



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME
NORTHWEST MISSOURI STATE UNIVERSITY

EDUCATOR PREPARATION PROGRAM CODE
118118

INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements:

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	22-580 61-145 or 44-130 or 62-130	Methods in Secondary Physical Education Information and Educational Technology/Digital Literacy or Computers & Information Technology/Digital Literacy or Educational Computing & Technology/Digital Literacy	.5 1
b. Instructional Strategies and Techniques in Content Area Specialty	22-580	Methods in Secondary Physical Education	1.5
c. Assessment, Student Data, and Data-Based Decision-Making	22-580 61-145 or 44-130 or 62-130	Methods in Secondary Physical Education Information and Educational Technology/Digital Literacy or Computers & Information Technology/Digital Literacy or Educational Computing & Technology/Digital Literacy	.5 1
d. Strategies for Content Literacy	22-580 62-353	Methods in Secondary Physical Education Reading in Content Areas	.5
e. Critical Thinking and Problem Solving	61-145 or 44-130 or 62-130 29-102	Information and Educational Technology/Digital Literacy or Computers & Information Technology/Digital Literacy or Educational Computing & Technology/Digital Literacy Fundamentals of Oral Communication	1 3
f. English Language Learning	61-260 or 22-260 61-461 61-569 61-521 61-470	Practicum I or Observation and Pract I in PE School and Society Multiculturalism Classroom Management Seminar Directed Student Teaching	1 .5 1

2. Individual Student Needs

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	08-322	Adolescent Psychology	2
b. Psychology/Education of the Exceptional Child	62-371	Introduction to Special Education	2
c. Differentiated Learning	62-371 61-569	Introduction to Special Education Multiculturalism	1 1
d. Classroom Management	61-520	Techniques of Classroom Management and Discipline	1
e. Cultural Diversity	61-569	Multiculturalism	1
f. Educational Psychology	08-299/08-303	Education Psychology	3

3. Schools and the Teaching Profession

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	61-520	Techniques of Classroom Management and Discipline	.5
b. Legal/Ethical Aspects of Teaching	61-521	Classroom Management Seminar	.5
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
a. Reading and Writing in the Content Area	62-353 61-461	Reading in the Content Area School and Society	2 2
Professional Requirements - Total Semester Hours			28

B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	61-260 or 22-260	Practicum I or Observation and Practicum I in PE	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	61-360 or 22-360	Practicum II or Observation and Practicum II in PE	1
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	61-470	Directed Teaching in K-12 School	9
Field and Clinical Experiences - Total Semester Hours			11

C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)	22-239	Foundations of Physical Education	3
2. Anatomy-Physiology (three semester hours)	22-254	Anatomy and Physiology	3
3. Kinesiology (three semester hours)	22-336	Basic Biomechanics	3
4. Physiology of Exercise (three semester hours)	22-332	Physiology of Exercise	3
5. Assessment in Physical Education (three semester hours)	22-537	Assessment in Physical Education	3
6. Health Related Fitness/Wellness (three semester hours)	22-114 or 22-110 22-111	Wellness or Lifetime Wellness and Lifetime Wellness Lab	3 or 2 and 1
7. Lifetime Activities and Dance (three semester hours)	22-220 or 22-207 and 22-208	Lifetime Activities and Dance or Aerobic & Strength Conditioning and Techniques of Folk, Square, and Recreational Dance	3 or 3 and 3
8. Adapted Physical Education (three semester hours)	22-410	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	22-512	Psych/Soc Aspects of Human Performance	3
10. Motor Development/Motor Learning (three semester hours)	22-523	Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	22-233 22-382	First Aid, Cpr of Sports Injuries Care and Prevention of Athletic Injuries	3 3
12. Movement and Rhythms (three semester hours)	22-362 Or 22-361	Creative Movement and Rhythms Or Creative Rhythms and Activities	3 Or 2
13. Team/Individual Sports Instruction (three semester hours)	22-435 or 22-430 or 22-431	Lifetime Team and Individual Sports Instruction or Team Sports Individual Sports	3 or 3 or 3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	22-238 22-580	Health and Physical Education Methods in the Elementary School Methods in Secondary Physical Education	3 3
15. Nutrition (three semester hours)	22-335 or 15-234 or 47-234	Sport and Exercise Nutrition Topics or Nutrition and Diet Behavior (number change)	3
Physical Education Content Knowledge Area - Total Semester Hours			51

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