



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME UNIVERSITY OF MISSOURI – ST. LOUIS	EDUCATOR PREPARATION PROGRAM CODE 116118
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Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements:

- **Course Number** – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Course Title** – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Semester Hours** – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	TCH ED 3310 SPEC ED 3318	Introduction to Methods of Teaching Inclusive Classrooms	3 3
b. Instructional Strategies and Techniques in Content Area Specialty	PHY ED 3468	Curriculum and Methods of Teaching Physical Education	3
	TCH ED 4391	Literacy for Adolescent Learners in Content Areas	3
c. Assessment, Student Data, and Data-Based Decision-Making	TCH ED 3310	Introduction to Methods of Teaching	3
	ED PSY 3312	Psychology of Learning, Instruction, and Assessment	3
	PHY ED 3468	Curriculum and Methods of Teaching Physical Education	3
d. Strategies for Content Literacy	HLTH PE 4989	Practicum I: Site-Based Experience in Physical Education	2
	TCH ED 4391	Literacy for Adolescent Learners in Content Areas	3
e. Critical Thinking and Problem Solving	TCH ED 3310	Introduction to Methods of Teaching	3
	ED PSY 3312	Psychology of Learning, Instruction, and Assessment	3
	PHY ED 3468	Curriculum and Methods of Teaching Physical Education	3
f. English Language Learning	HLTH PE 4989	Practicum I: Site-Based Experience in Physical Education	2
	TCH ED 3310 TCH ED 4391	Introduction to Methods of Teaching Literacy for Adolescent Learners in Content Areas	3 3

2. Individual Student Needs

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	ED PSY 2212	Child and Adolescent Development	3
b. Psychology/Education of the Exceptional Child	ED PSY 2212	Child and Adolescent Development	3
	SPEC ED 3318	Inclusive Classrooms	3
	PHY ED 3261	Physical Activity for the Exceptional Learner	3
c. Differentiated Learning	SPEC ED 3318	Inclusive Classrooms	3

	TCH ED 3310 PHY ED 3468	Introduction to Methods of Teaching Curriculum and Methods of Teaching Physical Education	2 3
d. Classroom Management	TCH ED 3310 PHY ED 3468 HLTH PE 4989	Introduction to Methods of Teaching Curriculum and Methods of Teaching Physical Education Practicum I: Site-Based Experience in Physical Education	3 3 2
e. Cultural Diversity	ED PSY 2212 SPEC ED 3318 TCH ED 2009 TCH ED 2001 HLTH PE 4989	Child and Adolescent Development Inclusive Classrooms Foundations of Teaching in American Schools Early Clinical Experience: Schools Practicum I: Site-Based Experience in Physical Education	3 1 2 1 2
f. Educational Psychology	ED PSY 3312	Psychology of Learning, Instruction, and Assessment	3
3. Schools and the Teaching Profession			
	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	ED PSY 3312 TCH ED 2009 TCH ED 2001 SPEC ED 3318	Psychology of Learning, Instruction, and Assessment Foundations of Teaching in American Schools Early Clinical Experience: Schools Inclusive Classrooms	3 2 1 3
b. Legal/Ethical Aspects of Teaching	TCH ED 2209 SPEC ED 3318	Foundations of Teaching in American Schools Inclusive Classrooms	2 3
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
	TCH ED 4391	Literacy for Adolescent Learners in Content Areas	3
Professional Requirements - Total Semester Hours			23

B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	EDUC 1001	Early Clinical Experience: Community Agency	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	TCH ED 3001 HLTH PE 4989	Mid-Level Clinical Experience: Schools Practicum I: Site-Based Experience in Physical Education	1 1
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	HLTH PE 4990 HLTH PE 4992	Practicum II: 12-Week Site-Based Experience in Health and Physical Education Practicum II: 4-Week Site-Based Experience in Health and Physical Education	9 3
Field and Clinical Experiences - Total Semester Hours			15

C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)	HLTH PE 3277	Foundations of Health and Physical Education Programs	3
2. Anatomy-Physiology (three semester hours)	HLTH PE 3280	Human Anatomy and Physiology	4
3. Kinesiology (three semester hours)	PHY ED 3283	Kinesiology	3
4. Physiology of Exercise (three semester hours)	HLTH PE 3284	Physiology of Human Exercise	3

5. Assessment in Physical Education (three semester hours)	PHY ED 3267	Performance Analysis in Physical Education	3
6. Health Related Fitness/Wellness (three semester hours)	HLTH PE 3434	Teaching of Health and Wellness	4
7. Lifetime Activities and Dance (three semester hours)	PHY ED 2134	Personal Physical Fitness	3
8. Adapted Physical Education (three semester hours)	PHY ED 3261	Physical Activity for the Exceptional Learner	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	HLTH PE 3275	Psychological Aspects of Physical Education	3
10. Motor Development/Motor Learning (three semester hours)	PHY ED 3282	Physical Growth and Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	HLTH PE 3285	Safety and Emergency Care for Health and Physical Education	3
12. Movement and Rhythms (three semester hours)	PHY ED 3425	Teaching Skills: Movement, Dance, & Rhythms	3
13. Team/Individual Sports Instruction (three semester hours)	PHY ED 3424	Teaching of Skills: 9-12.	3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	PHY ED 3422 PHY ED 3423	Teaching of Skills: Pk-4 Teaching of Skills: 5-9	4 3
15. Nutrition (three semester hours)	HLTH PE 3380	Introduction to Nutrition for Health & Performance	3
Physical Education Content Knowledge Area - Total Semester Hours			51

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email civilrights@dese.mo.gov.