



**PHYSICAL EDUCATION, GRADES K-12 - ALTERNATIVE**

EDUCATOR PREPARATION PROGRAM NAME NORTHWEST MISSOURI STATE UNIVERSITY	EDUCATOR PREPARATION PROGRAM CODE 118118
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**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above. The EPP Code may be located at <https://dese.mo.gov/sites/default/files/EPP-Code-Name.pdf>

**Certification Requirements:**

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

<b>A. Professional Requirements (Minimum of 16 semester hours)</b>			
<b>1. Content Planning and Delivery</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
a. Curriculum and Instructional Planning	22-580	Methods in Secondary Physical Education	1
b. Instructional Strategies and Techniques in Content Area Specialty	22-580	Methods in Secondary Physical Education	1
c. Assessment, Student Data, and Data-Based Decision-Making	22-580	Methods in Secondary Physical Education	1
d. Strategies for Content Literacy	62-553 OR 62-619	Reading Program in Secondary School OR Literacy in the Secondary School	
e. Critical Thinking and Problem Solving	61-615 61-617	Organizing for Learning Organizing for Learning II	1 1.5
f. English Language Learning	61-569	Multiculturalism	.75
<b>2. Individual Student Needs</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
a. Psychological Development of the Child and Adolescent	61-614	Introduction to Teaching	1
b. Psychology/Education of the Exceptional Child	61-616	Teaching Strategies	2
c. Differentiated Learning	61-569 61-614	Multiculturalism Introduction to Teaching	.75 1
d. Classroom Management	61-615 61-617	Organizing for Learning Organizing for Learning II	1 1
e. Cultural Diversity	61-569	Multiculturalism	1.5
f. Educational Psychology	61-614	Introduction to Teaching	1
<b>3. Schools and the Teaching Profession</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
a. Consultation and Collaboration	61-615	Organizing for Learning	1
b. Legal/Ethical Aspects of Teaching	61-617	Organizing for Learning II	.5
<b>4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
a. Reading and Writing in the Content Area	62-553 OR 62-619	Reading Program in Secondary School OR Literacy in the Secondary School	3
<b>Professional Requirements - Total Semester Hours</b>			<b>20</b>

<b>B. Field and Clinical Experiences (Minimum of ten semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	61-614	Introduction to Teaching	Candidate must be issued a provisional certificate and complete 2 years of successful teaching experience.
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	61-616	Teaching Strategies	Candidate must be issued a provisional certificate and complete 2 years of successful teaching experience.
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	61-690	Internship in Teaching	Candidate must be issued a provisional certificate and complete 2 years of successful teaching experience.
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>Candidate must be issued a provisional certificate and complete 2 years of successful teaching experience.</b>
<b>C. Physical Education Content Knowledge Area (Minimum of 51 semester hours) **All fulfilled through undergraduate degree in related content area OR passage of the designated Missouri Content Assessment.</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. History and Philosophy (three semester hours)			
2. Anatomy-Physiology (three semester hours)			
3. Kinesiology (three semester hours)			
4. Physiology of Exercise (three semester hours)			
5. Assessment in Physical Education (three semester hours)			
6. Health Related Fitness/Wellness (three semester hours)			
7. Lifetime Activities and Dance (three semester hours)			
8. Adapted Physical Education (three semester hours)			
9. Psychological/Sociological Aspects of Physical Education (three semester hours)			
10. Motor Development/Motor Learning (three semester hours)			
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)			
12. Movement and Rhythms (three semester hours)			
13. Team/Individual Sports Instruction (three semester hours)			

14. Instructional Techniques in Physical Education K-12 (six semester hours)			
15. Nutrition (three semester hours)			
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>**All fulfilled through undergraduate degree in related content area OR passage of the designated Missouri Content Assessment.</b>

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6<sup>th</sup> Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).