



PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME SOUTHEAST MISSOURI STATE UNIVERSITY	EDUCATOR PREPARATION PROGRAM CODE 120120
---	--

INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements:

- **Course Number** – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Course Title** – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- **Semester Hours** – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery			
	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	ED280	Introduction to Education as a Profession	.5
	SE350	Pedagogy 1 Principles of Effective Teaching in Middle and Secondary	.5
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.5
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.25
	SE321 EF400	Techniques of Teaching Physical Education Seminar in Educational Issues	1 .25
b. Instructional Strategies and Techniques in Content Area Specialty	SE321 EF400	Techniques of Teaching Physical Education Seminar in Educational Issues	1 .25
c. Assessment, Student Data, and Data-Based Decision-Making	ED280	Introduction to Education as a Profession	.25
	SE350	Pedagogy 1 Principles of Effective Teaching in Middle and Secondary	.5
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.5
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.5
	SE321	Techniques of Teaching Physical Education	.25
d. Strategies for Content Literacy	SE321 SE307	Techniques of Teaching Physical Education Content Literacy Methods for Middle and High School	.25 Hours are counted under "Secondary Literacy"
e. Critical Thinking and Problem Solving	SE350	Pedagogy 1 Principles of Effective Teaching in Middle and Secondary	.25
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.25
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.25
	SE321	Techniques of Teaching Physical Education	.5
f. English Language Learning	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.25
	SE307	Content Literacy Methods for Middle and High School	Hours are counted under "Secondary Literacy"
2. Individual Student Needs			

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PY222	Development of the Adolescent	3
b. Psychology/Education of the Exceptional Child	EX390	Psychology and Education of the Exceptional Child	3
c. Differentiated Learning	ED280	Introduction to Education as a Profession	.25
	SE350	Pedagogy 1 Principles of Effective Teaching in Middle and Secondary	.25
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.5
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.5
d. Classroom Management	SE350	Pedagogy 1 Principles of Effective Teaching in Middle and Secondary	.5
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.5
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.5
	EF400	Seminar in Educational Issues	.25
e. Cultural Diversity	ED280	Introduction to Education as a Profession	.25
	SE350	Pedagogy 1 Principles of Effective Teaching in Middle and Secondary	.5
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.25
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.25
f. Educational Psychology	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.25
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.25
3. Schools and the Teaching Profession			
	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	ED280	Introduction to Education as a Profession	.25
	SE350	Pedagogy 1 Principles of Effective Teaching in Middle and Secondary	.5
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	.25
	SE385	Pedagogy 3 Advanced Methods of Middle and Secondary Teaching	.25
	EF400	Seminar in Educational Issues	.25
b. Legal/Ethical Aspects of Teaching	ED280	Introduction to Education as a Profession	.5
	SE365	Pedagogy 2 Secondary School- Interdisciplinary Methods and Technology	1
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
	SE307	Reading and Writing in the Content Area	3
Professional Requirements - Total Semester Hours			25
B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	ED280	Introduction to Education as a Profession	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	SE355	Field Experience	3
	SE380	Advanced Field Experience	3
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	SE465	Middle and Secondary Student Teaching Field Experience	12
Field and Clinical Experiences - Total Semester Hours			19
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)	PE238	Foundations, History, and Philosophy of PE	3
2. Anatomy-Physiology (three semester hours)	BS113	Anatomy & Physiology I	4

3.	Kinesiology (three semester hours)	PE464	Kinesiology	3
4.	Physiology of Exercise (three semester hours)	PE341	Physiology of Conditioning	3
5.	Assessment in Physical Education (three semester hours)	PE310	Assessment for Physical Educators	3
6.	Health Related Fitness/Wellness (three semester hours)	HL231	Fitness Conditioning	3
7.	Lifetime Activities and Dance (three semester hours)	AT174 Choose 1 of the following: AT103 OR AT136 OR AT142 OR AT148 OR AT153 OR AT164 OR AT176 Choose 1 hour from: AT130 DA145 DA130 DA185	Rock Climbing and Rappelling	1
			Swimming or Walk/Jog for Fitness or Weight Training or Yoga Angling, Archery & Firearms or Golf or Tennis	1
			Aerobic Dance for Fitness Country Line Dance Ballroom Dance I Beginning Jazz Dance	1
8.	Adapted Physical Education (three semester hours)	PE408	Physical Education for Individuals with Disabilities	3
9.	Psychological/Sociological Aspects of Physical Education (three semester hours)	PE201 PE 235	Sport and Society	3
			Psych of Coaching & Human Performance	3
10.	Motor Development/Motor Learning (three semester hours)	PE305	Motor Development & Learning	3
11.	First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	PE220 PE261 PE263	First Aid	2
			Concepts of Injury Management in Physical Education	3
			Injury Management in Physical Education Lab	1
12.	Movement and Rhythms (three semester hours)	PE240 PE262	Rhythm, Plays & Games	2
			Introduction to Group Exercise	1
13.	Team/Individual Sports Instruction (three semester hours)	PE216 PE217	Theory & Practice of Team Sports	2
			Theory and Practice of Individual and Dual Leisure Activities	3
14.	Instructional Techniques in Physical Education K-12 (six semester hours)	PE239 PE315	Teaching Children Physical Education	3
			Methods in Middle School Physical Education	3
15.	Nutrition (three semester hours)	FN235	Nutrition for Health	3
Physical Education Content Knowledge Area - Total Semester Hours				57

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email civilrights@dese.mo.gov.