

Parenting Student Learning Objectives

Linked to the
National Standards for Family and Consumer Sciences Education

Program Type: 0704

Course Code: 096830

CIP Code: 19.0701

Course Rationale

To assist Missouri citizens in creating stable families, performance competencies in the Parenting course taught in Family and Consumer Sciences Education programs enable students to:

- a) construct meaning by interpreting the nature, function and significance of human relationships;
- b) communicate effectively with family members and agencies that provide family related products and services;
- c) solve problems based upon the developmental needs of individuals; and,
- d) make decisions that strengthen and maintain family relationships, prepare individuals for marriage and parenthood and reduce disruptive conditions that destabilize families..

Course Description

This course focuses on the effects of parenting roles and responsibilities on strengthening the well-being of individuals and families. Students analyze roles and responsibilities of parenting; evaluate parenting practices that maximize human growth and development; evaluate external support systems and community resources that provide services for parents; and analyze physical and emotional factors related to beginning the parenting process. Careers related to parenting are investigated. Instruction emphasizes leadership, problem-solving, and communication skills in parenting techniques.

Objectives/Categories

- A. Assume Leadership Roles as Responsible Family Members and Citizens
- B. Developing a Positive Self Concept
- C. Demonstrating Effective Communication Skills Among Family, Peers and Others
- D. Explaining the Progression of Relationships and Families
- E. Exploring Family Life Issues within a Diverse Society
- F. Making Responsible Parenting Decisions
- G. Influencing Change in Environments
- H. Researching Key Careers

Student Learning Objectives	NASAFACS (National Standards)
A. Assume Leadership roles as Responsible Family Members and Citizens	
1. Utilize FCCLA program(s) to address family living and parenthood issues	1.1.5, 6.1.3, 6.2.1
2. Utilize leadership qualities and skills for problem solving	6.2.1

B. Develop a Positive Self-Concept	
1. Evaluate personal needs, wants, values and short- and long-term goals	13.2.2, 15.1.3
2. Examine factors influencing personality development	15.1.3, 15.2.1, 15.2.3, 15.2.4
3. Analyze the effects of values on personal thoughts, attitudes, actions and life roles	15.1.2
4. Determine methods for setting priorities	15.1.3, 15.1.4
5. Identify strategies for promoting responsible behaviors	13.1.3, 13.1.4, 13.2.1, 13.2.2, 13.2.3, 13.2.5
6. Evaluate personal problem-solving and decision-making skills	13.6.1

C. Demonstrate Effective Communication Skills Among Family, Peers and Others	
1. Create communications using a variety of methods, forms and technologies	13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.6
2. Evaluate interpersonal communication techniques	6.1.5 13.1.1, 13.3.1, 13.3.2
3. Identify and evaluate the effects of cultural influences on communication	15.1.5, 15.2.2

D. Explain the Progression of Relationships and Families	
1. Evaluate personal and environmental factors influencing relationship choice, development and termination	15.1.3, 15.2.1, 15.2.2
2. Develop responsible behaviors related to sexuality	13.1.3, 13.1.4, 13.2.1, 13.2.2, 13.2.3, 13.2.5
3. Analyze trends in family structure	15.1.4, 15.1.5, 15.3.4

E. Explore Family Life Issues within a Diverse Society	
1. Analyze interrelationships of personal and family goals and values to work goals and values	1.3.1, 15.1.1, 15.1.2
2. Analyze how social, economic and technological changes impact work and family dynamics	15.1.4, 15.4.3, 15.4.4
3. Devise strategies for coordinating work and family responsibilities	15.1.1, 15.1.2
4. Generate guidelines for reducing and resolving family conflict	15.2.2
5. Demonstrate skills needed to be a contributing family and community member	15.2.1
6. Explain the implications of cultural diversity when dealing with family and community issues	15.1.5
7. Analyze factors leading to stress and resiliency in families	13.4.2, 13.4.3
8. Develop strategies to manage common sources of stress for individuals and families	13.4.2, 13.4.3
9. Assess community resources available to individuals and families	1.3.4, 15.3.1, 15.3.2
10. Evaluate family problem-solving and decision-making skills	13.4.3, 15.2.1, 15.2.2

F. Making Responsible Parenting Decisions	
1. Identify characteristics of positive parenting	15.2.1, 15.2.2, 15.2.3, 15.2.4
2. Identify parental rights and responsibilities to have and keep children	15.3.3
3. Evaluate impact of children on resources	15.1.2
4. Compare and contrast parenting issues related to various family types	15.1.4, 15.1.5

G. Influence Change in Environments	
1. Develop skills to affect public policy related to family living and parenthood	15.3.3, 15.3.4
2. Analyze the impact of technology on individual and family lifestyles as related to family living and parenthood	15.4.3, 15.4.4
3. Utilize technology and other resources to influence change in family and parenting environments	15.3.3, 15.4.4

H. Research Key Careers	
1. Identify career clusters and careers related to family studies	1.2.1, 1.3.1
2. Assess personal characteristics and professional requirements for family study occupations	6.1.7
3. Investigate working conditions and income of specific careers	1.1.3, 1.1.4
4. Use effective communication techniques for multiple workplace situations	13.3.1, 13.3.2, 13.3.3, 13.3.4
5. Examine ethical and professional issues and responsibilities	13.6.2, 13.6.4, 13.6.5
6. Evaluate entrepreneurial options related to family studies	6.1.7