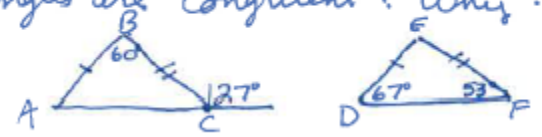Use the diagram below. Can you assume the following triangles are congruent? Why?