

Grade Level: K-2

Unit:Traveling

Lesson 6: Traveling Assessment Activities

Objectives

- Student will be able to demonstrate a variety of locomotor movements while traveling safely in general space.
- Student will be able to work cooperatively with others.

Standards

- Demonstrates safe movement through general space. MOSHAPE GLE S2.E1.Kc
- Perform locomotor skills (hopping, galloping, running, sliding, skipping) while maintaining balance. MOSHAPE GLE S1.E1.K
- Hops, gallops, jogs and slides using a mature pattern. MOSHAPE GLE S1.E1.1
- Skips using a mature pattern. MOSHAPE GLE S1.E1.2a
- Runs with a mature pattern. MOSHAPE GLE S1.E2.2b
- Shares equipment and space with others. MOSHAPE GLE S4.E4.K
- Works independently and respectfully with others in a variety of class environments(e.g., small and large groups). MOSHAPE GLE S4.E4.1
- Works independently with others in partner environments. MOSHAPE GLE S4.E4.2

Key Vocabulary

- Skip
- Gallop
- Hop
- Cooperation

Equipment Needs

- Hula hoops (to use as “their cars”)
- Cards or papers that have signs to show which locomotor movement to perform

Set-up

- Large poster to create a “license” for students to sign when they’ve mastered all the locomotor skills.

Safety

- Check activity area for obstacles or holes

Warm Up

- Dance fitness. Have students find a personal space. Choose one student to demonstrate a dance move of their choice, then all students perform it together. Next the teacher calls out a fitness activity (ex. jumping jacks, plank jacks, etc.) Continue rotating between dance moves and fitness moves for 1-2 songs or designated amount of time.

Description: Locomotor Taxi

1. Students will spread out in personal space.
2. Four students will be given a tagging apparatus and represent the locomotors skills you want to assess as a Taxi (ex: Skip, Gallop, Bear Crawl, Run)
3. When tagged by a Taxi, students will join behind that person and copy their locomotion. The more that are tagged, the longer the taxi will get. Restart as needed.

Description: Locomotor License

1. Give each student a hula hoop and explain this will be their car today.
2. Explain they must stay in a personal space and can't have a "car accident" by bumping into another student.
3. Go through all the cards and show students what the movements look like.

SIGNS

Speed limit 25: Walk

Bumpy Road: Skip

Flat Tire: Hop

Stuck in the mud: Jog in Place

Highway: Jog in activity area

Traffic: Gallop

Rain: Drop the hula hoop & move arms up & down while making the sounds of windshield wipers.

Radio: Drop the hula hoop & turn on the radio--let them sing their favorite song

School Crossing: Walk very slowly

Muddy road: Slide

Out of gas: Drop hoop and curl-up inside it

Car in the shop: Hold hoop over your head. When teacher shouts "done" all students drop their hoop.

4. As teacher observes student correctly performing locomotors skills they will call their name and have them sign the Locomotor License on the wall.

More Challenging

- Change apparatus

Less Challenging

- Change apparatus

Assessment

- Observation or Checklist. Locomotor License Poster.

Cool Down/Review/Closure-Have students head to their spots and perform some Yoga poses while focusing on taking deep breaths. ex. Tree Pose, Child's Pose, Downward Dog, Warrior 1, Camel Pose.

Close with an I CAN and/or I AM STILL WORKING ON with a locomotor skill they performed.