



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION  
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

**PHYSICAL EDUCATION, GRADES K-12 - POST BACCALAUREATE**

EDUCATOR PREPARATION PROGRAM NAME

UNIVERSITY OF CENTRAL MISSOURI

EDUCATOR PREPARATION PROGRAM CODE

121121

**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above. The EPP Code may be located at <https://dese.mo.gov/sites/default/files/EPP-Code-Name.pdf>

**Certification Requirements:**

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573/751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 26 semester hours)**

**1. Content Planning and Delivery**

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	PE 4770	Curriculum and Planning	2.0
	EDFL 2100 EDFL 5340	Introduction to the Teaching Profession Contemporary Instruction: Theory & Practice	0.5 OR 1.0
b. Instructional Strategies and Techniques in Content Area Specialty	PE 4890	Methods of Teaching and Assessment in K-12 Physical Ed	3.0
c. Assessment, Student Data, and Data-Based Decision-Making	EDFL 2100 PE 4974 EDFL 4300 EDFL 5300	Introduction to the Teaching Profession Assessment and Data Based Decision-Making Educational Measurement and Evaluation Advanced Assessment & Evaluation	1.0 AND 1.0 2.0 OR 3.0
d. Strategies for Content Literacy	EDFL 4210 PE 4971  EDFL 5208	Introduction to Content Area Literacy Methods of Teaching Reading & Writing in Physical Education  Content Area Literacy	0.0 AND 0.0 OR 0.0
e. Critical Thinking and Problem Solving	EDFL 2250 PE 4970 EDFL 5340	Intro to ELL and Culturally Responsive Pedagogy Teaching and Management in Prek-12 Physical Education Contemporary Instruction Theory & Practice	0.5 AND 0.5 OR 1.0
f. English Language Learning	EDFL 2250	Intro to ELL & Culturally Responsive Pedagogy	0.5

**2. Individual Student Needs**

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PSY 2220 PSY 3220 CFD 1220 COUN 5310	Child & Adolescent Psychology OR Life-Span Development OR Child & Adolescent Development OR Development Across the Lifespan	3.0
b. Psychology/Education of the Exceptional Child	EDSP 2100 EDSP 5200	Education of the Exceptional Child Advanced Education of the Exceptional Child	1.5 OR 1.0
c. Differentiated Learning	EDSP 2100 EDSP 5200  EDFL 2250	Education of the Exceptional Child Advanced Education of the Exceptional Child  Intro to ELL & Culturally Responsive Pedagogy	1.5 OR 0.5  0.5
d. Classroom Management	PE 4970 EDFL 3500 EDFL 5330	Teaching and Management in Prek-12 Physical Education Secondary Teaching and Behavior Mgmt Classroom Discipline and Motivation	2.5 OR 2.0 OR 3.0
e. Cultural Diversity	EDFL 2250	Intro to ELL & Culturally Responsive Pedagogy	0.5
f. Educational Psychology	EDFL 2240 EDFL 5200	Educational Psychology Advanced Educational Psychology	3.0 OR 3.0

**3. Schools and the Teaching Profession**

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDFL 2100 EDFL 5340	Introduction to the Teaching Profession Contemporary Instruction Theory and Practice	1.0 OR 1.0

b. Legal/Ethical Aspects of Teaching	EDFL 2100 PE 4740 EDSP 2100 EDSP 5200	Introduction to the Teaching Profession Legal Liabilities in Fitness/Wellness and PE Settings Education of the Exceptional Child Advanced Education of the Exceptional Child	0.5 OR 2.0 OR 0.5 OR 1.5
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours for K-12 certification areas)			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
	EDFL 4210 PE 4971	Introduction to Content Area Literacy Methods of Teaching Reading & Writing in Physical Educ	2.0 AND 0.5 OR 3.0
	EDFL 5208	Content Area Literacy	
<b>Professional Requirements - Total Semester Hours</b>			<b>26-30</b>
<b>B. Field and Clinical Experiences (Minimum of ten semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	FLDX 2150 FLDX 3000	Introductory Field Experience OR Field Experience I in the Content Area	1.0 OR 1.0
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	FLDX 3550 FLDX 4970 PE 4975	Practicum in Secondary Instruction OR Field Experience II in the Content Area OR Practicum in Prek-12 Physical Education	1.0 OR 1.0 OR 1.0
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	EDFL 5100 FLDX 4468 FLDX 4495  FLDX 4468 FLDX 4595	Internship AND Student Teaching Secondary II OR Student Teaching Elementary I  Student Teaching Secondary II Student Teaching Secondary I	3.0 AND 5.0 OR 5.0 OR 4.0 AND 4.0
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>10</b>
<b>C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. History and Philosophy (three semester hours)	PE 1100 PE 2100	Orientation and History of Physical Education Foundations and Philosophy of Teaching Physical Education	2 3
2. Anatomy-Physiology (three semester hours)	PE 1800	Functional Anatomy	3
3. Kinesiology (three semester hours)	PE 2800	Biomechanics	3
4. Physiology of Exercise (three semester hours)	PE 2850	Foundations of Exercise Physiology	3
5. Assessment in Physical Education (three semester hours)	PE 3350 PE 4890  PE 4974	Assessment of Elementary and Secondary Skills Methods of Teaching and Assessment in K-12 Physical Education Assessment and Data-Based Decision Making	2 1 1
6. Health Related Fitness/Wellness (three semester hours)	PE 3310	Analysis and Teaching of Physical Training	3
7. Lifetime Activities and Dance (three semester hours)	PE 3340 PE 4450  PE 4460	Analysis and Teaching of Lifetime Activities Techniques of Teaching PE Activities in Elementary Schools Techniques of Teaching PE Activities in Middle and High Schools	3 1 1
8. Adapted Physical Education (three semester hours)	PE 4340	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	PE 4845	Psychological and Social Aspects of Physical Education	3
10. Motor Development/Motor Learning (three semester hours)	PE 2455	Growth and Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	HED/HLTH 1350 AT 3610	Responding to Emergencies Care and Prevention of Injuries	3 3
12. Movement and Rhythms (three semester hours)	PE 3320	Analysis and Teaching of Elementary Skills	3
13. Team/Individual Sports Instruction (three semester hours)	PE 3330	Analysis and Teaching of Secondary Skills	3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	PE 4450  PE 4460	Techniques of Teaching PE Activities in Elementary Schools Techniques of Teaching PE Activities in Secondary Schools	2 2
15. Nutrition (three semester hours)	HED/HLTH 1200	Applied Nutrition for Healthy Living	3
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>54</b>

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