td>
</tr>
<tr>
<td>TCH ED 5310</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>b. PHY ED 6464</td>
<td>Analysis of Teaching in Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>c. HLTH PE 5989</td>
<td>Practicum I: Site-Based Experience in Health and Physical Education</td>
<td>1</td>
</tr>
<tr>
<td>TCH ED 5312</td>
<td>Teaching Reading in the Content Areas</td>
<td>3</td>
</tr>
<tr>
<td>d. TCH ED 5312</td>
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<td>3</td>
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</tbody>
</table>

#### 2. Individual Student Needs

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>a. ED PSY 6222</td>
<td>Advanced Studies in Child &amp; Adolescent Development</td>
<td>3</td>
</tr>
<tr>
<td>b. SPEC ED 6412</td>
<td>Psychology of Exceptional Children</td>
<td>3</td>
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<td>3</td>
</tr>
<tr>
<td>TCH ED 5311</td>
<td>Foundations of Education</td>
<td>3</td>
</tr>
<tr>
<td>e. HLTH PE 5989</td>
<td>Practicum I: Site-Based Experience in Health and Physical Education</td>
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<tr>
<td>f. ED PSY 6222</td>
<td>Advanced Studies in Child &amp; Adolescent Development</td>
<td>3</td>
</tr>
</tbody>
</table>

#### 3. Schools and the Teaching Profession

<table>
<thead>
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</tr>
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<tbody>
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</tbody>
</table>
## 4. Literacy to include Reading and Writing in the Content Area (Minimum of 3 semester hours)

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</tr>
</thead>
<tbody>
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<td>3</td>
</tr>
</tbody>
</table>

## B. Field and Clinical Experiences (Minimum of 10 semester hours)

**Professional Requirements - Total Semester Hours**: 22

### 1. Early Field Experiences (Minimum of 1 semester hour with a minimum of 30 clock hours)
- **Course Number**: TCH ED 5000
- **Course Title**: Advanced Early Clinical Experience
- **Semester Hours**: 1

### 2. Mid-Level Field Experiences (Minimum of 1 semester hour with a minimum of 45 clock hours)
- **Course Number**: TCH ED 5001
- **Course Title**: Advanced Midlevel Clinical Experience Practicum I: Site-Based Experience in Health and Physical Education
- **Semester Hours**: 1

### 3. Culminating Clinical Experiences (Minimum of 8 semester hours with a minimum of 12 weeks in 1 placement)
- **Course Number**: HLTH PE 5991
- **Course Title**: Practicum II: Site-Based Experience in Health and Physical Education (12 weeks)
- **Semester Hours**: 6

- **Course Number**: HLTH PE 5992
- **Course Title**: Practicum II: Site-Based Experience in Health and Physical Education (4 weeks)
- **Semester Hours**: 2

**Field and Clinical Experiences - Total Semester Hours**: 11

## C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)

**NOTE**: Graduate students pursuing alternative teacher certification at UMSL must meet DESE definitions of a related degree or pass the appropriate Missouri Content Area (MoCA) exam(s) in order to satisfy the admission criteria for UMSL’s certification program. Degrees will be examined on a case by case basis to determine relevancy to content area and whether additional content courses are necessary. A passing score on the MoCA will be considered a primary indicator of specific content knowledge preparation. Candidate GPAs will meet the state certification requirement.

### 1. History and Philosophy (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 2. Anatomy-Physiology (3 semester hours)
- **Course Number**: HLTH PE 5991
- **Course Title**: Practicum II: Site-Based Experience in Health and Physical Education (12 weeks)
- **Semester Hours**: 6

### 3. Kinesiology (3 semester hours)
- **Course Number**: HLTH PE 5992
- **Course Title**: Practicum II: Site-Based Experience in Health and Physical Education (4 weeks)
- **Semester Hours**: 2

### 4. Physiology of Exercise (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 5. Assessment in Physical Education (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 6. Health Related Fitness/Wellness (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 7. Lifetime Activities and Dance (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 8. Adapted Physical Education (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 9. Psychological/Sociological Aspects of Physical Education (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 10. Motor Development/Motor Learning (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 11. First Aid, CPR, and Care of Activity/Sport Injuries (6 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 6

### 12. Movement and Rhythms (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 13. Team/Individual Sports Instruction (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

### 14. Instructional Techniques in Physical Education K-12 (6 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 6

### 15. Nutrition (3 semester hours)
- **Course Number**: TCH ED 5312
- **Course Title**: Teaching Reading in the Content Areas
- **Semester Hours**: 3

**Physical Education Content Knowledge Area - Total Semester Hours**: N/A

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The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email civilrights@dese.mo.gov.

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