



MISSOURI DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION
OFFICE OF EDUCATOR QUALITY – EDUCATOR PREPARATION

PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME Avila University	EDUCATOR PREPARATION PROGRAM CODE 511932
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INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above.

Certification Requirements

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Educator Preparation, 573-751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery

	Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning	ED 185/585 ED 315/515	Practicum General Methods & Differentiated Learning	1.0 1.0
b. Instructional Strategies and Techniques in Content Area Specialty	ED 455/555 Elementary ED 455/555 Secondary	Special Methods: Elementary Physical Educ. Special Methods: Secondary Physical Educ.	0.5 0.5
c. Assessment, Student Data, and Data-Based Decision-Making	ED 315/515 ED 493/593 ED 495/595 or ED 596	General Methods & Differentiated Learning Technology for Instruction & Assessment Final Clinical Experience or Internship	1.0 1.0 1.0
d. Strategies for Content Literacy	ED 375/575	Reading Strategies & Interventions in the Content Area	-
e. Critical Thinking and Problem Solving	ED 184/584 ED 185/585 ED 495/595 or ED 596	Introduction to Instructional Technology Practicum Final Clinical Experience or Internship	1.0 - 1.0
f. English Language Learning	ED 287/587	Multicultural Foundations of Education	1.0

2. Individual Student Needs

	Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent	ED 229/529	Developmental Educational Psychology	1.5
b. Psychology/Education of the Exceptional Child	ED 235/535	Psychology of the Exceptional Child	2.0
c. Differentiated Learning	ED 314/514 ED 315/515 ED 455/555 Elementary ED 455/555 Secondary	Instructional Technology for Differentiation General Methods & Differentiated Learning Special Methods: Elementary Physical Educ. Special Methods: Secondary Physical Educ.	1.0 1.0 - -
d. Classroom Management	ED 419/519	Managing the Learning Environment	2.0
e. Cultural Diversity	ED 287/587	Multicultural Foundations of Education	2.0
f. Educational Psychology	ED 229/529	Developmental Educational Psychology	1.5

3. Schools and the Teaching Profession

	Course Number	Course Title	Semester Hours
a. Consultation and Collaboration	ED 185/585 ED 494/594	Practicum Final Clinical Experience Seminar	1.0 2.0
b. Legal/Ethical Aspects of Teaching	ED 235/535 ED 419/519	Psychology of the Exceptional Child Managing the Learning Environment	1.0 1.0

4. Literacy to include Reading and Writing in the Content Area (Minimum of 3 semester hours)

	Course Number	Course Title	Semester Hours
	ED 375/575	Reading Strategies & Interventions in the Content Area	3.0
	ED 341/541	Foundations of Language & Literacy Development	3.0

Professional Requirements - Total Semester Hours 32.0

B. Field and Clinical Experiences (Minimum of 10 semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of 1 semester hour with a minimum of 30 clock hours)	ED 185/585	Practicum	1.0
2. Mid-Level Field Experiences (Minimum of 1 semester hour with a minimum of 45 clock hours)	ED 455/555 Elementary ED 455/555 Secondary	Special Methods: Elementary Physical Educ. Special Methods: Secondary Physical Educ.	0.5 0.5
3. Culminating Clinical Experiences (Minimum of 8 semester hours with a minimum of 12 weeks in 1 placement)	ED 495/595 <i>or</i> ED 596	Final Clinical Experience <i>or</i> Internship	8.0
Field and Clinical Experiences - Total Semester Hours			10.0
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (3 semester hours)	KN 101	Introduction to Kinesiology	3.0
2. Anatomy-Physiology (3 semester hours)	BI 220	Human Anatomy & Physiology	6.0
3. Kinesiology (3 semester hours)	KN 319	Biomechanics & Motor Control	3.0
4. Physiology of Exercise (3 semester hours)	KN 381	Exercise Physiology	3.0
5. Assessment in Physical Education (3 semester hours)	KN 236	Measurement & Evaluation in Kinesiology	3.0
6. Health Related Fitness/Wellness (3 semester hours)	KN 314	Personal Fitness Training	3.0
7. Lifetime Activities and Dance (3 semester hours)	KN 180	Lifetime Fitness Activities	3.0
	Choose 1 DA 110 DA 111 DA 112 DA 114 HE 104	Basic Tap Jazz Technique I Modern Dance Technique I Ballet Introduction to T'ai Chi Ch'uan	2.0
8. Adapted Physical Education (3 semester hours)	KN 380	Special Topics: Adapted Physical Education	3.0
9. Psychological/Sociological Aspects of Physical Education (3 semester hours)	KN 393	Sports Exercise & Psychology	3.0
10. Motor Development/Motor Learning (3 semester hours)	KN 295	Motor Behavior	3.0
11. First Aid, CPR, and Care of Activity/Sport Injuries (6 semester hours)	KN 211	Applied Sports Medicine	3.0
	KN 418	Clinical Kinesiology	3.0
12. Movement and Rhythms (3 semester hours)	ED 206	Creative Activities	3.0
13. Team/Individual Sports Instruction (3 semester hours)	KN 280	Special Topics: Sports Instruction	3.0
14. Instructional Techniques in Physical Education K-12 (6 semester hours)	ED 309	Physical Education Methods	2.0
	ED 455/ED 555	Special Methods in Elementary PE	2.0
	ED 455/ED 555	Special Methods in Secondary PE	2.0
15. Nutrition (3 semester hours)	HE 111 <i>OR</i> KN 271	Nutrition Exercise & Nutrition	3.0
Physical Education Content Knowledge Area - Total Semester Hours			56.0

The Department of Elementary and Secondary Education does not discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs and activities. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator – Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number 573-526-4757 or TTY 800-735-2966 email civilrights@dese.mo.gov.