



**PHYSICAL EDUCATION, GRADES K-12**

EDUCATOR PREPARATION PROGRAM NAME <b>LINCOLN UNIVERSITY</b>	EDUCATOR PREPARATION PROGRAM CODE <b>117117</b>
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**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

**Certification Requirements:**

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 16 semester hours)**

**1. Content Planning and Delivery**

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	PEP 406	Curriculum Design in PE	2
b. Instructional Strategies and Techniques in Content Area Specialty	EDU 417 P	M/M/O: Teaching Physical Education in Elem. Schools	3
	EDU 417 Q	M/M/O: Teaching Physical Education in Sec. Schools	3
c. Assessment, Student Data, and Data-Based Decision-Making	PEP 320	Assessment in Physical Education	3
d. Strategies for Content Literacy	EDU 420	Teaching Reading in the Content	3
e. Critical Thinking and Problem Solving	PEP 410	Physical Education Standards, Law, and Management	3
f. English Language Learning	PEP 420	Adapted Physical Education	3

**2. Individual Student Needs**

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	EDU 322	Psychology of Child & Adolescent Development – Secondary	2 or 3
b. Psychology/Education of the Exceptional Child	SE 221	Education of the Exceptional Child	3
c. Differentiated Learning	PEP 420	Adapted Physical Education	3
d. Classroom Management	PEP 410	Physical Education Standards, Law, and Management	3
e. Cultural Diversity	EDU 260	Education and Cultural Diversity	3
f. Educational Psychology	EDU 204	Educational Psychology	3

**3. Schools and the Teaching Profession**

	Course Number	Course Title	Semester Hours
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a. Consultation and Collaboration	EDU 475	Collaboration and Consultation in Educational Settings	2
b. Legal/Ethical Aspects of Teaching	PEP 410	Physical Education Standards, Law, and Management	3
<b>4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
	EDU 420	Teaching Reading in the Content	3
<b>Professional Requirements - Total Semester Hours</b>			<b>35</b>

<b>B. Field and Clinical Experiences (Minimum of ten semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	EDU 202	Observations in Education	1 (30 hours)
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	EDU 417 P	M/M/O: Teaching Physical Education in Elem. Schools	3 (30 hours)
	EDU 417 Q	M/M/O: Teaching Physical Education in Sec. Schools	3 (30 hours)
	PEP 372	Instruction and Analysis of Movement and Rhythms	3 (20 hours)
	PEP 379	Instruction and Analysis of Individual and Team Sports	3 (20 hours)
	PEP 380	Care of Activity/Sport Injuries – Upper Body	2 (20 hours)
	PEP 381 PEP 420	Care of Activity/Sport Injuries – Lower Body Adapted Physical Education	2 (20 hours) 3 (20 hours)
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	EDU 476 EDU 477	Student Teaching – Elem Student Teaching – Sec.	8/2 or 8/2
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>30</b>

<b>C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. History and Philosophy (three semester hours)	PEP 200	Foundations in Physical Education and Wellness	3
	PEP 410	Physical Education Standards, Law, and Management	3
2. Anatomy-Physiology (three semester hours)	BIO 208	Human Anatomy	3
	BIO 209 L	Human Anatomy Lab	2
3. Kinesiology (three semester hours)	PEP 301	Kinesiology	3
4. Physiology of Exercise (three semester hours)	PEP 360	Exercise Physiology	3
5. Assessment in Physical Education (three semester hours)	PEP 320	Assessment in Physical Education	3
6. Health Related Fitness/Wellness (three semester hours)	PED 111	Personal and Community Health	2
	PEP 201	Nutrition, Fitness, and Conditioning	3
	PEP 360	Exercise Physiology	3
7. Lifetime Activities and Dance (three semester hours)	PEP 378	Instruction and Analysis in Lifetime Activities and Dance	3
8. Adapted Physical Education (three semester hours)	PEP 420	Adapted Physical Education	3

9. Psychological/Sociological Aspects of Physical Education (three semester hours)	PEP 307 or PSY 407	Psychological/Sociological Aspects of Physical Activity or Sport Psychology	3
10. Motor Development/Motor Learning (three semester hours)	PEP 312	Motor Learning	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	PEP 205 PEP 380 PEP 381	CPR, Safety and First Aid Care of Activity/Sport Injuries – Upper Body Care of Activity/Sport Injuries – Lower Body	2 2 2
12. Movement and Rhythms (three semester hours)	PEP 372	Instruction and Analysis of Movement and Rhythms	3
13. Team/Individual Sports Instruction (three semester hours)	PEP 379	Instruction and Analysis of Individual and Team Sports	3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	EDU 417 P EDU 417 Q PEP 350 PEP 406	M/M/O: Teaching Physical Education in Elem. Schools M/M/O: Teaching Physical Education in Sec. Schools Basic PE Methodology Curriculum Design in PE	3 3 1 3
15. Nutrition (three semester hours)	PEP 201 PEP 360	Nutrition, Fitness, and Conditioning Exercise Physiology	3 3
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>59</b>

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