

Unit #1 Title: My Personal Plan of Study	
Lesson Title: Review and Revision of My Personal Plan of Study	Lesson: 3 of 6
Grade Level: 10	Length of Lesson: 45-50 minutes
Missouri Comprehensive School Counseling Big Idea: AD.6: Developing and Monitoring Personal Plan of Study.	
Grade Level Expectation (GLE): AD.6.A.10: Explore options and resources available to further develop Personal Plan of Study for lifelong learning.	
American School Counselor Association (ASCA) Mindsets and Behaviors: Academic Development	

Materials (include activity sheets and/ or supporting resources)

Portfolios, including Personal Plan of Study. Course description books or enrollment guides
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Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research 4. Use technological tools and other resources to locate, select and organize information
	Goal 2: Communicate effectively within and beyond the classroom
X	Goal 3: Recognize and solve problems 1. Identify problems and define their scope and elements 4. Reason inductively from a set of specific facts and deductively from general premises 5. Examine problems and proposed solutions from multiple perspectives
X	Goal 4: Make decisions and act as responsible members of society 1. Explain reasoning and identify information used to support decisions 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals

This lesson supports the development of skills in the following academic content areas.

Academic Content Area(s)	Specific Skill(s)
X	Communication Arts
	6. Participating in formal and informal presentations and discussions of issues and ideas
	Mathematics
	Social Studies
	Science
	Health/Physical Education
	Fine Arts

Enduring Life Skill(s)

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will determine through transcript review what actions and/or revisions need to occur in order to reach post-secondary goal.
 The student will review and revise Personal Plan of Study to determine career cluster and related coursework.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE. Assessment can be question answer, performance activity, etc.

Revisions of students’ Personal Plan of Study, based on their use of their freshman year grades and course description booklets

Lesson Preparation

Essential Questions:
 How does your Personal Plan of Study reflect your life/career/educational goals?

Engagement (Hook): Imagine we are 5 years in the future. Where do you live? What are you doing? What did you have to do to get where you are?

Procedures

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
<ol style="list-style-type: none"> 1. Hand out students’ Personal Plan of Study and ask them review and rethink what they have written, based on their interests and first semester grades. First semester grades may need to be provided. 2. Ask students to identify the career cluster that they are following and divide students into small groups by career clusters. 3. Counselor should monitor/review the students’ revisions with them. 4. Collect student plans and the course 	<ol style="list-style-type: none"> 1. Students will review and rethink plans and revise based on changing interests and 1st semester grades. 2. In their groups, have the students review the course selections of their career cluster for the next 3 years by using high school course description books or enrollment guides. 3. Students will revise information on their Personal Plan of Study, sign and date changes. 4. Students hand in Personal Plan of Study

description books. (Note any revisions or problems with individual student's plans.) Copy plans...file one; return other to student.	and description course books.
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Teacher Follow-Up Activities

Have student write an essay/term paper on career choices or educational goals.

Counselor reflection notes (completed after the lesson)

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