

DESE School Health and Wellness Advisory Council Meeting
9:00 AM to 3:00 PM
Governor's Office Building – Room 316
200 Madison Street, Jefferson City, MO 65101
June 20, 2018

Participants will...

- Review and understand available statewide data sources
- Have an opportunity to share and strategize how these data sources could be utilized within a statewide data structure necessary for analysis of critical education and health outcomes
- Set next steps around data of the plan and how to effectively bring awareness of it to others.

Meeting Minutes

Attendees:

Laura Beckmann (DESE), Donna Mehrle Elliott (MO Extension/MOCAN); Kevin Sandlin (M.A.R.E.), Pat Simmons (DHSS); Tom Loughrey (MOAHPERD); Diana Wilhold (BJC Healthcare); Carol Cox (Truman State University); Cindy Heislen (DESE); Stephen Njenga (Missouri Hospital Association); Alma Hopkins (DHSS); Donna Sharpe (DESE); JoAnne Ralston (DESE); Cindy DeBlauw (MU Extension); Karen Wooten (DESE); Connie Calahan (CO); Vanessa Feeler (Maries R-II), Tracy Greever-Rice (MO Kids Count); Rene Yoesel (DESE); Marge Cole (DHSS); Deborah Markenson (Children's Mercy); Deidre Griffith (MFH); Katie Long (DHSS); Zach Kempf (DHSS); Venkat Gaukaptay (DHSS)

AGENDA

9:00 – 9:30

Welcome and Introductions

- Objectives
- Purpose, Approach & Expectations
 - Identify overlaps in data-see additional priorities. (Cindy D.)
- Review of previous meeting minutes

Updates

DESE

- CDC Grant Announcement – Missouri is one of 17 states to have been awarded funding through the “Improving Student Health and Academic Achievement through Nutrition, Physical Activity and the Management of Chronic Conditions in Schools. Distributed the CDC Grant Logic Model that outlined the inputs, strategies and activities, short-term, intermediate, and long-term outcomes.
- Partners
 - Deidre Griffith – The Missouri Foundation for Health is very close to sharing their evaluation data.
 - Donna Sharpe – 10,000 students participated in the recent FCCLA state competition.
 - Cindy Heislen – The After School Network (ASN) already offers Technical Assistance (TA) to programs in 3 or 4 of the priority school districts within the CDC-RFA-DP18-1801 grant.
 - JoAnn Ralston– The 516 school districts in the state are required to provide Parents as Teachers. There are 65 Missouri Pre-school programs grants that are renewing for the 18-19 school year. Five school districts participated in first year of blended

funding for pre-school program. For more information visit:

<https://dese.mo.gov/quality-schools/early-learning/blended-funding>

- Stephen Njenga– The council’s work around the Whole School, Whole Community, and Whole Child (WSCC) model and the initiatives of the Missouri Hospital Association (MHA) share the same commonalities. Stephen shares his willingness to assist others with the goals of their programs in the planning and implementation of Needs Assessments.
- Marge Cole– Trends in School Health include high turnover in school staff and an increase in School Based Clinics around the state. Data also indicates that lots of children do not have health insurance. The 2018 Health Office Orientation (a workshop that offers an orientation for nurses without prior work experience in schools and an overview of information regarding school nursing practices is scheduled for July 24th – 26th in Jefferson City at the Governor’s Office Building. Partners offering the workshop include the Missouri Association of Rural Education (MARE), the Department of Health and Senior Services (DHSS), School Health Program and the Missouri Association of School Nurses (MASN).
- Deborah Markenson– Encouraged the use of the messaging research conducted by MOCAN and MFFH to assist in future communication efforts
- Cindy DeBlauw– Brought awareness to the Healthy Schools Concessions tool that could be used to offer guidance to schools in offering healthy options outside school hours.
- Carolyn Cox – Was trained on how to use the School Health Index years ago, and would be glad to support the work of the strategic plan when and wherever she can (e.g. School Health Index Trainings, Cadre trainings, Projects, and Advocacy).
- Karen Wooten – Partnering with No Kid Hungry MO to increase breakfast participation in the state.
- Tom Loughrey – Complimented the group on the great ideas and deep thinking,
- Donna Mehrle – Hire Full time Coordinator – MOCAN. Meeting scheduled to discuss MOCAN Schools Work Group and

9:30– 11:30

Missouri Health Data Sources – Note: All Presenter PPT’s are accessible on the DESE Health, Physical Education, and School Wellness webpage under the– Advisory Council Tab for June 2018.

- **Tracy Greever Rice – Director, OSEDA – University of Missouri**
 - * Missouri KIDS COUNT data tool - <http://missourikidscountdata.org/>
Access 2018 Missouri KIDS COUNT Data Book and archived PDF versions of previous collected data.
 - * Visit the Missouri KIDS COUNT main site for more information and to learn about the FREE MOBILE APP - <http://mokidscount.org/>
 - * DESE Missouri Comprehensive Data System – School District Info – Demographics; Resources and Process; Summary Reports; Performance Data
<https://mcds.dese.mo.gov/quickfacts/SitePages/DistrictInfo.aspx>
- **Venkata Garikapaty, Department of Health and Senior Services – Office of Epidemiology**
 - * Profiles and YRBS survey graphs, summary reports and presentations are posted on the DESE Health, Physical Education and School Wellness Webpage under State Health Data tab.
<https://dese.mo.gov/college-career-readiness/curriculum/health-physical-education-school-wellness#mini-panel-health-physical-education4>

11:30 – 12:30 **Working Lunch – Data Discussion (PART I)**

CURRENT ADVISORY COUNCIL PARTNERS HAVE INDICATED ASSISTANCE IN THE FOLLOWING:

- * K-12 Comprehensive School Health and Physical Education Curriculum Development
(DESE CTE has teachers that are DESE certified to teach in Health Education. The CTE Health Education course frequently serves as the Health Education graduation requirement). They also teach nutrition education).
- * Managing chronic health conditions in adults
- * DESE Nutrition Services (School Nutrition and Practices)
 - Use DESE School Lunch and Breakfast Participation
 - Smarter Lunchroom Scorecard Assessment
 - Salad Bar Food Service and Student Survey –own for FreshLife & Rainbow Days
- * SHI Assessment & Scorecard (District Wellness Programs)
- * School Health Education Profile & YRBS (student health/wellness measures)

- **Stephen Njenga - Director of Performance Measurement Compliance MHA, Management Services Corporation – exploreMOhealth.org**

Data Discussions (PART II) –

THOUGHTS ON OTHER DATA BASE INFORMATION OR ADDITIONAL SUPPORT MATERIALS RELATED TO GOALS OF GRANT

Written Responses:

- * MOPHIMS – MICA – has 3 data bases
<https://webapp01.dhss.mo.gov/MOPHIMS/MOPHIMSHome>
Missouri Student Survey
County Level Survey
Question: Does YMCA of MO/USA have after-school and child-care data?
- * K-12 Nutrition Education for low-income schools
- * Nutrition specialists that serve each county – can assist with local wellness policy, SHAC development, and Nutrition education for both youth and adults
- * Healthy Schools Concessions Program
- * Mental Health 1st Aid Training
- * DESE’s Career and Technical Student Organization (CTSO) – Family, Career And Community Leaders of America (FCCLA) has a program related to health. It includes information on eating healthy, exercising, making healthy choices as well as a component on mental illness. The goal of this program is focused on peer education and awareness. This would be a great resource to tap into for awareness and advocacy across the state.

Oral Responses:

- * Deeper into mental and emotional data
- * Issue with reliable youth data
- * The Search Institute – 40 Developmental Assets is a great assessment tool to use beyond School Health Index
- * Children’s Mercy – Select Health Behaviors –Primary – Nice Snapshot
- * St. Louis Children’s Hospital – 6 High Risk Behaviors – Questions are grade level specific

- * Community Healthy Living Index Assessment
- * Grant will follow CDC measures that are evidence-based
- * Marge Coles Health Data in public schools
- * DESE Food Service – Question: How many schools now have wellness policies?
Answer: We have some. Karen Wooten touched on how DESE is currently tracking this. More conversation should occur on how we can better align our efforts in assessment, tracking and evaluation.
- * MHA helps with the development of templates
- * M.A.R.E – Has regular contact with schools and will share information.
Encouraged to propose a presentation at the Annual MARE/MO K-8 Conference scheduled for October 17, 2018.
- * There is conversation between Missouri Council for Activity and Nutrition (MOCAN) and the Coordinated School Health Council (CSHC) on how to better communicate and collaborate on School Health efforts

2:30 – 3:00

Closure

- Review of objectives and expectations
- Future meetings/directions

Next Step Items to Consider

DATA

- Use of data is essential
- Identify gaps in data
- Prioritize data – statewide basis
- Analyze how the different data sets have different items and how they relate
- Look at how to use data and how we are going to use it consistently
- Make our data informed messages meaningful (how to get hook others in seeing the benefit in this framework and efforts)
- Sometimes organizations like to hide data (ex. Poor)
- External evaluator – will be valuable with identifying other state data to utilize for evaluation measures

COMMUNICATION - MESSAGING

- Strong solid messages
- Assets based message
- Message in ways that are not punitive
- Focused messaging to parents, families and the community

RESOURCES

- Learn from David Chenowith, PhD. – “Worksite Health Promotion”, “Evaluating Worksite Health Promotion”. Multiple articles on his work in creating a culture of health through workplace wellness programs.

<http://www.corporatewellnessmagazine.com/wp-content/uploads/CWM-Issue56-Spring2016.pdf>

- Help schools understand what resources there are

PARTNERS

- Include Parent Teacher Organization

INFRASTRUCTURE & ACCOUNTABILITY

- School District Wellness Council’s- Action Plans and Accountability Factors