Unit #1 Title: Making Connections

Lesson Title: Connecting The Dots: Activities/Interests to Careers  Lesson: 1 of 3

Grade Level: 2

Length of Lesson: 20-30 minutes

Missouri Comprehensive School Counseling Big Idea:
CD.7: Applying Career Exploration and Planning Skills in the Achievement of Life Career Goals

Grade Level Expectation (GLE):
CD.7.A.02: Identify new activities and interests to explore.

American School Counselor Association (ASCA) Mindsets and Behaviors:
Career Development

Materials (include activity sheets and/ or supporting resources)
New Things to Learn and Explore Activity Sheet
Career Paths Mini Poster (copy for each student)

Show Me Standards: Performance Goals (check one or more that apply)
X Goal 1: Gather, analyze and apply information and ideas
X Goal 2: Communicate effectively within and beyond the classroom
   Goal 3: Recognize and solve problems
X Goal 4: Make decisions and act as responsible members of society

This lesson supports the development of skills in the following academic content areas.

<table>
<thead>
<tr>
<th>Academic Content Area(s)</th>
<th>Specific Skill(s)</th>
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<tbody>
<tr>
<td>X</td>
<td>3. Reading and evaluating nonfiction works and material</td>
</tr>
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<td></td>
<td>4. Writing formally and informally</td>
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<tr>
<td>Mathematics</td>
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<tr>
<td>X</td>
<td>6. Relationships of the individual and groups to institutions and cultural traditions</td>
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<tr>
<td>Social Studies</td>
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<tr>
<td>X</td>
<td></td>
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<tr>
<td>Science</td>
<td></td>
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<tr>
<td>Health/Physical Education</td>
<td></td>
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<td>Fine Arts</td>
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Enduring Life Skill(s)

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<tr>
<th>Perseverance</th>
<th>Integrity</th>
<th>Problem Solving</th>
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<tbody>
<tr>
<td>Courage</td>
<td>Compassion</td>
<td>X Tolerance</td>
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<tr>
<td>X Respect</td>
<td>X</td>
<td>Goal Setting</td>
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Lesson Measureable Learning Objective:
The student will identify at least two new activities and interests to explore.

Lesson Formative Assessment (acceptable evidence):
Assessment should relate to the performance outcome for goals, objectives and GLEs.
Assessment can be question answer, performance activity, etc.
Work Sample and Performance Task: Students will complete the first and second sections of the Activity Sheet “New Things To Learn and Explore.” Students will then identify the Career Path(s) that will link them to careers using the link between those activities and interests.

Lesson Preparation
Essential Questions:
How are your strengths, interests, and future career connected?

Engagement (Hook):
Hold up your hand if you have done a “connect the dots” activity. When connecting the dots what did you discover? Let’s think about Christopher Columbus, the famous explorer. What kinds of interests/activities do you think he had/liked to do? What career path do you think Christopher Columbus followed? His interests/activities led him to be an explorer. Today, each of you is going to be an explorer.

Procedures
<table>
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<tr>
<th>Instructor Procedures/Instructional Strategies:</th>
<th>Student Involvement/Instructional Activities:</th>
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| 1. Begin by using the “hook.” Ask: What is an explorer? What will you do as an explorer?  
2. Ask students to reflect on last year’s discussion of their strengths and interests.  
3. Counselor will ask for a volunteer to explain what an “interest” is, and what an “activity” is. Counselor will ask, “How is an activity different from an interest?” Explain that an interest is something you like to do or you want to learn more about, for example: “I’m interested in reading.” “I’m interested in building things.” Explain that an activity is something that you participate in at school, home or in the community. You can do this  
Volunteer definitions of “Explorer”  
Volunteer descriptions of activities they will do as an explorer.  
2. Students volunteer meaning/examples of strengths/interests.  
3. Students volunteer to answer and invite others to volunteer. |
on your own or in a group. Ask students to
give examples of activities that they are
currently involved in. Say, “We can connect
our interests and strengths to our choices of
activities. For example, I am reading all the
______ books (activity) because I’m a good
reader (skill strength) and am curious about
_______ (interest).”

4. Counselor will give each student the activity
Counselor will instruct students to put their
thinking caps on and think about what kinds
of activities they might like to learn.
Counselor will remind students that a person
doesn’t necessarily have to be good at an
activity to learn it, but it’s important to be
interested in learning. Counselor will instruct
students that some examples of activities to
learn might include swimming, dancing,
riding a bike or baseball.

5. Counselor will instruct students to complete
the first two section of activity sheet by
writing two activities and two interests that
they will explore.

6. Counselor will distribute copies of the
*Career Path* mini poster to students. Instruct
students to turn over the activity sheet while
they review the six career paths. (Students
will match each activity and interest with the
appropriate career path.)

7. Counselor will review the lesson by stating,
“Being an explorer means trying new things.
As you grow older, you will be learning and
trying lots of new things that will lead you to
future jobs and careers: What did you learn
today about exploring new things. During
our next lesson, we will be connecting the
dots between academic (school) skills and
career paths. Observe workers: look for the
school skills they use.

4. Students will listen to the instructions.

5. Students will write their responses to the
first two on the worksheet.

6. Students will write their responses on the
worksheet. If time allows, students can
work in pairs/groups on matching
activities/interests to career paths.

7. Students will listen and volunteer to tell
one “thing” they learned.
Teacher Follow-Up Activities

Teacher may follow up by having the students brainstorm what specific kinds of jobs match the students’ listed activities/interests and the career paths.

Counselor reflection notes (completed after the lesson)
Name____________________________

New Things to Learn and Explore

Write at least two new activities that you will learn how to do:

1._________________________________________________________________
2._________________________________________________________________
3._________________________________________________________________
4._________________________________________________________________

Write at least two new interests that you will explore:

1._________________________________________________________________
2._________________________________________________________________
3._________________________________________________________________
4._________________________________________________________________

These are the Career Paths that my new activities and interests might lead to:

1._________________________________________________________________
2._________________________________________________________________
3._________________________________________________________________
4._________________________________________________________________
Career Path Mini Poster
Working Together in Our Community

Business Path
(Business, Management, & Technology)

*People who like to work with numbers and be organized.*

Creative Path
(Arts & Communications)

*People who like to draw, write, or perform.*

Nature Path
(Natural Resources/Agriculture)

*People who like to work outdoors with plants and animals.*

Fixing & Building and Technology Path
(Industrial & Engineering Technology)

*People who like to figure out how things work and build things.*

Helping Path
(Human Services)

*People who like to work with people to help make things better for others.*

Health Path
(Health Services)

*People who like to care for animals and people.*