



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION  
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

**PHYSICAL EDUCATION GRADES K-12**

EDUCATOR PREPARATION PROGRAM NAME <b>UNIVERSITY OF CENTRAL MISSOURI</b>	EDUCATOR PREPARATION PROGRAM CODE <b>121121</b>
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**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

**Certification Requirements**

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 16 semester hours)**

**1. Content Planning and Delivery**

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	EDFL 2100 PE 4770	Introduction to the Teaching Profession Curriculum and Planning	0.5 2.0
b. Instructional Strategies and Techniques in Content Area Specialty	PE 4890	Methods of Teaching and Assessment in K-12 Physical Education	2.0
c. Assessment, Student Data, and Data-Based Decision-Making	EDFL 2100 PE 4974	Introduction to the Teaching Profession Assessment and Data Based Decision-making	1.0 1.0
d. Strategies for Content Literacy	EDFL 4210 PE 4971	Introduction to Content Area Literacy Methods of Teaching Reading and Writing in Physical Education	0 0.5
e. Critical Thinking and Problem Solving	EDFL 2250 PE 4970	Introduction to ELL and Culturally Responsive Pedagogy Teaching and Management in Pre K-12 Physical Education	0.5 0.5
f. English Language Learning	EDFL 2250	Introduction to ELL and Culturally Responsive Pedagogy	0.5

**2. Individual Student Needs**

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PSY 3220 -OR- PSY 2220 -OR- CFD 1220	Life-Span Development -OR- Child & Adolescent Psychological Development -OR- Child & Adolescent Development	3.0
b. Psychology/Education of the Exceptional Child	EDSP 2100	Education of the Exceptional Child	1.5
c. Differentiated Learning	EDSP 2100 EDFL 2250	Education of the Exceptional Child Intro to ELL & Culturally Responsive Pedagogy	1.0 0.5
d. Classroom Management	PE 4970	Teaching and Management in Pre K-12 Physical Education	2.5
e. Cultural Diversity	EDFL 2250	Intro to ELL & Culturally Responsive Pedagogy	0.5
f. Educational Psychology	EDFL 2240	Educational Psychology	3.0

**3. Schools and the Teaching Profession**

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDFL 2100	Introduction to the Teaching Profession	1
b. Legal/Ethical Aspects of Teaching	EDFL 2100 EDSP 2100 PE 4740	Introduction to the Teaching Profession Education of the Exceptional Child Legal Liability in Fitness/Wellness and Physical Education Settings	0.5 0.5 2.0

4. Literacy to include Reading and Writing in the Content Area (Minimum of 3 semester hours)			
	Course Number	Course Title	Semester Hours
	EDFL 4210 PE 4971	Intro to Content Area Literacy Methods of Teaching Reading and Writing in PE	2.0 0.5
<b>Professional Requirements - Total Semester Hours</b>			<b>24.5</b>
B. Field and Clinical Experiences (Minimum of 10 semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of 1 semester hour with a minimum of 30 clock hours)	FLDX 2150	Introductory Field Experience	1
2. Mid-Level Field Experiences (Minimum of 1 semester hour with a minimum of 45 clock hours)	FLDX 3000 PE 4975	Field Experience in the Content Area Practicum in Pre K-12 Physical Education	1 1
3. Culminating Clinical Experiences (Minimum of 8 semester hours with a minimum of 12 weeks in 1 placement)	FLDX 4468 FLDX 4495	Student Teaching Secondary II Student Teaching Elementary I	4 5
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>12</b>
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (3 semester hours)	PE 1100 PE 2100	Orientation and History of Physical Education Foundations and Philosophy of Teaching Physical Education	2 3
2. Anatomy-Physiology (3 semester hours)	PE 1800 OR KIN 1800	Functional Anatomy OR Functional Anatomy	3
3. Kinesiology (3 semester hours)	PE 2800 OR KIN 2800	Biomechanics OR Biomechanics	3
4. Physiology of Exercise (3 semester hours)	PE 2850 OR KIN 2850	Foundations of Exercise Physiology OR Foundations of Exercise Physiology	3
5. Assessment in Physical Education (3 semester hours)	PE 3350 PE 4890 PE 4974	Assessment of Elementary and Secondary Skills Methods of Teaching and Assessment in K-12 Physical Education Assessment and Data-Based Decision Making	2 1 1
6. Health Related Fitness/Wellness (3 semester hours)	PE 3310	Analysis and Teaching of Physical Training	3
7. Lifetime Activities and Dance (3 semester hours)	PE 3340 PE 4450 PE 4460	Analysis and Teaching of Lifetime Activities Techniques of Teaching PE Activities in Elementary Schools Techniques of Teaching PE Activities in Middle and High Schools	3 1 1
8. Adapted Physical Education (3 semester hours)	PE 4340	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (3 semester hours)	PE 4845	Psychological and Social Aspects of Physical Education	3
10. Motor Development/Motor Learning (3 semester hours)	PE 2455	Growth and Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (6 semester hours)	HED 1350 OR HLTH 1350 OR AT 1620 AND AT 3610	Responding to Emergencies OR Responding to Emergencies OR Responding to Emergencies For Prof. Rescuers AND Care and Prevention of Injuries	3   AND 3
12. Movement and Rhythms (3 semester hours)	PE 3320	Analysis and Teaching of Elementary Skills	3
13. Team/Individual Sports Instruction (3 semester hours)	PE 3330	Analysis and Teaching of Secondary Skills	3
14. Instructional Techniques in Physical Education K-12 (6 semester hours)	PE 4450 PE 4460	Techniques of Teaching PE Activities in Elementary Schools Techniques of Teaching PE Activities in Secondary Schools	2 2
15. Nutrition (3 semester hours)	HED 1200 OR HLTH 1200	Applied Nutrition for Healthy Living Applied Nutrition for Healthy Living	3
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>54</b>

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6<sup>th</sup> Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).