Missouri Comprehensive School Counseling Program

The MCSCP is based on the assumption all students should have the opportunity to participate in learning activities that develop social/emotional, academic, and career readiness. In the MCSCP, school counseling content is defined by Grade Level Expectations (GLEs). In addition to other content area GLEs, mastery of the school counseling GLEs prepares students for success in an internationally competitive and technological world. Detailed information about GLEs and the following content area strands is available on the Missouri DESE webpage.

Content Area Strands

The MCSCP Grade Level Expectations are grouped into three content area strands: Social/Emotional, Academic Development, and Career Development.

Social/Emotional Development
- Understand self as an individual and as a member of diverse local & global communities
- Interact with others in ways that respect individual & group differences
- Apply personal safety skills & coping strategies

Academic Development
- Apply skills needed for educational achievement
- Apply skills of transitioning between educational levels
- Develop & monitor Personal Plans of Study

Career Development
- Apply career exploration & planning skills in achievement of life career goals
- Know where & how to obtain information about the world of work & post-secondary training/education
- Apply skills for career readiness & success

Missouri Comprehensive School Counseling Program Components

Component	School Counseling Curriculum	Individual Student Planning	Responsive Services	System Support
Description	Provides school counseling content in a systematic way to all students K-12	Assists students in planning, monitoring, and managing their social/emotional, academic, and career, development	Addresses the immediate needs and concerns of students	Includes program, staff, and school support activities and services
Purpose	Student awareness, skill development, and application of skills needed in everyday life	Development and use of Personal Plans of Study	Intervention	Program delivery and support

Topics Addressed	<u>Academic Development</u>
	• Study Skills
	• Goal Setting
	• Pre-employment Skills
	• Job Preparation
	• Post-Secondary Decision Making
	
	<u>Career Development</u>
	• Career Awareness
	• Career Exploration
	
	<u>Social/Emotional Development</u>
	• Self-Concept
	• Conflict Resolution
	• Personal Responsibilities
	• Peer Friendship
	• Decision-Making Skills
	• Substance Abuse Prevention Program
	• Cross-Cultural Understandings
		• Course Selection
		• Transitioning:
		  ✓ Grade to Grade
		  ✓ School to School
		  ✓ School to Career
		• Multiple-Year Planning
		• Financial Aid
		• Knowledge of Career Opportunities
		• Career Awareness
		• Interest Inventories
		• Career Shadowing
		• Work Habits
		• Setting Personal Goals
		• Decision-Making Skills
			• Academic Concerns
			• School-related Concerns
			  ✓ Tardiness
			  ✓ Absences and Truancy
			  ✓ Misbehavior
			  ✓ School-Avoidance
			  ✓ Dropout Prevention
			• Relationship Concerns
			• Physical/Sexual/
			• Emotional Abuse
			• Grief/Loss/Death
			• Substance Abuse
			• Family Issues
			• Sexuality Issues
			• Coping with Stress
				• School Counseling Program, Development and Management
				• Parent/Guardian Education
				• Teacher/Administrator Consultation
				• School Improvement Planning
				• Counselor Professional Development
				• Research and Publishing
				• Community Outreach
				• Public Relations
				• School Support
				• Advisory Council

School Counselor's Role	• Structured Groups • Classroom Lessons	• Appraisal for Decision Making • Educational Career Planning • Transition Activities • Developing Personal Plans of Study	• Individual Counseling • Small-Group Counseling • Crisis Intervention • Consultation • Referral	• Program Management • Evaluation • Professional Development • Staff and Community Relations • Consultation and Collaboration • Committee Participation • Community Outreach • Program Advocacy • School Support