



**PHYSICAL EDUCATION, GRADES K-12**

EDUCATOR PREPARATION PROGRAM NAME SOUTHWEST BAPTIST UNIVERSITY	EDUCATOR PREPARATION PROGRAM CODE 635440
---	---

**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above. The EPP Code may be located at <https://dese.mo.gov/sites/default/files/EPP-Code-Name.pdf>

**Certification Requirements:**

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Certification, 573/751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 16 semester hours)**

1. Content Planning and Delivery			
	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	EDU 3333	Principles & Methods of Secondary Instruction	1
b. Instructional Strategies and Techniques in Content Area Specialty	KIN 3133 KIN 4533	Teaching Elementary Physical Education Secondary Methods of Teaching PE	0 0
c. Assessment, Student Data, and Data-Based Decision-Making	EDU 4832	Assessment and Evaluation of Learners	2
d. Strategies for Content Literacy	EDU 3613	Content Area Literacy	0
e. Critical Thinking and Problem Solving	EDU 3333	Principles & Methods of Secondary Instruction	0.2
f. English Language Learning	EDU 2313	Foundations of Education	1
2. Individual Student Needs			
	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	EDU 3043 OR PSY 3063 AND PSY 4033	Learner Development & the Classroom OR Human Growth & Development AND Adolescent Development	3 3 3
b. Psychology/Education of the Exceptional Child	KIN 4043	Adaptive PE	0
c. Differentiated Learning	EDU 3333	Principles & Methods of Secondary Instruction	0.4
d. Classroom Management	EDU 3833	Behavior and Classroom Management	3
e. Cultural Diversity	EDU 2313	Foundations of Education	1
f. Educational Psychology	EDU 2113	Educational Psychology	3
3. Schools and the Teaching Profession			
	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDU 3333	Principles & Methods of Secondary Instruction	0.4
b. Legal/Ethical Aspects of Teaching	EDU 2313 EDU 4691	Foundations of Education Student Teaching Seminar	1 1
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
	EDU 3613	Content Area Literacy	3
<b>Professional Requirements - Total Semester Hours</b>			<b>20-23</b>

<b>B. Field and Clinical Experiences (Minimum of ten semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	EDU 2141	Field Experience I Secondary	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	EDU 3341	Field Experience II Secondary	1
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	EDU 4959	Student Teaching in K-12	10
<b>Field and Clinical Experiences - Total Semester Hours</b>			
<b>C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. History and Philosophy (three semester hours)	KIN 1033	Foundations of Physical Education	3
2. Anatomy-Physiology (three semester hours)	KIN 2133 or BIO 2204 or ATH 3033	Principles of Human Anatomy or Human Anatomy and Physiology I or Functional Anatomy	3 or 4 or 3
3. Kinesiology (three semester hours)	KIN 4003	Kinesiology	3
4. Physiology of Exercise (three semester hours)	KIN 3073	Physiology of Exercise	3
5. Assessment in Physical Education (three semester hours)	KIN 3053	Measurement & Evaluation in PE	3
6. Health Related Fitness/Wellness (three semester hours)	KIN 1163 or KIN 1162	Foundations of Physical Fitness/Wellness for Professionals <b>OR</b> Foundations of Physical Fitness/Wellness	3 or 2
7. Lifetime Activities and Dance (three semester hours)	KIN 2143 or KIN 1142  KIN 3043	Lifetime Activities or Outdoor Adventure Skills  Analysis of Basic Rhythms	2.5 or 2  0.5
8. Adapted Physical Education (three semester hours)	KIN 4043	Adaptive Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	KIN 4013	Sport in America Society	3
10. Motor Development/Motor Learning (three semester hours)	KIN 2023 or KIN 2022	Perceptual Motor Development or Perceptual Motor Development	3 or 2
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	KIN 3083 or ATH 3013  KIN 3093 or ATH 3093	Care and Prevention of Athletic Injuries or Athletic Training Techniques I  Responding to Emergencies or Emergency Medicine	3  3
12. Movement and Rhythms (three semester hours)	KIN 2143 or KIN 1142  KIN 3043	Lifetime Activities or Outdoor Adventure Skills  Analysis of Basic Rhythms	0.5 or 2  2.5
13. Team/Individual Sports Instruction (three semester hours)	KIN 1023 or KIN 1012 KIN 1022	Individual and Team Activities or General Activities I General Activities II	3 or 2 2
14. Instructional Techniques in Physical Education K-12 (six semester hours)	KIN 4533 KIN 3133	Secondary Methods of Teaching PE Teaching PE in the Elementary School	3 3
15. Nutrition (three semester hours)	KIN 2243 or BIO 2243	Nutrition or Nutrition	3 or 3
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>51</b>

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6<sup>th</sup> Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).