

*School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA*



### Your School Counseling Services Staff:

- Rene' Yoesel - 573-751-0857  
[Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)
- Chrissy Bashore - 573-751-6875  
[Chrissy.Bashore@dese.mo.gov](mailto:Chrissy.Bashore@dese.mo.gov)
- Amber Ernst - 573-751-3368  
[Amber.Ernst@dese.mo.gov](mailto:Amber.Ernst@dese.mo.gov)
- Beverly Ponder – 573-751-4383  
[Beverly.Ponder@dese.mo.gov](mailto:Beverly.Ponder@dese.mo.gov)

<b>FFA</b> – Agriculture Education	Dietzschold, Keith < <a href="mailto:Keith.Dietzschold@dese.mo.gov">Keith.Dietzschold@dese.mo.gov</a> >
<b>FBLA-PBL</b> – Business Education	Dzurick, Chris < <a href="mailto:Chris.Dzurick@dese.mo.gov">Chris.Dzurick@dese.mo.gov</a> >
<b>DECA</b> – Marketing Education	Shannon, Cindy < <a href="mailto:Cindy.Shannon@dese.mo.gov">Cindy.Shannon@dese.mo.gov</a> >
<b>FCCLA</b> – Family & Consumer Sciences	Sharpe, Donna < <a href="mailto:Donna.Sharpe@dese.mo.gov">Donna.Sharpe@dese.mo.gov</a> >
<b>TSA</b> – Technology & Engineering	Johnson, Matt < <a href="mailto:Jon.Johnson@dese.mo.gov">Jon.Johnson@dese.mo.gov</a> >
<b>HOSA</b> – Health Occupations	Wehmeyer, Shelly < <a href="mailto:Shelly.Wehmeyer@dese.mo.gov">Shelly.Wehmeyer@dese.mo.gov</a> >
<b>SkillsUSA</b> – Skilled & Technical Sciences	Baker, Joey < <a href="mailto:Joey.Baker@dese.mo.gov">Joey.Baker@dese.mo.gov</a> >

*Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.*

# DESE Update

---

NCI 2018 was the largest and best yet! It was an action packed four days of learning and a *little* fun as well. How many conferences have a camel mascot?! Dr. Norm Gysbers was once again a highlight of NCI.



**Eric Barnhart**, Rockwood counselor, had the pleasure of winning a treasured puppet from Carolyn Roof's (Counselor Educator Stephens College) collection! He is pictured to the left with Dr. Norm Gysbers and his prize.

---

## Announcements

---

### Career Advisors

Do you need help with the new ICAP? Do you need tailored Missouri Connections training to utilize the ICAP more efficiently? Call your regional Career Advisor! You can locate your regional career advisor at: <https://dese.mo.gov/college-career-readiness/school-counseling#mini-panel-school-counseling3>

## Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First Aid course near you using the search tool:** <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

## United States Senate Youth Program

The United States Senate Youth Program is a unique educational experience for outstanding high school students interested in public service. Students are nominated by their local high school principal and selected through a rigorous application and interview process. In March 2019, selected students will spend a busy week in Washington D.C and will also receive a \$10,000 scholarship. Completed applications for Missouri students are due no later than Wednesday, September 26, 2018: <https://dese.mo.gov/college-career-readiness/curriculum/social-studies/senate-youth-program>

## High School Counselor Workshops (MASFAP)

Located around the state, MASFAP hosts early awareness workshops to help as a resource with college financial planning. Plan to attend a workshop! Use the following link to see where and when the closest available training is located:

<https://www.masfap.org/ListLock/uWUSs5ergkndU6kb.pdf>

# Professional Development and Upcoming Conferences

---

## College Connection Conference

**SAVE THE DATE: Registration closes 8/22/18**

MOACAC hosts three CUBE events in the fall. This one-day professional development opportunity is your “one-stop shop” to gather lots of information and resources on regional colleges. Come hear updates from 50+ colleges and universities as well as attend a college fair to refresh your materials. Attendance is FREE with a MOACAC membership! Registration and locations are available at: <http://moacac.org/professional-development/cube-conference/>

## Red Ribbon Training

**SAVE THE DATE: September 11, 14, or 27**

Free substance use awareness training for 6th, 7th and 8th grade students in the greater St. Louis area who have demonstrated leadership potential. Trainings last from 8:15 a.m. to 1:15 p.m. – for most students, a full school day. Registration: <http://ncada-stl.org/prevention-programs/youth-leadership-programs/red-ribbon/>

## **20<sup>th</sup> Annual Community Services Summit**

**SAVE THE DATE: October 2, 2018**

Plan to attend the Community Services Summit in St. Peters, Missouri! Skill building workshops on trauma, assessing suicide, personal safety, and expressive arts therapy will be offered which would be beneficial for anyone working with youth and families. A special midday theme will focus on: Taking Care of You is the Best Way to Help Others. Register and find more information at: <http://www.communitycouncilstc.org/events/community-services-summit>

## **Manufacturing Day**

**SAVE THE DATE: October 5, 2018**

MFG Day is a great way to dispel common myths about modern manufacturing. "Before, I thought of factories as being a place where it's really smoky and people are really sad and it's not like anything that you'd want to be in," said one student. "But now that I come here, everyone's happy, they're working together. It's like a huge team and like a family." Learn more about hosting one in your community including resources: <https://mochamber.com/mfgday/>

## **College Counseling Institute**

**SAVE THE DATE: October 12, 2018**

CCI is a one-day professional development opportunity for high school counselors who want to learn more about helping their students with the college admissions process. Whether you are new to the college counseling profession or a seasoned pro, we are confident you'll find this day to be worth your valuable time! Counselors will have the opportunity to attend three sessions throughout the morning with topics that include writing letters of recommendation, financial aid basics, counseling the college bound athlete, mock admissions committee application case study and more! Additional information: <http://moacac.org/professional-development/college-counseling-institute-cci/>

## **Risk and Crisis Management Summit**

**SAVE THE DATE: October 17, 2018**

Learn from three experts who have "been there." Throughout their presentations, you will learn violence prevention and intervention strategies, threat assessment, and crisis management. More information and registration can be found at: <https://aamea.org/courses/risk-and-crisis-management-summit/>

## **ASCA U Specialist Trainings**

**SAVE THE DATE: Anytime!**

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There are a wide variety of courses offered. You can find more

information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

## School Counseling Podcasts

\*[Trauma Informed Education](#) by Dr. Kay Ayre

\*[The Cutting Edge Conversation](#) by Alaina Schrader: Bringing productivity, innovation, self-care and connection to school counselors who care! In each episode, we bring on a guest school counselor to share tips, tricks, hacks, and real talk. We hope to bring you productivity, joy, self-care and connection

\*[ASCAway](#) by American School counselor Association

---

## Responsive Services

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### Resource Numbers

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

#### Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

#### Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

---

## Final Thoughts

*Thank you for all that you do!*



*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

Page | 5      **Missouri Comprehensive School Counseling: Linking School Success to Life Success!**

*School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA*



### **DESE School Counseling Staff:**

**Rene' Yoesel - 573-751-0857**

[Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

**Chrissy Bashore - 573-751-6875**

[Chrissy.Bashore@dese.mo.gov](mailto:Chrissy.Bashore@dese.mo.gov)

**Amber Ernst - 573-751-3368**

[Amber.Ernst@dese.mo.gov](mailto:Amber.Ernst@dese.mo.gov)

**Beverly Ponder – 573-751-4383**

[Beverly.Ponder@dese.mo.gov](mailto:Beverly.Ponder@dese.mo.gov)

*Resources and information provided in the Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Section or the Department of Elementary and Secondary Education.*

---

## **DESE Update**

---

**Don't miss DESE updates at these MSCA Conference sessions:**

- **Jobs for the Future - What Are My Options?** Monday, November 5, from 8:30 to 9:30 a.m. ICAP is a tool to help students graduate success ready and the vehicle by which Missouri students explore their post-secondary options. This session will include best practices for a K-12 career education program and explain the new DESE ICAP and its alignment to Section 167.903 of MO SB 638 (2016).
- **Building Trauma-Informed Schools and Communities - Where are we NOW!** Monday, November 5, from 10:00 to 11:00 a.m. Informed, supportive schools recognize

and address the impact of stress and trauma with their students, staff and community. This session will include: 1) Trauma-Informed - where are we now 2) Outcomes and best practices, as well as guidance on implementation, and 3) Examples of best practice and what every educator needs to know.

- **DESE in the 21st Century!** Monday, November 5, from 11:15 to 12:15 p.m.; Who are you calling a Guidance Counselor? What's new at our house! This session will provide updates and training on DESE's new and improved website, define roles for 504s and IEP's, and discuss challenges and opportunities. Visit with the DESE staff about your current needs and walk away with ideas and support for your comprehensive program.

## Announcements

---

### Missouri Connections

Do you want to learn more about Missouri Connections? Do you want to dive deeper into all the NEW options? Check out the fall training in your area to pick up some more tidbits and information to help you use this valuable FREE resource for you and your students:

<https://portal.missouriconnections.org/resources/training-and-user-support/>

\*The NEW State Trainer Charlene Piel can be contacted at [moconnections@nwmissouri.edu](mailto:moconnections@nwmissouri.edu) !

### Career Advisors

Do you need help with the new ICAP? Do you need tailored Missouri Connections training to utilize the ICAP more efficiently? Call on your local Career Advisor! Their scope of work involves working directly with counselors across the state on these topics. Find your regional advisor at: <https://dese.mo.gov/college-career-readiness/school-counseling#mini-panel-school-counseling3>

### Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First Aid course near you using the search tool:** <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

### High School Counselor Workshops (MASFAP)

Located around the state, MASFAP hosts early awareness workshops to help as a resource with college financial planning. Plan to attend a workshop! Use the following link to see where and when the closest available training is located:

<https://www.masfap.org/ListLock/uWUSs5ergkndU6kb.pdf>

### Youth Thrive Training

Youth Thrive is an approach to identify protective and promotive factors to help adolescents develop into healthy adults. The framework functions as a “lens” for assessing efforts and

making changes to the policies, programs, training, services, partnerships and systems that impact young people. The training explores how to integrate five best practice factors into already existing programs. Contact [alexis.jose@health.mo.gov](mailto:alexis.jose@health.mo.gov). for more information

## Professional Development and Upcoming Conferences

---

### NACAC Kansas City College Fair

**SAVE THE DATE: October 16, 2018**

There are options of a morning or evening session. The location is the Grand Ballroom at the Kansas City Convention Center. Start your college search here!

Register for FREE at: [www.gotomyncf.com](http://www.gotomyncf.com)

### Risk and Crisis Management Summit

**SAVE THE DATE: October 17, 2018**

Learn from three experts who have “been there.” Throughout their presentations, you will learn violence prevention and intervention strategies, threat assessment, and crisis management. More information and registration can be found at: <https://aamea.org/courses/risk-and-crisis-management-summit/>

### MO Bridge Corps' Balsa Bridge Competition

Mizzou Engineering and MU Extension will host the Missouri Bridge Corps' Balsa Bridge Competition on April 12, 2019. Teams of up to six students in grades 6-8 will design and build a balsa wood bridge at their respective school and participate in load testing at the University of Missouri - Columbia. Materials will be provided.

Discover how STEM education leads to a better tomorrow!

- [Visit our website](#) and register your teams by **Oct. 26**.

### Study Abroad Scholarships for American High School Students

The U.S. Department of State offers high school exchange programs to prepare young Americans for success by developing their foreign language skills, increasing their cross-cultural understanding, strengthening their leadership capacity, and more.

- National Security Language Initiative for Youth (NSLI-Y) – deadline **Oct. 30, 2018**
- Kennedy-Lugar Youth Exchange and Study Abroad (YES Abroad) – deadline **Dec. 4, 2018**
- Congress-Bundestag Youth Exchange (CBYX) – deadline **Dec. 11, 2018**
- Youth Ambassadors (application period opens in December)

More information is available at: <https://exchanges.state.gov/highschool/>

## **MSCA Conference**

**SAVE THE DATE: November 4-6, 2018**

Do not miss the Missouri School Counselor Association Conference held at Tan-Tar-a Resort! Many great speakers and phenomenal presenters to collaborate with and learn from all in one place. Registration: <http://moschoolcounselor.org/2018-fall-conference/>

## **MGA 2019 Project 21 Scholarship**

The Missouri Gaming Association is pleased to announce the 2019 Project 21 Scholarship Program. The Project 21 Scholarship Program provides Missouri students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. One (1) \$2,500.00 first prize scholarship and Three (3) \$1,500.00 second prize scholarships will be awarded.

The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2019**. For more information, please contact [info@missouricasinos.org](mailto:info@missouricasinos.org).

## **Staats Awards and the Missouri Association of Fairs & Festivals (MAFF) Past Presidents Scholarship**

**SAVE THE DATE: November 12, 2018**

The MAFF Past Presidents Club administers the scholarship, funded by Staats Awards. Staats Awards has been servicing the fair industry for over 110 years and wishes to be a part of preserving the fair industry for future generations. Staats has committed an annual gift of \$1,000 to assist the recipient of this scholarship to continue their education at the two- or four-year college level. More information can be found at: [www.mofairs.org](http://www.mofairs.org)

## **ASCA U Specialist Trainings**

**SAVE THE DATE: Anytime!**

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There are a wide variety of courses offered. You can find more information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

---

## **Responsive Services**

---

### **Mandated Reporter**

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>



*School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA*



**Your School Counseling Services Staff:**

- Rene' Yoesel - 573-751-0857**  
[Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)
- Chrissy Bashore - 573-751-6875**  
[Chrissy.Bashore@dese.mo.gov](mailto:Chrissy.Bashore@dese.mo.gov)
- Amber Ernst - 573-751-3368**  
[Amber.Ernst@dese.mo.gov](mailto:Amber.Ernst@dese.mo.gov)
- Beverly Ponder – 573-751-4383**  
[Beverly.Ponder@dese.mo.gov](mailto:Beverly.Ponder@dese.mo.gov)

Career and technical student organizations provide essential opportunities for students to develop and refine skills required in their chosen occupational area. CTSOs may be fully integrated into the instructional program as a supplement to regular classroom instruction and strengthen learning. Below are contacts for each CTSO at DESE:

<b>FFA – Agriculture Education</b>	Dietzschold, Keith < <a href="mailto:Keith.Dietzschold@dese.mo.gov">Keith.Dietzschold@dese.mo.gov</a> >
<b>FBLA-PBL – Business Education</b>	Dzurick, Chris < <a href="mailto:Chris.Dzurick@dese.mo.gov">Chris.Dzurick@dese.mo.gov</a> >
<b>DECA – Marketing Education</b>	Shannon, Cindy < <a href="mailto:Cindy.Shannon@dese.mo.gov">Cindy.Shannon@dese.mo.gov</a> >
<b>FCCLA – Family &amp; Consumer Sciences</b>	Sharpe, Donna < <a href="mailto:Donna.Sharpe@dese.mo.gov">Donna.Sharpe@dese.mo.gov</a> >
<b>TSA – Technology &amp; Engineering</b>	Johnson, Matt < <a href="mailto:Jon.Johnson@dese.mo.gov">Jon.Johnson@dese.mo.gov</a> >
<b>HOSA – Health Occupations</b>	Wehmeyer, Shelly < <a href="mailto:Shelly.Wehmeyer@dese.mo.gov">Shelly.Wehmeyer@dese.mo.gov</a> >
<b>SkillsUSA – Skilled &amp; Technical Sciences</b>	Baker, Joey < <a href="mailto:Joey.Baker@dese.mo.gov">Joey.Baker@dese.mo.gov</a> >

*Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.*

## DESE Update

---

We hope you had a great and relaxing holiday season! Make sure to fit in self-care amid the rush the holidays can bring to come back recharged for a new semester with your students. **Several important announcements will be coming this month including information on HB1606 and a guidance document for the ICAP.**

Check with your local Career Advisor on regional STEAM events that middle school students in your area could be involved in: <https://dese.mo.gov/college-career-readiness/school-counseling#mini-panel-school-counseling2>

## Announcements

---

### Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First Aid course near you using the search tool:** <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

### High School Counselor Workshops (MASFAP)

Located around the state, MASFAP hosts early awareness workshops to help as a resource with college financial planning. Plan to attend a workshop! Use the following link to see where and when the closest available training is located:

<https://www.masfap.org/ListLock/uWUSs5ergkndU6kb.pdf>

### Youth Thrive Training

Youth Thrive is an approach to identify protective and promotive factors to help adolescents develop into healthy adults. The framework functions as a “lens” for assessing efforts and making changes to the policies, programs, training, services, partnerships and systems that impact young people. The training explores how to integrate five best practice factors into already existing programs. Contact [alexis.jose@health.mo.gov](mailto:alexis.jose@health.mo.gov) for more information.

### Centennial Leadership Scholarship

**Due Date: January 30<sup>th</sup>, 2019**

Have you heard about the top leadership program for incoming freshmen at Missouri State University? The Hutchens/SGA Centennial Leadership Scholarship is a four-year leadership development program hosted by MO State Lead. Students will receive \$2,500 per year (\$1,000

for students who are also receiving either the Provost or Deans Scholarship), which equals a potential value of \$10,000 over four years.

Apply at: <https://www.missouristate.edu/FinancialAid/scholarships/CentennialApp.htm>

## **Workforce Development Ideas**

The Department of Social Services, Family Support Division is engaged in a multitude of projects to ensure low-income individuals receive the supports they need to be successful in the workforce. We are reaching out to all **high school counselors** as we believe you have the greatest insight on the needs of students that are choosing to enter the workforce and not pursue additional education. We would like your feedback on any supports you need to serve low-income students who are choosing to enter the workforce upon graduation to ensure their success. This can be any type of supports you believe are needed such as transportation assistance, additional information sessions on employment opportunities for students, work related supplies (i.e. work boots), supports for job readiness and workplace skills, etc. Feel free to submit any ideas you have to [Jeriane.jaegers-brenneke@dss.mo.gov](mailto:Jeriane.jaegers-brenneke@dss.mo.gov) and [dennis.harden@dese.mo.gov](mailto:dennis.harden@dese.mo.gov) and include contact information. Please feel free to send any additional thoughts or ideas on preparing any students for the workforce.

## **Professional Development and Upcoming Conferences**

---

### **Take Ten Conference**

**SAVE THE DATE: February 22<sup>nd</sup>, 2019**

Featuring Dr. Carolyn Stone discussing Legal and Ethical Complications of Working with Minors in Schools. The school environment poses competing interests between a student's need for confidentiality and the legal rights of parents as established by the U.S. Supreme Court to be the guiding voice in their children lives in value-laden issues. Participants will develop an ethical decision-making framework for analyzing and resolving ethical issues through the application of the 2016 ASCA Ethical Standards, case and statutory law, school board rules, and community standards.

<http://moschoolcounselor.org/2019-take-ten-conference/>

### **MOACAC Annual Conference**

**SAVE THE DATE: March 31- April 2, 2019**

The annual conference provides broad opportunities for professional development, relationship building, shared information and access to the latest in products and services. Discussion topics cover a wide range and have included standardized testing, rising college costs, writing effective letters of recommendation, legislative concerns regarding education and ethnic issues facing admission professionals.

<https://moacac.org/annual-conference/>

## MGA 2019 Project 21 Scholarship

The Missouri Gaming Association is pleased to announce the 2019 Project 21 Scholarship Program. The Project 21 Scholarship Program provides Missouri students an opportunity to disseminate their message by writing an article or creating a poster or video addressing the issue of underage gambling. One (1) \$2,500.00 first prize scholarship and Three (3) \$1,500.00 second prize scholarships will be awarded.

The article, poster or video entry, completed application and other required documentation as outlined in the application must be received by **MARCH 1, 2019**. For more information, please contact [info@missouricasinos.org](mailto:info@missouricasinos.org)

## ASCA U Specialist Trainings

**SAVE THE DATE: Anytime!**

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There are a wide variety of courses offered. You can find more information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

## Responsive Services

---

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### Resource Numbers

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

#### Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

#### Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

## Final Thoughts

---

*Thank you for all that you do!*



*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

*School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA*



### Your School Counseling Services Staff:

**Rene' Yoesel - 573-751-0857**

[Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)

**Chrissy Bashore - 573-751-6875**

[Chrissy.Bashore@dese.mo.gov](mailto:Chrissy.Bashore@dese.mo.gov)

**Amber Ernst - 573-751-3368**

[Amber.Ernst@dese.mo.gov](mailto:Amber.Ernst@dese.mo.gov)

**Beverly Ponder – 573-751-4383**

[Beverly.Ponder@dese.mo.gov](mailto:Beverly.Ponder@dese.mo.gov)

Career and technical student organizations provide essential opportunities for students to develop and refine skills required in their chosen occupational area. CTSOs may be fully integrated into the instructional program as a supplement to regular classroom instruction and strengthen learning. Below are contacts for each CTSO at DESE:

<b>FFA – Agriculture Education</b>	Dietzschold, Keith < <a href="mailto:Keith.Dietzschold@dese.mo.gov">Keith.Dietzschold@dese.mo.gov</a> >
<b>FBLA-PBL – Business Education</b>	Dzurick, Chris < <a href="mailto:Chris.Dzurick@dese.mo.gov">Chris.Dzurick@dese.mo.gov</a> >
<b>DECA – Marketing Education</b>	Shannon, Cindy < <a href="mailto:Cindy.Shannon@dese.mo.gov">Cindy.Shannon@dese.mo.gov</a> >
<b>FCCLA – Family &amp; Consumer Sciences</b>	Sharpe, Donna < <a href="mailto:Donna.Sharpe@dese.mo.gov">Donna.Sharpe@dese.mo.gov</a> >
<b>TSA – Technology &amp; Engineering</b>	Johnson, Matt < <a href="mailto:Jon.Johnson@dese.mo.gov">Jon.Johnson@dese.mo.gov</a> >
<b>HOSA – Health Occupations</b>	Wehmeyer, Shelly < <a href="mailto:Shelly.Wehmeyer@dese.mo.gov">Shelly.Wehmeyer@dese.mo.gov</a> >
<b>SkillsUSA – Skilled &amp; Technical Sciences</b>	Baker, Joey < <a href="mailto:Joey.Baker@dese.mo.gov">Joey.Baker@dese.mo.gov</a> >

*Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.*

## DESE Update

---

We hope you are warming up with this crazy winter! Spring can be such a busy time! National School Counseling Week was not too long ago and we had a great time highlighting all three domains including fun activities within our office. We saw great updates from around the state as well that showcased all school counselors do on a daily basis and their work with students.



Figure 1- Nichols Career Center Students with their school counselor, Travis Plume.

## Announcements

---

### Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First Aid course near you using the search tool:** <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

### Missouri Comprehensive Tobacco Control Program

The [Missouri Comprehensive Tobacco Control Program](#) is a resource to your school for tobacco use prevention and cessation. If you have any questions, need additional information, or would like tobacco use prevention and cessation assistance, please contact Valerie Howard at (573) 522-2824 or Joyce Lara at (573) 751-6183 or [joyce.lara@health.mo.gov](mailto:joyce.lara@health.mo.gov)

# Professional Development and Upcoming Conferences

---

## Regions Riding Forward Scholarship Essay Contest

**SAVE THE DATE: February 28, 2019**

Your story will inspire the future. Tell us about an African-American who inspired you and you could earn a \$5,000 or \$3,500 college scholarship in celebration of Black History Month and those who have inspired the next generation to make history. To apply visit:

<https://www.regions.com/promo/black-history-scholarship>

## Missouri STEM Signing Day

**SAVE THE DATE: March 1<sup>st</sup>, 2019**

The Missouri Chamber Foundation's Mathematics and Science Coalition will launch the Missouri STEM Signing Day program on May 8, 2019. Just like signing days for athletes, Missouri STEM Signing Day will celebrate Missouri high school seniors as they make their commitments to study a STEM field at a top Missouri college or university. This program will recognize outstanding students across the state who are inspired by STEM and dedicated to pursuing a STEM career pathway in college and beyond, as well as raise awareness of companies in Missouri for future career opportunities that they and others can pursue.

<https://mochamber.com/signingday/> for more information

## Missouri Association of Treatment Court Professionals

**SAVE THE DATE: March 27-29, 2019**

Taking place in Branson, Missouri this conference will feature national speakers, and information-packed workshops. You do not have to work in a treatment court in order to attend. More information and registration can be found here: <https://www.motreatmentcourts.org/view-calendar?id=25>

## Masonic Lodge of Missouri Scholarships

**SAVE THE DATE: March 31, 2019**

The Masonic Scholarship Fund of Missouri, Inc. proudly offers three different scholarships to Missouri high school students.

These scholarships are available to students graduating this year from a Missouri high school, seeking to attend an accredited institution or higher education anywhere. Multiple opportunities and application available at: <http://momason.org/scholarships/>

## Missouri Insurance Education Foundation

**SAVE THE DATE: March 31, 2019**

One (1) \$2,500 scholarship and an individual certificate will be awarded to the applicant of the C. Lawrence Leggett Scholarship and Five (5) \$2,000 scholarships and an individual certificate

will be awarded to the applicants of the Missouri Insurance Education Foundation Scholarship with selection made by the Missouri Insurance Education Foundation Scholarship Committee. Find out more information here: <http://mief.org>

## **MOACAC Annual Conference**

**SAVE THE DATE: March 31- April 2, 2019**

The annual conference provides broad opportunities for professional development, relationship building, shared information and access to the latest in products and services. Discussion topics cover a wide range and have included standardized testing, rising college costs, writing effective letters of recommendation, legislative concerns regarding education and ethnic issues facing admission professionals.

<https://moacac.org/annual-conference/>

## **Males of Color in Education Awareness Conference**

**SAVE THE DATE: April 6, 2019**

Lincoln University of Missouri in collaboration with University of Missouri Columbia College of Education and Harris Stowe University College of Education present Males of Color in Education Awareness Conference. Contact [seymoreSrM@lincoln.edu](mailto:seymoreSrM@lincoln.edu) for more information.

## **Save the Date - Spring College Fairs are coming to Kansas City and St.**

**Louis!** The Missouri Association for College Admissions Counseling (MOACAC) is excited to announce the dates and locations of their two spring college fairs. The Kansas City College Fair will be held March 28, 2019, from 6:00-7:30pm at William Jewell College. The St. Louis College Fair will be held April 28, 2019, 1:00-3:00pm at Maryville University. Both fairs will feature many colleges and universities from around the country. All students and families are invited to attend and should preregister in advance at: <https://app.strivescan.com/students>

## **New Counselor Institute 2019**

**SAVE THE DATE: July 15, 2019 – July 18, 2019**

Do you know a recent school counseling graduate with a position for next year? Let them know about New Counselor Institute, a four day informative conference focused on practical knowledge a first year counselor must know! An attendee last year noted, “The opportunity to build relationships with new counselors around the state and not only have others that are in my shoes as a new counselor, but also to have new resources and individuals to consult with in the future was absolutely beneficial.”

For more information, visit <https://dese.mo.gov/college-career-readiness/school-counseling#mini-panel-school-counseling6> for registration links and more information.

## **CIA Scholarship Opportunities**

**SAVE THE DATE: July 31, 2019**

High school seniors and college underclassman: Go to [cia.gov/careers/student/opportunities](http://cia.gov/careers/student/opportunities) during 15 February- 31July 2019 to apply to CIA's Undergraduate Scholarship Program. You can earn a spot if you have good grades, particularly in STEM; are a leader in and out of class; and meet the work and eligibility criteria. CIA draws on the diversity of the United States to fulfill its mission; bring your unique perspective to work with us!

## **ASCA U Specialist Trainings**

**SAVE THE DATE: Anytime!**

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There are a wide variety of courses offered. You can find more information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

## **Responsive Services**

---

### **Mandated Reporter**

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### **Resource Numbers**

#### **National Suicide Prevention Lifeline**

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

#### **Missouri School Violence Hotline**

1-866-748-7047 <https://www.schoolviolencehotline.com/>

#### **Missouri Child Abuse or Neglect Hotline**

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

## Final Thoughts

---

*Thank you for all that you do!*



*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*

*School counseling programs are collaborative efforts benefiting students, parents, teachers, administrators and the overall community. School counseling programs should be an integral part of students' daily educational environment, and school counselors should be partners in student achievement. ASCA*



**Your School Counseling Services Staff:**

- Rene' Yoesel - 573-751-0857**  
[Rene.Yoesel@dese.mo.gov](mailto:Rene.Yoesel@dese.mo.gov)
- Chrissy Bashore - 573-751-6875**  
[Chrissy.Bashore@dese.mo.gov](mailto:Chrissy.Bashore@dese.mo.gov)
- Amber Ernst - 573-751-3368**  
[Amber.Ernst@dese.mo.gov](mailto:Amber.Ernst@dese.mo.gov)
- Beverly Ponder – 573-751-4383**  
[Beverly.Ponder@dese.mo.gov](mailto:Beverly.Ponder@dese.mo.gov)

Career and technical student organizations provide essential opportunities for students to develop and refine skills required in their chosen occupational area. CTSOs may be fully integrated into the instructional program as a supplement to regular classroom instruction and strengthen learning. Below are contacts for each CTSO at DESE:

<b>FFA – Agriculture Education</b>	Dietzschold, Keith < <a href="mailto:Keith.Dietzschold@dese.mo.gov">Keith.Dietzschold@dese.mo.gov</a> >
<b>FBLA-PBL – Business Education</b>	Dzurick, Chris < <a href="mailto:Chris.Dzurick@dese.mo.gov">Chris.Dzurick@dese.mo.gov</a> >
<b>DECA – Marketing Education</b>	Shannon, Cindy < <a href="mailto:Cindy.Shannon@dese.mo.gov">Cindy.Shannon@dese.mo.gov</a> >
<b>FCCLA – Family &amp; Consumer Sciences</b>	Sharpe, Donna < <a href="mailto:Donna.Sharpe@dese.mo.gov">Donna.Sharpe@dese.mo.gov</a> >
<b>TSA – Technology &amp; Engineering</b>	Johnson, Matt < <a href="mailto:Jon.Johnson@dese.mo.gov">Jon.Johnson@dese.mo.gov</a> >
<b>HOSA – Health Occupations</b>	Wehmeyer, Shelly < <a href="mailto:Shelly.Wehmeyer@dese.mo.gov">Shelly.Wehmeyer@dese.mo.gov</a> >
<b>SkillsUSA – Skilled &amp; Technical Sciences</b>	Baker, Joey < <a href="mailto:Joey.Baker@dese.mo.gov">Joey.Baker@dese.mo.gov</a> >

*Resources and information provided in the Counselors Digest are for communication purposes only. Listing these resources and information does not constitute endorsement by either the School Counseling Services Section or the Department of Elementary and Secondary Education.*

## DESE Update

---

The end of year is in sight! We hope all the meaningful connections you made this year propel and motivate you to have a relaxing summer and inspire you when preparing for a new school year later in summer. On April 29, 2019 the [Breaking Traditions Ceremony](#) was held in Jefferson City honoring nontraditional career and technical students, educators, and employer. It was such an honor to learn more about these pioneers of CTE.



Recently a Guidance Document written in school language is available for the Missouri Model (Trauma-Informed). Check out the website for more information:  
<https://dese.mo.gov/traumainformed>.

## Announcements

---

### Youth Mental Health First Aid

Mental Health First Aid is an 8-hour course that teaches you how to help someone who may be experiencing a mental health or substance use challenge. The training helps you identify, understand and respond to signs of addictions and mental illnesses. **Find a Mental Health First Aid course near you using the search tool:** <https://www.mentalhealthfirstaid.org/take-a-course/find-a-course/>

### Missouri Comprehensive Tobacco Control Program

The [Missouri Comprehensive Tobacco Control Program](#) is a resource to your school for tobacco use prevention and cessation. If you have any questions, need additional information, or would

like tobacco use prevention and cessation assistance, please contact Valerie Howard at (573) 522-2824 or Joyce Lara at (573) 751-6183 or joyce.lara@health.mo.gov

## Professional Development and Upcoming Conferences

---

### Missouri Alternative Education Network (MAEN) Annual Conference

**SAVE THE DATE: July 14-16, 2019**

The annual conference provides broad opportunities for professional development, relationship building, shared information and access to the latest in products and services. Discussion topics cover a wide range and have included trauma informed care, resiliency, mindfulness, interventions, instructional methods for alternative education. Come and share ideas for teachers/administrators to use working with students recognized as "at-risk." Registration begins March 5. More information: [maen4kids.com](http://maen4kids.com)

### New Counselor Institute 2019

**SAVE THE DATE: July 15, 2019 – July 18, 2019**

Do you know a recent school counseling graduate with a position for next year? Let them know about New Counselor Institute, a four day informative conference focused on practical knowledge a first year counselor must know! An attendee last year noted, "The opportunity to build relationships with new counselors around the state and not only have others that are in my shoes as a new counselor, but also to have new resources and individuals to consult with in the future was absolutely beneficial."

For more information, visit <https://dese.mo.gov/college-career-readiness/school-counseling#mini-panel-school-counseling6> for registration links and more information.

### CIA Scholarship Opportunities

**SAVE THE DATE: July 31, 2019**

High school seniors and college underclassman: Go to [cia.gov/careers/student/opportunities](http://cia.gov/careers/student/opportunities) during 15 February- 31July 2019 to apply to CIA's Undergraduate Scholarship Program. You can earn a spot if you have good grades, particularly in STEM; are a leader in and out of class; and meet the work and eligibility criteria. CIA draws on the diversity of the United States to fulfill its mission; bring your unique perspective to work with us!

### ASCA U Specialist Trainings

**SAVE THE DATE: Anytime!**

Whether you are new to the field or have years of experience, an ASCA Specialist designation from ASCA U can help you further master important school counseling-related subject areas. Go back to school with ASCA U. There are a wide variety of courses offered. You can find more

information and registration at <https://www.schoolcounselor.org/school-counselors-members/professional-development/asca-u>

## Responsive Services

---

### Mandated Reporter

Missouri's Mandated Reporter requirements state that "All mandatory reporters shall, upon finding reasonable cause, directly and immediately report suspected child abuse or neglect." (Section 162.069.3 RSMo.) (Section 210.115 RSMo.) <http://missourikidsfirst.org/>

### Resource Numbers

#### National Suicide Prevention Lifeline

1-800-273-TALK (8255) <http://www.suicidepreventionlifeline.org/>

#### Missouri School Violence Hotline

1-866-748-7047 <https://www.schoolviolencehotline.com/>

#### Missouri Child Abuse or Neglect Hotline

1-800-392-3738 <http://dss.mo.gov/cd/can.htm>

## Final Thoughts

---

*Thank you for all that you do!*

School  
Counselor

#difference maker

*It is the policy of the Missouri Department of Elementary and Secondary Education not to discriminate on the basis of race, color, religion, gender, national origin, age, or disability in its programs or employment practices as required by Title VI and VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1975 and Title II of the Americans with*

*Disabilities Act of 1990. Inquiries related to Department programs and to the location of services, activities, and facilities that are accessible by persons with disabilities may be directed to the Jefferson State Office Building, Office of the General Counsel, Coordinator–Civil Rights Compliance (Title VI/Title IX/504/ADA/Age Act), 6th Floor, 205 Jefferson Street, P.O. Box 480, Jefferson City, MO 65102-0480; telephone number (573) 526-4757 or TTY (800) 735-2966, fax (573) 522-4883, email [civilrights@dese.mo.gov](mailto:civilrights@dese.mo.gov).*