



**PHYSICAL EDUCATION, GRADES K-12**

EDUCATOR PREPARATION PROGRAM NAME <b>William Woods University</b>	EDUCATOR PREPARATION PROGRAM CODE <b>511106</b>
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**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

**Certification Requirements**

- **Course Number** – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Course Title** – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Semester Hours** – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 16 semester hours)**

**1. Content Planning and Delivery**

	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
a. Curriculum and Instructional Planning	PED 250 or PED309,  PED 307, PED 308, PED 350 or EXS350, PED 418, EDU 492	History and Philosophy or Foundational History and Philosophy of Physical Education, Methods of Teaching Elementary PE, Creative Movement, Adapted Physical Education, Methods of Teaching Secondary Physical Education, Educational Seminar	4 (Hours portioned out from each course title)
b. Instructional Strategies and Techniques in Content Area Specialty	PED 250 or PED309,  PED 307, PED 308, PED 350 or EXS350, PED 418, EDU 291, EDU 492	History and Philosophy or Foundational History and Philosophy of Physical Education, Methods of Teaching Elementary PE, Creative Movement, Adapted Physical Education, Methods of Teaching Secondary Physical Education, Beginning Clinical Experience or Pre Student Teaching 1, Educational Seminar	3 (Hours portioned out from each course title)
c. Assessment, Student Data, and Data-Based Decision-Making	EXS 422 or PED 405	Measurement and Assessment	3
d. Strategies for Content Literacy	EDU 392	Reading and Writing in the Content Area or Reading in the Content Area	3
e. Critical Thinking and Problem Solving	EDU 291,  EDU 292 or EDU 395, EDU 392,  PED 250 or PED309,  PED 307, PED 308, PED 418	Beginning Clinical Experience or Pre Student Teaching 1, Pre Student Teaching II or Intermediate Clinical Experience, Reading in the Content Area or Reading and Writing in the Content Area, History and Philosophy or Foundational History and Philosophy of Physical Education, Methods of Teaching Elementary PE, Creative Movement, Methods of Teaching Secondary PE	3 (Hours portioned out from each course title)
f. English Language Learning	EDU 201, EDU 292 or EDU 395, EDU 392,  PED 307, PED 418	Multicultural Education, Pre Student Teaching II or Intermediate Clinical Experience, Reading in the Content Area or Reading and Writing in the Content Area, Methods of Teaching Elementary PE, Methods of Teaching Secondary PE	3 (Hours portioned out from each course title)

2. Individual Student Needs			
	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PSY 226 or PSY 209 AND PSY 316	Child and Adolescent Development or Child Development and Middle/Adolescent Psychology	3/6
b. Psychology/Education of the Exceptional Child	EDU 231	Exceptional Child	3
c. Differentiated Learning	EDU 231, EDU 291, PED 307, PED 308, PED 350 or EXS350, PED 418	Exceptional Child, Pre Student Teaching 1 or Beginning Clinical Experience, Methods of Teaching Elementary PE, Creative Movement, Methods of Teaching Secondary PE, Adapted Physical Education	3 (hours portioned out across from each course title)
d. Classroom Management	PED 250 or PED309, PED 307, PED 308, PED 350 or EXS350, PED 418	History and Philosophy or Foundational History and Philosophy of Physical Education, Methods of Teaching Elementary PE, Creative Movement, Adapted Physical Education, Methods of Teaching Secondary PE	3 (hours portioned out across from each course title)
e. Cultural Diversity	EDU 201, EDU 292 or EDU 395, EDU 492, PED 250 or PED309	Multicultural Education, Pre Student Teaching 2 or Intermediate Clinical Experience, Educational Seminar, History and Philosophy or Foundational History and Philosophy of Physical Education	3 (hours portioned out across from each course title)
f. Educational Psychology	PSY 221	Educational Psychology	3
3. Schools and the Teaching Profession			
	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDU 291, EDU 392, EDU 492, PED 307, EXS 422 or PED405, PED 418	Beginning Clinical Experience or Pre Student Teaching 1, Reading in the Content Area or Reading and Writing in the Content Area, Educational Seminar, Methods of Teaching Elementary PE, Measurement and Evaluation, Methods of Teaching Secondary PE	3 (Hours portioned out from each course title)
b. Legal/Ethical Aspects of Teaching	EDU 250, EDU 291, EDU 492, PED 250 or PED309,  PED 307, PED 308, PED 350 or EXS 350, PED 418	Foundations of Education, Pre Student Teaching 1 or Beginning Clinical Experience, Educational Seminar, History and Philosophy or Foundational History and Philosophy of Physical Education, Methods of Teaching Elementary PE, Creative Movement, Adapted Physical Education, Methods of Teaching Secondary PE	3 (Hours portioned out from each course title)
4. Literacy to include Reading and Writing in the Content Area (Minimum of 3 semester hours)			
	Course Number	Course Title	Semester Hours
	EDU 392	Reading in the Content Area or Reading and Writing in the Content Area	3
<b>Professional Requirements - Total Semester Hours</b>			<b>43</b>

<b>B. Field and Clinical Experiences (Minimum of 10 semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. Early Field Experiences (Minimum of 1 semester hour with a minimum of 30 clock hours)	EDU 291	Pre Student Teaching 1 or Beginning Clinical Experience	1/2
2. Mid-Level Field Experiences (Minimum of 1 semester hour with a minimum of 45 clock hours)	EDU 292 or EDU 395	Pre Student Teaching 2 or Intermediate Clinical Experience	1/3
3. Culminating Clinical Experiences (Minimum of 8 semester hours with a minimum of 12 weeks in 1 placement)	EDU 499; 492	Supervised Student Teaching; Educational Seminar	12
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>14/17</b>
<b>C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. History and Philosophy (3 semester hours)	PED 250 or PED309	History and Philosophy or Foundations of History and Philosophy in Physical Education	3
2. Anatomy-Physiology (3 semester hours)	PED 205 or EXS 205 or BIO313/314	Introduction to Anatomy/Physiology Human Anatomy and Physiology 1	3
3. Kinesiology (3 semester hours)	PED 321 or EXS 321	Kinesiology	3
4. Physiology of Exercise (3 semester hours)	PED 221 or EXS 322 or EXS 302 or EHP 322	Physiology of Exercise Introduction to Exercise Physiology Exercise Physiology Exercise Physiology	3
5. Assessment in Physical Education (3 semester hours)	PED 405 or EXS 422	Measurement and Evaluation	3
6. Health Related Fitness/Wellness (3 semester hours)	ATR 100 or EXS 100	Personal Health	3
7. Lifetime Activities and Dance (3 semester hours)	3 or hrs from PED 108 PED 112 PED 113 PED 123 PED 142 PED 144 PED131 EHP201	Outdoor Activities Beginning Tennis Fitness Folk and Square Dance Beginning Golf Low Ropes and Team Building Weight Control and Conditioning Techniques of Resistance Training	3
8. Adapted Physical Education (3 semester hours)	PED 350 or EXS 350	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (3 semester hours)	PED 220 or EXS 220 or PSY 401	Sociology of Sports or Psychology of Sports	3
10. Motor Development/Motor Learning (3 semester hours)	PED 215 or EXS 314	Motor Learning and Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (6 semester hours)	PED 104 or EXS 104; ATR 220/221 or EXS 303/304	First Aid and CPR; Prevention and Care of Injuries with Lab	5/6
12. Movement and Rhythms (3 semester hours)	PED 308	Creative Movement	3
13. Team/Individual Sports Instruction (3 semester hours)	PED 135, PED 136,	Team Sports, Individual and Dual Sports,	3
14. Instructional Techniques in Physical Education K-12 (6 semester hours)	PED 307, PED 418	Methods of Teaching Elementary PE, Methods of Teaching Secondary PE	6
15. Nutrition (3 semester hours)	ATR 103 or EXS 103	Nutrition	3
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>51</b>

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6<sup>th</sup> Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).