



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION OFFICE  
OF EDUCATOR QUALITY – EDUCATOR PREPARATION

**PHYSICAL EDUCATION, GRADES K-12**

EDUCATOR PREPARATION PROGRAM NAME Evangel University	EDUCATOR PREPARATION PROGRAM CODE 041617
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**INSTRUCTIONS**

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements:

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov) on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or [DESE.MoSPETransition@dese.mo.gov](mailto:DESE.MoSPETransition@dese.mo.gov)

**A. Professional Requirements (Minimum of 16 semester hours)**

1. Content Planning and Delivery

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	EDUC 225	Introduction to Curriculum and Instruction Planning	1.5
b. Instructional Strategies and Techniques in Content Area Specialty	EDUC 228	Instructional Strategies and Techniques in Content Area Specialty	2.5
c. Assessment, Student Data, and Data-Based Decision-Making	EDUC 434	Assessment and Data Based Decision Making	3
d. Strategies for Content Literacy	EDUC 352	Content Area Literacy	1.5
e. Critical Thinking and Problem Solving	EDUC 225	Curriculum and Instruction Planning	.5
f. English Language Learning	EDUC 271	Education of the Exceptional and English Language Learner	1

2. Individual Student Needs

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PSYC 237 or PSYC 233	Lifespan Human Growth and Development or Child & Adolescent Psychology	3
b. Psychology/Education of the Exceptional Child	EDUC 271	Education of the Exceptional Child	2
c. Differentiated Learning	EDUC 228	Instructional Strategies and Techniques in Content Area Specialty	.5
d. Classroom Management	EDUC 421	Effective Engagement of the Learner	1.5
e. Cultural Diversity	ICST 350	Global Connections	3
f. Educational Psychology	EDUC 421	Effective Engagement Of the Learner	1.5

3. Schools and the Teaching Profession

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDUC 225 EDUC 427	Curriculum and Instruction Planning Student Teaching Seminar	.5 2
b. Legal/Ethical Aspects of Teaching	EDUC 225	Curriculum and Instruction Planning	.5

4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
	EDUC 352	Content Area Literacy	1.5 (see 1d)
<b>Professional Requirements - Total Semester Hours</b>			<b>26</b>

<b>B. Field and Clinical Experiences (Minimum of ten semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	EDUC 220	Level I Field Experience	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	EDUC 397 EDUC 497	Level II Field Experience Level III Field Experience	1 1
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	EDUC 437 EDUC 427	Student Teaching Seminar in Student Teaching	12 (2)
<b>Field and Clinical Experiences - Total Semester Hours</b>			<b>17</b>

<b>C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)</b>			
	<b>Course Number</b>	<b>Course Title</b>	<b>Semester Hours</b>
1. History and Philosophy (three semester hours)	PHED 134	Principles of PE	3
2. Anatomy-Physiology (three semester hours)	BIOL 221	Human Structure and Function	3
3. Kinesiology (three semester hours)	EXER 441	Kinesiology	3
4. Physiology of Exercise (three semester hours)	EXER 422	Exercise Physiology	4
5. Assessment in Physical Education (three semester hours)	PHED 341	Evaluation of Physical Education	3
6. Health Related Fitness/Wellness (three semester hours)	PHED 226	Techniques of Teaching Fitness and Weight Training	3
7. Lifetime Activities and Dance (three semester hours)	PHED 112	Lifetime Fitness & Dance	3
8. Adapted Physical Education (three semester hours)	PHED 456	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	PHED 327 PHED 328	Psychology of Sport and Phys Act Sociology of Sport	2 2
10. Motor Development/Motor Learning (three semester hours)	EDUC 360	Perceptual Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	HLTH 221 PHED 222 OR ATEP 124	First Aid and CPR Care and Prevention of Athletic Injury Intro to Athletic Training	3 3 3
12. Movement and Rhythms (three semester hours)	PHED 346	Fundamentals of Rhythmic Movement	3
13. Team/Individual Sports Instruction (three semester hours)	PHED 339 PHED 338	Techniques of Teaching Team Activities Techniques of Teaching Individual Activities	3 3
14. Instructional Techniques in Physical Education K12 (six semester hours)	EDUC 228 PHED 336 PHED 348	Instructional Strategies and Techniques in Content Area Specialty Instructional Techniques in PE K-12 Methods of Elementary PE	3 3 3
15. Nutrition (three semester hours)	BIOL 123	Nutrition	3
<b>Physical Education Content Knowledge Area - Total Semester Hours</b>			<b>59</b>

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6<sup>th</sup> Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).