

Unit 1 Title: Personal Safety Skills and Coping Strategies	
Lesson Title: Fatal Accident	Lesson: 4 of 5
Grade Level: 11	
Length of Lesson: 45-50 minutes	
Missouri Comprehensive School Counseling Big Idea: SE.3: Applying Personal Safety Skills and Coping Strategies	
Grade Level Expectations (GLEs): SE.3.A.11: Analyze the impact of personal decisions on the safety and health of self and others. SE.3.B.11: Demonstrate skills that reinforce a safe environment for all students. SE.3.C.11: Apply individual coping skills to manage life-changing events.	
American School Counselor Association (ASCA) Mindsets and Behaviors: Social/Emotional Development	

Materials (include activity sheets and/ or supporting resources)

Presenters (e.g. highway patrol, police, fireman, or ambulance attendant). Audio of automobile crash <i>Presentation Review Assessment Worksheet</i>
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Show Me Standards: Performance Goals (check one or more that apply)

X	Goal 1: Gather, analyze and apply information and ideas
X	Goal 2: Communicate effectively within and beyond the classroom
X	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X Communication Arts	6. Participating in formal and informal presentations and discussions of issues and ideas.
X Mathematics	3. Data analysis, probability and statistics
X Social Studies	6. Relationships of the individual and groups to institutions and cultural traditions
X Science	2. Properties and principles of force and motion
X Health/Physical Education	5. Methods used to assess health, reduce risk factors, and avoid high risk behaviors (such as violence, tobacco, alcohol and other drug use) 7. Responses to emergency situations.
Fine Arts	

Enduring Life Skill(s)

X	Perseverance	X	Integrity	X	Problem Solving
X	Courage	X	Compassion	X	Tolerance
X	Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will participate in and evaluate a presentation from an emergency response agency and write three related thoughts to explore.

Lesson Formative Assessment (acceptable evidence):

Formative assessment relates to the summative assessment for unit (performance outcome for goals, objectives and GLEs). Assessment can be question answer, performance activity, etc.

Students utilize, evaluate, review, and refine decision-making skills referencing risk-taking behaviors; address personal/safety issues, and management of life changing events through discussion.

Lesson Preparation

Essential Questions:

- How do safe and healthy life choices affect our lives?
- How is the knowledge of available resources used to manage life-changing events?

Engagement (Hook): Docudrama or play audio of sounds of an automobile crash, including silence that follows the crash. After students hear audio of crash, ask: “What was that!?”
Students share their thoughts and feelings about what they heard.

Procedures

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
<ol style="list-style-type: none"> 1. The counselor will introduce the presenter, e.g. highway patrolman, policeman, fireman, or ambulance attendant. 2. The presenter from an emergency personnel agency will present information. 3. Presenter and/or counselor will lead follow-up discussion. 4. Presenter will provide 	<ol style="list-style-type: none"> 1. Students will listen to the introduction of the presenter. Each student will formulate (in writing) at least one personally relevant question he or she wants to have answered. 2. Students will listen to the presentation and formulate additional questions. 3. In small groups students will participate in discussion of the meaning/application of concepts presented. 4. Students receive information provided,

handouts/resources from their area of specialty.	review and ask questions..
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Teacher Follow-Up Activities

Teacher will inform counselor if student appears to be in need of assistance through appropriate resources.

Counselor reflection notes (completed after the lesson)

Presentation Review Assessment

(Circle yes or no)

- Yes No 1. I can identify risk-taking behaviors.
- Yes No 2. I have been involved in a risk-taking behavior.
- Yes No 3. I know where to find resources to assist with personal safety issues.
- Yes No 4. I know how to assist others in finding resources for life changing events.
- Yes No 5. Today's program was helpful in addressing personal safety.
- Yes No 6. I know my counselor has appointments and/or resources to assist me.

I'd like to know more about ...

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