



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME
LINDENWOOD UNIVERSITY

EDUCATOR PREPARATION PROGRAM CODE
018759

INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements:

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	EDU 32100	Middle School/High School Classroom Teaching and Technology	3
b. Instructional Strategies and Techniques in Content Area Specialty	EDU 34000	Secondary Methods of Teaching PE	3
c. Assessment, Student Data, and Data-Based Decision-Making	EDU 40400	Advanced Measurement and Evaluation to Enhance Learning	3
d. Strategies for Content Literacy	EDU 38700	Reading/Writing Across the Curriculum	3
	OR	OR	
	EDU 30700	Reading in the Content Area	3
	OR	OR	
	EDU 30710	Content Literacy for Diverse Learners	3
	OR	OR	
	EDU 30705	Methods of Teaching Reading in the Content Area	3
e. Critical Thinking and Problem Solving	EDU 32100	Middle School/High School Classroom Teaching & Technology	3
	EDU 34300	Middle School/High School Differentiation and Classroom Management	3
f. English Language Learning	EDU 30710	Content Literacy for Diverse Learners	3

2. Individual Student Needs

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	EDU 20200	Psychology of Teaching and Learning	3
b. Psychology/Education of the Exceptional Child	EDU 34100	Education of the Exceptional Child	3
c. Differentiated Learning	EDU 32100	Middle School/High School Classroom Teaching & Technology	3
	EDU 34300	Middle School/High School Differentiation and Classroom Management	3
d. Classroom Management	EDU 32100	Middle School/High School Classroom Teaching & Technology	3
	EDU 34300	Middle School/High School Differentiation and Classroom Management	3
e. Cultural Diversity	EDU 10000	Orientation to Educational Experiences	3
	EDU 30710	Content Literacy for Diverse Learners	3
f. Educational Psychology	EDU 20200	Psychology of Teaching and Learning	3

3. Schools and the Teaching Profession			
	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	EDU 32100	Middle School/High School Classroom Teaching and Technology	3
	EDU 34300	Middle School/High School Differentiation and Classroom Management	3
	EDU 40400	Advanced Measurement and Evaluation to Enhance Learning	3
b. Legal/Ethical Aspects of Teaching	EDU 10000	Orientation to Educational Experiences	3
	EDU 32100	Middle School/High School Classroom Teaching and Technology	3
	EDU 40400	Advanced Measurement and Evaluation to Enhance Learning	3
4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)			
	Course Number	Course Title	Semester Hours
	EDU 38700	Reading/Writing Across the Curriculum	3
Professional Requirements - Total Semester Hours			30
B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)	EDU 11100	School Observation	1
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)	EDU 38000	Pre-student teaching Practicum	1
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)	EDU 41000	Field Experience, Student Teaching	12
Field and Clinical Experiences - Total Semester Hours			14
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)	PE 15000	PE 15000 Foundations of PE	3
2. Anatomy-Physiology (three semester hours)	HFS 20700 or BSC 22700 or EXS 28000	HFS 20700 Anatomy and Physiology (4)	4
		Human Anatomy and Physiology I	4
		Applied Anatomy	4
3. Kinesiology (three semester hours)	EXS 32500	Biomechanics	3
4. Physiology of Exercise (three semester hours)	EXS 31500	Physiology of Exercise	3
5. Assessment in Physical Education (three semester hours)	HFS 30500	Measurement and Eval of PE	3
6. Health Related Fitness/Wellness (three semester hours)	HFS 20500	Health Concepts	3
7. Lifetime Activities and Dance (three semester hours)	Chose two of the following:		
	PE 10000	Team Sports (Competitive Sports)	1
	PE 10100	Recreational Sports I	1
	PE 10200	Recreational Sports II	1
	PE 10300	Volleyball	1
	PE 10400	Softball	1
	PE 10500	Track and Field	1
	PE 10600	Flag Football	1
	PE 10700	Basketball	1
	PE 10800	Soccer	1
	PE 10900	Wrestling	1
	PE 11000	Golf	1
	PE 11200	Trap/Skeet Shooting	1
	PE 12000	Weight Lifting I	1
	PE 12100	Weight Lifting II	1
	PE 12200	Orienteering	1
	PE 12600	Aerobic Fitness	1
	PE 12700	Swimming I	1
	PE 12900	Lifeguarding	1
	PE 13000	Water Aerobics	1
PE 13100	Bowling	1	
PE 13200	Lifetime Sports	1	
PE 13300	Tennis I	1	
PE 13400	Tennis II	1	
PE 13500	Badminton	1	

	PE 13600	Scuba	1
	PE 13700	Archery	1
	PE 13800	Racquetball	1
	PE 13900	Pickleball	1
	PE 14000	Plyometrics	1
	PE 14100	Self Defense I	1
	PE 14200	Cardiovascular Fitness	1
	PE 14300	Self Defense II	1
	PE 14400	Camping	1
	PE 14500	Bicycling	1
	PE 14800	Hiking	1
	PE 14900	Canoeing	1
	PE 15100	Table Tennis	1
	PE 15200	Rappelling	1
	PE 15300	Officiating of Team Sports	1
	PE 15400	Billiards and Pool	1
	PE 15500	Swimming II	1
	PE 15600	Fencing	1
	PE 15700	Advanced Lifeguarding/Lifesaving	1
	PE 15800	Fishing and Fly Tying	1
	PE 15900	Advanced Fishing and Fly Tying	1
	PE 16100	Outdoor Education	1
	PE 20300	Adventure Education and Leadership	1
	PE 26200	PE Marathon Course	1
	Choose one of the following:		
	DAN 10010	Ballet I: Beginning Level	2
	DAN 10020	Contemporary I: Beginning Level	2
	DAN 10030	Jazz I: Beginning Level	2
	DAN 10040	Tap I: Beginning Level	2
	DAN 10100	Introduction to Dance	3
	DAN 17100	Dance as an Art	3
8. Adapted Physical Education (three semester hours)	HFS 40000	Adaptive PE	3
9. Psychological/Sociological Aspects of Physical Education (three semester hours)	PE 33000	Psychological Aspects of PE	3
10. Motor Development/Motor Learning (three semester hours)	EDU 32500	Motor Development	2
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)	HFS 16000 HFS 20400 HFS 20600	First Aid/CPR Care and Prevention of Athletic Injuries Care and Prevention Lab	2 3 1
12. Movement and Rhythms (three semester hours)	HFS 22000	Motor Learning and Rhythmic Acts	3
13. Team/Individual Sports Instruction (three semester hours)	PE 33100	Analysis and Teaching of Lifetime Sports	3
14. Instructional Techniques in Physical Education K-12 (six semester hours)	EDU 33500 EDU 34000	Elementary PE Methods Secondary Methods of Teaching PE	3 3
15. Nutrition (three semester hours)	EXS 24000	Nutrition through the Lifecycle	3
Physical Education Content Knowledge Area - Total Semester Hours			51

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email civilrights@dese.mo.gov.