Unit #1 Title: My Personal Plan of Study  

Grade Level: 9-12

Number of Lessons in Unit: 6

Time Required for each lesson: 30-50 minutes

Best time of year to implement this Unit: At appropriate times throughout year

Lesson Titles:

Grade 9

Lesson #1: Graduation Requirements
Materials/Special Preparations Required:
School course description books or enrollment guides
High school graduation requirements
List of graduation requirements
Handout titled; Graduation Requirements Review activity sheet

Lesson #2: Evaluating Transcripts
Materials/Special Preparations Required:
Copy of students’ transcripts
Whiteboard, SMART Board, other means to display formula for GPA including value of letter grades.
High school course description book or enrollment guide for class point value

Grade 10

Lesson #3 Review and Revision of My Personal Plan of Study
Materials/Special Preparations Required:
Individual Students Portfolios, including Personal Plan of Study
High school course description books or enrollment guides

Lesson #4: Career Resources
Materials/Special Preparations Required:
Speakers or representatives from a Career Education Center

Grade 11

Lesson #5: Evaluating and Revising the Personal Plan of Study
Materials/Special Preparations Required:
ACT Test Dates and ACT Information
ACT Prep Classes Information
Visitation Dates for Post-Secondary Options
Literature for Education/Training Options
Career Fair Dates
ASVAB Test Dates
PSAT Dates
Dual Enrollment Information
College Day Visitation Information
Information on Credit Recovery

**Grade 12**
Lesson #6: Assessing Personal Plan of Study for Life-Long Learning

- **Materials/Special Preparations Required:**
  - Worksheet titled Personal Plan of Study Review for Seniors
  - Personal Educational Plan Portfolios/4 year plan

**Missouri Comprehensive School Counseling Big Idea:**
AD.6 Developing and Monitoring Personal Plan of Study.

**Grade Level Expectations (GLEs):**
- **AD.6.A.09:** Monitor and revise a Personal Plan of Study. (DOK Level - 3)
- **AD.6.A.10:** Explore options and resources available to further develop Personal Plan of Study for life-long learning. (DOK Level - 3)
- **AD.6.A.11:** Evaluate and revise a Personal Plan of Study for life-long learning. (DOK Level - 3)
- **AD.6.A.12:** Apply information to revise and implement a Personal Plan of Study necessary for life-long learning. (DOK Level - 4)

**American School Counselor Association (ASCA) Mindsets and Behaviors:**
Academic Development

**Show Me Standards: Performance Goals**
(check one or more that apply and identify relevant process standards)

<table>
<thead>
<tr>
<th></th>
<th>Goal 1: Gather, analyze and apply information and ideas</th>
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<tbody>
<tr>
<td>X</td>
<td>1. Develop questions and ideas to initiate and refine research</td>
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<td></td>
<td>2. Conduct research to answer questions and evaluate information and ideas</td>
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<td>4. Use technological tools and other resources to locate, select and organize information</td>
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<td>5. Comprehend and evaluate written, visual and oral presentations and works</td>
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<td>6. Discover and evaluate patterns and relationships in information, ideas and structures</td>
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<td>7. Evaluate the accuracy of information and the reliability of its sources</td>
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| | Goal 2: Communicate effectively within and beyond the classroom |
| X | 3. Review and revise communications to improve accuracy and clarity. |

| | Goal 3: Recognize and solve problems |
| X | 1. Identify problems and define their scope and elements  |
| | 2. Develop and apply strategies based on ways others have prevented or solved problems  |
| | 3. Develop and apply strategies based on one's own experience in preventing or solving problems  |
| | 5. Reason inductively from a set of specific facts and deductively from general premises  |
| | 6. Examine problems and proposed solutions from multiple perspectives  |

| X | Goal 4: Make decisions and act as responsible members of society |
| | 1. Explain reasoning and identify information used to support decisions |

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**Missouri Comprehensive School Counseling Programs:**

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4. Recognize and practice honesty and integrity in academic work and in the workplace
5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals
8. Explore, prepare for and seek educational and job opportunities

This lesson supports the development of skills in the following academic content areas.

<table>
<thead>
<tr>
<th>Academic Content Area(s)</th>
<th>Specific Skill(s)</th>
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<tbody>
<tr>
<td>Communication Arts</td>
<td>1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization)</td>
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<td>6. Participating in formal and informal presentations and discussions of issues and ideas</td>
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<tr>
<td>Mathematics</td>
<td>1. Addition, subtraction, multiplication and division; other number sense, including numeration and estimation; and the application of these operations and concepts in the workplace and other situations</td>
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<tr>
<td>Social Studies</td>
<td>6. Relationships of the individual and groups to institutions and cultural traditions</td>
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<tr>
<td>X</td>
<td>Science</td>
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<tr>
<td></td>
<td>Health/Physical Education</td>
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<td></td>
<td>Fine Arts</td>
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</tbody>
</table>

Unit Essential Questions:

What happens if I change my goals?

Unit Measurable Learning Objectives:

The student will complete Graduation Requirements Review activity sheet.
The student will compute his/her individual GPA.
The student will determine through transcript review, what actions and/or revisions need to occur in order to reach post-secondary goal.
The student will review and revise personal plan of study to determine career path/cluster and related coursework.
The student will complete one or more sample application(s) for post-secondary programs.
The student will establish an individual calendar of important dates related to personal plans of study.
The student will complete Personal Plan of Study Review for Seniors.
The student will write a letter to his/her future self about goals and planning for the future.

Unit Instructional Strategies/Instructional Activities:

| Direct (Lecture; Explicit Teaching; Compare & Contrast; Demonstrations; Guided & Shared-Reading, Listening, Viewing, Thinking) |
| Indirect (Problem Solving) |

Missouri Comprehensive School Counseling Programs: Linking School Success to Life Success
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Unit Summative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.

Students will use graduation requirements, assessments, transcripts, educational, and career interests to review, revise, and implement Personal Plan of Study for lifelong learning.

Brief Summary of Unit:

Students will monitor and revise Personal Plan of Study written before high school. Course description booklets, transcripts, assessments and personal interest will be used for continued review and revisions of personal education plans. By the end of 12th grade, plans will have been revised and fully implemented for life-long learning.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Knowledge of a Personal Plan of Study, number and types of credits required for graduation.