

**MISSOURI COMPREHENSIVE SCHOOL COUNSELING PROGRAM  
STRANDS, BIG IDEAS and GLEs**

**STRAND SE: SOCIAL/EMOTIONAL DEVELOPMENT**

**Big Idea:** SE.1. Understanding Self as an Individual and as a Member of Diverse Local and Global Communities

- Concepts:** SE.1.A. Self concept  
SE.1.B. Balancing life roles  
SE.1.C. Being a contributing member of a diverse global community

**Big Idea:** SE.2. Interacting With Others in Ways That Respect Individual and Group Differences

- Concepts:** SE.2.A. Quality relationships  
SE.2.B. Respect for self and others  
SE.2.C. Personal responsibility in relationships

**Big Idea:** SE.3. Applying Personal Safety Skills and Coping Strategies

- Concepts:** SE.3.A. Safe and healthy choices  
SE.3.B. Personal safety of self and others  
SE.3.C. Coping skills

**STRAND AD: ACADEMIC DEVELOPMENT**

**Big Idea:** AD.4. Applying Skills Needed for Educational Achievement

- Concepts:** AD.4.A. Improvement of academic self-concept leading to life-long learning  
AD.4.B. Self-Management for life-long learning

**Big Idea:** AD.5. Applying the Skills of Transitioning Between Educational Levels

- Concept:** AD.5.A. Transitions

**Big Idea:** AD.6. Developing and Monitoring Personal Plans of Study

- Concept:** AD.6.A. Personal Plan of Study for life-long learning

**STRAND CD: CAREER DEVELOPMENT**

**Big Idea:** CD.7. Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals

- Concepts:** CD.7.A. Integration of self-knowledge into life and career plans  
CD.7.B. Adaptations to world of work and technology changes  
CD.7.C. Respect for all work

**Big Idea:** CD.8. Knowing Where and How to Obtain Information about the World of Work and Postsecondary Training/Education

- Concepts:** CD.8.A. Career decision making  
CD.8.B. Education and career requirements

**Big Idea:** CD.9. Applying Skills for Career Readiness and Success

- Concepts:** CD.9.A. Personal skills for job success  
CD.9.B. Job seeking skills