



PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME NORTHWEST MISSOURI STATE UNIVERSITY	EDUCATOR PREPARATION PROGRAM CODE 118118
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INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above. The EPP Code may be located at <https://dese.mo.gov/sites/default/files/EPP-Code-Name.pdf>

Certification Requirements:

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery			
	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	62-218	Designing Integrated Curriculum (Part II)	
b. Instructional Strategies and Techniques in Content Area Specialty	62-215 62-218 22-580	Designing Integrated Curriculum (Part I) Designing Integrated Curriculum (Part II) Methods Secondary Physical Education	3
c. Assessment, Student Data, and Data-Based Decision-Making	22-580 62-321	Methods Secondary Physical Education Designing Intervention and Assessment	2
d. Strategies for Content Literacy	62-230	Adolescent Literacy	
e. Critical Thinking and Problem Solving	62-118 62-119 62-321	Teaching is Communication Professional Learning Community III Designing Intervention and Assessment	1
f. English Language Learning	62-117 62-118 61-569 62-321	Inclusive Classrooms and Positive Learning Environments Teaching is Communication Multiculturalism in Education Designing Intervention and Assessment	1.5
2. Individual Student Needs			
	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	08-322 or 08-317	Adolescent Psychology or Psychology of Early Adolescence	2
b. Psychology/Education of the Exceptional Child	62-117	Inclusive Classrooms and Positive Learning Environments	1
	62-118 62-119 62-321	Teaching is Communication Professional Learning Communities III Designing Intervention and Assessment	1
c. Differentiated Learning	62-119 62-321	Professional Learning Community II Designing Intervention and Assessment	
d. Classroom Management	62-117 62-118 62-119 61-270	Inclusive Classrooms and Positive Learning Environments Teaching is Communication Professional Learning Communities III Classroom Management Strategies	1

e. Cultural Diversity	62-117 62-118 61-569	Inclusive Classrooms and Positive Learning Environments Teaching is Communication Multiculturalism in Education	1.5
f. Educational Psychology	08-299	Educational Psychology	3
3. Schools and the Teaching Profession			
	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	62-117 62-118 62-119 62/61-325 22-260	Inclusive Classrooms and Positive Learning Environments Teaching is Communication Professional Learning Community III Professional Learning Communities VI Physical Education Early Field Experience	
b. Legal/Ethical Aspects of Teaching	62-118 62-119	Teaching is Communication Professional Learning Community III	
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
	62-230 62-322/323 62-325	Adolescent Literacy Literacy Assessment and Intervention: Theory and Techniques Professional Learning Community VI	1 2/1 1
Professional Requirements - Total Semester Hours			21
B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	22-260	Observation and Practicum I	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	22-360	Mid Level Field Experience	1
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	61-472	Directed Teaching in Secondary School	8
Field and Clinical Experiences - Total Semester Hours			10
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)	22-239	Foundations of Physical Education	3
2. Anatomy-Physiology (three semester hours)	22-254	Anatomy and Physiology	3
3. Kinesiology (three semester hours)	22-336	Basic Biomechanics	3
4. Physiology of Exercise (three semester hours)	22-332	Physiology of Exercise	3
5. Assessment in Physical Education (three semester hours)	22-537	Assessment in Physical Education	3
6. Health Related Fitness/Wellness (three semester hours)	22-114 or 22-110 22-111	Wellness or Lifetime Wellness and Lifetime Wellness Lab	3 or 2 and 1
7. Lifetime Activities and Dance (three semester hours)	22-220 or 22-207and 22-208	Lifetime Activities and Dance or Aerobic & Strength Conditioning and Techniques of Folk, Square, and Recreational Dance	3 or 3 and 3
8. Adapted Physical Education (three semester hours)	22-410	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	22-512	Psych/Soc Aspects of Human Performance	3
10. Motor Development/Motor Learning (three semester hours)	22-523	Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	22-233 22-382	First Aid, CPR, and Care of Sports Injuries Care and Prevention of Athletic Injuries	3 3

12. Movement and Rhythms (three semester hours)	22-362 Or 22-361	Creative Movement and Rhythms Or Creative Rhythms and Activities	3 Or 2
13. Team/Individual Sports Instruction (three semester hours)	22-435 or 22-430 or 22-431	Lifetime Team and Individual Sports Instruction or Team Sports Individual Sports	3 or 3 or 3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	22-238 22-580	Health and Physical Education Methods in the Elementary School Methods in Secondary Physical Education	3 3
15. Nutrition (three semester hours)	22-335 or 15-234 or 47-234	Sport and Exercise Nutrition Topics or Nutrition and Diet Behavior	3
Physical Education Content Knowledge Area - Total Semester Hours			51

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