

DESE School Health and Wellness Advisory Council Meeting
9:00 AM to 3:00 PM
Governor's Office Building – Room 316
200 Madison Street, Jefferson City, MO 65101
April 5, 2018

Participants will...

- Review and understand DESE's strategic plan;
- Have an opportunity to share and strategize how your organization/agency may support the implementation of components of the strategic plan; and
- Set next steps around implementation of the plan and how to effectively bring awareness of it to others.

Meeting Minutes

Attendees:

Laura Beckmann (DESE), Lisa Sireno (DESE), Rene Yoesel (DESE), Karen Wooten (DESE), Barb Gilpin (DESE), Pat Simmons, (DHSS), Marjorie Cole (DHSS), Diana Wilhold (BJC), Cindy DeBlauw (UM Ext.), Deidre Griffith (MFH), Tom Loughrey (MOAHPERD), Connie Calahan (DMH), Deborah Markenson (Children's Mercy - KC)

AGENDA

9:00 – 11:00

Welcome and Introductions

Expectations:

- Connections – Intentionally talking about HPE & School Health
- True Action Steps – Who?
- What is the student impact?
- Continue – Visions
- Where are the highest priority - gaps?
- Understanding the plan
- Early childhood population – how can we connect?

Updates

DESE

- New-Logo (Show-Me Success), development and process of DESE Strategic plan (Lisa Sireno),

Partners

- Rene – Suicide prevention, trauma informed, bullying calls, new contract with MO Connections for on-line career workforce development, condensing current K-12 Scope & Sequence
- Deborah – Healthcare – value of systems approach through cross sector collaboration 5 recommendations – practical approach (key political issues), good foundation Finishing up Literature review on – How best to collaborate on infrastructure for opportunity to change.
- Barb – Worked with University of Missouri – Kansas City to produce the College and Career Competency Wheel (Soft skills/Employability skills/Health-Wellness life skills) for (MS/HS). Provide training to teachers and parents
- Tom – This synergy is necessary to focus on optimal development of our children. The association's major role is to assist with quality Health and Physical Education programming that includes teaching skills and behaviors that are presented and learned. We need to do

better at tracking successes and failures. MOAHPERD is making systemic changes transitioning from a 47 member to a 9 member governing board – organized around components tied to advocacy. New website (Members Only) that supports engagement and training (webinars, podcasts, etc.)

- Marge – School nursing’s role is to make sure all children are ready to learn (access to healthcare, ask health conditions), to reduce children with chronic conditions and increase managed care. Has new link – SchoolNurseLink.com for this purpose.
Working with mental health groups – making sure families know more about mental health services; mental health experts present in schools for students/teachers to receive help. Developing mental health services framework and guidelines for school setting.
- Cindy – Extension is going through transition – encouraging more community service. Teaching soft skills to nutrition specialists; improve skills and assessment in community. In representing Missouri Council of Activity and Nutrition (MOCAN) – MOCAN is expanding infrastructure (10 years). Extension specialists involved in community – getting involved in health advisory councils (*How Schools Work & How to Work the Schools?*)
- Diana – school outreach/school community sector. Through the Community Benefit Federal
- Pat – Culinary skill Institutes – planning to continue. Finishing up 1305 grant and transition planning. In collaboration with University of MO., conducting an assessment of Tobacco Policies to guide school districts.
- Karen – United States Department of Agriculture (USDA) programs (federal compliance with rules). Assisted in Missouri model wellness policy development and has provided some training and will continue to train. A webinar is available for use. Smart Snacks One school districts (SD) is dropping out of USDA program because of federal rules – SDs feel overwhelmed due to social norms. Missouri Exemptions – one of best policy.
- Deidre – Involved in (HSHC) transition plan (short term to long term). Obesity Prevention changing to School Health and Child Well-being. Challenges are changing the culture. Will share data in the next coming months.

Introduction to Strategic Plan

- Development
- Alignment
- Review

11:00 – 12:00

Working Lunch – ORID Discussion (Part 1) –Facilitator: Jessica Lawrence (Cairn Guidance)

Objective Questions
<ul style="list-style-type: none"> • After looking at the SP, what initial images, thoughts, words come to mind? • In looking at the SP, what did you see? What were the key points? (just facts, ie, 3 sections – reduce youth initiation, promote cessation, reduce secondhand smoke exposure) • What caught your attention or resonated with you?
Partner
Collaborate
Recruit
Bury Its End (Essence of Achievement/Gauge collaborations)
Data Moved (YRBS/Profiles)
WSCC Coalition
Advisory Council – Which one?
Kentucky – Partners are in the trees and advocate for trunk issues (Look at Kentucky’s
Use of technology
Accessibility - Rural

Analogy – Different levels; different councils
Children and families
WSCC Model – Healthcare providers
Engaging Stakeholders

PA Energizer – ORID Discussion (Part 2)

Reflective Questions
<ul style="list-style-type: none"> • What about the SP was most exciting to you? • What concerns you? • What components are you really clear about? • What is confusing? • What are you doubtful about or feel will be the biggest challenge?
EXCITING
More education behind us
Post-Secondary Institutions
WSCC Model as filter – organized within DESE’s structure
Systemic/sustainable objectives (Programs)
CONCERNS/QUESTIONS
1 person shop/leverage resources
How do we look at what we are doing and leverage resources to help support key action steps?
Post-Secondary – May be a challenge
Child-care – lack of communication and outreach; reach out to DESE Office of Childcare
Legislation-childcare standards
Early childcare/childcare
Local Control State – Need state standards revisions for HPE
Confusing public using Physical Activity and Physical Education interchangeably
How do we make WSCC model look like in practice? Translating this to governance.
Surviving political climate
Using these stakeholders to be advocates

Alliance – 10 components for more sustainability (Jessica Lawrence will send sustainability questions for group). Also shared Kentucky’s Tree image portraying the tree trunk divided in different components and the branches representing the agencies/organizations supporting that portion of the tree trunk.

ORID Discussion (Part 3 & 4)

Interpretive Questions
<ul style="list-style-type: none"> • What is the importance of the SP to our state? • What new vantage point has this given you/your work? • What questions did reviewing the SP raise for you? • What difference will this SP make?
Clear concise plan – integrated systems approach with vertical alignment of tasks.
Read through a variety of lenses (equity, access, zipcodes) – social determinants of health are real
What’s next?
How doable is this? How do we fit in?
3 Priority Indicators
Infrastructure (school vs. specific goals (1,2,3)
The addition of DESE Goal 3 to strategic plan would

Diversity in funding – shared FTE
Identification of Wellness Coordinator added to MOSIS – emphasis on school wellness

Decisional Questions
<ul style="list-style-type: none"> • If the SP is implemented incredibly well, what will MO look like? What does this mean for our future? • What action ideas has this workshop triggered for you? • What are you/or is your organization committed to related to this SP? • What are the first steps that need to take place related to your commitment?
Higher proportion of graduates
Addressing Issues -Military Readiness/National Security (Mission Readiness). Addressing health needs for career readiness and employability.
Largest health cares in state will provide support to school nurses in various ways.
Leveraging time and resources (funding)
Resources – core objectives/strategies with current partners
Sustainability plan
Prioritize
Education Goals – Brian Crouse (strong robust 2030 plan)
Demographers (GAPS) Education programs/practices
1) Where are we today?
2) Where are we 10 years from now?
Consultant – School Health Data (mind of it)
Present – setting stage
Provision of trainer to support skill building
Categorize data
Grant: If DESE is not funded through grant, partners will continue with the focused approach as outlined in the SP. Other actions can be recommended by advisory council members for consideration as plan evolves.
Next meeting – May (Mid to Late)
Invite Missouri Hospitals Association
Pediatricians would provide comprehensive set of services (Behavioral Interventions). BMI growth chart provided for every child. Peds would be provided along with support
Goal 2.2: Activity 1: Leadership council – representation from Dept. of Mental Health and Dept. of Social Services. (CC)
Goal 2.2: Activity 10: Behavioral Health should all be inclusive of mental, social, & physical health; Integrated Health; Social-Emotional (inclusive of trauma)
Activity 11: Mo Health Net (Fee for service, Medicaid)

2:30 – 3:00

Closure - Next Steps – Commitment

- Review of objectives and expectations
- Future meetings/direction
 - Sustainability Plan – consider what this means
 - 1801 Grant – will know in June
 - If no grant, prioritize pieces in Strategic Plan
 - Next Meeting – data review, performance measures (what we all know helps us work smarter), categorize

Plusses	Wishes
The process to determine key points	Next meeting – information on data
Good group – respectful, open conversation	We continue
Start meeting at 9:30 a.m.	Data mined by next meeting
Great discussion format, nice facilitator, people were present	For next time, prioritize core action step/division of labor
Great supportive positions and commitment Well-developed Action Plan that stimulated deep thinking	To continue to BUILD and implement this model. To continue the SUPPORT Laura needs to make this a reality.
Great conversation, information and exciting times ahead. Good flow of the conversation and work to be done.	More time
Have better understanding of DESE’s work and how it crosses with what our agency is doing.	Better understanding of full process we are going through and where it ends (or is it long term?)
Opportunity to collaborate with other agencies/individuals that share desire to improve student wellness/success	Would have had the strategic plan ahead of time to have more time to digest.
Great facilitator and participation Great work of Laura	