



PHYSICAL EDUCATION, GRADES K-12

EDUCATOR PREPARATION PROGRAM NAME	EDUCATOR PREPARATION PROGRAM CODE
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INSTRUCTIONS

Please complete Educator Preparation Program (EPP) Name & EPP Code above. The EPP Code may be located at <https://dese.mo.gov/sites/default/files/EPP-Code-Name.pdf>

Certification Requirements:

- Course Number – List the course number(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Course Title – List the course title(s) for the course(s) or groups of competencies that align with the specific section of the requirements. It is possible to have more than one course or group listed.
- Semester Hours – List the number of semester hours for each specific section. It is possible to use decimals (to the nearest tenth) to indicate partial use of a course to meet a requirement. The total number of semester hours must meet or exceed the minimum required number of semester hours.

Email the completed cover sheet, curriculum matrix, and advising/program information to DESE.MoSPETransition@dese.mo.gov on or before the date established in the Transition Plan.

QUESTIONS: Contact Gale Hairston, 573/751-1668 or DESE.MoSPETransition@dese.mo.gov

A. Professional Requirements (Minimum of 16 semester hours)

1. Content Planning and Delivery

Course Number	Course Title	Semester Hours
a. Curriculum and Instructional Planning		
b. Instructional Strategies and Techniques in Content Area Specialty		
c. Assessment, Student Data, and Data-Based Decision-Making		
d. Strategies for Content Literacy		
e. Critical Thinking and Problem Solving		
f. English Language Learning		

2. Individual Student Needs

Course Number	Course Title	Semester Hours
a. Psychological Development of the Child and Adolescent		
b. Psychology/Education of the Exceptional Child		
c. Differentiated Learning		
d. Classroom Management		
e. Cultural Diversity		
f. Educational Psychology		

3. Schools and the Teaching Profession

Course Number	Course Title	Semester Hours
a. Consultation and Collaboration		
b. Legal/Ethical Aspects of Teaching		

4. Literacy to include Reading and Writing in the Content Area (Minimum of three semester hours)

Course Number	Course Title	Semester Hours

Professional Requirements - Total Semester Hours

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B. Field and Clinical Experiences (Minimum of ten semester hours)			
	Course Number	Course Title	Semester Hours
1. Early Field Experiences (Minimum of one semester hour with a minimum of 30 clock hours)			
2. Mid-Level Field Experiences (Minimum of one semester hour with a minimum of 45 clock hours)			
3. Culminating Clinical Experiences (Minimum of eight semester hours with a minimum of 12 weeks in one placement)			
Field and Clinical Experiences - Total Semester Hours			
C. Physical Education Content Knowledge Area (Minimum of 51 semester hours)			
	Course Number	Course Title	Semester Hours
1. History and Philosophy (three semester hours)			
2. Anatomy-Physiology (three semester hours)			
3. Kinesiology (three semester hours)			
4. Physiology of Exercise (three semester hours)			
5. Assessment in Physical Education (three semester hours)			
6. Health Related Fitness/Wellness (three semester hours)			
7. Lifetime Activities and Dance (three semester hours)			
8. Adapted Physical Education (three semester hours)			
9. Psychological/Sociological Aspects of Physical Education (three semester hours)			
10. Motor Development/Motor Learning (three semester hours)			
11. First Aid, CPR, and Care of Activity/Sport Injuries (six semester hours)			
12. Movement and Rhythms (three semester hours)			
13. Team/Individual Sports Instruction (three semester hours)			
14. Instructional Techniques in Physical Education K-12 (six semester hours)			
15. Nutrition (three semester hours)			
Physical Education Content Knowledge Area - Total Semester Hours			