



**PHYSICAL EDUCATION, GRADES K-12**

EDUCATOR PREPARATION PROGRAM NAME <b>MISSOURI SOUTHERN STATE UNIVERSITY</b>	EDUCATOR PREPARATION PROGRAM CODE <b>143143</b>
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**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above. The EPP Code may be located at <https://dese.mo.gov/sites/default/files/EPP-Code-Name.pdf>

**Certification Requirements:**

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573/751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 16 semester hours)**

**1. Content Planning and Delivery**

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	EDUC 329 KINE 438	Pedagogical Theory, Methods, and Practices Applications in Physical Education	3
b. Instructional Strategies and Techniques in Content Area Specialty	EDUC 321 KINE 310  KINE 312  KINE 355	Microteaching Theory and Technique of Elementary Physical Education I Theory and Technique of Elementary Physical Education II Lifetime Sports Academy Practicum	1
c. Assessment, Student Data, and Data-Based Decision-Making	EDUC 329 KINE 438	Pedagogical Theory, Methods, and Practices Applications in Physical Education	
d. Strategies for Content Literacy	EDUC 422	Content Area Literacy I: Secondary/Middle	
e. Critical Thinking and Problem Solving	EDUC 329 EDUC 301 KINE 438	Pedagogical Theory, Methods, and Practices Technology in Education Applications in Physical Education	3
f. English Language Learning	EDUC 380 or EDUC 480	Second Language Acquisition or Instructional Techniques for Teaching English Language Learners	3

**2. Individual Student Needs**

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PSY 310	Educational Psychology	
b. Psychology/Education of the Exceptional Child	KINE 375	Adapted Physical Education	
c. Differentiated Learning	EDUC 329 KINE 438	Pedagogical Theory, Methods, and Practices Applications in Physical Education	
d. Classroom Management	EDUC 423	Classroom Management	2.5
e. Cultural Diversity	EDUC 280	Education in a Global Society	2
f. Educational Psychology	PSY 310	Educational Psychology	3

**3. Schools and the Teaching Profession**

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDUC 432	Critical Issues in Education	2
b. Legal/Ethical Aspects of Teaching	EDUC 432	Critical Issues in Education	

**4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)**

	Course Number	Course Title	Semester Hours
	EDUC 422	Content Area Literacy I: Secondary/Middle	3

**Professional Requirements - Total Semester Hours 22.5**

<b>B. Field and Clinical Experiences (Minimum of ten semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	EDUC 280	Education in a Global Society	1.0
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	EDUC 329	Pedagogical Theory Methods, and Practices	1.0
	EDUC 423 KINE 312	Classroom Behavior Management Theory and Technique of Elementary Physical Education II	.5 .5
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	KINE 355 EDUC 464	Lifetime Sports Academy Practicum Student Teaching- K-12	10
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>13</b>
<b>C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. History and Philosophy (three semester hours)	KINE 135	History and Philosophy of Physical Educ.	2.0
	KINE 251	Lifetime Activities	1.0
2. Anatomy-Physiology (three semester hours)	BIO 121 and 221 OR BIO 201 and KINE 431 OR BIO 190	Human A&P 1 and Human A&P II Human Anatomy Physiology of Exercise Essential Anatomy and Physiology	4+5=9.0 5.0 5.0
	KINE 342	Biomechanical Analysis of Movement	3.0
4. Physiology of Exercise (three semester hours)	KINE 431	Physiology of Exercise	3.0
5. Assessment in Physical Education (three semester hours)	KINE 114	Fitness Programming and Assessment	1.0
	KINE 345	Tests and Measurements in Phys. Educ.	2.0
6. Health Related Fitness/Wellness (three semester hours)	KINE 113 Or KINE 103 KINE 114	Wellness for the Health Professional Lifetime Wellness Fitness Programming and Assessment	2.0 1.0
	KINE 251 Or KINE 498 Or KINE 351 KINE 255	Lifetime Activities Exercise Interventions Exercise Interventions Dance and Recreational Pursuits	2.0 2.0
8. Adapted Physical Education (three semester hours)	KINE 375	Adapted Physical Education	3.0
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	KINE 367	Socio-Psychological Aspects of Physical Education	3.0
	Or KINE 365 And KINE 366	Psychological Aspects of Physical Education Social Aspects of Physical Education	
10. Motor Development/Motor Learning (three semester hours)	KINE 340	Motor Learning in Physical Education	2.0
	KINE 310	Theory and Technique of Elementary Physical Education I	1.0
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	KINE 220	First Aid and Sport Safety	2.0
	KINE 438	Applications in Physical Education	1.0
	KINE 450	Prevention and Care of Injuries	3.0
12. Movement and Rhythms (three semester hours)	KINE 332	Theory and Technique of Movement and Rhythms	3.0
13. Team/Individual Sports Instruction (three semester hours)	KINE 252	Team & Individual Sports Instruction	3.0
14. Instructional Techniques in Physical Education K-12 (six semester hours)	KINE 310	Theory and Technique of Elementary Physical Education I	2.0
	KINE 312	Theory and Technique of Elementary Physical Education II	3.0
	KINE 321	Theory and Technique of Secondary Physical Education	3.0
	KINE 355	Lifetime Sports Academy Practicum	1.0
15. Nutrition (three semester hours)	KINE 385	Nutrition for Human Development	3.0
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>57-61</b>

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