



School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement.
ASCA

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Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.

DESE Update

Comment period is still open for MSIP 6. Use this link: <https://dese.mo.gov/msip-6-standards-and-indicators> to share your input before January 15, 2020!

Your input is crucial in ratio and evaluation pieces for school counselors.

Legislation you NEED to know!

| | |
|---|--|
| 638 - Trauma Informed | Must be shared by October 1 ST each year |
| 1606 (167.902) - Critical Need/Shortage Occupations | Must be shared by November 1st each year |
| 3 - Computer Science | Substitution for an academic credit – not accepted at all higher education institutions. School has specific role of informing parents |

Announcements

Trauma-Informed Schools ECHO

ECHO uses videoconferencing to connect interdisciplinary teams of experts with educators, clinicians, and other professional service providers. Together, they learn to develop advanced skills and best practices. The Trauma-Informed Schools ECHO uses the Missouri Model as a guide to help participants. More information:

<https://showmeportal.missouri.edu/redcap/surveys/?s=9KXP7MP4LE>

Opioid and Prescription Drug Prevention Education

The Missouri Department of Elementary and Secondary Education (DESE) partnered with local experts to develop a comprehensive resource for schools on opioid and prescription drug misuse. The site includes a dedicated page for vetted resources on explaining opioids and the opioid crisis, data and statistics, and additional tools. The site also includes lessons teachers can use in K-12 classrooms. The shortened URL for this resource site is <http://tiny.cc/MO-OpioidEd>

Registration with Selective Service

Please inform your students that all male U.S. citizens are required to register with the Selective Service within 30 days of their 18th birthday. In addition, non-US citizen men between the ages of 18 and 25 (inclusive) living in the United States must register.

In addition, please designate a staff member as your school's Selective Service System "Registrar." The Registrar is a point of contact that your students can go to if they need assistance registration.

[Register with Selective Service Registrar Program](#)

Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First**

Aid course near you using the search tool: <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

Professional Development and Upcoming Conferences

Take Ten Conference

SAVE THE DATE: February 28nd, 2020

Russ brings 29 years of passion and experience in the not-for-profit world to The Stop Trafficking Project team and is the primary communicator of the vision and mission. This year's Take ten Conference will feature a discussion on "BeAlert" – the awareness and prevention strategy of The Stop Trafficking Project. The primary method of implementation is through presentations designed to 1) educate and empower students and 2) guide adults from awareness to action. It will provide insight into 'the problem' of domestic minor sex trafficking (DMST) and at the same time offer effective 'solutions'. <http://moschoolcounselor.org/msca-2020-take-ten-conference/>

MOACAC Annual Conference

SAVE THE DATE: April 5-7, 2020

The annual conference provides broad opportunities for professional development, relationship building, shared information and access to the latest in products and services. Discussion topics cover a wide range and have included standardized testing, rising college costs, writing effective letters of recommendation, legislative concerns regarding education and ethnic issues facing admission professionals.

<https://www.moacac.org/details-and-registration>

MGA 2020 Project 21 Scholarship

SAVE THE DATE: March 1, 2020

The Missouri Gaming Association is pleased to announce the 2020 Project 21 Scholarship Program. The Project 21 Scholarship Program provides Missouri students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. One (1) \$2,500.00 first prize scholarship and Three (3) \$1,500.00 second prize scholarships will be awarded.

<https://missouricasinos.org/wp-content/uploads/2019/10/2020-Project-21-Application.pdf>

ASCA U Specialist Trainings

SAVE THE DATE: Anytime!

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There is a wide variety of courses offered. You can find more information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

Responsive Services

Mandated Reporter

Missouri's Mandated Reporter requirements state, "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

Resource Numbers

National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

Final Thoughts



It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and

facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email civilrights@dese.mo.gov.