



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

PHYSICAL EDUCATION GRADES K-12 CURRICULUM MATRIX

EDUCATOR PREPARATION PROGRAM NAME CENTRAL METHODIST UNIVERSITY	EDUCATOR PREPARATION PROGRAM CODE 630984
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INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	ED370PE ED453	Teaching Methods in the Content Area Education as a Profession	0 2
b. Instructional Strategies and Techniques in Content Area Specialty	ED370PE PE322	Teaching Methods in the Content Area Teaching Elementary School PE	0 0
c. Assessment, Student Data, and Data-Based Decision-Making	ED370PE ED453	Teaching Methods in the Content Area Education as a Profession	0 0
d. Strategies for Content Literacy	ED471	Reading & Writing in the Content Area	0
e. Critical Thinking and Problem Solving	ED453 PE339	Education as a Profession Methods and Techniques for Tests and Measurements in PE	0 0
f. English Language Learning	ED101 ED471	Foundations of Education, Diversity, and ELL Reading & Writing in the Content Area	2 0

2. Individual Student Needs

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	PY223	Developmental Psychology	3
b. Psychology/Education of the Exceptional Child	PY342	Psychology of the Exceptional Child	2
c. Differentiated Learning	ED370PE PY342	Teaching Methods in the Content Area Psychology of the Exceptional Child	0 0
d. Classroom Management	ED370PE PE322 PE325 PE328	Teaching Methods in the Content Area Teaching Elementary School PE Methods of Teaching Individual and Team Sports Adapted Physical Education	0 0 0 0
e. Cultural Diversity	ED101 ED453	Foundations of Education, Diversity, and ELL Education as a Profession	0 0
f. Educational Psychology	PY210	Educational Psychology	3

3. Schools and the Teaching Profession

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	ED453	Education as a Profession	0
b. Legal/Ethical Aspects of Teaching	ED101 ED453 ED454	Foundations of Education, Diversity, and ELL Education as a Profession Student Teaching Seminar	0 0 2

4. Literacy to include Reading and Writing in the Content Area (Minimum of 3 semester hours)

	Course Number	Course Title	Semester Hours
	ED471	Reading & Writing in the Content Area	3

Professional Requirements - Total Semester Hours 22

B. Field and Clinical Experiences (Minimum of 10 semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of 1 semester hour with a minimum of 30 clock hours)	ED102 (18 hours)	Field Experience I	1
	ED105 (12 hours)	Field Experience II	0
2. Mid-Level Field Experiences (Minimum of 1 semester hour with a minimum of 45 clock hours)	PY343 (18 hours)	Psychology of the Exceptional Child (Prac)	1
	ED370PE (15 hrs)	Teaching Methods in the Content Area	0
	ED471 (10 hours)	Reading & Writing in the Content Area	0
3. Culminating Clinical Experiences (Minimum of 8 semester hours with a minimum of 12 weeks in 1 placement)	ED462 (2 placements—12 weeks and 4 weeks)	Supervised Student Teaching	10
Field and Clinical Experiences - Total Semester Hours			12
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (3 semester hours)	PE217	Foundations of Physical Education	3
2. Anatomy-Physiology (3 semester hours)	PE324	Anatomy & Kinesiology (4 hour class; See below)	1
	EX203	Introduction to Exercise Science	2
3. Kinesiology (3 semester hours)	PE324	Anatomy & Kinesiology	3
4. Physiology of Exercise (3 semester hours)	EX327	Physiology of Exercise	3
5. Assessment in Physical Education (3 semester hours)	PE339	Methods and Techniques for Tests and Measurements in Physical Education	3
6. Health Related Fitness/Wellness (3 semester hours)	PE111	Wellness	1
	PE210	Personal and Community Health	2
7. Lifetime Activities and Dance (3 semester hours)	PE103	Lifetime Activities and Dance	3
8. Adapted Physical Education (3 semester hours)	PE328	Adapted Physical Education	3
9. Psychological/Sociological Aspects of Physical Education (3 semester hours)	PE221	Psychological and Sociological Aspects of Physical Education	3
10. Motor Development/Motor Learning (3 semester hours)	PE202	Motor Learning and Motor Development	3
11. First Aid, CPR, and Care of Activity/Sport Injuries (6 semester hours)	ED370HE	Methods of Teaching Health & Care of Injuries in K-12 Programs	2
	PE212	First Aid and Community CPR	2
	PE323	First Aid, Care, and Prevention of Athletic Injuries	3
12. Movement and Rhythms (3 semester hours)	PE219	Fundamentals of Rhythm, Movement, and Dance	3
13. Team/Individual Sports Instruction (3 semester hours)	PE325	Methods of Teaching Individual and Team Sports	3
14. Instructional Techniques in Physical Education K-12 (6 semester hours)	PE322	Teaching Elementary School PE	3
	ED370PE	Teaching Methods in the Content Area	3
15. Nutrition (3 semester hours)	PE216	Nutrition and Athletic Performance	3
Physical Education Content Knowledge Area - Total Semester Hours			52