



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME TRUMAN STATE UNIVERSITY – MASTER OF ARTS IN EDUCATION	EDUCATOR PREPARATION PROGRAM CODE 122122
---	--

INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements:

- **Course Number** – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Course Title** – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Semester Hours** – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	ED 393 ES 608 G ED 609 G	Clinical Experiences in Teaching Management of instruction Internship	3 3
b. Instructional Strategies and Techniques in Content Area Specialty	ES 195 ES 608 G	Curr Models/Instructional Strategies in PE Management of Instruction	3
c. Assessment, Student Data, and Data-Based Decision-Making	ES 224 ED 601 G ES 650 G	Research Methods and Data Interpretation Measurement and Evaluation Individual Study in Exercise Science	3 3 3
d. Strategies for Content Literacy	ED 603 G	Content Academic Literacy	
e. Critical Thinking and Problem Solving	ED 389 ED 393 ENG 190 ES 608 G	Foundations of Education Clinical Experiences in Teaching Writing as Critical Thinking Management of Instruction	3
f. English Language Learning	ED 603 G	Content Academic Literacy	

2. Individual Student Needs

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	ED 593 ED 605 G	Psychological Foundations of Education Psychology of Exceptional Children	3
b. Psychology/Education of the Exceptional Child	ED 605 G	Psychology of Exceptional Children	
c. Differentiated Learning	ED 393 ED 593 ES 369 ES 608 G	Clinical Experiences in Teaching Psychological Foundations of Education Physical Activity for individuals w/Disability Management of Instruction	
d. Classroom Management	ED 393 ES 608 G ED 593	Clinical Experiences in Teaching Management of Instruction Psychological Foundations of Education	
e. Cultural Diversity	ED 388 ED 389 ED 393 ED 593 ED 603 G ES 369 ES 608 G	Exploratory Field Experiences Foundations of Education Clinical Experiences in Teaching Psychological Foundations of Education Content Academic Literacy Physical Activity for Individuals w/Disability Management of Instruction	

f. Educational Psychology	ED 593 ED 607 G	Psychological Foundations of Education Applied Education Psychology	3
3. Schools and the Teaching Profession			
	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	ED 393 ES 608 G ES 369	Clinical Experiences in Teaching Management of Instruction Physical Activity for Individuals w/ Disability	
b. Legal/Ethical Aspects of Teaching	ED 389 ED 593	Foundations of Education Psychological Foundations of Education	3 3
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
	ED 603 G	Content Academic Literacy	3
Professional Requirements - Total Semester Hours			36

B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	ED 388	Exploratory Field Experiences	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	ED 394 ES 608 G	Experiences in Classroom Teaching Management of Instruction	1
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	ED 609 G	Internship	8-17
Field and Clinical Experiences - Total Semester Hours			10

C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)	ES 190	Foundations of Exercise Science	3
2. Anatomy-Physiology (three semester hours)	BIOL 365 BIOL 325	Human Anatomy Human Physiology	4 4
3. Kinesiology (three semester hours)	ES 342	Biomechanics	4
4. Physiology of Exercise (three semester hours)	ES 345	Introduction to Exercise Physiology	3
5. Assessment in Physical Education (three semester hours)	ES 445	Assessment and Prescription	4
6. Health Related Fitness/Wellness (three semester hours)	HLTH 195 and HLTH 196 or HLTH 198 and HLTH 198L	Lifetime Health and Fitness Lifetime Physical Activities or Personal Health and Fitness	1.5 .5 3
	ES 366 ES 368	Outdoor Recreation and Fitness Lifetime Fitness and Conditioning	3 3
7. Lifetime Activities and Dance (three semester hours)	ES 236	Rhythmic Movement and Dance	3
8. Adapted Physical Education (three semester hours)	ES 369	Physical Activity for Individuals w/Disability	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	ES 502 G ES 363	Sports Sociology Health and Wellness Psychology	3 3
10. Motor Development/Motor Learning (three semester hours)	ES 347 or ES 343	Motor Learning Movement Neuro Science	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	ES 364 ES 282	First Aid/Injury Care Care and Prevention of Sports Injuries	3 3
12. Movement and Rhythms (three semester hours)	ES 235	Fundamentals of Movement and Tumbling	3
13. Team/Individual Sports Instruction (three semester hours)	ES 530 G ES 531 G	Methods of Teaching Team Games Methods of Teaching Individual Games	3 3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	ES 195 ES 608 G	Curr Models/Instructional Strategies in PE Management of Instruction	3 3

15. Nutrition (three semester hours)	ES 245	Nutrition	3
Physical Education Content Knowledge Area - Total Semester Hours			69

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email civilrights@dese.mo.gov.