

<p><b>Unit # 3 Title:</b> Conflict Re-<u>solution</u>....I Am Part of the <u>Solution</u></p> <p><b>Lesson Title:</b> My Conflict Shield <span style="float: right;"><b>Lesson 3 of 4</b></span></p> <p><b>Grade Level:</b> 8</p> <p><b>Length of Lesson:</b> 30-45 minutes</p> <p><b>Missouri Comprehensive School Counseling Big Idea:</b> SE.2: Interacting with Others in Ways That Respect Individual and Group Differences</p> <p><b>Grade Level Expectation (GLE):</b> SE.2.C.08: Exhibit an awareness of personal responsibility in conflict situations.</p> <p><b>American School Counselor Association (ASCA) Mindsets and Behaviors:</b> Social/Emotional Development</p>
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**Materials (include activity sheets and/ or supporting resources)**

<p>Note cards cut in half with the names of famous couples (people or characters) that had conflicts (Romeo/Juliet, Prince Charles/Princess Diana, etc.)</p> <p>Wrapped candy</p> <p>Blank paper which students will fold into thirds</p> <p>Blank paper for making conflict shields</p> <p>Colored Pencils/Markers</p>
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**Show Me Standards: Performance Goals (check one or more that apply)**

X	<p>Goal 1: gather, analyze and apply information and ideas</p> <p>6. Discover and evaluate patterns and relationships in information, ideas and structures</p> <p>8. Organize data, information and ideas into useful forms (including charts, graphs, outlines) for analysis or presentation</p>
X	<p>Goal 2: communicate effectively within and beyond the classroom</p> <p>1. Plan and make written, oral and visual presentations for a variety of purposes and audiences</p> <p>2. Review and revise communications to improve accuracy and clarity</p> <p>3. Exchange information, questions and ideas while recognizing the perspectives of others</p>
X	<p>Goal 3: recognize and solve problems</p> <p>2. Develop and apply strategies based on ways others have prevented or solved problems</p> <p>3. Develop and apply strategies based on one’s own experience in preventing or solving problems</p> <p>4. Evaluate the processes used in recognizing and solving problems</p>

X	<p>Goal 4: make decisions and act as responsible members of society</p> <ol style="list-style-type: none"> <li>1. Explain reasoning and identify information used to support decisions</li> <li>3. Analyze the duties and responsibilities of individuals in societies</li> <li>4. Recognize and practice honesty and integrity in academic work and in the workplace</li> </ol>
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**This lesson supports the development of skills in the following academic content areas.**

Academic Content Area(s)	Specific Skill(s)
X	Communication Arts
	<ol style="list-style-type: none"> <li>1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization)</li> <li>6. Participating in formal and informal presentations and discussions of issues and ideas</li> </ol>
	Mathematics
X	Social Studies
	<ol style="list-style-type: none"> <li>6. Relationships of the individual and groups to institutions and cultural traditions</li> </ol>
	Science
	Health/Physical Education
	Fine Arts

**Enduring Life Skill(s)**

	Perseverance	X	Integrity	X	Problem Solving
	Courage	X	Compassion	X	Tolerance
X	Respect	X	Goal Setting		

**Lesson Measurable Learning Objectives:**

The student will create a *conflict shield* which lists 12 skills most useful in conflict resolution and identify the skills they are “excellent” in using.

**Lesson Formative Assessment (acceptable evidence):**

**Assessment should relate to the performance outcome for goals, objectives and GLE. Assessment can be question answer, performance activity, etc.**  
 Class discussion and worksheet will provide assessment.

**Lesson Preparation**

**Essential Questions:** Why is it important to have self-awareness during conflict?

**Engagement (Hook):** As the students walk into class, hand them a half of a note card with a famous person/character’s name on it and a piece of candy. Tell them to not talk about the card and do not eat the candy.

**Procedures**

<b>Instructor Procedures/Instructional Strategies:</b>	<b>Student Involvement/Instructional Activities:</b>
<ol style="list-style-type: none"> <li>1. Pair students using “Famous Couples with Conflict Cards”.</li> <li>2. Ask pairs to fold blank paper into thirds. On the first section the student pairs will create one list of skills that they use when in conflict. In the second section ask pairs to create another list of skills that they have seen used successfully, but they have not used themselves. In the third section ask student pairs to create a list of skills that they wish they could develop. Each list must have at least 5 items.</li> <li>3. Ask pairs to share their lists with the class. Instructor will make a comprehensive list on the board for later use.</li> <li>4. Keep the students in pairs and pass out another sheet of blank paper. Ask students to draw a shield and break the shield into 12 large parts by drawing lines. Ask the students to title the shield across the top of the paper (not on the shield) “My Conflict Shield”. (It may be helpful if a sample of the shield is displayed to help students understand how to do this.)</li> <li>5. Ask students to review their lists from earlier or use the list on the board to complete the shield with 12 skills that they believe to be the most useful in conflict resolution. There will be skills that they believe should be on the shield but do not have room for. They must decide the 12 most important and list only 12.</li> <li>6. Ask students to then color the sections of the shield that list the skills in which they are “excellent” in using. Emphasize to them the importance of being honest with themselves and that this is an exercise in self-awareness and improvement. Remind</li> </ol>	<ol style="list-style-type: none"> <li>1. Students will find their “mate” and sit together.</li> <li>2. Students will work together to create the lists that are described.</li> <li>3. Students will share their lists and compare with others.</li> <li>4. Students will design a shield worksheet.</li> <li>5. Students will decide which 12 skills are the most useful in conflict resolution.</li> <li>6. Students will color the shield accordingly with the goal of being honest with themselves and looking to ways to improve.</li> </ol>

<p>them that no one is perfect at conflict resolution and we all can continue to develop our skills. Have them discuss their decisions with their partner and decide how they can become better at the skills that are left white.</p> <p>7. The students that displayed effort during the exercise will be allowed to consume the candy.</p> <p>8. Ask the teacher if the shields can be laminated/protected and displayed inside or outside of the classroom for review.</p>	<p>7. Students that receive approval from the teacher may eat their candy to celebrate self-awareness and the creation of plan to grow personally.</p>
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**Teacher Follow-Up Activities**

Teacher will be able to use and refer to the student-identified skills on the shields in a variety of lessons.

**Counselor reflection notes (completed after the lesson)**