

Unit #2 Title: Life-Changing Events	Grade Level: K
Number of Lessons in Unit: 2	
Time Required for each lesson: 30 minutes	
Best time of year to implement this Unit: Anytime	
Lesson Titles:	
Lesson 1: How Families Change	
Materials/Special Preparations Required:	
Paper and drawing materials.	
Optional – Counselor may choose to display pictures of the ways that families change to aid in the discussion.	
Lesson 2: Other Changes (Life Changing Events Outside of the Family)	
Materials/Special Preparations Required:	
Paper and drawing materials	
<i>I Can Change</i> song	
A picture of a family moving to another home and a picture of a child starting school for the first time.	
Missouri Comprehensive School Counseling Big Idea:	
SE.3: Applying Personal Safety Skills and Coping Strategies.	
Grade Level Expectation (GLE):	
SE.3.C.0K: Identify different life changes or events. (DOK Level - 1)	
American School Counselor Association (ASCA) Mindsets and Behaviors:	
Social/Emotional Development	

Show Me Standards: Performance Goals (check one or more that apply)

	Goal 1: Gather, analyze and apply information and ideas
	Goal 2: Communicate effectively within and beyond the classroom
	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society 7. Identify and apply practices that preserve and enhance the safety of self and others.

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
Mathematics	
Social Studies	
Science	

	Health/Physical Education	
	Fine Arts	

Unit Essential Questions:

Why do families change?

Unit Measurable Learning Objectives:

The student will identify one way their family has changed and one way another student’s family has changed.

The student will identify one way that his/her life has changed since he/she started kindergarten.

Unit Instructional Strategies/Instructional Activities:

- Direct (Compare & Contrast)
- Indirect (Concept Formation)
- Experiential
- Independent Study
- Interactive Instruction (Discussion)

Unit Summative Assessment (acceptable evidence):

Summative assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.

Students will draw pictures of their families.

Students will “Show and Tell” about their families with emphasis on how their families might have changed.

Students will draw a picture of something they had to change when he/she started kindergarten.

Brief Summary of Unit:

In lesson one, students are given the opportunity to share how their families may have changed and participate in a discussion addressing the following concepts: Change is a natural part of life. Change may require coping skills. In lesson two, students will share their stories about life-changing events as prompted by drawing a picture of the changes he/she has made as a result of being a kindergarten student for the first time.

Student Prior Knowledge: What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Knowledge that people come from different types of families.