



**PHYSICAL EDUCATION, GRADES K-12**

EDUCATOR PREPARATION PROGRAM NAME <b>MISSOURI WESTERN STATE UNIVERSITY</b>	EDUCATOR PREPARATION PROGRAM CODE <b>160160</b>
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**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above. The EPP Code may be located at <https://dese.mo.gov/sites/default/files/EPP-Code-Name.pdf>

**Certification Requirements:**

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573/751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 16 semester hours)**

**1. Content Planning and Delivery**

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	EDU 304	Applied Methods & Management	1
b. Instructional Strategies and Techniques in Content Area Specialty	PED 240 PED 382	Methods of Teaching Lifetime Activities for Secondary Physical Education Elementary School Physical Education	Hours Listed Below
c. Assessment, Student Data, and Data-Based Decision-Making	EDU 225 EDU 404	Educational Psychology Seminar in Secondary Elementary Education & Human Relations	.5 .5
d. Strategies for Content Literacy	EDU 311	Secondary Reading Techniques	Hours Listed Below
e. Critical Thinking and Problem Solving	EDU 202 EDU 303 EDU 409	Introduction to Education Experience in Teaching II Secondary Student Teaching III	1 .5 .5
f. English Language Learning	EDU 202 EDU 304 EDU 404	Introduction to Education Applied Methods and Management Seminar in Secondary Elementary Education & Human Relations	1 .5 .5

**2. Individual Student Needs**

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PSY 140 OR PSY 240 OR PSY 319	Psychological Development of Children & Adolescents for Educators Life-span Developmental Psychology Child/Adolescent Psychology	3
b. Psychology/Education of the Exceptional Child	EDU 315	Psychology & Education of the Exceptional Child	2
c. Differentiated Learning	EDU 315	Psychology & Education of the Exceptional Child	1
d. Classroom Management	EDU 304	Applied Methods & Management	1
e. Cultural Diversity	EDU 225 EDU 304 EDU 404	Educational Psychology Applied Methods and Management Seminar in Secondary Elementary Education & Human Relations	.5 .5 .5
f. Educational Psychology	EDU 225	Educational Psychology	2

**3. Schools and the Teaching Profession**

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDU 404	Seminar in Secondary Education & Human Relations	1
b. Legal/Ethical Aspects of Teaching	EDU 202 EDU 404	Introduction to Education Seminar in Secondary Education & Human Relations	1 .5

4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
	EDU 311	Secondary Reading Techniques	3
<b>Professional Requirements - Total Semester Hours</b>			<b>22</b>
B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	EDU 203	Participation in Teaching I	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	EDU 303	Experience in Teaching II	1.5
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	EDU 409	Secondary Student Teaching III	8.5
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>11</b>
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)	PED 191	Foundations of Physical Education	3
2. Anatomy-Physiology (three semester hours)	BIO 250	Anatomy & Physiology	5
3. Kinesiology (three semester hours)	PED 303	Kinesiology	3
4. Physiology of Exercise (three semester hours)	PED 304	Physiology of Exercise	3
5. Assessment in Physical Education (three semester hours)	PED 393	Measurement in Physical Education	3
6. Health Related Fitness/Wellness (three semester hours)	PED 101	Fitness & Wellness	3
7. Lifetime Activities and Dance (three semester hours)	PED 481 PED 246	Children's Lifetime Sports Academy Concepts of Dance & Gymnastics	2 3
8. Adapted Physical Education (three semester hours)	PED 383	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	PED 375 OR PED 374	Sociocultural Aspects of Sport & Physical Activity OR Psychology of Sport	3 Or 3
10. Motor Development/Motor Learning (three semester hours)	PED 392	Child Growth & Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	PED 305 OR PED 306 AND PED 385	First Aid: Responding to Emergencies OR Sports Safety Training AND Athletic Training	3 3
12. Movement and Rhythms (three semester hours)	PED 380	Rhythms & Creative Movements for Elementary School	3
13. Team/Individual Sports Instruction (three semester hours)	PED 241	Concepts of Sports Activities	3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	PED 240 PED 382	Methods of Teaching Lifetime Activities for Secondary Physical Education Elementary School Physical Education	3 3
15. Nutrition (three semester hours)	PED 352	Fitness & Sports Nutrition	3
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>55</b>

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