



SEPTEMBER 2016

Whole School, Whole Community, Whole Child

The [Whole School, Whole Community, Whole Child \(WSCC\)](#) model expands on the eight elements of CDC's coordinated school health framework. CDC and the Association for Supervision and Curriculum Development (ASCD) developed this expanded model—working with key leaders from the fields of health, public health, education, and school health—to strengthen learning and health in our nation's schools.

Ten components of WSCC

- Health Education
- PE & Physical Activity
- Nutrition Environment & Services
- Health Services
- Counseling, Psychological, & Social Services
- Social & Emotional Climate
- Physical Environment
- Employee Wellness
- Family Engagement
- Community Involvement



Virtual Healthy School

CDC's [Virtual Healthy School](#) is an online, interactive school building that allows users to see how the 10 components of the Whole School, Whole Community, Whole Child (WSCC) model are integrated into the following places:

- Classroom
- Cafeteria
- Gymnasium
- Principal's office
- Counselor's office
- Nurses office
- Playground
- Surrounding community
- Home

The Virtual Healthy School gives life to the WSCC model through the familiar environment of a school, showing education professionals that schools just like theirs can easily be transformed to meet the needs of the whole child so that every student is ready to learn.

This tool can be used by anyone looking to make their local school a healthier place for students and staff.



Note: The Virtual Healthy School is an example of a school that has adopted the WSCC model and is not inclusive of all opportunities a school might consider when adopting the WSCC framework.

Navigating VHS

“Principal Paul” welcomes users to Jefferson School and invites them to explore. The home screen has 10 colored doors that open to different areas within the school.

- Cafeteria
- Gymnasium
- Grades K–2
- Grades 3–5
- Grades 6–8
- Playground
- Nurse’s Office
- Counselor’s Office
- Principal’s Office
- Conference Room

Inside each room, users click on objects to get more information and see real-world examples of how to create a healthy school, as well as a list of resources.

Virtual Healthy School Focus

All 10 components of the WSCC model are represented throughout the school, with a focus on the content areas of nutrition, physical activity and physical education, obesity prevention, and management of chronic conditions.



Twitter Chat

Whole School, Whole Community, Whole Child (WSCC) Twitter Chat

Tuesday, October 11, 2016, from 2-3 PM EDT

@CDCChronic #cdchealthyschools



Join CDC, the [Association for Supervision and Curriculum Development \(ASCD\)](#), [American School Health Association](#), the [National Association of School Nurses](#), [SHAPE America](#), the [National Association of Chronic Disease Directors](#), the [American School Counselor Association](#), and others for a Twitter Chat on WSCC and tools and resources available to improve the health of children and adolescents in schools.

WSCC Twitter Chat

When: Tuesday, October 11, 2016

Time: 2–3 pm (EDT)

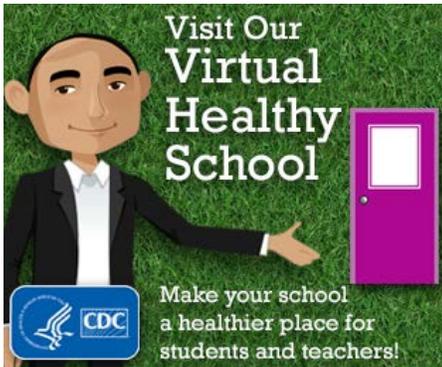
Follow: [@CDCChronic](#)

Hashtag: #cdchealthyschools

Stay Connected

Add a Virtual Healthy School Badge to Your Website

Add a [Virtual Healthy School badge](#) to your website for easy access for all things school-health related.



Copy the code below to embed this badge (180x150)

```
<a href="http://www.cdc.gov/healthyschools/vhs/index.html?s_cid=bb-dph-healthyschools-011" title="Visit our Virtual Healthy School: Make your school a healthier place for students and teachers!">  
</a>
```

Copy the code below to embed this badge (315x260)

```
<a href="http://www.cdc.gov/healthyschools/vhs/index.html?s_cid=bb-dph-healthyschools-010" title="Visit our Virtual Healthy School: Make your school a healthier place for students and teachers!">  
</a>
```

Help us promote Virtual Healthy School by sharing the below social media messages.



Check out CDC's Virtual Healthy School—a new, interactive learning experience! bit.ly/2cQGwcz #cdchealthyschools



Have you visited CDC's Virtual Healthy School? Take a tour to learn more. bit.ly/2cQGwcz #cdchealthyschools



CDC Healthy Schools has launched the Virtual Healthy School—an interactive, online learning experience for education professionals, parents, and communities. Take a tour and learn how to make you school a healthy school. bit.ly/2cQGwcz #cdchealthyschools



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[Sign up](#) to receive email updates from CDC about Nutrition in Schools, Physical Activity and Physical Education in Schools, Obesity Prevention, and Management of Chronic Conditions in Schools.

National Center for Chronic Disease Prevention and Health Promotion

Division of Population Health | School Health Branch

www.cdc.gov/healthyschools

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