COURSE INTRODUCTION:

Career Development

The units in career development are designed to assist students in developing the knowledge and skills to make sound decisions about their educational and career goals. Recognizing the career development is a life-long process, these units build around the concepts of career awareness in the elementary grades, career exploration at the middle school level, and planning and decision making at the high school level. The ultimate outcome is that all students will develop and maintain a rigorous and relevant personal plan of study that will guide them into a successful post-secondary transition. The three major areas covered are:

Applying career exploration and planning skills in the achievement of life career goals.

Major Points: This area includes individual planning skills as vital learning for K-12 students. Career exploration and planning skills are developmental in nature and build upon each of the other domains. Career exploration emphasizes the dignity and necessity of all work and workers; the role of preferences and skills in job satisfaction and the concept of a “balanced life.” Included will be the inter-relationship of all parts of one’s life (e.g. family, community, work, and personal interests) across the life span. The concept of life career planning emphasizes the integration of knowledge and understanding of skills required in the world of work and daily living.

Knowing where and how to obtain information about the world of work and post-secondary training/education.

Major Points: This area is intended to help K-12 students know how to seek information that is credible, age-appropriate, and unbiased. Students will be provided with systematic and sequential opportunities to learn about and understand the level of preparation required for various occupations (e.g., apprenticeships, career and technical education, 4-year/2-year college or university, and the military). Knowledge, skill and understanding will include the kinds of career information resources available (e.g., print/electronic/personal interviews) and how to access the information independently. The purpose is to add to the individual’s ability to be an advocate for self.

Applying skills for college and career readiness and success.

Major Points: College and career readiness is considered to be developmental in nature and includes helping K-12 students develop individual skills of: responsibility taking, dependability, punctuality, integrity, self-management, effort, respect for other’s differences and the ability to work effectively as a team member. It is evident that college and career readiness requires both academic and personal/social skills in order to be successful in the classroom and in the workplace.
**UNIT DESCRIPTION:** Goal Setting

In this unit for 9th-12th grades, students will learn (and implement) knowledge, skill and understanding that will enable them to apply self-knowledge to the process of planning for post-secondary options, to find, evaluate and use career information and to define and understand the role of employment readiness skills in obtaining a job.

**SUGGESTED UNIT TIMELINE:** 4 Lessons

**CLASS PERIOD (min.):** 55-70 minutes each

**ESSENTIAL QUESTIONS:**

1. How do interests, strengths, and limitations change over one’s lifetime?

**ESSENTIAL MEASURABLE LEARNING OBJECTIVES**

<table>
<thead>
<tr>
<th>1. The student will review and revise his/her Personal Plans of Study, noting changes in career interests and goals since last review was conducted.</th>
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**CCSS LEARNING GOALS (Anchor Standards/Clusters)**

<table>
<thead>
<tr>
<th>GLEs/CLEs</th>
<th>PS</th>
<th>CCSS</th>
<th>OTHER ASCA</th>
<th>DOK</th>
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</thead>
<tbody>
<tr>
<td>CD.7.A.09: Compare current strengths and limitations with the individual’s career and educational plan and adjust the plan as necessary.</td>
<td>RI.9-10.4</td>
<td></td>
<td>CD A. Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decision.</td>
<td>DOK Level – 3</td>
</tr>
<tr>
<td>CD.8.B.09: Identify the entrance requirements and application procedures for post-secondary options.</td>
<td>RI.9-10.7</td>
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<td>CD B. Students will employ strategies to achieve future career goals with success and satisfaction.</td>
<td>DOK Level – 2</td>
</tr>
<tr>
<td>CD.7.A.10: Revisit current career and educational plan as it relates to</td>
<td>RI.11-12.4</td>
<td></td>
<td>CD C. Students will understand the relationship</td>
<td>DOK Level – 3</td>
</tr>
</tbody>
</table>
2. The student will identify at least two personal, educational and/or training requirements needed for his/her career choice.
3. Students will demonstrate the importance of all jobs by writing a position statement with supporting details, which takes into account local and world implications; Career Paths / Clusters information; and respect for all work and workers.
**Assessment Descriptions**: 

The summative assessment for the Career Development Strand is “The Ultimate Career Development Experience for Seniors” (see folder for Unit 6).

<table>
<thead>
<tr>
<th>Obj. #</th>
<th>Instructional Strategies (Research-based): (Teacher Methods)</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>___ Direct</td>
</tr>
<tr>
<td>2</td>
<td>___ Indirect</td>
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<tr>
<td>3</td>
<td>___ Experiential</td>
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<tr>
<td>4</td>
<td>___ Independent Study</td>
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<tr>
<td>5</td>
<td>___ Interactive Instruction</td>
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</tbody>
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**See:**

1. Lesson 1 Grade 9 Revisiting the *Personal Plan of Study* and Post HS Requirements
2. Lesson 2 Grade 10 Revisiting the *Personal Plan of Study*: Using Occupational Trial Plan
3. Lesson 3 Grade 11 Does My Career Fit Me? (Venn Diagram)
   Lesson 4 Grade 11 Get Set for College
   Lesson 5 Grade 12 Post-Secondary Checklist

<table>
<thead>
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<th>Instructional Activities: (What Students Do)</th>
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<td>1</td>
<td>See:</td>
</tr>
<tr>
<td>2</td>
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<tr>
<td>3</td>
<td>Lesson 2 Grade 10 Revisiting the <em>Personal Plan of Study</em>: Using Occupational Trial Plan</td>
</tr>
<tr>
<td>4</td>
<td>Lesson 3 Grade 11 Does My Career Fit Me? (Venn Diagram)</td>
</tr>
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</table>
## Lesson 4 Grade 11 Get Set for College

### Direct:
- ___ Structured Overview
- ___ Lecture
- ___ Explicit Teaching
- ___ Drill & Practice
- ___ Compare & Contrast (Ls. 1,2,3,4)
- ___ Didactic Questions
- ___ Demonstrations
- ___ Guided & Shared - reading, listening, viewing, thinking

### Indirect:
- ___ Problem Solving (Ls. 2,3)
- ___ Case Studies
- ___ Reading for Meaning
- ___ Inquiry
- ___ Reflective Discussion (Ls. 1,2,3)
- ___ Writing to Inform
- ___ Concept Formation
- ___ Concept Mapping
- ___ Concept Attainment
- ___ Cloze Procedure

### Experiential:
- ___ Field Trips
- ___ Narratives
- ___ Conducting Experiments
- ___ Simulations (Ls. 4)
- ___ Games
- ___ Storytelling
- ___ Focused Imaging
- ___ Field Observations
- ___ Role-playing
- ___ Model Building
- ___ Surveys (Ls. 2)

### Independent Study
- ___ Essays (Ls. 4)
- ___ Computer Assisted Instruction
- ___ Journals
- ___ Learning Logs
- ___ Reports
- ___ Learning Activity Packages
- ___ Correspondence Lessons
- ___ Learning Contracts
- ___ Homework
- ___ Research Projects
- ___ Assigned Questions
- ___ Learning Centers

### Interactive Instruction
- ___ Debates
- ___ Role Playing
- ___ Panels (Ls 1)
- ___ Brainstorming
- ___ Peer Partner Learning
- ___ Discussion (Ls. 1,2,3,4)
- ___ Laboratory Groups
- ___ Think, Pair, Share (Ls. 2)
- ___ Cooperative Learning (Ls. 4)
- ___ Jigsaw
- ___ Problem Solving
- ___ Structured Controversy
- ___ Tutorial Groups
- ___ Interviewing (Ls. 1)
- ___ Conferencing

## UNIT RESOURCES: