

Missouri Comprehensive School Counseling Program
Content Area Strand: SE Social/Emotional Development
Grade Level Expectations (GLE) Grades K-2

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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Big Idea 1: SE 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities			
Concept	GLE – Grade K	GLE – Grade 1	GLE – Grade 2
A. Self-Concept	Identify basic feelings. DOK: Level 1	Identify a variety of feelings. DOK: Level 1	Express a variety of feelings. DOK: Level 2
B. Balancing Life Roles	Identify personal roles in the family. DOK: Level 1	Identify personal roles in the school. DOK: Level 1	Identify personal roles in the community. DOK: Level 1
C. Being a Contributing Member of a Diverse Global Community	Identify character traits needed for different situations. DOK: Level 1	Recognizing personal character traits. DOK: Level 1	Compare and contrast character traits needed for different situations. DOK: Level 3
Big Idea 2: SE 2 Interacting With Others in Ways That Respect Individual and Group Differences			
A. Quality relationships	Demonstrate how to be a friend. DOK: Level 2	Demonstrate the ability to be a friend. DOK: Level 2	Identify and demonstrate the interpersonal skills needed to make and keep a friend. DOK: Level 4
B. Respect for Self and Others	Identify similarities and differences between self and others. DOK: Level 2	Identify similarities and differences among students within the school community. DOK: Level 2	Identify similarities and differences among families and their traditions. DOK: Level 2
C. Personal Responsibility in Relationships	Identify feelings of others. DOK: Level 1	Express feelings effectively, both verbally and non-verbally. DOK: Level 2	Identify the steps of solving problems and conflicts with others. DOK: Level 1
Big Idea 3: SE 3 Applying Personal Safety Skills and Coping Strategies			
A. Safe and Healthy Choices	Identify safe and healthy choices at home and school. DOK: Level 1	Identify steps of problem solving and decision making for personal safety. DOK: Level 1	Practice the steps of problem solving and decision making for personal safety. DOK: Level 3
B. Personal Safety of Self and Others	Identify safe/unsafe situations. DOK: Level 1	Identify personal safety strategies. DOK: Level 1	Apply personal safety strategies as they relate to different situations. DOK: Level 4
C. Coping Skills	Identify different life changes or events. DOK: Level 1	Recognize the effects of life changes or events related to self. DOK: Level 1	Recognize the effects of life changes or events related to self and others. DOK: Level 1

Missouri Comprehensive School Counseling Program
Content Area Strand: SE Social/Emotional Development
Grade Level Expectations (GLE) Grades 3-5

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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Big Idea 1: SE 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities			
Concept	GLE – Grade 3	GLE – Grade 4	GLE – Grade 5
A. Self-Concept	Identify positive characteristics and areas for personal growth. DOK: Level 1	Recognize positive self-talk and communicate personal thoughts and feelings. DOK: Level 1	Demonstrate the personal characteristics to maintain a positive self-concept. DOK: Level 2
B. Balancing Life Roles	Reflect on personal roles at home and at school and identify responsibilities. DOK: Level 2	Reflect on personal roles in the community and identify responsibilities as a community member. DOK: Level 2	Develop strategies to balance family, school, and community roles. DOK: Level 3
C. Being a Contributing Member of a Diverse Global Community	Identify the personal characteristics needed to contribute to the classroom. DOK: Level 1	Identify the personal characteristics that contribute to the school community. DOK: Level 1	Demonstrate personal characteristics of a contributing member of the school community. DOK: Level 2
Big Idea 2: SE 2 Interacting With Others in Ways That Respect Individual and Group Differences			
A. Quality relationships	Identify the interpersonal skills necessary to build quality relationships. DOK: Level 2	Demonstrate respect for others' personal opinions and ideas. DOK: Level 2	Exhibit mutual respect and compromise in relationships. DOK: Level 4
B. Respect for Self and Others	Recognize and respect the differences between personal culture and other cultures. DOK: Level 2	Recognize and respect diverse groups within the school and community. DOK: Level 2	Demonstrate respect for individuals within diverse groups. DOK: Level 3
C. Personal Responsibility in Relationships	Apply the steps of solving problems and conflicts with others. DOK: Level 3	Identify and practice the skills used to compromise in a variety of situations. DOK: Level 3	Review and implement strategies to resolve problems and conflicts successfully. DOK: Level 4
Big Idea 3: SE 3 Applying Personal Safety Skills and Coping Strategies			
A. Safe and Healthy Choices	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy life choices at school. DOK: Level 4	Apply effective problem-solving, decision-making, and refusal skills to make safe and healthy choices in various life situations. DOK: Level 4	Evaluate peer influence on problem-solving and decision-making skills. DOK: Level 4
B. Personal Safety of Self and Others	Identify issues that impact personal safety. DOK: Level 1	Describe different types of violence and harassment, and identify strategies for intervention. DOK: Level 3	Apply personal safety strategies as they relate to violence and harassment. DOK: Level 4
C. Coping Skills	Identify coping skills for managing life changes or events. DOK: Level 1	Utilize coping skills for managing life changes or events. DOK: Level 3	Evaluate various coping skills for managing life changes or events. DOK: Level 4

Missouri Comprehensive School Counseling Program
Content Area Strand: SE Social/Emotional Development
Grade Level Expectations (GLE) Grades 6-8

Depth of Knowledge – DOK
Level 1: Recall
Level 2: Skill/Concept
Level 3: Strategic Thinking
Level 4: Extended Thinking

Big Idea 1: SE 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities			
Concept	GLE – Grade 6	GLE – Grade 7	GLE – Grade 8
A. Self-Concept	Identify individual strengths and areas for personal growth and good citizenship. DOK: Level 2	Demonstrate understanding of individual strengths and personal challenges and how they relate to a positive self-concept. DOK: Level 2	Identify thoughts and feelings and how they relate to self-concept. DOK: Level 2
B. Balancing Life Roles	Identify and develop personal planning strategies to manage individual, family, and school responsibilities. DOK: Level 3	Apply personal planning strategies to balance individual, family, and school responsibilities. DOK: Level 4	Recognize the different roles and responsibilities people play in the family, school, and community, and how those roles and responsibilities are interrelated. DOK: Level 4
C. Being a Contributing Member of a Diverse Global Community	Demonstrate skills needed to participate in team building. DOK: Level 2	Identify and practice ways to be a contributing group member. DOK: Level 2	Recognize personal ways for the individual to contribute as a member of the school community. DOK: Level 1
Big Idea 2: SE 2 Interacting With Others in Ways That Respect Individual and Group Differences			
A. Quality relationships	Identify interpersonal skills needed to maintain quality relationships. DOK: Level 1	Practice effective interpersonal skills in a variety of social situations. DOK: Level 3	Self-assess interpersonal skills that will help maintain quality relationships. DOK: Level 3
B. Respect for Self and Others	Identify and develop strategies to promote acceptance and respect in the school and community. DOK: Level 3	Promote acceptance and respect for individual differences. DOK: Level 4	Apply strategies that promote acceptance and respect of others within the global community. DOK: Level 4
C. Personal Responsibility in Relationships	Apply problem-solving and conflict-resolution skills to new challenges. DOK: Level 4	Practice problem-solving and conflict-resolution skills. DOK: Level 2	Exhibit an awareness of personal responsibility in conflict situations. DOK: Level 2
Big Idea 3: SE 3 Applying Personal Safety Skills and Coping Strategies			
A. Safe and Healthy Choices	Identify problem-solving, decision-making, and refusal skills needed to make safe/healthy choices in social situations. DOK: Level 2	Utilize effective problem-solving, decision-making and refusal skills needed to make safe/healthy choices in social situations. DOK: Level 4	Recognize peer influence on risk-taking behaviors and consequences. DOK: Level 2
B. Personal Safety of Self and Others	Identify behaviors that compromise personal safety of self and others. DOK: Level 2	Develop strategies to maintain personal safety. DOK: Level 3	Apply strategies related to personal safety issues. DOK: Level 4
C. Coping Skills	Review and revise strategies to cope with life-changing events. DOK: Level 3	Apply coping skills to manage life-changing events. DOK: Level 4	Evaluate coping skills to manage life-changing events. DOK: Level 4

Missouri Comprehensive School Counseling Program
Content Area Strand: SE Social/Emotional Development
Grade Level Expectations (GLE) Grades 9-12

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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Big Idea 1: SE 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities				
Concept	GLE – Grade 9	GLE – Grade 10	GLE – Grade 11	GLE - Grade 12
A. Self-Concept	Develop skills needed to maintain a positive self-concept. DOK: Level 2	Implement skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	Practice and modify the skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	Utilize the skills necessary to exhibit and maintain a life-long positive self-concept. DOK: Level 4
B. Balancing Life Roles	Recognize increased roles and responsibilities of the individual student within the family, school, and local community. DOK: Level 2	Prioritize roles and responsibilities and implement strategies in order to balance family, school, work, and local communities. DOK: Level 3	Identify and utilize resources to help balance family, school, work, and local community roles. DOK: Level 3	Exhibit the ability to balance personal, family, school, community, and work roles. DOK: Level 4
C. Being a Contributing Member of a Diverse Global Community	Identify activities the individual student might participate in to become a contributing member of a school community. DOK: Level 2	Identify and participate in activities that help the individual student become a contributing member of a global community. DOK: Level 3	Build upon activities and experiences that help the individual student become a contributing member of a global community. DOK: Level 3	Exhibit the personal characteristics of a contributing member of a diverse community. DOK: Level 4
Big Idea 2: SE 2 Interacting With Others in Ways That Respect Individual and Group Differences				
A. Quality Relationships	Demonstrate the ability to use interpersonal skills needed to maintain quality relationships. DOK: Level 2	Practice interpersonal skills in order to help maintain quality relationships. DOK: Level 3	Apply interpersonal skills needed to maintain quality relationships. DOK: Level 3	Exhibit the interpersonal skills to maintain quality relationships. DOK: Level 4
B. Respect for Self and Others	Explore cultural identity and world views within the community. DOK: Level 2	Promote acceptance and respect for cultural differences within the global community. DOK: Level 3	Exhibit respect for different cultures and points of view. DOK: Level 4	Advocate respect for individuals and groups. DOK: Level 4
C. Personal Responsibility in Relationships	Identify personal responsibility in conflict situations, while continuing to apply problem-solving and conflict-resolution skills. DOK: Level 3	Self-assess personal problem-solving and conflict-resolution skills to enhance relationships with others. DOK: Level 3	Accept personal responsibility in conflict situations. DOK: Level 4	Utilize and accept personal responsibility in relationships with others. DOK: Level 4
Big Idea 3SE: PS 3 Applying Personal Safety Skills and Coping Strategies				
A. Safe and Healthy Choices	Identify problem-solving, decision-making, and refusal skills needed to make safe and healthy life choices. DOK: Level 2	Utilize decision-making skills to evaluate risk-taking behavior. DOK: Level 3	Analyze the impact of personal decisions on the safety and health of self and others. DOK: Level 4	Utilize decision-making skills to make safe and healthy life choices. DOK: Level 4
B. Personal Safety of Self and Others	Identify and utilize resources available that address personal safety issues. DOK: Level 2	Evaluate and review resources that address personal safety issues. DOK: Level 3	Demonstrate skills that reinforce a safe environment for all students. DOK: Level 4	Advocate for the personal safety of self and others. DOK: Level 4
C. Coping Skills	Identify resources that can help manage life changes or events. DOK: Level 2	Analyze and refine individual coping skills to manage life-changing events. DOK: Level 3	Apply individual coping skills to manage life-changing events. DOK: Level 3	Exhibit coping skills to manage life-changing events. DOK: Level 4

Missouri Comprehensive School Counseling Program
Content Area Strand: AD Academic Development
Grade Level Expectations (GLE) Grades K-2

Depth of Knowledge – DOK
 Level 1: Recall
 Level 2: Skill/Concept
 Level 3: Strategic Thinking
 Level 4: Extended Thinking

Big Idea 4: AD 4 Applying Skills Needed for Educational Achievement			
Concept	GLE - Grade K	GLE - Grade 1	GLE - Grade 2
A. Improvement of Academic Self-concept Leading to Life-long Learning	Identify and follow classroom and school routines. DOK: Level 2	Identify and practice the steps for completing classroom assignments and activities. DOK: Level 2	Demonstrate skills needed to complete classroom tasks independently. DOK: Level 2
B. Self-management for Life-long Learning	Identify work habits necessary for school success. DOK: Level 1	Develop and practice work habits necessary for school success. DOK: Level 2	Build individual work habits and study skills that apply to a variety of learning situations. DOK: Level 4
Big Idea 5: AD 5 Applying the Skills of Transitioning Between Educational Levels			
A. Transitions	Identify how school expectations are different from home, day-care, or pre-school. DOK: Level 2	Identify increased school expectations. DOK: Level 2	Develop strategies to meet increased school expectations. DOK: Level 3
Big Idea 6: AD 6 Developing and Monitoring Personal Plan of Study			
A. Personal Plan of Study for Life-long Learning	Identify the skills needed to be a successful learner. DOK: Level 1	Demonstrate the skills needed to be a successful learner. DOK: Level 2	Identify goals that lead to learner success. DOK: Level 2

**Missouri Comprehensive School Counseling
Content Area Strand: AD Academic Development
Grade Level Expectations (GLE) Grades 3-5**

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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Big Idea 4: AD 4 Applying Skills Needed for Educational Achievement			
Concept	GLE – Grade 3	GLE – Grade 4	GLE – Grade 5
A. Improvement of Academic Self-concept Leading to Life-long Learning	Identify and practice study skills and test-taking strategies. DOK: Level 2	Apply study skills and test-taking strategies to improve academic achievement. DOK: Level 3	Demonstrate study skills and test-taking strategies to enhance academic achievement. DOK: Level 3
B. Self-management for Life-long Learning	Recognize and practice basic time-management and organizational skills for assignments and/or task completion. DOK: Level 2	Apply time-management and organizational techniques necessary for assignments and/or task completion. DOK: Level 3	Demonstrate ability to complete assignments and/or tasks accurately within a specified time frame. DOK: Level 3
Big Idea 5: AD 5 Applying the Skills of Transitioning Between Educational Levels			
A. Transitions	Revise and practice strategies to meet increased school activities. DOK: Level 3	Refine and apply strategies emphasizing individual responsibility for educational tasks and skills. DOK: Level 4	Develop an understanding of educational tasks and skills necessary to make a smooth transition to the middle school structure. DOK: Level 3
Big Idea 6: AD 6 Developing and Monitoring Personal Plan of Study			
A. Personal Plan of Study for Life-long Learning	Identify education goal-setting and self-assessment skills. DOK: Level 1 or 2	Revise and practice education goal-setting and self-assessment skills. DOK: Level 3	Recognize the importance of an educational plan. DOK: Level 1

Depth of Knowledge – DOK
 Level 1: Recall
 Level 2: Skill/Concept
 Level 3: Strategic Thinking
 Level 4: Extended Thinking

Missouri Comprehensive School Counseling Program
Content Area Strand: AD Academic Development
Grade Level Expectations (GLE) Grades 6-8

Big Idea 4: AD 4 Applying Skills Needed for Educational Achievement			
Concept	GLE – Grade 6	GLE – Grade 7	GLE – Grade 8
A. Improvement of Academic Self-concept Leading to Life-long Learning	Develop and practice study skills and test-taking strategies specific to each academic area and identify available resources. DOK: Level 3	Demonstrate and refine study skills and test-taking strategies utilizing available academic resources. DOK: Level 3	Consistently apply a system of study skills and test-taking strategies to promote academic success. DOK: Level 4
B. Self-management for Life-long Learning	Develop and practice a self-management system to promote academic success. DOK: Level 4	Demonstrate and refine a self – management system to promote academic success. DOK: Level 3	Consistently apply a self-management system to promote academic success. DOK: Level 4
Big Idea 5: AD 5 Applying the Skills of Transitioning Between Educational Levels			
A. Transitions	Demonstrate the ability to adjust to changing school structures and continue to meet academic expectations. DOK: Level 4	Recognize ongoing academic expectations and develop strategies to meet increased demands. DOK: Level 3	Identify the information and skills necessary to transition to high school. DOK: Level 2
Big Idea 6: AD 6 Developing and Monitoring Personal Plan of Study			
A. Personal Plan of Study for Life-long Learning	Utilize goal-setting skills to identify the impact of academic achievement on an educational plan. DOK: Level 4	Assess academic achievement to refine education goals for life-long learning. DOK: Level 3	Design a Personal Plan of Study. DOK: Level 4

Missouri Comprehensive School Counseling Program
Content Area Strand: AD Academic Development
Grade Level Expectations (GLE) Grades 9-12

Depth of Knowledge – DOK
Level 1: Recall
Level 2: Skill/Concept
Level 3: Strategic Thinking
Level 4: Extended Thinking

Big Idea 4: AD 4 Applying Skills Needed for Educational Achievement				
Concept	GLE – Grade 9	GLE – Grade 10	GLE – Grade 11	GLE – Grade 12
A. Improvement of Academic Self-concept Leading to Life-long Learning	Review and build upon educational skills necessary to progress toward life-long learning goals. DOK: Level 3	Assess and apply educational skills necessary to progress toward individual life-long learning goals. DOK: Level 4	Consistently utilize educational skills necessary to progress toward individual life-long learning goals. DOK: Level 3	Achieve educational levels necessary to reach, maintain, and continue with individual life-long learning goals. DOK: Level 4
B. Self-Management for Life-long Learning	Review and build upon self-management system and adjust to increased academic demands. DOK: Level 4	Assess and apply self-management system to meet increased academic demands. DOK: Level 4	Consistently utilize self-management system and adjust to increased academic demands. DOK: Level 4	Exhibit self-management skills necessary for educational achievement. DOK: Level 2
Big Idea 5: AD 5 Applying the Skills of Transitioning Between Educational Levels				
A. Transitions	Apply information and skills necessary to transition into high school. DOK: Level 3	Self-assess and apply information to expand awareness of the relationship between high school options and post-secondary options. DOK: Level 4	Increase knowledge and refine skills in preparation for the senior year and post-secondary options. DOK: Level 3	Utilize the achievement and performance skills necessary to transition to post-secondary options. DOK: Level 2
Big Idea 6: AD 6 Developing and Monitoring Personal Plan of Study				
A. Personal Plan of Study for Life-long Learning	Monitor and revise a Personal Plan of Study. DOK: Level 3	Explore options and resources available to further develop a Personal Plan of Study for life-long learning. DOK: Level 3	Evaluate and revise a Personal Plan of Study for life-long learning DOK: Level 3	Apply information to revise and implement a Personal Plan of Study necessary for life-long learning. DOK: Level 4

Missouri Comprehensive School Counseling Program
Content Area Strand: CD Career Development
Grade Level Expectations (GLE) Grades K-2

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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Big Idea 7: CD 7 Applying Career Exploration And Planning Skills In The Achievement Of Life Career Goals			
Concept	GLE – Grade K	GLE – Grade 1	GLE – Grade 2
A. Integration of Self-knowledge into Life and Career Plans	Identify likes and dislikes at home and school. DOK: Level 2	Identify strengths and interests at home and school. DOK: Level 1	Identify new activities and interests to explore. DOK: Level 1
B. Adaptations to World of Work and Technology Changes	Identify workers in the school and in families related to the six (6) career paths. DOK: Level 2	Identify workers in the local community related to the six (6) career paths DOK: Level 2	Identify the academic skills necessary for workers in the six (6) career paths. DOK: Level 2
C. Respect for All Work	Recognize that all work is important. DOK: Level 1	Explain the importance of jobs in the family and school. DOK: Level 2	Explain the importance of jobs and workers in the community. DOK: Level 2
Big Idea 8: CD 8 Knowing Where And How To Obtain Information About The World Of Work And Post-Secondary Training/Education			
A. Career Decision Making	Identify roles and responsibilities of family members in the world of work. DOK: Level 2	Identify and compare roles and responsibilities of workers within the school. DOK: Level 2	Identify and compare roles and responsibilities of workers within the community. DOK: Level 2
B. Education and Career Requirements	Identify the skills family members use in their work. DOK: Level 2	Identify the skills needed by workers in the school. DOK: Level 2	Identify the skills needed by workers in the community. DOK: Level 2
Big Idea 9: CD 9 Applying Skills for Career Readiness and Success			
A. Personal Skills for Job Success	Identify personal and ethical skills needed to work cooperatively with others in a group at school. DOK: Level 2	Identify and develop personal, ethical, and work habit skills needed for school success. DOK: Level 3	Identify personal, ethical, and work habit skills needed for workers in the community. DOK: Level 2
B. Job Seeking Skills	Identify helper jobs that are available in the classroom. DOK: Level 1	Understand how helper jobs are assigned in the classroom. DOK: Level 2	Identify and apply the steps to obtain helper jobs within the classroom. DOK: Level 3

**Missouri Comprehensive School Counseling Program
Content Area Strand: CD Career Development
Grade Level Expectations (GLE) Grades 3-5**

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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Big Idea 7: CD 7 Applying Career Exploration And Planning Skills In The Achievement Of Life Career Goals			
Concept	GLE – Grade 3	GLE – Grade 4	GLE – Grade 5
A. Integration of Self-knowledge into Life and Career Plans	Identify and apply the steps to setting short-term and long-term, personal, and educational goals. DOK: Level 3	Compare interests and strengths with those of workers in the local community. DOK: Level 3	Compare interests and strengths with those of workers in the global community. DOK: Level 3
B. Adaptations to World of Work and Technology Changes	Compare and contrast the academic skills required of workers in the six (6) career paths. DOK: Level 3	Identify school and community resources available for exploration of the six (6) career paths. DOK: Level 1 and 2	Describe occupational changes that have occurred over time within the six (6) career paths. DOK: Level 3
C. Respect for All Work	Recognize the contributions made by all workers to the school and community. DOK: Level 2	Recognize the contributions of all jobs to the community. DOK: Level 2	Describe the contributions of a variety of jobs in the community. DOK: Level 4
Big Idea 8: CD 8 Knowing Where And How To Obtain Information About The World Of Work And Post-Secondary Training/Education			
A. Career Decision Making	Explain what workers do and need to know in various careers. DOK: Level 2	Relate current student learning to each of the six (6) career paths. DOK: Level 3	Compare and contrast the roles and responsibilities of workers within the six (6) career paths. DOK: Level 3
B. Education and Career Requirements	Gather information regarding training and education for a variety of careers. DOK: Level 2	Outline the training and educational requirements for a variety of careers.D	Compare and contrast the training and educational requirements for a variety of careers. DOK: Level 3
Big Idea 9: CD 9 Applying Skills for Career Readiness and Success			
A. Personal Skills for Job Success	Compare personal, ethical, and work habit skills needed for school success with those of workers in the community. DOK: Level 3	Demonstrate personal and ethical skills needed to work with diverse groups of people. DOK: Level 2	Apply personal, ethical, and work habit skills needed for success in any school or work environment. DOK: Level 4
B. Job Seeking Skills	Identify and apply the steps to obtain helper jobs within the school. DOK: Level 3	Identify the components of a portfolio. DOK: Level 1	Identify the skills needed to develop a portfolio. DOK: Level 1

**Missouri Comprehensive School Counseling Program
Content Area Strand: CD Career Development
Grade Level Expectations (GLE) Grades 6-8**

Depth of Knowledge – DOK Level 1: Recall Level 2: Skill/Concept Level 3: Strategic Thinking Level 4: Extended Thinking
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Big Idea 7: CD 7 Applying Career Exploration And Planning Skills In The Achievement Of Life Career Goals			
Concept	GLE – Grade 6	GLE – Grade 7	GLE – Grade 8
A. Integration of Self-knowledge into Life and Career Plans	Use current interests, strengths, and limitations to guide individual career exploration. DOK: Level 3	Use current interests, strengths, and limitations to guide career exploration and educational planning. DOK: Level 3	Develop an educational and career plan based on current interests, strengths, and limitations. DOK: Level 4
B. Adaptations to World of Work and Technology Changes	Recognize the career path concept as an organizer for exploring and preparing for careers now and in the future. DOK: Level 2	Recognize occupations and careers as they relate to career paths, personal interests, and aptitudes. DOK: Level 2	Identify and explore a variety of resources to aid in career exploration and planning now and in the future. DOK: Level 3
C. Respect for All Work	Recognize non-traditional work roles. DOK: Level 2	Recognize the relevance of all work and workers, and their existence in a global society. DOK: Level 2	Recognize the relevance of personal contributions made to school and community. DOK: Level 2
Big Idea 8: CD 8 Knowing Where And How To Obtain Information About The World Of Work And Post-Secondary Training/Education			
A. Career Decision Making	Evaluate career and educational information resources. DOK: Level 2	Utilize career and educational information to explore career paths of interest. DOK: Level 3	Compare personal interests with information about careers and education. DOK: Level 3
B. Education and Career Requirements	Compare different types of post-secondary training and education as they relate to career choices. DOK: Level 3	Utilize a variety of resources to obtain information about the levels of training and education required for various occupations. DOK: Level 3	Identify the training and education required for occupations in career paths of interest. DOK: Level 2
Big Idea 9: CD 9 Applying Skills for Career Readiness and Success			
A. Personal Skills for Job Success	Assess and analyze personal, ethical, and work habit skills as they relate to individual student success. DOK: Level 4	Utilize information about personal, ethical, and work habit skills to enhance individual student success. DOK: Level 4	Evaluate personal, ethical, and work habit skills as they relate to achieving the student’s educational career plan. DOK: Level 4
B. Job Seeking Skills	Develop a resume of work experiences for home and school. DOK: Level 2	Identify and demonstrate basic job seeking skills of interviewing and completing applications. DOK: Level 2	Utilize a portfolio of middle school/ jr. high school academic and work experience. DOK: Level 4

Missouri Comprehensive School Counseling Program
Content Area Strand: SE Social/Emotional Development
Grade Level Expectations (GLE) Grades 9-12

Depth of Knowledge – DOK
 Level 1: Recall
 Level 2: Skill/Concept
 Level 3: Strategic Thinking
 Level 4: Extended Thinking

Big Idea 1: SE 1 Understanding Self as an Individual and as a Member of Diverse Local and Global Communities				
Concept	GLE – Grade 9	GLE – Grade 10	GLE – Grade 11	GLE - Grade 12
A. Self-Concept	Develop skills needed to maintain a positive self-concept. DOK: Level 2	Implement skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	Practice and modify the skills necessary to exhibit and maintain a positive self-concept. DOK: Level 3	Utilize the skills necessary to exhibit and maintain a life-long positive self-concept. DOK: Level 4
B. Balancing Life Roles	Recognize increased roles and responsibilities of the individual student within the family, school, and local community. DOK: Level 2	Prioritize roles and responsibilities and implement strategies in order to balance family, school, work, and local communities. DOK: Level 3	Identify and utilize resources to help balance family, school, work, and local community roles. DOK: Level 3	Exhibit the ability to balance personal, family, school, community, and work roles. DOK: Level 4
C. Being a Contributing Member of a Diverse Global Community	Identify activities the individual student might participate in to become a contributing member of a school community. DOK: Level 2	Identify and participate in activities that help the individual student become a contributing member of a global community. DOK: Level 3	Build upon activities and experiences that help the individual student become a contributing member of a global community. DOK: Level 3	Exhibit the personal characteristics of a contributing member of a diverse community. DOK: Level 4
Big Idea 2: SE 2 Interacting With Others in Ways That Respect Individual and Group Differences				
A. Quality Relationships	Demonstrate the ability to use interpersonal skills needed to maintain quality relationships. DOK: Level 2	Practice interpersonal skills in order to help maintain quality relationships. DOK: Level 3	Apply interpersonal skills needed to maintain quality relationships. DOK: Level 3	Exhibit the interpersonal skills to maintain quality relationships. DOK: Level 4
B. Respect for Self and Others	Explore cultural identity and world views within the community. DOK: Level 2	Promote acceptance and respect for cultural differences within the global community. DOK: Level 3	Exhibit respect for different cultures and points of view. DOK: Level 4	Advocate respect for individuals and groups. DOK: Level 4
C. Personal Responsibility in Relationships	Identify personal responsibility in conflict situations, while continuing to apply problem-solving and conflict-resolution skills. DOK: Level 3	Self-assess personal problem-solving and conflict-resolution skills to enhance relationships with others. DOK: Level 3	Accept personal responsibility in conflict situations. DOK: Level 4	Utilize and accept personal responsibility in relationships with others. DOK: Level 4
Big Idea 3: SE 3 Applying Personal Safety Skills and Coping Strategies				
A. Safe and Healthy Choices	Identify problem-solving, decision-making, and refusal skills needed to make safe and healthy life choices. DOK: Level 2	Utilize decision-making skills to evaluate risk-taking behavior. DOK: Level 3	Analyze the impact of personal decisions on the safety and health of self and others. DOK: Level 4	Utilize decision-making skills to make safe and healthy life choices. DOK: Level 4
B. Personal Safety of Self and Others	Identify and utilize resources available that address personal safety issues. DOK: Level 2	Evaluate and review resources that address personal safety issues. DOK: Level 3	Demonstrate skills that reinforce a safe environment for all students. DOK: Level 4	Advocate for the personal safety of self and others. DOK: Level 4
C. Coping Skills	Identify resources that can help manage life changes or events. DOK: Level 2	Analyze and refine individual coping skills to manage life-changing events. DOK: Level 3	Apply individual coping skills to manage life-changing events. DOK: Level 3	Exhibit coping skills to manage life-changing events. DOK: Level 4